

FRIDAY'S FEATURES

ISSUE 053119



Policy Analyst, Mental Health Policy is a post on the Henry J. Kaiser Family Foundation site about an opening for a full-time policy analyst, 2-year term limited with possible extension in D.C. to work on the Kaiser Program on Medicaid and the Uninsured and Kaiser Program for the Study of Health Reform and Private Insurance.

<u>Graduation 2019</u> is a story posted on the CU Anschutz School of Medicine page that includes words of wisdom/lessons for folks as they set off to pursue their health care careers. The SOM dean challenged the graduates to help reshape our medical system...those who deliver care must advocate for those who need care.

Pro cyclist forges new path after traumatic brain injury is a story on CU Anschutz Today about how Laruen De Crescenzo, a pro cyclist, suffered a traumatic brain injury after a fall that put everything into perspective for her. She wants to see an even bigger focus on the emotional, cognitive side effects of any considerable physical trauma.

Integrated Behavioral Health Care Story is a YouTube video produced for the recent American Psychiatric Association's annual conference that features elements of the integrated behavioral health care model used in the CU Family Medicine clinics.



College Students (and their parents) Face a Campus Mental Health 'Epidemic' is an NPR story by Terry Gross about the book, The Stressed Years of Their Lives, authored by Dr. Anthony Rostain and B. Janet Hibbs that was written to guide parents and families in supporting family members who are stressed and anxious, and to normalize seeking help.

I Went through My Pregnancy with Strangers. It Was the Best Decision I Could've Made is an NPR story by Jenny Gold who shares her story of being pregnant, moving to a new city, and how she found a community at a medical office with "CenteringPregnancy", group prenatal care offered by more than 600 practices across the United States. Women due about the same time and their partners meet as a group for two hours with a clinician...monthly at first, usually with a midwife...as opposed to the usual 15-minute individual visit in an exam room.

Aging in Rural America: The Link Between Chronic Disease and Mental Health is a story by Lisa Gillespie for WFPL News who discusses how strongly/frequently depression, anxiety, chronic pain, and suicide ideation accompany chronic disease.

<u>Cash, Food and Health Care All Help the Poor, but Something's Still Missing</u> is an opinion piece in *The New York Times* by Nicholas Kristof who talks about how indigenous people in a remote village in Paraguay are gaining hope (more fundamental than cash, food, clean water and health care), and leaving poverty.

For obese teenagers, early treatment is best is a story in Today Online that reports at least 6 million obese teenagers in the United States are candidates for weight-loss surgery according to estimates. A new study followed 161 teens and 396 adults for five years after weight-loss surgery, and the teens fared better than the adults.

Opioid risks are different for kids and teens – the guidelines should be too is an article in Popular Science by Nicole Wetsman about how emergency rooms and urgent care centers often use opioid prescribing rules meant for adults. She reports findings from two new studies that turn attention to opioid prescribing rates in the pediatric population.



Mired in Medical Debt? Federal Rule Changes Proposed for Bill Collectors is an NPR story by Michelle Andrews about a proposed rule from the Consumer Financial Protection Bureau that frames what debt collectors are allowed to do when pursuing many types of overdue bills, including medical debt.

Law Enforcement and Therapists Partner to Reduce Mental Health

Emergencies is a Montana Public Radio story by Rachel Cramer about a new program in Bozeman that pairs law enforcement with therapists to get mental health services to people when and where they're needed.

<u>Colorado's Opioid Crisis Slows, In Part Because of a Drug that Reverses</u> <u>Overdoses</u> is a CPR story by John Daley about a Denver Health program that uses Naloxone (Narcan), which is blunting Colorado's opioid crisis.

Oklahoma's 'Precedent-Setting' Suit Puts Opioid Drugmakers on Trialis a post

on the *Kaiser Health News* site by Jackie Fortier about the first case of litigation against opioid drug manufacturers that began this week. This Oklahoma suit is against Johnson & Johnson, America's largest drugmaker.

Sen. Warren, Rep. Kennedy Reintroduce Bill to Strengthen Parity is a posting by Stephanie Pasternak on The National Council site that reports how Elizabeth Warren and Joe Kennedy reintroduced the Behavioral Health Coverage Transparency Act with the aim of strengthening Americans' access to mental health and substance use disorder treatment by increasing oversight and enforcement of the federal parity law.

We are at the beginning of a global mental health revolution is an opinion piece by Rosalynn Carter and Rev. Bill Jallah who leads Cultivation for Users' Hope, a mental health user advocacy organization in Monrovia, Liberia. They are promoting normalization of mental health disorders; a recognition of the truth about how many people are affected by them; and a plea for action, funding, legislation and policies to end the silence of this global problem.



More Medicaid Will Save More Utah Mom's Lives, Says Reportis a Utah Public Radio story by Leslie Forero about new report findings from the Georgetown Center for Children and Families that showed a 50% reduction in infant mortality compared with a non-expansion state, as well as a decrease in maternal mortality.

The Opioid Epidemic and Medicaid's Role in Facilitating Access to Treatment is an issue brief posted on the Henry J. Kaiser Family Foundation site by Kendal Orgera and Jennifer Tolbert who describe nonelderly adults with opioid use disorder (OUD), and compares utilization of treatment services among those with Medicaid to those with other types of coverage. This brief also describes Medicaid financing for opioid treatment and the ways in which Medicaid promotes access to treatment for enrollees with OUD.

Health costs a growing burden for people with employer health plans, study finds is a story in The Inquirer (Philadelphia) by Sarah Gantz who reports on a new study by the Commonwealth Fund that indicates that millions of people covered by employer-sponsored health plans are spending more than 10% of their income on health care as the growth in health care costs outpaces wage growth.

<u>The retailization of health care</u> is a story in *Axios* by Caitlin Owens who reports that the number of health care tenants in retail spaces has risen 47% over the past three years, and could double by 2022.

What's Doctor Burnout Costing America? is an NPR story by Pien Huang who cites a recent study that indicates the cost of burnout is roughly \$4.6 billion a year, as those who experience burnout are prone to cut back on hours or quit practicing medicine.

<u>Families list health care as top financial problem: poll</u> is a post on *The Hill* by Tal Axelrod who discusses data from a recent Gallup poll about top financial concerns facing Americans.



Terra Firma: An Innovative Medical-Legal Partnership Supporting Unaccompanied Minors in the Bronx is a post from a few years ago on Catholic Charities NY about the growing numbers of unaccompanied immigrant children and their needs, and how the Catholic Charities Community Services of the Archdiocese of NY partnered with Montefiore Medical Center and the Children's Health Fund to launch Terra Firma...a unique medical-legal partnership tailored to the needs of unaccompanied immigrant children.

Legal Advocacy to Improve Care for Older Adults with Complex Needs is a blog post on Health Affairs by Sarah Hooper and colleagues about how since 1965, with the Older Americans Act, state area agencies on aging must provide legal services free to adults older than 60 with the "greatest social or economic need." Yet emerging care models for these adults with complex needs usually don't incorporate legal advocacy in their design.

Targeting Legal Needs to Improve Health is a posting on *America's Essential Hospitals* by Hannah Lambalot who reports that there are about 350 hospitals and health centers across 46 states that operate a medical-legal partnership. LegalHealth, a division of the NY Legal Assistance Group dedicated to combating social and economic injustice for vulnerable populations, supports patients at no-cost legal clinics, and trains health system staff to recognize legal issues.

Philadelphia Health Partnership is a Pennsylvania foundation for healthy communities with the goals of: advancing health equity and championing the integration of care and services. The foundation focuses on the uninsured, underinsured, and medically underserved with an emphasis on promoting the health and well-being of 1) immigrants and refugees, and 2) children aged 0 to 5 years and their parents/caregivers.





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