

What is Autism, exactly?

April is Autism Acceptance Month! Explore these family-friendly books, films, and websites to learn, connect, and celebrate neurodiversity.

This guide was created by Jessie Paige, a LEND Family Advocate with JFK Partners at the CU Anschutz Medical Campus.

Grown-Ups Need Stories Too!

Books for parents, caregivers, and curious adults who want to learn, reflect, and grow.

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity by Steve Silberman

Uniquely Human: A Different Way of Seeing Autism by Barry M. Prizant, PhD

Big Questions for Big Kids

Perfect picks for upper elementary readers who are ready to explore autism, friendship, and what makes us all unique.

Good Different
by Meg Eden Kuyatt

A Kind of Spark
by Elle McNicoll

The Asperger Adventure Series
by Kathy Hoopmann

Little Books for Little Learners

Sweet and simple stories that help young kids understand, accept, and celebrate differences from the very start.

Nathan's Autism Spectrum Superpowers
by Lori Leith Yarborough

All My Stripes: A Story for Children with Autism by Shaina Rudolph

My Brother Charlie
by Holly Robinson Peete



Do you know why the rainbow infinity symbol is used to celebrate autism?

The rainbow infinity symbol represents neurodiversity. The rainbow shows the wide range of ways people think, feel, and experience the world, and the infinity shape reminds us that there are endless ways to be ourselves.

Everyone's brain is different—and that's something to celebrate!

Nothing About Us Without Us: Books by Autistic Authors

Want to really understand autism? Start by listening to autistic voices. "Nothing About Us Without Us" means that people with disabilities—including autistic people—should be included in conversations, decisions, and stories about their own lives.

These books are written by autistic authors and offer powerful, personal insights into the autistic experience—full of wisdom, humor, honesty, and heart.

The Spectrum Girl's Survival Guide: How to Grow Up Awesome and Autistic by Siena Castellon

The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism by Naomi Higashida

Autism in Heels: The Untold Story of a Female Life on the Autism Spectrum by Jennifer Cook O'Toole

Thinking In Pictures: My Life with Autism by Temple Grandin

Look Me in the Eye: My Life with Asperger's by John Elder Robinson

Voices That Shine: Short Videos by Autistic Creators

Watch and listen as autistic storytellers—like an awesome elementary schooler and a brilliant young adult—share their world in their own words, with heart, humor, and honesty!

What Does It Feel Like To
Have Autism

Nugget STEM for Kids



Autism TMI Virtual Reality
Experience

National
Autistic Society



10 Things Not To Say To An
Autistic

Chloé Hayden



Lights, Camera, Understanding!

Enjoy these powerful films—from a heartwarming Pixar short to a moving documentary—that expand the way we understand and connect with others.

Float Pixar Disney Short
Directed by Bobby Rubio



Wretches & Jabberers

Two men with autism embark on a global quest to change attitudes about disability and intelligence.



Want to Learn More? These Sites Are a Great Start!

[Autism Community Store](#)

[Autism Society of Colorado](#)

[AUCD](#)

[IFK Partners](#)

[Neurowonderful](#)

[Ask An Autistic](#)

[Rocky Mountain Human Services](#)

[Colorado Neurodiversity Chamber of Commerce](#)

[The Arc of Colorado](#)

[Alliance](#)