

The Clotting Connection

A Newsletter for Families with Bleeding and Clotting Disorders

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University of Colorado
Anschutz Medical Campus
Hemophilia and Thrombosis Center

Affiliated with
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MILE HIGH SUMMER CAMP 2016



Ziplines, fishing, rafting, and infusing? Mile High Camp for Bleeding Disorders offers more than your average camp. This year more than 100 kids ages 7-19 affected by hemophilia, von Willebrand's disease and other rare, chronic bleeding disorders were able to participate in the HTC and NHF Colorado sponsored camp held July 10-15, 2016.



Camp is a great opportunity for children with bleeding disorders but most kids would be priced out of camp if it weren't for NHF Colorado's financial support. Please consider donating to NHF Colorado and joining us for the Hemophilia Walk on August 27th to help raise funds for programs just like camp! (Details page 2) Thank you to all who help support Mile High Summer Camp! See more pictures on page 3.



We love these pictures from camp, but there are many more. To find our slideshow of camp pictures, go to our website at: www.medschool.ucdenver.edu/htc find the **COMMUNITY** tab at the top and click on **CAMP**. The slideshow will be at the bottom of the page. We will be adding to it as we have more pictures come in.



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Find us on Facebook, Twitter, and our website for frequent updates on news and events.



Go to facebook.com/ColoradoHTC



Go to twitter.com/HTCColorado



Website: Go to medschool.ucdenver.edu/htc



Email: HTC.Newsletter@ucdenver.edu

STRIKE OUT STROKE



Last month the Colorado Rockies hosted “Strike Out Stroke” at one of their home games. This is a national campaign designed to bring education and awareness of the symptoms of stroke. Some of our Pediatric Stroke Support Group were able to attend and cheer on fellow stroke survivors and enjoy the game. This year the Rockies had two stroke survivors throw out the first pitch, one was a patient from our clinic.



Much of the focus of the Strike Out Stroke program is to inform the general public of the symptoms of stroke. A quick way to assess whether someone is having a stroke is to remember “**FAST**”:

F=Face Ask the person to smile. Does the side of the face droop or is the smile unusually crooked?

A=Arms Ask the person to lift both arms in the air. Does one drift down, or is one arm more difficult to lift than the other?

S=Speech Ask the person to speak. Are their words slurred? Can he or she repeat a sentence correctly?

T=Time Call 9-1-1 or get to the hospital if these symptoms are present to begin treatment as soon as

possible. It is very important to get treatment right away, no matter the age of the patient.

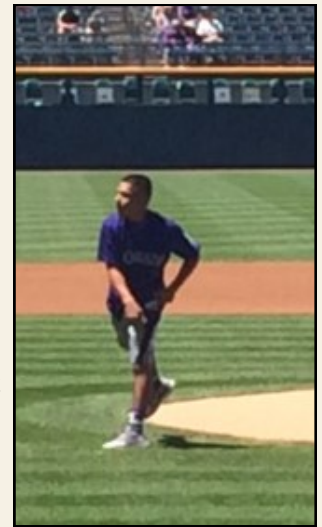
Children can be difficult to diagnose because they do not always present the same symptoms and it is harder for them to communicate. For kids and babies watch for additional symptoms such as seizures or body ticks, extreme sleepiness, headaches, vomiting, sudden loss of vision or abnormal eye movement, loss of balance, difficulty walking, or unexplained change in level of consciousness. These symptoms can also indicate other problems, but if you suspect stroke, seek medical assistance immediately.

So much can be done to help children recover from stroke. Our center has many resources available and works to support both patients and their families through their recovery.

Our support group will host a picnic on August 14, 2016 at 1 pm at Cherry Knolls Park in Littleton. Please contact Amanda Kenny for more information at: Amanda.Kenny@ucdenver.edu

More information on pediatric stroke and our programs can be found at our website at www.pedsstrokesupport.ucdenver.edu

Photos courtesy Jennifer Armstrong-Wells & Amanda Kenny



**Lace up.
Get ready to walk!**

Save the date!

**Sat., Aug 27, 2016 ♦ 8 am Registration ♦ 9 am Walk
Sloan's Lake Park ♦ 17th Ave & Sheridan Blvd. Denver**

The annual Hemophilia Walk to support the NHF Colorado Chapter and their amazing programs is coming up next month. Join our HTC Team “Chill Factor”, join a friend, or start your own team. No matter what, your efforts and donations go to support programs for those with bleeding disorders like camp! If you cannot attend, consider donating online. You can find more information by going to our website, our Facebook page, or to cohem.org.



All photos cover and page 3 courtesy NHF Colorado-Bethany McCabe and HTC-Merilee Ashton. See a slideshow of these and many others at our website at www.medschool.ucdenver.edu/htc find the **COMMUNITY** tab at the top and click on **CAMP**.

RECENT HEADLINES

These are a few of the headlines that we've recently featured on our home page.

We maintain a Newsroom page at our website with a list of the news we feel may be of interest to our patients and families. To see more head to: www.medschool.ucdenver.edu/htc then find the **RESOURCES** tab, and go to the **NEWSROOM** page.

New Podcast for Bleeding Disorders Launches as "BloodStream"

Koate DVI Shipments on Hold

FDA Approves Epcusa to Treat Hepatitis C

SIPPET Study & MASAC Recommendations Explained

Analysis Published in Blood Reviews Outcomes

UPCOMING EVENTS

July 21-23: NHF Annual Meeting-Orlando, FL

July 24-28: WFH World Congress-Orlando, FL

July 29-31: RMHBDA Family Camp-Rollins, MT

Aug 1-2: Outreach Clinic-Missoula, MT

Aug 14: Pediatric Stroke Parent Support Group Picnic- Cherry Knolls Park, Centennial, CO

Aug 27: NHF CO Walk for Hemophilia-Denver

Sep 5: Clinic and Admin closed for Labor Day

Sep 10: RMHBDA Walk for Hemophilia-Billings, MT

Sep 21-23: Outreach Clinic-Grand Junction, CO

Sep 30-Oct 1: RMHBDA Men's Retreat- Chico Hot Springs, MT

Nov 4-6: RMHBDA Women's Retreat- Chico Hot Springs, MT

Nov 24-25: Clinic and Admin closed for Thanksgiving Holiday

See more at our Events Page on our website:
www.medschool.ucdenver.edu/htc find **RESOURCES** tab, go to **EVENTS**

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PLEASE
PLACE
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