Many of those attending Education Days in 2023 were able to go downtown to see the Denver City and County Building lit up red in honor of those with bleeding disorders. Photo: Hanna Beary

NHF Colorado and the HTC joined forces in April to support NHF Colorado Education Days. This annual gathering allows families with bleeding disorders to connect, learn, and support one another. Our HTC staff was very happy to have been able to participate and help our bleeding disorder families in this fun and engaging event.

This year, Education Days was held at the Hyatt Regency Hotel in the Denver Tech Center from April 14-16th and provided a chance for families to meet together for a weekend of learning and connection free of charge. The event provided childcare during the conference which allowed kids to play together while letting adults fully engage in the programs. Many of our HTC staff, including physical therapists, nurses, doctors, and our psycho-social team were involved, and shared that it was a wonderful event.

Our nursing team worked with patients in an infusion session that was well attended. Nurse Kim Hurdstrom and physical therapist Laura Singer-Fox helped teens to create a “go bag”, which contained everything that they may need (except the actual factor medication) to infuse if something came up when they were far from home. Nurse Nancy Spomer was a part of a question-and-answer session and provided support during the infusion session as well.

Joanna Roybal, one of our physical therapists, led a session on Practical Mindfulness in which she shared ways to use your body to calm your mind. She provided specific resources for our younger patients to manage stress by using physical activity, and she provided practical tips for anyone to use mindfulness to relieve stress throughout the day.

The psycho-social team from the HTC were also involved with several fun activities at the event. Our social workers, Bryn Dunham and DeEtta Barnhardt, and one of our psychologists, David Hayduke, managed a

[Continued on page 3]
Many people who have Medicaid, including those whose children may qualify for the Child Health Plan (CHP) in various states, may lose eligibility for these programs due to changes in federal funding starting in May 2023. Those who do still qualify need to confirm contact information with these programs, and check to see if there is a need to make any changes for health plan coverage going forward.

To update or check your contact information, see the following resources.

For Colorado residents:
- Visit Colorado.gov/PEAK
- Use the Health First Colorado app on your phone
- CHP+ members can call 1-800-359-1991 (state relay: 711)
- Contact your County Department of Human Services
- Connect for Health Colorado at connectforhealthco.com or 1-855-752-6749 is a good resource for CO residents to navigate the Health Insurance Marketplace and options on lowering costs of private insurance

For Wyoming residents:
- Use the Client Web Portal at www.wesystem.wyo.gov
- Email wesapplications@wyo.gov (include your FULL name, DOB or case number)
- Call 1-855-294-2127
- Enroll Wyoming, at https://enrollwyo.org/ or 1-888-425-7138, is a good source for WY residents to navigate the Health Insurance Marketplace and options on lowering costs of private insurance

For Montana residents:
- Use the Montana portal at https://apply.mt.gov/
- If you do not have an email, use Montana Department of Public Health form: https://bit.ly/DPHHSform
- Call MT Public Assistance Help Line at 1-888-706-1535
- Stop by your local Office of Public Assistance: https://dphhs.mt.gov/hcsd/officeofpublicassistance
- Cover Montana, at https://covermt.org/ or 1-888-425-6837, is a good source for MT residents to navigate the Health Insurance Marketplace

Our HTC staff are aware of this change and how it may impact patients. If you need a new insurance plan, our HTC can help you understand which plans work with our center and provide the coverage and medications you need.

Please contact us if you have questions and need some help in verifying your coverage or if you will need to enroll in a private program. Reach out to our social workers, Bryn Dunham bryn.dunham@cuanschutz.edu, and DeEtta Barnhardt deetta.barnhardt@cuanschutz.edu, or contact our pharmacy at 303-724-0168 or our main clinic at 303-724-0724 for information and support.
booth with a spinning wheel to have kids answer questions, as well as providing handouts for financial resources, sharing our newsletter, and Medical ID forms or applications. They also helped our teens with a BINGO game, where those in attendance could interact with various tables to get their cards signed.

Dr. Michael Wang, our HTC Director, was honored to be able to speak about new therapies in the pipeline that may provide positive impacts on our patients’ lives. His expertise in novel therapeutics provided an informative and encouraging view on how these potential therapies could be used to help patients.

Many other speakers and discussion groups were offered throughout the weekend event, including a spotlight on visiting HTC Fellows Rebeca Gutierrez Telica, and Andrea Odonez Cuetto. They have both been working with our HTC and Children’s Hospital over the past two months studying hematology. Dr. Ordona Cuetto was a pediatric resident in Mexico City and Dr. Gutierrez Telica was a pediatric resident in Guatemala.

Our HTC was happy to have been able to be a part of the 2023 Education Days and that so many of our patients and families were able to join us in learning and connecting. We thank NHF Colorado for their efforts in putting together so many informational sessions and presentations to help our bleeding disorder community.
RECENT HEADLINES

These are a few of the headlines that we’ve recently featured on our Newsroom page or on Social Media.

Survey of HTC Clinicians Shows Changes in Treatment Trends over 22 Years
Sanofi Announces Results from Two Phase 3 Trials of Fitusiran
Dr. Beth Warren Discusses Differences in Factor and Non-Factor Prophylaxis in ASH Publication
New Data: Hemgenix Reduces Bleeds in Hemophilia B Better than Standard Replacement Therapy
FDA Extends Review of Gene Therapy Roctavian for Hemophilia A
FDA Approves Efanesoctocog Alfa (Altuviiio) to Treat Hemophilia A

We maintain a newsroom page at our website with a list of news articles that may be of interest to our patients and families. Go to medschool.cuanschutz.edu/hemophilia-thrombosis/resources/newsroom to read more. We also share news on our Facebook and Twitter accounts.

UPCOMING EVENTS

Mark Your Calendars:
Please note. These dates may be tentative and subject to change. Please check appropriate websites for confirmation of events.

May 6: NHF Colorado Women’s Group, Teatime
May 29: Clinic, Pharmacy, and Admin offices closed for Memorial Day
June 10-11: NHF Colorado Family Camp—Highlands Presbyterian Camp, Allenspark, CO
June 24: NHF Colorado Backpacks + Bleeders Rafting Event
July 4: Clinic, Pharmacy, and Admin offices closed for Independence Day
July 21-23: Teen Leadership Weekend
July 23-27: Mile High Summer Camp

See more at our Events Page on our website: medschool.cuanschutz.edu/hemophilia-thrombosis/resources/events-calendar

Sign up to get this newsletter delivered directly to your email box each month! Just go to eepurl.com/bnszoz and fill out the form!

ME-WE-HTC  We create hope.