

Travel Training Methods for People with Disabilities Survey

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Background

My scholarly project is to learn about the transportation needs of people with disabilities, so I can improve travel training to help people with disabilities feel more comfortable navigating the complex transportation systems that weren't designed with them in mind.

Have you ever been unable to travel alone and needed help learning how to navigate transportation services?

Everyday planes, trains, buses, light rail, and subways help us get around to places we need to go.

Who can participate:

Individuals with disabilities of any type (seen or unseen) who need transportation training.

What to expect:

I am conducting a 10-question survey to gather data on ways to transform travel training in Colorado and around the country.

1. **What are some challenges that someone may face when learning how to use transportation?** (Open-ended)
2. **What is your learning style?**
 - I learn best with one-on-one instruction where someone guides me step by step
 - I prefer learning in a group where I can watch others and ask questions
 - I learn best by doing, like practicing routes or riding transit myself
 - I prefer learning on my own using maps, videos, or written directions
 - Other (please specify)
3. **What type of transportation would a person use to expand their quality of life?(Select all that apply)**
 - Public transportation (bus, light rail, subway, metro, etc....)
 - Ride share transportation: Access-A-Ride, Taxi, Uber, Lyft
 - Airplane
 - Other (please specify)
4. **Who has participated in travel training before?**
 - Yes
 - No
5. **What type did they experience?** (Open-ended)

6. What are the most important skills to teach in a disability travel training course?

(Select all that apply)

- Knowing myself as a traveler (personal needs, decision-making, safety)
- Rights and responsibilities (access rights, accommodations, following rules)
- Communication (saying where you want to go, asking for clarification)
- Making choices and decisions (choosing type of transportation, routes and times, evaluating options)
- Problem-solving (back-up plans, missed stops, delays, or wrong routes)
- Travel technology (apps like Uber or Lyft, GPS, alarm reminders)
- Other (please specify)

7. Do individuals with disabilities have a preference on places to experience? To try travel training, including public transportation, aviation, and mixed modes of transportation, for example, bus and Lift is an interesting option. (Select all that apply)

- Help with moving around (wheelchair, walker, cane, etc.)
- Materials in formats I can use (large print, Braille, screen reader, captions)
- Hearing support (sign language interpreter, captions, or other assistive devices)
- Transportation to or from training sessions
- Help understanding instructions or materials (simplified language, step-by-step guidance)
- Someone to provide emotional or peer support during training
- Flexible options for learning (different times or online/asynchronous options)
- Other support I need (please describe)

8. How did you learn about disability Travel Training options in your community? (Select all that apply)

- From friends, family, or peers
- From disability organizations or advocacy groups
- From social media (Facebook, Instagram, TikTok, etc.)
- From websites or online searches
- From schools, colleges, or training programs
- From healthcare providers or therapists
- From public transportation agencies or staff
- Wings for All
- Other (please specify)

9. If you were more comfortable and confident traveling, would you:

- Attend conferences and meetings
- Visit family and friends
- Explore other places or vacation
- Other (please specify)

10. What training option fits your learning style?

- In-person, one-on-one training (working directly with a trainer in real travel situations)
- In-classroom training (learning in a group with presentations, maps, and discussion)
- A simulator type of training. (The Kansas City airport offers an Air Travel Experience)
- Hands-on, real-world practice (learning by actually riding buses, trains, or walking routes)
- Self-guided learning (using maps, videos, or written instructions on your own)
- Small group training (learning alongside a few others with guided practice)
- Blended training (a mix of classroom instruction and real-world travel practice)