



EUGENE S. FARLEY, JR.
HEALTH POLICY CENTER

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

FRIDAY'S FEATURES

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NEWS, ANNOUNCEMENTS, CELEBRATIONS

[*Protecting Colorado Youth from Gun Violence*](#) is a policy brief released today from the Farley Health Policy Center authored by Drs. Jennifer Mijer, senior pediatric resident at CU Anschutz and Shale Wong, professor of pediatrics and family medicine at CU Anschutz and Director of the Farley Health Policy Center. Click on the above link and go to the middle of the page (News and Updates). This topic, though sensitive, is timely as I'm sure those of you outside of Colorado have heard about our latest gun tragedy this week. This brief reviews the impact of gun violence on youth and assesses current gun safety policies to provide evidence-based opportunities to strengthen gun safety legislation.

Florence Nightingale, born May 12, 1820, in Florence, Italy; was an English social reformer and statistician and the founder of modern nursing. She managed and trained nurses during the Crimean War. Because of Ms. Nightingale, the week around her birthday has become known as **Nurses Week**. Did you know that for the past 17 years, Gallup has consistently named nursing as the most-trusted profession for honesty and ethical standards? Cheers to our nurses!!!



COMMUNITY HEALTH AND PREVENTION

[*Hidden Away Inside Classrooms, Kids of All Ages Knew What To Do During a School Shooting until They Didn't*](#) is a CPR story by Michael Sakas who reports how students of STEM School Highlands Ranch felt prepared for the mechanics of the real shooting moment, but not for the reality of an active shooter.

[*After a School Shooting, the Mental Health Implications Ripple Far and Wide*](#) is a CPR story by John Daley who emphasizes that the most important messages for students, teachers, first responders and others after a school shooting is

that help is available and that schools are still a safe place to be.

[*How the opioid epidemic shaped my family*](#) is a story in *CU Anschutz Today* about Shawna Matthews, a pathology postdoc at CU Anschutz, who explains why her view of those struggling with addiction has changed.

[*How loneliness affects your physical and mental health*](#) is a one-hour radio program on *Minnesota Public Radio* hosted by psychiatrist, Dr. Anne Hallward, who addresses loneliness and the surprising toll it takes on our physical and mental health.

[*\\$10 million gift will help Hennepin Healthcare target anxiety, depression among new mothers*](#) is a story in the *Star Tribune* by Jeremy Olson about how this health care provider will build a center that will offer treatment, therapy, child care for parents during appointments, classroom space, and a kitchen for cooking classes to create a sense of community for mothers.

[*Angry? Depressed? You Could Be Grieving over World Events*](#) is a Forbes story by Ramy Blumenfeld who talks about how grief is not reserved for our feelings of loss toward a person but can also relate to our responses to world events.

[*The Long and Winding Road to Mental Health Care for Your Kid*](#) is a posting on *Kaiser Health News* by Bernard J. Wolfson who, given the lack of capacity in the United States to provide the mental health support needed by young people, he provides tips to parents for available resources.

[*For Nurses, Trauma Can Come with the Job*](#) is a story in *The New York Times* by Emilie Le Beau Lucchesi who reports that 1 in 4 nurses experience PTSD at some point in their careers according to Meredith Mealer, associate professor at CU Anschutz; and points out that burnout and PTSD are two distinct conditions.



[*CDC: 1.1 million more Americans lost health insurance coverage in 2018*](#) is a USA Today story by Ken Alltucker about how the number of Americans without health insurance increased again in 2018 for the second consecutive year – 30 million people still uninsured in this country.

[*Changing our Approach to Children's Mental Health*](#) is a story by Kara Leigh Lofton on West Virginia Public Broadcasting about how a California advocacy organization is trying to reinvent America's approach to children's mental health...removing mental health care from the traditional medical system and instead integrate resilience and community supports into the very fabric of society.

[*Seattle's new 'Health One' team will respond to non-emergency 911 calls downtown*](#) is a story in the *Seattle Times* by Daniel Beekman about a new team of first responders, two firefighters with special training and a social worker,

that will be launched later this year. They respond to calls involving the most vulnerable residents dealing with behavioral crises, substance abuse issues, chronic or less acute medical issues and social service's needs.

[*Health Care Cost Savings Act passes the Senate 24-11!*](#) a bill that would allow the study of two different Colorado universal health care systems with the current system is on the governor's desk for signing. This act will give Colorado the data for what it will cost to ensure that every Coloradan can afford needed health care.

[*Montana Mental Health, Addiction Clinics Cautiously Optimistic about Restored State Budget*](#) is an MPR story by Edward O'Brien about how addiction and mental health providers in Montana are hopeful, after working with the legislators, they can rebound from two years of really tough financial times and service crises.

[*We mustn't let the Mental Health Parity and Addiction Equity Act languish*](#) is an opinion piece by Patrick J. Kennedy and Ben Miller on *STAT*, which summarizes remarks Ben will bring forward in a panel discussion about parity for behavioral health coverage today at the 24th Annual Rosalynn Carter Georgia Mental Health Forum.



[*Prices Paid to Hospitals by Private Health Plans Are High Relative to Medicare and Vary Widely*](#) is an article by Chapin White and Christopher Whaley who report findings from an employer-led transparency initiative on Rand.org.

[*Physical and Mental Health of Seniors Linked to Optimism, Wisdom and Loneliness*](#) is a posting on the UC San Diego Health site by Michelle Brubaker about a new study of older adults living independently in a senior continuing care facility that looked at how factors such as wisdom, loneliness, income, and sleep quality impact the physical and mental functioning of older persons.

[*Lack of hope in America: The high costs of being poor in rich lands*](#) a posting on *VOX* by Carol Graham who examines trends in inequality from the perspective of well-being, and focuses on non-economic aspect of welfare, including hope.

[*New Psychological Studies: How the Wealthy Really Are Different from Everyone Else*](#) is a Forbes posting by Rainer Zitelmann who writes about a large-scale study by a team of six German economists and psychologists that included interviews with 130 wealthy individuals from which a psychological profile was produced and then compared with the population as a whole.

[*Improving Health Care by Gamifying It*](#) is a posting in *Harvard Business Review* by Mitesh S. Patel and colleagues who are using gamification embedded with behavioral insights to help patients with uncontrolled diabetes, heart disease, and cancer.

[*Nation's ability to manage health emergencies rises among inequities*](#) is a posting on the Colorado School of Public Health website about a nationwide index of health security developed at the University of Kentucky and led by Dr. Glen Mays, the next chair of Health, Systems, Management and Policy at the Colorado School of Public Health. The index analyzes 129 different measure for each station and the nation.



MEDICAL-LEGAL PARTNERSHIPS

[*Medical-Legal Partnerships: Working to Address Problems in Health Literacy*](#) is a blog post on *Georgia State Law Clinical Programs* by Katie Broyles who talks about how today many MLPs work to examine possible risk factors for low health literacy that may be causing initial problems in a patient or client's case such as low health plan compliance rates, low preventive care services rates, difficulty gaining access to services, failure to use available services, etc.

[*Fighting for Our Veterans*](#) is a story on *All Rise for Civic Justice*, a site that posts stories from the civil justice crisis.

[*"Make the VA Great Again": Medical-Legal Partnerships for Veterans*](#) is a posting on *Swords to Plowshares* by Rose Goldberg who reports that currently VA services do not include legal assistance. According to a recent study, 5 of the top 10 problems leading to vet homelessness and the associated health risks, require legal help.



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