



## Rapid and Rigorous Patient Centered Program

R2P2 combines strategies for fast results with strict patient-focused research standards.

### Dissemination & Scale-up Worksheet

#### 1. Where or in what settings do you plan to scale-up?

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*Note: Think about your intended users and their settings. This can help determine scale-up strategies, timeline, resources, and possible difficulties.*

#### 2. What strategies do you plan on using to reach the intended users?

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*Note: You can look at implementation strategies, and review scale-up and dissemination strategies. Also think about what strategies have you used in the past – how did that work? Can you use or adapt those in your plan?*

#### 3. Which partners (people) would be helpful in planning for and scaling up? How can they be helpful to scale-up? In what ways would scaling up be helpful to them?

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*Note: Partners should be used at all stages of your project. When scaling up and disseminating, think about their key issues and how those can help dissemination.*

#### 4. Which networks (groups or organizations) do you plan on leveraging to scale up and disseminate?

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*Note: You can use your existing networks. Think about what networks could make scaling up faster or better.*

#### 5. What challenges might you run into? How can your strategies, partners, or networks help with adaptations to overcome/mitigate potential difficulties?

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*Note: Every project runs into complications. You won't know all of them, but it's helpful to think of some probable complications beforehand – depending on the setting, resources, and audience of scale-up sites.*

#### 6. What tools are available to help you put your dissemination plan together?

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*Note: You may have a dissemination plan from previous work that can be modified to fit your needs this time.*