## The Clotting Connection

A Newsletter for Families with Bleeding and Clotting Disorders



Hemophilia and Thrombosis Center

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

# HTC PHARMACY CELEBRATES 30 YEARS OF SERVICE



A throwback photo from 2002! This photo includes staff members at our HTC and pharmacy, though it is not all inclusive of who was working here at the time (and we apologize that there are a couple people we have forgotten their last names!). Long time HTC pharmacy clients and patients may recognize some of these faces. Top Row: Micki, Ron, Linda Jacobson, Cheryl Giamartole, Erin Stang, Brenda Riske. Middle Row: Judy Primeaux, Pat Casias, Sharon Funk, Ruth Ann Kirschman, Lou, Julie Christian. Front Row: Mark Hagen, Gail Farrell, Sue Geraghty, KC Clevenger, and Lynn Magnuson. Photo: HTC Archive

The HTC Pharmacy operates under a federal program known as 340B, which allows eligible hospitals and clinics to purchase certain medications at discounted prices. At our HTC, revenue generated through prescriptions filled at the HTC Pharmacy is reinvested directly into patient care services, including physical therapy, social work, and other vital support programs.

The 340B program has been instrumental in our growth — transforming the HTC from a small program with only a few staff members into one of the largest Hemophilia Treatment Centers in the country. Through this support, we've been able to expand comprehensive care, advance innovative research, and continue improving outcomes for patients and families affected by bleeding disorders.

Over the years, the HTC Pharmacy has adapted to major changes—new medications, technological advances, shifting insurance requirements, and even a global pandemic—and continues to thrive, now filling an average of more than 450 prescriptions each month.

Our clinic and pharmacy have moved several times, from the old University Hospital campus near 9th and Colorado to the Fitzsimons site, and finally to the CU Medicine Building on the Anschutz campus, where we are today. The pharmacy, clinic, labs, and therapy spaces now fill most of the first floor, with our administrative offices on the second floor.

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Dr. Marilyn Manco-Johnson was a part of the original HTC team that built the HTC pharmacy in 1995. She worked with Judy Primeaux to get the pharmacy up and running. The new structure allows our center to support patients and provide easier access to the specialized medications needed for those with bleeding disorders. Photo: HTC Archive 2002

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Find us on Facebook, Twitter, and our website for frequent updates on news and events.



Go to <u>facebook.com/</u> <u>ColoradoHTC</u>



Go to <u>twitter.com/</u> HTCColorado



Website: Go to

medschool.cuanschutz.edu/ hemophilia-thrombosis



Email:

HTC.Newsletter@ucdenver.edu

### **OCTOBER IS PHYSICAL THERAPY MONTH**



Joanna Roybal and Laura Singer-Fox are our current PTs at the HTC. Photo: Merilee Ashton

is National Physical Therapy Month? Our HTC currently has two physical therapists who help patients to overcome physical hurdles and empower them to live active lives while managing a bleeding or clotting disorder. The HTC physical therapists are a part of a comprehensive care model that allows parents to work with a team of hematologists, nurses, social workers, pharmacists, physical therapists, and even genetic specialists to improve the lives of patients.

Our HTC physical therapists are experts at

evaluating movement patterns, physical function, and musculoskeletal health of patients with bleeding disorders. They provide education on joint and muscle bleeding and what to do when problems occur. Their research and support allow patients to be evaluated, understand what they are facing, and how to use physical therapy to improve their strength, reduce pain, as well as prevent bleeds and keep joints healthy.

Laura Singer-Fox, PT, DPT has been at our HTC since 2010 and knows many of our patients well. She currently leads our PT team and focuses on quality improvement and education for patients. Laura is involved in several projects at our HTC that support our patients. She helps create educational material for kids who are heading into adulthood, develops materials for new patients with a new

Did you know that October is National Physical bleeding disorder diagnosis, and finds ways to standardize care for biological females who have a bleeding disorder.

Laura spoke about care of biological females with bleeding disorders at a Hemophilia Alliance PT education event in May.

Joanna Roybal, PT, DPT, PCS is a certified pediatric specialist and is experienced in orthopedics and gait analysis. She has been working with our HTC since 2021 and is deeply involved in the research projects here at our center. She has expertise in developmental biomechanics and orthotic prescriptions. She works with Dr. Beth Warren on projects that study the impact of physical therapy intervention on movement patterns and their relationship to bleeds. Joanna spoke at the recent Bleeding Disorders Conference in Aurora, supporting other PTs at diagnosing and treating issues related to gait.

Both of our PTs have doctorates, and between them they hold licenses to practice in Colorado, Montana, South Dakota, Wyoming, and Nebraska. This allows them to work with patients in our HTC's region and treat them in person, virtually, and at outreach clinics in other states. They each participate in research that supports the overall outcomes for our patients.

The HTC has a physical therapy gym as a part of the resources available to patients. Our PTs work with patients in this space to achieve goals such as decreasing pain, improving range of motion, and strengthening muscles. The equipment helps our PT team teach and guide patients in a comfortable space as well as working with patients who consent to joining a research study.

Our HTC currently has an opening for another full-time physical therapist, and we look forward to working with a new PT when we find the right fit for our HTC! If you know someone who is interested in applying for this role, have them check out our current job listing.

We are grateful for our PT team and celebrate their hard work here at our HTC!

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Our HTC clinic and pharmacy were one of the first groups to come over to the new CU Anschutz Campus, taking up residence in the historic Fitzsimons building until we moved into our current location in 2011. Photo: Public Domain-Fitzsimons Army Medical Center 1980

Only a few team members remain from those early days, including Dr. Marilyn Manco-Johnson, Candice Murchison, and Lynn Magnuson, whose dedication helped shape our success.

Today, the pharmacy is led by Pharmacy Program Manager, Desi Hill, supported by an incredible team of pharmacists, technicians, and staff who keep everything running smoothly.

As we celebrate Pharmacy Month, we thank our HTC Pharmacy team for 30 years of excellence, innovation, and compassionate care that continue to make a difference for every patient we serve. Learn more about our pharmacy at: <a href="https://medschool.cuanschutz.edu/hemophilia-thrombosis/pharmacy">https://medschool.cuanschutz.edu/hemophilia-thrombosis/pharmacy</a>



Retired Pharmacy Director Judy Primeaux worked with Dr. Marilyn Manco-Johnson to establish the HTC Pharmacy through the 340B program in May of 1995. While the original pharmacy initially had only a few patients, the program has grown and provided access and support to hundreds of patients since its inception. Photo: HTC Archive 2002

### **UPCOMING EVENTS & HOLIDAY CLOSURES**



As we approach the holiday season, be aware that our clinic, pharmacy, and admin offices have some closures that may impact your care or ability to get medications in a timely manner.

Clinic, Pharmacy, and Admin offices are closed on the following dates:

Thurs-Fri, Nov 27-28, 2025: Thanksgiving Holiday Wed-Fri, Dec 24-26, 2025: Christmas Holiday Thurs, Jan 1, 2026: New Year's Day

See our holiday closure calendar on our website contact page for more information and for how to contact us after-hours or during a holiday closure. <a href="https://bit.ly/3Ir2x2y">https://bit.ly/3Ir2x2y</a>

Please also see our pharmacy shipping page for an updated schedule of holiday shipping deadlines.  $\underline{\text{https://}}\underline{\text{bit.ly/48xWrv4}}$ 

**NBDF Colorado has several upcoming events for the remainder of 2025.** Please see their website's event calendar page at co.bleeding.org to learn more and register for events.

**Thurs., Dec 4, 2025 5 pm-9 pm: NBDF Colorado Holiday Party 2025:** NBDF Colorado is hosting their annual holiday party at Children's Museum of Denver. The event includes access to the whole museum just for their group, dinner, and time to connect with others in the bleeding disorders community.

**Sun., Dec 14, 2025 1 pm-3 pm: NBDF Southern Colorado Holiday Party:** NBDF Colorado is also hosting a smaller holiday party for the southern Colorado community. This is a fun event at Top Golf in Colorado Springs, which will include a fajita lunch, and bays reserved to golf from. Registration is limited and priority will be given to residents of El Paso, Pueblo and surrounding southern Colorado counties.



The University of Colorado Hemophilia & Thrombosis Center (HTC) currently has an opening for a full-time physical therapist. The Colorado HTC is a lifespan clinic, caring for patients of all ages with bleeding and clotting disorders. Details of this PT position are available at the link below. You can also go to the University of Colorado Anschutz Careers Page and search by job number 37904 to find the full position description and application instructions. Please feel free to reach out with any questions.

https://cu.taleo.net/careersection/2/jobdetail.ftl? job=**37904&lang=en** 

# DROPS OF LOVE: CELEBRATE CARING HTC STAFF MEMBERS



Our HTC has a program called "Drops of Love" to celebrate those who work at our HTC. Any patient, family member, caregiver, or visitor to our HTC can recognize anvone at our center who went above and beyond with a simple scan on your phone! We know that even one great interaction with a clinical team member can make a visit to the HTC a positive

experience and help patients improve their health. This is also a great way to thank the nurses and other providers who make a difference to your care.

Just scan the QR code (above) or scan the code in our office to send a "drop of love" to our staff members and let us know how they made a difference in their service to you! Thank you for sharing your feedback with us!

### RECENT HEADLINES

These are a few of the headlines that we've recently featured on our Newsroom page or on Social Media:

Star Therapeutics Gains New Financing to Boost Investigational von Willebrand Disease Therapy

Study Finds Infection is Most Common Cause of Death in Acquired Hemophilia A

Study Shows Spinal Stenosis May be a Complication in Older Hemophilia Patients

Discovery of F8 Mutation May Lead to Better Bleeding Control for Hemophilia A Patients

FDA Approves Alhemo for Hemophilia Patients without Inhibitors

**Study Shows Higher Rates of Depression, Anxiety for Hemophilia Patients** 

We maintain a newsroom page at our website with a list of news articles that may be of interest to our patients and families. Go to <a href="mailto:medschool.cuanschutz.edu/hemophilia-thrombosis/resources/newsroom">medschool.cuanschutz.edu/hemophilia-thrombosis/resources/newsroom</a> to read more. We also share news on our <a href="mailto:Facebook">Facebook</a> and <a href="mailto:X/Twitter">X/Twitter</a> accounts.

Sign up to get this newsletter delivered directly to your email box each month! Just go to **eepurl.com/bnszoz** or scan the QR code and fill out the form!



### **UPCOMING EVENTS**

#### **Mark Your Calendars:**

Please note. These dates may be <u>tentative and subject to change</u>. Please check appropriate websites for confirmation of events.

**Nov 11:** Veterans Day (our offices are open)

**Nov 14-16:** RMHBDA Montana—Women's Retreat at Boulder Hot Springs, Boulder, MT

**Nov 27-28:** Clinic, Pharmacy, and Admin offices closed for Thanksgiving Holiday

**Dec 4:** NBDF CO Denver Metro Holiday Party—Children's Museum Denver

**Dec 6-9:** ASH Annual Meeting and Exposition—Orlando, FL

**Dec 14:** NBDF CO Southern Colorado Holiday Party—Top Golf Colorado Springs

**Dec 24-26:** Clinic, Pharmacy, and Admin offices closed for Christmas Holiday

See more at our Events Page on our website: medschool.cuanschutz.edu/hemophilia-thrombosis/resources/events-calendar

ME-WE-HTC We create hope.

## Hemophilia & Thrombosis Center

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Web page:

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