

Resources for Transition-Aged Youth, Young Adults with Intellectual or Developmental Disabilities (I/DD) and their Families

Category	Organization	Link	Annotation
Advocacy	Colorado Cross-Disability Coalition	https://ccdconline.org/	Can help with employment discrimination/accommodations, housing, and some Medicaid-related issues
Community	Colorado Respite Coalition	https://www.coloradorespitecoalition.org/	Caregiver assistance.
Community	El Grupo Vida	https://elgrupovida.org/en/home/	A network of Hispanic/Latino parents to provide support for people with disabilities and their family
Community	Lutheran Family Services	https://www.lfsrm.org/	Provide support with adult citizenship for refugees among other services.
Community	The Council on Quality and Leadership (CQL)	https://www.c-q-l.org/resources/articles/supporting-people-with-idd-to-transition-to-the-community/	Examination of community transition services in Medicaid Home and Community Based Services (Waivers).
Community	THINK+change: Talks, trainings, and tools	https://thinkchange.training/about-us/	THINK+change, created in 2017, is The Arc of Aurora's social enterprise that strives to change knowledge, attitude, and behavior through original content to improve the quality of life for people with intellectual, developmental, and other disabilities through training and education. Our educational products are convenient and contemporary and meant to be used by ANYONE because we all have a connection to disability in some way, shape, or form! What is the best part you ask? Nearly 100% are available to YOU at no cost thanks to our community partners.
Community Living	Easter Seals	https://www.easterseals.com/co/	Get support through one of our many services provided to people with disabilities, seniors and their families and caregivers and explore resources.
Community Living	Independent Living Centers	https://coloradosilc.org/colorado-centers-for-independent-living/	Independent Living Centers in Colorado
Community Living	In-Home Support Services (IHSS)	https://hcpf.colorado.gov/in-home-support-services	In-Home Support Services (IHSS) is a service delivery model that allows members to receive care in their homes with greater flexibility and control. With IHSS, members can: - Select and supervise their own attendants (including family members) - Choose an IHSS-approved home health agency to serve as their provider - Receive skilled and unskilled care as part of one coordinated service plan - Benefit from training and oversight by a licensed health care professional, if needed
Community Living	The Arc Center for Future Planning *	https://futureplanning.thearc.org/	National website to find resources about planning to live in the community.
Community/Advocacy	Autism Community Store	https://autismcommunitystore.com/	Support groups, resource center, social gatherings, educational workshops, employment.
Education	CDE Concurrent Enrollment	https://www.cde.state.co.us/postsecondary/concurrentenrollment	Colorado Department of Education Concurrent Enrollment
Education	CDE Graduation Guidelines	https://www.cde.state.co.us/postsecondary/gradguidelinesfaq	Colorado Department of Education Graduation Requirements
Education	CDE Roadmap to Secondary Transition	https://www.cde.state.co.us/cdesped/secondary_transition-1	Roadmap to Secondary Transition
Education	CDE Transition Requirements	https://www.cde.state.co.us/cdesped/transition_requirements	Colorado Department of Education Transition Requirements
Education	Inclusive Higher Education Colorado	https://inclusivehighered.org/college-options/inclusive-model.html	Resources for youth with intellectual/developmental disabilities who want to attend college
Education	Individual Career and Academic Plan (ICAP)	https://www.cde.state.co.us/postsecondary/icap	ICAP is a multi-year process that intentionally guides students and families in the exploration of career, academic and postsecondary opportunities. With the support of adults, students develop the awareness, knowledge, attitudes, and skills to create their own meaningful and powerful pathways to Postsecondary and Workforce Readiness (PWR).
Employment	AbilityJobs.com	http://abilityjobs.com/	supports job seekers with disabilities in their employment search. With a stand-alone resume bank, employers can actively seek talented people with disabilities looking for work.

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Employment	Adult and Community Agencies	https://www.cde.state.co.us/cdesped/ta_adultcommunityagencies	Resource from the Colorado Dept of Education
Employment	Autism Now: On the Job	https://autismnow.org/on-the-job/	autism-specific resource that has information, news, and event listings related to employment for individuals with autism.
Employment	Brew-ability	https://brew-ability.com/	Located in Englewood and exclusively hires those with disabilities and hosts employment mixers.
Employment	Colorado Department of Vocational Rehabilitation	https://dvr.colorado.gov	Provide a variety of individualized services for people with disabilities. These services may allow you to reach your employment goals and live independently.
Employment	Colorado Office of Employment First (COEF)	https://employmentfirstcolorado.org	Resources for supported employment.
Employment	Colorado P-TECH: Pathways in Technology Early College High Schools in CO	https://www.cde.state.co.us/postsecondary/p-tech	P-TECH is intended to create a public-private partnership to prepare thousands of Colorado students for high-skill jobs of the future.
Employment	Employment Connections	https://www.parentcenterhub.org/employment/	Center for Parent Information & Resources
Employment	Employment Works	https://www.abilityconnectioncolorado.org/programs/employment/	Employment Works has advocated for people with special needs and for their inclusion as vital members of the workforce.
Employment	Entrepreneurship for Youth with Disabilities	https://www.ldonline.org/ld-topics/transition-school-work/entrepreneurship-youth-disabilities	How to become an entrepreneur, accommodations, links to other resources
Employment	GettingHired.com	https://www.gettinghired.com	place where people with disabilities seeking employment, employers committed to hiring people with disabilities, service providers, college disability and career services departments, and disability advocacy groups connect
Employment	Job Accommodation Network (JAN)	https://askjan.org	website maintained by the Office of Disability Employment Policy of the US Department of Labor which is dedicated to providing information about workplace accommodations under ADA.
Employment	Long Term Services and Supports Training	https://hcpf.colorado.gov/long-term-services-and-supports-training	Colorado Long-Term Services and Supports Training like HCBS Waivers
Employment	Project SEARCH High School Transition Program	https://www.projectsearch.us/transition-to-work/	A one-year school-to-work program that takes place entirely at the workplace. Total workplace immersion facilitates a combination of classroom instruction, career exploration, and relevant job-skills training through strategically designed internships.
Employment	Ready to Achieve Mentoring Program (RAMP)	https://www.abilityconnectioncolorado.org/programs/employment/ready-achieve-mentoring-program/	an initiative that focuses on serving youth ages 13-18 with barriers to employment such as developmental, emotional, cognitive and other disabilities.
Employment	School to Work Alliance Program (SWAP)	https://www.cde.state.co.us/cdesped/ta_swap	A collaborative program through the Colorado Department of Education, the Division of Vocational Rehabilitation, and local school districts/BOCES/BOCS. This program provides year-round services including transition counseling and guidance, job development, job placement, on-the-job training and job-site support to young people with disabilities.
Employment	Teaching the Autism Community Trades (TACT)	https://www.buildwithtact.org	A program that helps individuals with autism learn skills trades.
Employment	Workforce Centers	https://cdle.colorado.gov/wfc	Offer numerous services including work registration, job referrals, career guidance and counseling, job data banks, interviewing and networking skills, resume writing, training, and assessment. The Centers work closely with the Division of Vocational Rehabilitation (DVR) to obtain more intensive services that may be needed by clients with disabilities.
Employment	Youth and Transition Services Programs	https://dvr.colorado.gov/youth-and-transition-services	Colorado Division of Vocational Rehabilitation
Employment	Youth Jobs and Training	https://cdle.colorado.gov/jobs-training/youth	Colorado youth programs, jobs, and training information
Financial	Home and Community Based Waivers	https://hcpf.colorado.gov/long-term-services-and-supports-training	Adult Medicaid Waivers for people with disabilities
Financial	Social Security Disability Insurance (SSDI)	https://www.ssa.gov/disability	Social Security webpage with information about SSDI.

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Health	Center for Transition to Adult Health Care for Youth with Disabilities	https://movingtoadulthealthcare.org/	The Center for Transition to Adult Health Care for Youth with Disabilities is a national health care transition resource center. The goal of the center is to empower youth and young adults with intellectual and developmental disabilities (ID/DD) ages 12-26 to direct their own transition from pediatric to adult care with no reduction in quality of care and no gaps in service.
Health	Becoming An Adult: Taking Responsibility for Your Medical Care	https://www.youtube.com/watch?v=cjXurYrFMZM	Video from Nemours Children's Health
Health	Behavioral Health and Crisis Care Resources	https://bha.colorado.gov/help/get-help-mental-health-drugs-or-alcohol	Colorado Behavioral Health Administration
Health	Got Transition: Healthcare Transition	https://gottransition.org/youth-and-young-adults/	The National Alliance to Advance Adolescent Health
Health	HCP	https://cdphe.colorado.gov/prevention-and-wellness/hcp-a-care-coordination-program-for-children-and-youth-with-special-health	A healthcare program for children and youth with special healthcare needs, can assist with transition planning.
Health and Behavioral Health	Cultural Development & Wellness Center (previously Asian Pacific Development Center)	https://www.auroramhr.org/cultural-development-wellness-center/	The Aurora Mental Health & Recovery has Development and Wellness Center Programs that include behavioral health, victim assistance, adult education, Youth Leadership Academy (YLA), and the Colorado Language Connection (CLC).
Housing	Housing Voucher Programs (Section 8)	https://doh.colorado.gov/housing-voucher-programs	Colorado seepage explaining the Housing Choice Voucher Program (HCV)
Housing	Neuro-Inclusive Housing Solutions	https://www.neuroinclusivehousingsolutions.com/	Desiree Kameka Galloway is a disability housing expert and this is her website sharing her research and knowledge about neuro-inclusive housing options in Colorado.
Legal	Colorado Legal Services for support with Guardianship-Colorado Legal Services -	https://www.coloradolegalservices.org/	Colorado Legal Services is a nonprofit that offers free legal help on issues that are not criminal to low-income Coloradans who qualify.
Legal	Disability Law Colorado	https://disabilitylawco.org/	The Protection & Advocacy System for Colorado to protect disability rights and improve the human, civil, and legal rights of Coloradans through legal representation, advocacy, and education
Legal	Guardianship Alliance	https://www.abilityconnectioncolorado.org/guardianshipallianceofcolorado/	Guardianship Alliance of Colorado's purpose is to provide comprehensive professional private, contractual and volunteer guardianship services in order to protect the rights and dignity of vulnerable adults. Information and training is also available related to the guardianship process.
Recreation	NSCD (National Sports Center for the Disabled)	https://nscd.org/	Adaptive recreation.
Recreation	PAD-CO (Parents of Adults with Disabilities in CO)	http://pad-co.info/	Social activities and discussion about parenting adult children with disabilities.
Recreation	Special Olympics Athletic Leadership University, Colorado	https://specialolympicsco.org/programs/athleteleadershipuniversity/	Athlete Leadership University (ALU) is a learning experience, through a series of college-style courses, designed for Special Olympics Colorado athletes. ALU helps athletes build confidence and learn leadership skills to create meaningful change in society. With the support of volunteer mentors, athletes go through the core leadership courses and then select a specific major to study.
Recreation	YMCA	http://www.ymca.net/find-your-y	Recreation centers and programming for youth and families.
Self-Advocacy	4 Steps for Stronger Self-Advocacy	https://prmtexas.org/wp-content/uploads/2017/04/YOUTH-4-steps-for-stronger-self-advocacy.pdf	Self-advocacy Tip Sheet
Self-Advocacy	Autistic Self-Advocacy Network	https://autisticadvocacy.org/wp-content/uploads/2013/12/HealthCareTransition_ASAN_Policy_Brief_r2.pdf	The Transition to Adulthood for Youth with I/DD: A Review of Research, Policy, and Next Steps
Self-Advocacy	Colorado Cross-Disability Coalition	https://ccdconline.org/	Disability Rights organization
Self-Advocacy	Colorado Developmental Disabilities Council	https://coddc.org/	Advocacy organization to advocate for systems change by promoting meaningful person-centered participation, self-determination, and inclusion for all individuals with developmental disabilities.
Self-Advocacy	Self Advocates Becoming Empowered (SABE)	https://www.sabeusa.org/	National organization for self-advocates.

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Self-Advocacy	Speaking for Ourselves Colorado	https://wespeakforourselves.com/	Our voices, Our choices, Our Lives: Advocating for People with Intellectual and Developmental Disabilities.
Self-Advocacy	Students and Young Adults Advocacy Skills	https://www.pacer.org/students/	PACER Center resources and publications
Self-Advocacy	Supported Decision-Making Resources	https://supporteddecisionmaking.org/	Supported decision making is an alternative to Guardianship or can be used in conjunction with Guardianship.
Self-Advocacy	Transition and Self-Advocacy	https://www.idonline.org/ld-topics/transition-school-work/transition-and-self-advocacy	Transition planning and self-advocacy
Services	Colorado Case Management Agencies (CMAs)	https://hcpf.colorado.gov/case-management-agency-directory	Directory of Case Management Agencies in Colorado.
Transition Planning	Adolescente y Adulto Joven Recursos De Transicion	https://www.abilityconnectioncolorado.org/wp-content/uploads/2024/09/Transicion-de-adolescentes-y-adultos-jovenes.pdf	P2P CO - Spanish
Transition Planning	CDE's Secondary Transition Training for Parents	https://www.cde.state.co.us/cdesped/transitiontrainingforparents	Secondary Transition Training for Parents is a 10-part module series.
Transition Planning	CDE's Transition Resources and Transition Toolkit	https://www.cde.state.co.us/cdesped/transition_resources	Secondary Transition Resources from the Colorado Department of Education.
Transition Planning	Disability Law Colorado	https://disabilitylawco.org/resources/TransitionToAdulthoodSeries	The Transition Process: Your Rights and the Responsibilities of Schools and DVR; Housing: Where to Live After High School; Employment: Finding the Right Job and Succeeding
Transition Planning	Legal Requirements for Transition Components of the IEP	https://www.wrightslaw.com/info/trans.legal.bateman.htm	WrightsLaw resources
Transition Planning	Parent's Guide: Supporting Your Teenager with I/DD in the Transition from High School to Adulthood	https://www.rmhumanservices.org/news/idd-transition-from-high-school-guide/	This guide outlines key steps for parents to support their students, from transition planning to life skills development, plus Denver-area programs offering mentorship and job training.
Transition Planning	PATHs to PossAbilities	https://www.paths2possabilities.net/	Person-centered planning process
Transition Planning	PEAK Parent Center	https://www.peakparent.org/	Family support.
Transition Planning	Step Up! Into Life After High School	https://www.youtube.com/playlist?list=PL1lFTrnq-s5aRKil_qeakBGBvR54lIUu	Video series on YouTube, produced by The Arc.
Transition Planning	Teen and Young Adult Transition Resources	https://www.abilityconnectioncolorado.org/wp-content/uploads/2024/09/Teen-and-Young-Adult-Transition.pdf	P2P CO - ENGLISH
Transition Planning	Transition and Employment Resource Library	https://www.pacer.org/transition/	National Parent Center on Transition and Employment, PACER
Transition Planning	Transition Planning with IEP Teams	https://www.wrightslaw.com/info/trans.index.htm	WrightsLaw resources
Transition Planning	Transition Resources from PEAK Parent Center	https://www.peakparent.org/transition-resources/	Transition resources.
Transportation	DRMAC (Denver Regional Mobility & Access Council)	https://drmac-co.org/	DRMAC's mission is to overcome mobility barriers through education, collaboration, and advocacy to enhance quality of life. Inform and empower people to overcome mobility barriers. Help make transportation equitable, accessible, and affordable for all. DRMAC serves the following Colorado counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson.

Acknowledgement: This project was supported by the Administration on Disabilities (AOD) under the University Center of Excellence in Developmental Disabilities (UCDEDD) Grant 90UCPH0066 of the U.S. Department of Health and Human Services (HHS). This information or content and conclusion are those of the author and should not be construed as the official position or policy of HHS or the U.S. Government infer any endorsements.