# SEED Follow-Up Studies Family Resource Guide

July 2023

### Adapted from:



### **Born to Stand Out**

PARENT RESOURCE GUIDE for Children and Young Adolescents



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Thank you for participating in the Study to Explore Early Development (SEED) Follow-Up Studies. We hope this resource packet will be helpful. Please remember to talk to a health care provider or teacher if you have concerns about your health or development, or the health and development of anyone in your family.

You can also **call 211** to find local resources for any need. 211 is a designated number for information and referrals to social services, like finding food, paying bills, and coping with mental health issues or substance abuse.

Common terms relevant to adolescents and adults with autism and other developmental disabilities are listed below. Please note that these are some of the common terms relevant to adolescents and adults with autism and other developmental disabilities. This is not a complete list of terms that might be useful.

- Advocacy is the public support of oneself or another person with a developmental disability.
- <u>Autism or other developmental disability waivers</u> allow people to receive certain services in their homes or communities. Waivers are generally available until 21 years of age if eligibility requirements are met.
- <u>Cognitive-Behavioral Therapy (CBT)</u> focuses on how thinking influences feelings and behaviors. CBT is useful in treating depression, anxiety, and other mental health conditions.
- <u>Developmental disabilities</u> are present before 18 years of age and impact cognitive, language, physical, or social development, and/or daily living abilities.
- Executive functioning describes a set of mental skills that help people plan, monitor, and accomplish goals. Some executive functions are shifting attention, solving problems, and controlling behaviors.
- <u>Individualized Education Plan (IEP)</u> is a plan that identifies the individual educational needs of a student and how the school will address those needs.
- <u>Neurodiversity</u> refers to the range of differences in brain and behavioral functioning that exist in the human population and are associated with strengths and challenges at every part of the spectrum.
- <u>Post-secondary education</u> is any education that comes after high school. It can include certificate programs, as well as associates and other college degrees.
- <u>Service cliff</u> is a phrase sometimes used to describe the loss of services children with developmental disabilities may experience when they become an adult.
- <u>Social stories</u> are simple stories that help people with autism and other developmental disabilities better prepare for and understand common social events.
- <u>Special education</u> is instruction designed for an individual student to meet his/her unique learning needs.
- <u>Transition planning</u> helps students decide what to do after high school. Transition planning for students with an IEP starts by age 16 years, or earlier in some states.
- <u>Vocational training</u> helps people with developmental disabilities develop the skills necessary for employment.

The following is a list of resources compiled from various websites, resource books, and anecdotal research. The list is not exhaustive and contact information is subject to change. Colorado LEND, JFK Partners, the Centers for Disease Control and Prevention, and Colorado SEED do <u>not</u> specifically endorse any of the providers, services, or programs.

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### **Mental Health**

### **❖** AllHealth Network

### www.allhealthnetwork.org

Community mental health center providing services for residents in Arapahoe and Douglas counties.

155 Inverness Drive West Englewood, CO 80112 303-730-8858

Crisis Intervention:303-730-3303

Facebook: www.facebook.com/allhealthnetwork

Twitter: twitter.com/allhealthnet

YouTube: www.youtube.com/user/ADMHN

#### **❖** Aurora Mental Health Center

### www.aumhc.org

Provides services for residents of Aurora and some parts of Arapahoe County. Multiple languages spoken.

11059 East Bethany Drive Aurora, CO 80014 303-617-2300 info@aumhc.org

## Colorado Crisis Services coloradocrisisservices.org

Colorado Crisis Services provide 24/7 crisis support and offers translation services for non-English speakers. The website also has a Chat Now function and a list of statewide walk-in sites. Multiple languages spoken.

### **❖** Community Reach Center

### www.communityreachcenter.org

Mental health provider serving families in north metro Denver and Adams County.

8989 Huron Street Thornton, CO 80260 303-853-3500 Facebook: www.facebook.

Facebook: www.facebook.com/communityreachcenter

Accepts Medicaid

#### **❖** Jefferson Center for Mental Health

### www.jcmh.org

Jefferson Center for Mental Health is a community mental health center that provides services for families in Clear Creek, Jefferson, and Gilpin Counties.

4851 Independence Street Suite 100 Wheat Ridge, CO 80033 303-425-0300

### **❖** Mental Health Center of Denver (WellPower) www.wellpower.org

A community mental health center that, across multiple locations, serves families in Denver County. Multiple languages spoken.

4141 E. Dickenson Place, Denver, CO 80222 303-504-6500 accesscenter@mhcd.org

Facebook: www.facebook.com/RecoveringDenver

Twitter: twitter.com/MHCD News

YouTube: www.youtube.com/user/MHCDRecoveringDenver

### Mental Health Center Serving Boulder and Broomfield Counties www.mhpcolorado.org

Mental Health Center Serving Boulder and Broomfield Counties (MHCBBC) is a comprehensive community mental health center that provides services for residents of Boulder, Broomfield, and Longmont.

3470 Broadway Street Boulder, CO 80304 303-443-8500

Twitter: twitter.com/MentalHealthCO

### **❖** National Alliance on Mental Illness (NAMI) namicolorado.org/

Provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. NAMI has a free 24/7 crisis helpline where a counselor can provide text message support.

You can text 741-741 to reach the crisis helpline. NAMI also hosts on phone helpline Monday through Friday from 10:00am to 10:00pm EST: 1-800-950-NAMI (1-800-950-6264)...

Colorado Chapter 3333 S. Bannock St. Englewood, CO 80110 303-321-3104 1333 Iris Avenue

**Boulder Chapter** 3470 Broadway St. Boulder, CO 80304 303-443-4591

www.namibouldercounty.org

Facebook: www.facebook.com/pages/NAMI-Boulder-County/175430925826383

Affiliates in Arapahoe/Douglas, Boulder/Broomfield, Colorado Springs, Denver, Heart of the Rockies (Salida), High Country Colorado (Breckenridge), Jefferson County (includes Clear Creek and Gilpin), Larimer County (Ft Collins), Southeast Colorado (Pueblo, Canon City, La Junta), Western Slope.

# ❖ National Suicide Prevention Lifeline suicidepreventionlifeline.org

Provides free 24/7 confidential support for people in distress, and prevention and crisis resources for individuals and their loved ones. You will be connected to a skilled and trained counselor in your area.

You can contact the Lifeline by calling 1-800-273-TALK (1-800-273-8255) or texting 988. Deaf and Hard of Hearing TTY: 1-800-799-4889 Text TALK to 38255

# ❖ North Range Behavioral Health www.northrange.org

Provides services for residents of Greeley and Weld County. Multiple languages spoken.

1300 North 17th Avenue
Greeley, CO 80631
970-347-2120
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/nrbhweld
YouTube: www.youtube.com/channel/UC-kIDUUYj2P66ZYtC6hgTbQ

### **Autism Organizations**

### **❖** Autism NOW (The Arc Autism Now)

#### Autismnow.org

Autism Now is a national resource and information center for people with autism and other developmental disabilities and their families.

### Autism Self Advocacy Network (ASAN)

### Autisticadvocacy.org

ASAN supports the disability rights movement for autistic people by helping them obtain equal access, rights, and opportunities.

## Autism Society autismsociety.org

The Autism Society connects people to resources through advocacy, education, referral, support, and community programming. Autism Society hosts Autism Source, an on-line database of providers and resources in your community.

### Autism Society of Boulder County autismboulder.org

ASBC is an opportunity generator for people on the autism spectrum and their families, focused on filling support, recreation and training gaps in Boulder County.

720-272-8231 1905 15<sup>th</sup> Street #4909 Boulder, CO 80306

### Autism Society of Colorado www.autismcolorado.org

The Autism Society of Colorado is a state-wide parent group that advocates for families, provides education, referrals, respite care (GMAB program), and support programs.

720-214-0794

outreach@autismcolorado.org

Facebook: www.facebook.com/autismcolorado

Twitter: twitter.com/autismcolorado Pinterest: pinterest.com/autismcolorado

### **❖** Autism Speaks

### www.autismspeaks.org

Autism Speaks helps people with autism and their families through advocacy, care, education, research, and support. Autism Speaks hosts The Resource Guide, an on-line database of providers and resources in your community.

888-288-4762 En Español 888-772-9050

familyservices@autismspeaks.org

Facebook: www.facebook.com/autismspeaks

Google+: plus.google.com/+AutismSpeaks Instagram: www.instagram.com/autismspeaks

Twitter: twitter.com/autismspeaks

YouTube: www.youtube.com/user/AutismSpeaksVids

### **❖** Autism Vision

### www.autismvisionco.org/

A volunteer-based organization whose mission is to educate the community on autism and autism awareness and create a safe place for individuals on the spectrum and their families to meet one another, support one another and advocate within the community.

(719) 210 5895 info@autismvisionco.org www.facebook.com/AutismVisionofColorado/

### Parent, Family, and Peer Support

### ❖ El Grupo VIDA

### www.elgrupovida.org

El Grupo VIDA es un grupo de padres hispanos formado para dar apoyo mutuo a los padres que tienen hijos con necesidades especiales. El Grupo VIDA is a network of Hispanic/Latino parents formed to provide mutual support for people with disabilities or special needs, their parents, family, and guardians.

3443 South Galena St, Suite 120, Denver, CO, 80231 303-335-9875 info@elgrupovida.org

Facebook: www.facebook.com/pages/El-Grupo-VIDA/165972136801244

Twitter: twitter.com/EIGrupoVida

# **EMPOWER Colorado / Parent to Parent (P2P) of Colorado www.abilityconnectioncolorado.org/p2p-co/**

EMPOWER/P2P Colorado offers support, resources, education and advocacy for the families of children who have social/emotional, mental or behavioral challenges.

801 Yosemite Street
Denver, CO 80230
303-691-9339
Para preguntas y ayuda en español, llame:
1-877-472-7201
info@abilityconnectioncolorado.org
Facebook: www.facebook.com/abilityconnectionco
Twitter: twitter.com/AbilityColorado

### **❖** Roaring Fork Autism Network

www.facebook.com/RoaringForkAutismNetwork/

A support network for families, adults, and professionals.

(970) 379-7531 revjillie@gmail.com

#### **❖** Show and Tell

#### www.weshowandtell.org

Show and tell Center's mission is to inform and empower families, particularly low-income, culturally, and linguistically diverse families, as advocates for their children with disabilities. Focused on crafting relationships with underserved BIPOC (Black, Indigenous, and People of Color) families and connecting them with the tools they need to help their children develop essential life skills.

3131 S Van Way, Suite 214 Aurora, CO 80014 303-632-6840

Facebook: www.facebook.com/weshowandtell Instagram: www.instagram.com/weshowandtell

### **Educational Services and Resources**

## ❖ Colorado Department of Education – Exceptional Student Services Unit www.cde.state.co.us/essu

Offers resources for disability, gifted and talented, early childhood, and English Language Learners. Also gives descriptions of laws and regulations affecting exceptional children.

1560 Broadway, Suite 1100 Denver, CO 80202 303-866-6600

## Colorado Division of Vocational Rehabilitation Department of Labor and Employment dvr.colorado.gov/youth-transition-services/youth

Transition services for higher education, vocational, community living support, and more.

633 17<sup>th</sup> St.

Suite 500, Denver, Co 80202 **Email:** voc.rehab@state.co.us

### Creative Options - Ability Connection Colorado www.abilityconnectioncolorado.org/programs/education/

Early childhood education center providing care for children ages six weeks through five years of age.

801 Yosemite St Denver, CO 80230 Phone: 303-691-9339

### Extended School Year services – Colorado Department of Education www.cde.state.co.us/cdesped/esy\_whatfamiliesneedtoknow\_2017-12

Provides information about Extended School Year services. Extended School Year services are defined as special education and related services that are provided beyond the normal school year in accordance with the child's IEP and at no cost to the parents.

# ❖ Fisher Early Learning Center www.morgridge.du.edu/fisher

Inclusive early learning center.

1899 East Evans Avenue Denver, CO 80208 303-871-2723

Facebook: www.facebook.com/pages/Fisher-Early-Learning-Center

## ❖ Individualized Education Program (IEP) www.cde.state.co.us/cdesped/iep

Each disabled child who attends a public school and gets special education and related services must have an Individualized Education Plan (IEP). These plans are meant to improve academic performance.

Co. Dept. of Education, Office of Special Education

1560 Broadway, Suite 1100

Denver, Co 80202

**Telephone:** 720-926-1453

Email: Parents ESSUquestions@cde.state.co.us

## The Joshua School www.joshuaschool.org/

Integrated and transition school programs serving children from age 2 to 21.

The Joshua School - Englewood 2303 E Dartmouth Avenue Englewood, CO 80113 Tel: (303) 758-7171 info@joshuaschool.org

The Joshua School - Boulder 7077 Harvest Road Boulder, CO 80301 Tel: (303) 974-7732 bouldercampus@joshuaschool.org

The Joshua School - Joshua Early Childhood Center 5760 E. Otero Road Centennial, CO 80112 Tel: (303) 316-5234 info@joshuaearlychildhoodcenter.org

### Parents Encouraging Parents (PEP)

### www.cde.state.co.us/cdesped/pep

Family-centered conferences providing support, information, and education to parents.

Colorado Department of Education Office of Special Education 1560 Broadway, Suite 1100 Denver, CO 80202 303-501-0837

#### **❖** PEAK Parent Center

#### www.peakparent.org

Provides training, information, and technical assistance to equip families of children birth through twenty-six including all disability conditions to advocate for their children. Events include school transition and IEP webinars and an annual conference on inclusive education.

917 East Moreno Avenue, Suite 140 Colorado Springs, CO 80903 719-531-9400 Sitio Web y la información disponible en español. Facebook: www.facebook.com/PEAKParentCenter

# ❖ Sewall Child Developmental Center sewall.org

Provides inclusive preschool and toddler classrooms, disability services for Head Start classrooms, family education and engagement programs, infant and toddler Early Intervention, home visitation for infants and toddlers with special needs, and diagnoses and evaluations.

940 Fillmore St. Denver, CO 80206

**Telephone:** (303) 399-1800 **Email:** info@sewallchild.org

# Skyline Academy at WellPower www.wellpower.org/skyline-academy/

One of the Office Facility Schools operated by the Co. Dept. of Education. The organization offers day treatment program for children who have struggled in traditional public school settings due to behaviors, strong emotions, peer relationships, trauma, or an identified educational disability.

3401 Eudora St. Denver, Co. 80205

**Telephone:** 303-504-6500

**Telephone for Education Coordinator:** 303-30--6244

Email: erica.edewaard@wellpower.org

### ❖ U.S. Department of Education

#### www.ed.gov

The Department of Education has resources to assist with the educational needs of students with autism and other developmental disabilities.

### **Advocacy and Legal Services**

### Advocacy Denver

### www.advocacydenver.org

Civil rights advocacy organization serving children and teens with disabilities and adults with developmental or intellectual disabilities and their families.

950 South Cherry Street, Suite 1100 Denver, CO 80246 (303) 831-7733 (303) 839-5178 fax

# **❖** The Arc of Colorado www.thearcofco.org

Advocates for people with disabilities in Colorado and their families.

1580 Logan Street, Suite 930 Denver, CO 80203 303-864-9334

Facebook: www.facebook.com/arc.colorado

Twitter: twitter.com/coloradoarc

YouTube (National): www.youtube.com/thearcoftheus

#### Local Chapters:

- The Arc of Adams County: (303) 428-0310 www.arcadams.org
- The Arc Arapahoe, Douglas & Elbert Counties: (303) 220-9228 www.arc-ad.org
- The Arc of Aurora: (720) 213-1420 www.thearcofaurora.org
- The Arc of The Central Mountains: (970)456-2065 www.arccentralmountains.org
- The Arc of Jefferson, Clear Creek & Gilpin Counties: (303) 232-1338 www.arcjc.org
- The Arc of Larimer County: (970) 204-6991 www.arclc.org
- The Arc Mesa County: (970) 245-5775 www.thearcmesa.org
- The Arc of the Pikes Peak Region: (719) 471-4800 www.thearcppr.org
- The Arc of Pueblo: (719) 545-5845 www.arcofpueblo.org
- The Arc of Southwest Colorado: (970)422-2271 www.thearcswco.org
- The Arc of Weld County: (970) 353-5219 www.arcweldcounty.org
- The Arc of West Central Colorado: (970) 216-7256 www.arcwcco.org

### ❖ Colorado Cross-Disability Coalition (CCDC)

#### www.ccdconline.org

CCDC offers legal representation, advocacy, training, and youth internships.

1385 S Colorado Blvd, Suite 610-A Denver, CO 80222 303-839-1775

Facebook: www.facebook.com/CCDC.CO

# Colorado Developmental Disabilities Council www.coddc.org

CoDDC advocates for public policy on behalf of people with developmental disabilities.

1120 Lincoln, Suite 706
Denver, CO 80203
720-941-0176
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/CODDCouncil
YouTube: www.youtube.com/user/ColoradoDDC

### **❖** Disability Law Colorado

### disabilitylawco.org

Provides legal representation, information, and referrals to people with disabilities and their families.

455 Sherman St, Ste 130 Denver, CO 80203 800.288.1376 or 303.722.0300 All lines voice/TTY

322 N 8th St Grand Junction, CO 81501

### Family Voices

### www.familyvoicesco.org

Local chapter of national organization that provides information and referrals for healthcare providers, as well as advocacy and support in the healthcare system.

7323 S Alton Way, Unit A Centennial, CO 80112 303-877-1747

Facebook: www.facebook.com/FamilyVoicesColorado

#### **❖** Wrightslaw

#### www.wrightslaw.com

Information for parents about special education process and law, as well as advocacy.

Sitio Web y la información disponible en español. Facebook: www.facebook.com/pages/Wrightslaw

### Healthcare, Nutrition, and Dental Care

#### **❖** A Wild Smile

#### www.awildsmile.com/special-needs.php

Dental office providing extra support for children with disabilities such as autism spectrum disorder, sensory processing disorder, sensory integration, anxiety and down syndrome.

2975 Roslyn St #160, Denver, CO 80238 PH: 720-945-1234 FAX: 720-945-1235

info@awildsmile.com

# ❖ Child Health Plan Plus (CHP+) - Colorado Department of Health Care Policy & Financing

### www.chpplus.org

Public low-cost health insurance plan for children 18 years of age and under and women 19 years of age and over who do not qualify for Medicaid.

1-800-359-1991, 1-800-221-3943 (Toll Free; se habla español)

Facebook: www.facebook.com/COHCPF

Twitter: twitter.com/CHCPF

### Child Nutrition Services at Children's Hospital Colorado

www.childrenscolorado.org/doctors-and-departments/departments/nutrition/

The Clinical Nutrition department at Children's Hospital Colorado serves infants, children and adolescents with nutrition and feeding problems.

13123 East 16th Avenue Aurora, CO 80045 720-777- 2691 nutrition@childrenscolorado.org

### Colorado Community Health Network

#### www.cchn.org

Community Health Network representing Colorado's 20 Community Health Centers providing safety-net health care.

600 Grant Street, Suite 800 Denver, CO 80203 303-866-5165 info@cchn.org

Facebook: www.facebook.com/coloradocommunityhealthcenters

Twitter: twitter.com/cochcs

YouTube: www.youtube.com/user/ColoradoCHC/videos

## ❖ Colorado Dental Association: Find-A-Dentist www.cdaonline.org

On-line search for Medical Dentists in Colorado, including a search for low-cost dentistry.

8301 East Prentice Avenue Suite 400, Greenwood Village, CO 80111 303-740-6900

Facebook: www.facebook.com/cdaonline

Twitter: twitter.com/cdaonline

### **❖** The Children's Hospital Dental Clinic

### www.childrenscolorado.org/doctors-and-departments/departments/dental/clinics

Comprehensive oral healthcare for all children and adolescents up to 18 years of age, including those with special needs. Dental emergencies are treated through Children's Hospital's Emergency Department.

Aurora, CO 80045 720-777-6788

### **❖** Colorado Indigent Care Program (CICP)

### www.colorado.gov/pacific/hcpf/colorado-indigent-care-program

This program provides financial assistance for hospital or clinical services for low-income, uninsured people who are not eligible for other services such as Medicaid.

1-800-221-3943 (Toll Free)

Sitio Web y la información disponible en español.

CICP at Denver Health: 303-602-3466

#### Colorado Kid's Dental

#### www.coloradokidsdental.com

Dentists are trained in accommodating people who have special needs that can make receiving dental care more difficult.

495 South Federal Boulevard Denver, CO 80219 (303) 937-7511

7901 E. Colfax Ave Denver, CO 80220 (303) 331-6511

2295 S. Chambers Rd. Suite E Aurora, CO 80014 (303) 751-6511

Sitio Web y la información disponible en español.

Accepts Medicaid, Blue Cross, and CHP+, along with most other major insurances. Dentists speak English, Spanish.

### ❖ Denver Health www.denverhealth.org

Denver Health provides preventative healthcare, emergency services, and hospital care to families regardless of ability to pay.

777 Bannock Street Denver, CO 80204 303-436-6000 (Main Phone)

Facebook: www.facebook.com/DenverHealthMedical

Twitter: twitter.com/denverhealthmed

YouTube: www.youtube.com/user/DenverHealth

NurseLine (telephone advice line that offers assistance to patients 24 hours a day, seven days a week. Remember, for life-threatening emergencies, always call 911). 303-739-1211

## Health Care Program for Children with Special Needs (HCP) www.colorado.gov/pacific/cdphe/hcp

Colorado Department of Public Health and Environment (CDPHE)
Children and Youth with Special Health Care Needs (CYSHCN) Section
The Health Care Program for Children with Special Needs from the CDPHE provides information, referrals to services and support including screenings, financial assistance, and support groups.

Prevention Services Division
4300 Cherry Creek Drive South, HCP-A4
Denver, CO 80246
303-692-2370
Información disponible en español.
Resources also available in Arabic, Somali.
Facebook (CDPHE): www.facebook.com/CDPHE
Twitter (CDPHE): twitter.com/CDPHE
Instagram: www.instagram.com/cdphe

#### **❖** Insure Kids Now

#### www.insurekidsnow.gov

Offers information about Medicaid and the Children's Health Insurance Program (CHIP). These programs provide free or low-cost health coverage for eligible children and other family members.

### \* Kids in Need of Dentistry (KIND)

#### kindsmiles.org

Information on dental treatment in the Denver Metro area for low-income families that don't qualify for Medicaid. Three clinics and many in-school programs in Denver and Commerce City.

2465 South Downing St., Suite 210 Denver, Colorado 80210 303-733-3710

Facebook: www.facebook.com/kindsmiles

Twitter: twitter.com/kindsmiles

### **Pediatric to Adult Transition Resources**

# **❖** Administration for Community Living (ACL) acl.gov

ACL supports a variety of programs for people with developmental disabilities, including Centers for Independent Living, "employment first" initiatives, and inclusive transportation programs.

## **❖** The ARC Center for Future Planning futureplanning.thearc.org/pages/learn/about

The ARC Center for Future Planning supports individuals with developmental disabilities and their families with making financial plans for the future.

# Colorado Division of Vocational Rehabilitation Department of Labor and Employment dvr.colorado.gov/youth-transition-services/youth

Transition services for higher education, vocational, community living support, and more.

633 17<sup>th</sup> St.

Suite 500, Denver, Co 80202 Email: voc.rehab@state.co.us

### Improving Pediatric to Adult Care Transitions (ImPACT) Program www.childrenscolorado.org/doctors-and-departments/departments/pediatric-transitionto-adult/

Assists all children and their families as they move from pediatric to adult healthcare. Aims to incorporate individuals' long-term healthcare goals into the transfer plan and to teach patients and their relatives about health topics to help them feel more confident managing their illnesses. The organization interacts with patients, families, and the pediatric and adult care teams to create an individualized, ongoing continuum of care.

13123 E. 16<sup>th</sup> Ave. Aurora, Co. 80045

Telephone: 720-777-1234

# **❖** The National Alliance to Advance Adolescents Health www.gottransition.org/about-us/

A national resource center for Health Care Transition. It is a federally funded center on the transition from pediatric to adult health care, through the Maternal and Child Health Bureau, Health Resources, and Services Administration.

Email:

Co-Project Directors
mmcmanus@thenationalalliance.org
pwhite@thenationalalliance.org
Administrative Director:
jshorr@thenationalalliance.org
Health Research/Policy Associate:
silango@thenationalalliance.org
aschmidt@thenationalalliance.org

### **Case Management / Service Coordination**

# **❖** Early Intervention Colorado www.eicolorado.org

Colorado's Infant and Toddler Initiation under the Individuals with Disabilities Education Act (IDEA). Early Intervention Colorado provides support and services to children with developmental delays or disabilities and their families from birth until the child's third birthday.

Complete local directory of contact information: docs.google.com/document/d/1WI FsI4doinOo06bGVVSYe23k2wJQIEAhNuswgzQV2M/edit

CDHS, Office of Early Childhood, Division for Community & Family Support 1575 Sherman Street Denver, CO 80203
Toll Free 1-888-777-4041

County-Level Early Intervention Programs:

o Blue Peaks Developmental Services (Saguache, Mineral, Rio Grande, Alamosa,

Conejos, Costilla): www.bluepeaks.org

703 Fourth Street Alamosa, CO 81101

Program and Referral Contact: 719-589-5135 Ext. 221

 Colorado Bluesky Enterprises (Pueblo): www.coloradobluesky.org 2003 Northmoor Terrace Pueblo, CO 81008 719-562-2561 infanttoddlerprogram@coloradoblueskyenterprises.org

o Community Connections (Dolores, San Juan, Montezuma, La Plata):

www.communityconnectionsco.org/home.html

281 Sawyer Drive, Suite 200

Durango, CO 81303 Phone: 970-385-3498

o Community Options (Delta, Gunnison, Montrose, Ouray, Hinsdale, San Miguel):

www.communityoptionsinc.org

P.O. Box 31

Montrose, CO 81402-0031 Referral Contact: 970-249-1412

Program Contact: 970-249-1412 ext. 227

o Cornerstone Resource Center (Kiowa, Prowers, Bent, Baca):

kara@cornerstoneco.org 111 West Parmenter Street Lamar, CO 81052 719-691-6163

 Developmental Disabilities Resource Center (Summit, Clear Creek, Gilpin, Jefferson): www.ddrcco.com 11177 W. 8th Avenue Lakewood, CO 80215

303-233-3363

Sitio Web y la información disponible en español.

Para preguntas y ayuda en español, llame Rosa Hartford:

303-462-6619

Facebook: www.facebook.com/DDRCCO

Twitter: twitter.com/DDRCCO

Developmental Pathways (Arapahoe, Douglas):

www.dpcolo.org

14280 E. Jewell Ave., Suite A

Aurora, CO 80012 303-360-6600

Sitio Web y la información disponible en español.

Facebook: www.facebook.com/developmentalpathways

 Eastern Colorado Services for the Developmentally Disabled (Sedgwick, Logan, Morgan, Washington, Phillips, Yuma, Kit Carson, Cheyenne, Lincoln, Elbert): www.easterncoloradoservices.org

Referral and Program Contact for Cheyenne, Kit Carson, Lincoln, Logan, Morgan,

Phillips, Sedgwick, Washington & Yuma Counties:

P.O. Box 1682 224 S. 2nd Street Sterling, CO 80751 970-526-3623

Referral and Program Contact for Elbert County:

P.O. Box 2633

Elizabeth, CO 80107

303-646-6717

Envision (Weld): www.envisionco.org

1050 37th Street P.O. Box 200069

Evans, CO 80620-0069

Referral Contact: 970-313-2629 or 888-695-5883 ext. 255 Program Contact: 970-313-2655 or 888-695-5883 ext. 255

Foothills Gateway (Larimer): www.foothillsgateway.org/

301 West Skyway Drive Fort Collins, CO 80525

New Referrals/Transfers: 970-218-9194

Program Contact: 970-266-5453

o Horizons Specialized Services (Moffat, Routt, Jackson, Grand, Rio Blanco):

www.horizonsnwc.org

P.O. Box 774867

Steamboat Springs, CO 80477

Referral and Program Contact: 970-871-8558

Imagine! (Boulder, Broomfield): www.imaginecolorado.org/

1400 Dixon Avenue Lafayette, CO 80026 303-665-7789

Para preguntas y ayuda en español, llame Micaela Galiz:303-926-6422

Facebook: www.facebook.com/ImagineColorado

Twitter: twitter.com/ImagineCOinfo

YouTube: www.youtube.com/user/ImagineColorado/featured

Inspiration Field (Crowley, Otero, Bent): www.inspirationfield.org

612 Adams

La Junta, CO 81050

Referral and Program Contact: 719-384-8741

o Mountain Valley Developmental Services (Garfield, Eagle, Pitkin, Lake):

www.mtnvalley.org

P.O. Box 338

Glenwood Springs, CO 81602

Referral and Program Contact: 970-230-9822

North Metro Community Services (Adams): www.nmetro.org/

1185 W. 124th Avenue Westminster, CO 80234

303-457-1001

Program Contact: 303-255-6539

Rocky Mountain Human Services (Denver): www.rmhumanservices.org

9900 East Iliff Avenue Denver. Colorado 80231 303-636-5600 (English/Español)

Facebook: www.facebook.com/RMHumanServices YouTube:www.youtube.com/user/RMHumanServices

o Southern Colorado Developmental Disabilities Services (Huerfano, Las Animas):

www.sdsccb.org 415 Indiana Street Trinidad, CO 81082

Referral and Program Contact: 719-846-4400

Starpoint (Chaffee, Fremont, Custer): www.starpointco.com/

517 North Diamond Cañon City, CO 81212

719-369-0255

Referral and Program Contact: 719-320-3487

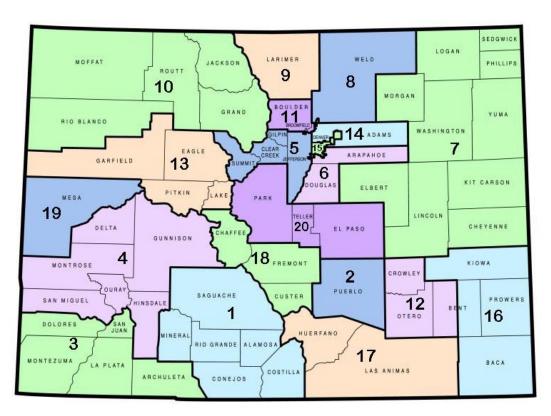
Strive (Mesa): www.strivecolorado.org

790 Wellington

Grand Junction, CO 81501 Referral Contact: 970-241-5403 Program Contract: 970-244-5526

The Resource Exchange (Park, Teller, El Paso): www.tre.org/

6385 Corporate Drive, Suite 100 Colorado Springs, CO 80919 Referral Contact: 719-577-9190 Program Contact: 719-785-3790



Map: https://dcfs.my.salesforce-sites.com/eicolorado/EI\_CCB?lang=en

### **Behavioral Consultants and Psychologists**

### Children's Hospital Colorado — Developmental Pediatrics www.childrenscolorado.org/doctors-and-departments/departments/neuroscienceinstitute/programs/developmental-pediatrics/

Developmental Pediatrics provides information necessary to understand a developmental and/or behavioral diagnosis, support to cope with some of the challenges, and assistance in finding resources for therapies and interventions.

13123 East 16th Avenue Aurora, CO 80045 720-777-6630

Facebook: www.facebook.com/childrenshospitalcolorado

Twitter: twitter.com/childrenscolo

# ❖ JFK Partners Autism and Developmental Disabilities Clinic www.jfkpartners.org

Clinical services include diagnosis, treatment, and consultative services to individuals with developmental disabilities and their families.

Anschutz Medical Campus Education 2 South, 5<sup>th</sup> Floor 13121 E 17<sup>th</sup> Avenue, C234 Aurora, CO 80045 303-724-5266

Facebook: www.facebook.com/JFKPartners

Twitter: twitter.com/JFKPartners

### Occupational, Speech/Language, & Physical Therapy

### Children's Hospital Colorado — Developmental Pediatrics www.childrenscolorado.org/doctors-and-departments/departments/neuroscienceinstitute/programs/developmental-pediatrics/

Provides comprehensive interdisciplinary care for children and youth with developmental delays and intellectual disabilities.

13123 East 16th Avenue Aurora, CO 80045 720-777-6630

Facebook: www.facebook.com/childrenshospitalcolorado

Twitter: twitter.com/childrenscolo

### Children's Hospital Colorado — Physical Therapy Program https://www.childrenscolorado.org/doctors-and-departments/departments/pediatric-rehabilitation/physical-therapy/

Licensed physical therapists at the Physical Therapy Program at Children's Hospital Colorado offer evaluation and care for kids, teens and young adults with injuries, illnesses or disabilities that affect range of movement and physical health.

13123 East 16th Avenue Aurora, CO 80045 720-777-6655

### Children's Hospital Colorado — Occupational Therapy Program www.childrenscolorado.org/doctors-and-departments/departments/pediatricrehabilitation/occupational-therapy/

At Children's Hospital Colorado, our Occupational Therapy Program helps children, teens and young adults develop "skills for the occupation of living." This includes the ordinary, familiar and meaningful activities that kids and adults do every day – from eating and getting dressed to going to school or work.

13123 East 16th Avenue Aurora, CO 80045 720-777-6655

### Children's Hospital Colorado — Speech-Language Therapy Program www.childrenscolorado.org/doctors-and-departments/departments/audiology-speech-learning/speech-language-therapy/

At Children's Hospital Colorado, our specially trained pediatric speech-language pathologists provide current and evidence-based care for your child's communication, feeding and swallowing and learning needs. We are a national leader in comprehensive, family-centered therapy care for children and their families. Our goal is to give you the knowledge and skills needed to maximize your child's progress and to help them achieve their full potential in communication, learning, growth and development.

13123 East 16th Avenue Aurora, CO 80045

## **\*** Early Intervention Colorado www.eicolorado.org

Colorado's Infant and Toddler Initiation under the Individuals with Disabilities Education Act (IDEA). Early Intervention Colorado provides support and services to children with developmental delays or disabilities and their families from birth until the child's third birthday. The first step to get an El Colorado evaluation for a child (at no cost to the family) is to make a referral to the El Colorado program. See Case Management and Service Coordination for local Early Intervention programs.

1-888-777-4041

Early Intervention Referral Line: 833-733-3734 Referral Email: GetStartedwithEl@state.co.us

## Firefly Autism www.fireflyautism.org

Provides services, consultations, program development, and assessments for children.

2001 Hoyt Street Lakewood, CO 80215 303-759-1192 info@fireflyautism.org

Facebook: www.facebook.com/fireflyautism

Twitter: twitter.com/fireflyautism

YouTube: www.youtube.com/user/fireflyautism

# Hopebridge Autism Therapy Centers www.hopebridge.com

Provides evaluation, ABA therapy, occupational therapy, speech/language therapy, feeding and swallowing therapy, and family training. Locations in Aurora, Centennial, Colorado Springs, Fort Collins, Greeley, Lakewood, University Hills, and Westminster.

(855) 324-0885

Addresses vary by location.

## **❖** JFK Partners ENRICH Early Intervention Team www.ifkpartners.org

Provides support and services to families and their children (0-3 years of age) who have been identified with developmental delays or disabilities. Child development services include communication, social, behavioral, fine and gross motor, and self-help skills.

303-724-7654 (phone) 303-724-7664 (fax) University of Colorado School of Medicine Anschutz Medical Campus Education 2 South Building 13121 E. 17th Ave., 5th Floor, C234 Aurora, CO 80045

# Select Physical Therapy www.selectphysicaltherapy.com

Provides physical, occupational, speech-language, applied behavior analysis (ABA) and other therapy programs for children through 21 years of age.

1390 South Potomac Street, Suite 114 Aurora, CO 80012 303-745-6717 Accepts Medicaid

### **Applied Behavior Analysis (ABA)**

### Alpine Autism Center

### www.alpineautismcenter.org

Provides intensive, one-on-one instruction using the principles of Applied Behavior Analysis.

2760 Fieldstone Rd. Colorado Springs, CO 80919 719-203-6903

### \* Ascendigo Autism Services

### www.ascendigo.org

Provides therapies and services for children with autism and other cognitive differences living in the Roaring Fork Valley and surrounding communities.

818 Industry Place, Ste. A Carbondale, CO 81623

### **❖** Autism Home Support Services

### www.autismhomesupport.com/mission/

Offers In home Applied Behavior Analysis therapy.

5750 DTC Pkwy #170 Greenwood Village, CO 80111(will call me back to confirm the address) (844) 247-7222 (Toll Free)

#### **❖** Autism Learning Partners

#### autismlearningpartners.com/locations/

Offers comprehensive/early intervention Applied Behavioral Analysis services and therapy.

3570 East 12th Ave, Suite 101 Denver, CO 80206 (855) 295-3276 ext. 276

### Center for Autism and Related Disorders (CARD)

### Centerforautism.com

Early Intervention, school-aged, and adolescent ABA services.

#### Colorado Locations:

Aurora: 720-545-0768
Boulder: 720-643-2350
Castle Rock: 380-390-8293
Denver: 720-452-0335
Fort Collins: 970-305-8642
Greeley: 970-400-9818
Lakewood: 720-912-8534
Littleton: 720-776-4099
Westminster: 720-798-6572

#### **Consultants for Children, Inc.**

#### www.cfcico.com

Early intervention services for children with autism and related developmental disorders: oneon-one therapy, parent support groups, sibling support groups, and family counseling services.

265 South Harlan Street Lakewood, CO 80226 720-272-1289

stephaniek.cfci@gmail.com

Facebook: www.facebook.com/ConsultantsForChildren

Twitter: twitter.com/consultant4kids

Instagram: www.instagram.com/consultant4kids

**Accept Medicaid** 

#### Garden Inc.

### gardenautism.org

Offers a variety of center, home, and community services, based on Applied Behavioral Analysis (ABA) principles. Contact via the website for an appointment, Garden does not accept walk-in visits.

5829 South Curtis Street Littleton, CO 80120 303-306-8259

Facebook: www.facebook.com/garden.colorado

Twitter: twitter.com/LaurenForAutism

### Soar Autism Center

#### soarautismcenter.com

Provides ABA with therapists trained in the Early Start Denver Model (ESMD). Locations in Denver, Lakewood, Centennial, and Aurora/Southeast Denver,

720-706-3396 info@soarautismcenter.com Accepts Medicaid

#### Therapy and Beyond

#### www.therapyandbeyond.com/

Combining ABA, speech, and occupational therapy for individuals with Autism in Denver

12201 E Arapahoe Rd, Ste C-14 Centennial, CO 80112 720-213-8230

#### **❖** Trumpet Behavioral Health

#### www.tbh.com/

Provides ABA therapy services in Aurora, Lakewood, Colorado Springs, Centennial, Fort Collins, Loveland, and Northglenn.

12650 E Briarwood Ave #207 Centennial, CO 80112

#### 720-470-0578

# ❖ Yampa Valley Autism Program yampavalleyautism.org

Yampa Valley Autism Program provides resources and direct services to individuals and families living with autism or other disorders.

2201 Curve Plaza A105 PO Box 771824 Steamboat Springs, CO 80477 (970) 870-4263 Client Intake: intakeyvap@gmail.com

### **Recreational Programs**

### **❖** Access Gallery

### www.accessgallery.org

Programs and services to help people with disabilities experience the arts.

909 Santa Fe Drive Denver, CO 80204 303-777-0797 info@accessgallery.org

Facebook: www.facebook.com/VSACAccessGallery

Twitter: twitter.com/VSAColorado

Instagram: www.instagram.com/vsacolorado

### ❖ Adam's Camp

#### www.adamscamp.org

Day and week-long summer camps for children and their families with occupational therapy, physical therapy, and speech therapy.

56 Inverness Drive East, Ste, 250 Englewood, CO 80112 303-563-8290

Facebook: www.facebook.com/adamscamp

Twitter: twitter.com/adams\_camp

YMCA Snow Mountain Ranch 1101 County Road 53 Granby, CO 80446

## ❖ American Camping Association Rocky Mountain www.acacamps.org/rockymountain

Lists a variety of camps including camps for children with disabilities.

800-428-2267, ext. 349 (or ask for Betsy or the RM Field Office)

Facebook: www.facebook.com/ACACamps

Facebook: twitter.com/acacamps

YouTube: www.youtube.com/user/AmericanCampAssoc

#### **❖** Be Like Buddy

### www.belikebuddy.com/colorado

List of autism- and sensory-friendly events and activities.

## ❖ Boy Scouts of America, Greater Colorado Council scoutingcolorado.org

10455 West 6th Avenue, Suite 100 Denver, CO 80215 303-455-5522 AskSpecialNeeds@googlegroups.com information@denverboyscouts.org Facebook: www.facebook.com/DenverBoyScouts

Twitter: twitter.com/denverboyscouts

Instagram: www.instagram.com/denverboyscouts Pinterest: www.pinterest.com/denverboyscouts YouTube: www.youtube.com/user/sconnellyDAC

### Breckenridge Outdoor Education Center

### www.boec.org

Wilderness adventures for people with varying abilities, disabilities and special needs: skiing, rafting, rock climbing, etc.

P.O. Box 697 Breckenridge, CO 80424 970-453-6422 1-800-383-2632 (Toll Free) boec@boec.org

Facebook: www.facebook.com/Breckenridge-Outdoor-Education-Center

## **❖** Colorado Lion's Camp www.coloradolionscamp.org

Week-long adventures for children and adults with special needs.

28541 Highway 67 North
P.O. Box 9043
Woodland Park, CO 80866
719-687-2087
coloradolionscamp@msn.com
Facebook: www.facebook.com/Colorado-Lions-Camp

### Colorado Therapeutic Riding Center

### www.ctrcinc.org

Therapeutic horseback riding for children of all ages and ability levels.

11968 Mineral Road Longmont, CO 80504 303-652-9131

Facebook: www.facebook.com/hippotherapy

YouTube: www.youtube.com/user/CTRCINC/videos

### **❖** Denver Parks and Recreation, Adaptive Recreation

# www. denvergov. org/content/denvergov/en/denver-parks- and -recreation/activities-programs/adaptive-recreation. html

Recreational programs for children, young adults, and adults with developmental disabilities.

1849 Emerson St. Denver, CO 80218 720-865-0820

adaptive.recreation@denvergov.org

Facebook: www.facebook.com/denverparksrec

### Discovery Link - Denver Public Schools equity.dpsk12.org/extended-learning/discovery-link/

Inclusive summer day camps.

Denver, CO 80223 720-423-1781 info@dpsk12.org

#### Easter Seals of Colorado

#### www.easterseals.com/co/our-programs/

Providing services for people with disabilities and their families.

393 S. Harlan St. Suite 250 Lakewood, CO 80226 303-233-1666

## **EXPAND** Program for People with Disabilities - Boulder Parks and Recreation bouldercolorado.gov/services/expand

Inclusion program that allows children with developmental and physical disabilities to participate in programs such as sports and outdoor activities.

1777 N Broadway Boulder, CO 80302 303-413-7256 goldmanl@bouldercolorado.gov

# ❖ Girl Scouts of Colorado www.girlscoutsofcolorado.org

3801 East Florida Avenue, Suite 720 Denver, CO 80210 877-404-5708 inquiry@gscolorado.org

Facebook: www.facebook.com/girlscoutsofcolorado

Twitter: twitter.com/gscolo

Instagram: www.instagram.com/gscolo YouTube: www.youtube.com/user/TheGSCO

### Harmony Acres Equestrian Center

### www.harmonyacresec.org

Community-based equestrian center where every individual can be offered the opportunity to connect with horses or other animals in a therapeutic environment.

Mailing Address: PO Box 38 Fruita Co 81521 Located in Loma, Colorado 970-261-5899

### Hearts & Horses Therapeutic Riding Center www.heartsandhorses.org

Therapeutic riding classes for children of all ages and abilities.

163 North County Road 29 Loveland, CO 80537 970-663-4200 info@heartsandhorses.org

Facebook: www.facebook.com/heartsandhorsesloveland

Twitter: twitter.com/HeartsnHorses

Instagram: www.instagram.com/heartsandhorses\_loveland

#### Inclusive playgrounds:

Created by the Colorado Department of Public Health and Environment to satisfy the standards for accessible design mandated by the Americans with Disabilities Act (ADA). These playgrounds encourage the development of a sensory-rich environment and offers play opportunities for children of all ages and skill levels to help with their physical, social, and emotional requirements.

The map on the following link shows locations of adaptive/inclusive playgrounds in Colorado: https://coepht.colorado.gov/playground

# ❖ Junior Ranger Program - Rocky Mountain National Park www.nps.gov/romo/learn/kidsyouth/beajuniorranger.htm

Ranger-led walks, talks, hikes, and slide programs throughout the park.

1000 US Highway 36 Estes Park, CO 80517 970-586-1206

Sitio Web y la información disponible en español.

WebRangers: www.nps.gov/webrangers

Sitio Web y la información disponible en español.

Facebook: www.facebook.com/RockyNPS

Twitter: twitter.com/rockynps

Instagram: instagram.com/rockynps

YouTube: www.youtube.com/user/RockyNPS

# ❖ Kent Mountain Adventure Center www.kmaconline.com

Courses arranged for special populations.

P.O. Box 795 Estes Park, CO 80517 970-586-5990 kmac@frii.com

Facebook: www.facebook.com/KentMountainAdventureCenter

Twitter: twitter.com/KentMtnAdvCtr

### ❖ Medicine Horse www.medicinehorse.org

Programs for children and families of all ages and abilities.

7663 E. County Line Road North Longmont, CO 80504 720-296-8266 medicinehorsedirector@gmail.com

### National Sports Center for the Disabled

### www.nscd.org

Summer (rafting, biking, hiking, sailing, camping) and winter (alpine and cross-country skiing, snow shoeing, snowboarding) recreation activities.

Sports Authority Field at Mile High 1801 Mile High Stadium Circle, #1500 Denver, CO 80204

33 Parsenn Road P.O. Box 1290 Winter Park, CO 80482 970-726-1518

info@nscd.org

Facebook: www.facebook.com/TheNSCD

Twitter: twitter.com/NSCD

Instagram: www.instagram.com/thenscd YouTube: www.youtube.com/user/TheNSCD

#### Outdoor Buddies

### www.outdoorbuddies.org

Helps people with disabilities experience the out-of-doors by matching with a volunteer.

4927 County Rd 36, Suite A Fort Collins, CO, 80528 303.868.2579 info@outdoorbuddies.org

### Pikes Peak Therapeutic Riding Center

#### www.nchpad.org

Therapeutic riding classes, competitions, and special events for children of all ability levels.

13620 Halleluiah Trail Elbert, Colorado 80106 719-495-3908 pptrc@pptrc.org

## **❖** Praying Hands Ranch Therapeutic Horseback Riding www.prayinghandsranches.org

Year-round therapeutic riding offered to children and adults with disabilities.

4825 East Daley Circle

Parker, CO 80138 (Mailing Address) 11892 East Hilltop Road Parker, CO 80134 (Physical Address) 303-841-4043 Info@PrayingHandsRanch.org

# ❖ Professional Association of Therapeutic Horsemanship International (PATH International)

#### www.pathintl.org

Serves participants of all ages and with a range of physical, emotional, behavioral and cognitive challenges.

PO Box 33150 Denver, Colorado 80233 (Mailing Address) 7475 Dakin Street, Suite #600 Denver, CO 80221 (Physical Address) 303-452-1212 1-800-369-7433 (Toll Free)

Facebook: www.facebook.com/pathintl

Twitter: twitter.com/path\_intl

YouTube: www.youtube.com/user/pathintlvideo

## South Suburban Parks & Recreation www.ssprd.org

Youth camps and programs for children and families.

4810 E County Line Rd Littleton, CO 80126 303-798-5131

Facebook: www.facebook.com/SouthSuburbanParks

Twitter: twitter.com/ssprd

Instagram: www.instagram.com/ssprd

# ❖ Special Olympics Colorado specialolympicsco.org

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

### Summit Sensory Gym

summitsensory.com
Free standing sensory therapy

Free standing sensory therapy gym featuring a variety of therapeutic tools and equipment, such as balance boards and crash mats, that will help work on coordination and strength.

6851 S Holly Circle, Ste 295 Centennial, CO 80112 (720) 457-5500

# **❖** Talking Book Library myctbl.cde.state.co.us

Loans tape recorders and books on tape; also offers podcast/audio book downloads and braille books.

180 Sheridan Boulevard Denver, CO 80226 303-727-9277 (Metro Denver) 800-685-2136 (Toll Free in State) ctbl.info@cde.state.co.us

# ❖ WOW! World of Wonder Children's Museum wowchildrensmuseum.org

Hosts low sensory events for children with autism spectrum or sensory processing disorders.

110 N. Harrison Avenue Lafayette, CO 80026 (303) 604-2424

### **Respite Care**

### **❖** A Caregiver Network

#### www.caregivernetwork.org

Childcare referrals, training, and education in the Denver Metro area.

720-767-1862

Email referrals: bjbrade@msn.com

#### Autism Society of Colorado autismcolorado.org/resources.php

Guides to Respite Care in Colorado

PO Box 848, Broomfield, CO 80038 720- 214-0794

# Colorado Respite Coalition (CRC) www.coloradorespitecoalition.org

393 South Harlan Street Suite 108 Lakewood. CO 80226

303-233-1666

Respite Guide available at: http://coloradorespitecoalition.org/cmsAdmin/uploads/respite-navigation-guide-small3.pdf

Facebook: www.facebook.com/CoRespiteCoalition

Twitter: twitter.com/COrespitecare

CRC is a group of families and community partners who have joined together to support families who are caring for individuals of all ages with special needs.

# ❖ Night Owls Respite Program - The Fisher Early Learning Center www.du.edu/fisher/nightowls

First Friday of the Month at The Fisher Early Learning Center on the University of Denver campus. Families must pre-register, so plan accordingly.

1899 East Evans Avenue Denver, CO 80210 303-871-2723

### \* Respite Care, Inc.

#### www.respitecareinc.org

Provides short-term care for children with developmental disabilities and respite to their families in Larimer County.

6203 South Lemay Avenue Fort Collins, CO 80525 970-207-9435

Facebook: www.facebook.com/RespiteCareInc

Twitter: twitter.com/RespiteCareFTC

Instagram: www.instagram.com/respitecare YouTube: www.youtube.com/user/respite6203

### **Additional Resources**

# ❖ American Association of Intellectual and Developmental Disabilities www.aaidd.org

Online bookstore as well as information on public policies, educational resources, support, and local and regional chapters.

202-387-1968

Facebook: www.facebook.com/AAIDD

Twitter: twitter.com/ aaidd

YouTube: www.youtube.com/user/aaiddvideos

# **❖** Anxiety Disorders Association of America (ADAA) www.adaa.org

Website with a broad range of support and educational resources for individuals with anxiety disorders.

240-485-1001

information@adaa.org

Facebook: www.facebook.com/AnxietyAndDepressionAssociationOfAmerica

Twitter: twitter.com/Got Anxiety

Pinterest: www.pinterest.com/adaa0141

# **❖** Association of University Centers on Disabilities (AUCD) www.aucd.org

AUCD supports a national network of university-based programs located in every U.S. state and territory. AUCD serves as a bridge between these programs and the community and brings them together to achieve meaningful change.

# ❖ Autism and the Police: A Book for Black and Brown Kids viewer.joomag.com/autism-and-the-police-story-booklet/0586833001626128930 Social story for autistic individuals of color to help with potential encounters with law

enforcement.

# ❖ Autism Community Store autismcommunitystore.com

Toys and supplies for families, teachers and therapists of kids with autism or special needs. The Autism Community Store also hosts events and support groups.

14095 E Exposition Ave Aurora, CO 80012 303-756-2311

### ❖ Benefits.gov

#### www.benefits.gov

Helps people understand which benefit programs they may be eligible for and how to apply for benefits.

#### Children and Adults with Attention Deficit/Hyperactivity Disorders (CHADD)

#### www.chadd.org

Links to local chapters in Colorado, support groups, and educational resources.

301-306-7070
4221 Forbes Blvd, Suite 270
Lanham, MD 20706
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/chadd.org
Twitter: twitter.com/#!/CHADD\_ADHD

#### Children's Extensive Support Waiver (CES)

#### hcpf.colorado.gov/childrens-extensive-support-waiver-ces

A waiver is an extra set of Health First Colorado (Colorado's Medicaid program) benefits that you could qualify for in certain cases. These benefits can help you remain in your home and community. Waivers have extra program rules and some programs may have waitlists. The Children's Extensive Support (CES) Waiver helps children and families by providing services and supports that will help children with a developmental disability establish a long-term foundation for community inclusion as they grow into adulthood.

#### Colorado Department of Human Services www.colorado.gov/cdhs

The Department of Human Services offers resources on special programs for children and families dealing with disability or mental health issues.

1575 Sherman Street, 8<sup>th</sup> Floor
Denver, CO 80203
303-866-5700
cdhs\_communications@state.co.us
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/CoCDHS

Twitter: twitter.com/CO CDHS

YouTube: www.youtube.com/user/CDHSCommunication

#### Colorado Judicial Branch

#### www.courts.state.co.us/Self\_Help/minorguardianship/

Colorado Courts website for adult guardianship information. There are links to videos and more resources.

#### **❖** COVID-19 Special Needs Resources

myemail.constantcontact.com/COVID-19-Resources-for-Parents-of-Children-with-Intellectual-or-Other-Developmental-

#### Disabilities.html?soid=1114625386453&aid=7uHDuQO0UDE

From The STRYDD Center (Supporting Trauma Recovery for Youth with Developmental Disabilities) Long Island Jewish Medical Center, Northwell Health, the resources below are specific to the COVID-19 pandemic to help parents support their child with special needs.

**❖** COVID-19 – Supporting Children and Families Returning to School medschool.cuanschutz.edu/docs/librariesprovider95/default-document-library/covid-19\_school\_resources\_2020\_long.pdf?sfvrsn=7d95a8b9\_0

Resources on germs, stress management, indoor activities, and remote learning assembled by Developmental Pediatrics / JFK Partners.

# **❖** Depression and Bipolar Support Alliance (DBSA) www.dbsalliance.org

DBSA is a national peer-directed organization focused on empowering people with depression and bipolar disorder. The website provides a resource list, online support, local support groups, and audio/video materials.

800-826-3632 (Toll Free) 55 E Jackson Blvd, Suite 490 Chicago, IL 60604

Sitio Web y la información disponible en español. Facebook: www.facebook.com/DBSAlliance

Twitter: twitter.com/DBSAlliance

### ❖ International Rett Syndrome Association

www.rettsyndrome.org

Information, resources, and advocacy for individuals with Rett Syndrome.

1-800-818-7388

4500 Cooper Road Suite 204

Cincinnati, OH 45246

admin@rettsyndrome.org

Sitio Web y la información disponible en español.

Facebook: www.facebook.com/RettSyndrome

Twitter: twitter.com/Rettsyndrome

YouTube: www.youtube.com/user/IRSFoundation

# ❖ National Alliance on Mental Illness (NAMI) — Colorado Chapter www.namicolorado.org

NAMI Colorado provides programs and education to individuals, families and friends about mental illness.

3333 S. Bannock St.
Englewood, CO 80110
303-321-3104
admin@namicolorado.org
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/pages/NAMI-Colorado/145461656733

## **❖** National Fragile X Foundation www.fragilex.org

Educational resources, parent resources, and advocacy.

1-800-688-8765 (Toll Free)
1012 14th Street NW, Suite 500,
Washington, DC, 20005
natlfx@fragilex.org
Sitio Web y la información disponible en español.
Facebook: www.facebook.com/natlfragilex

Twitter: twitter.com/fragilexnews Google+: plus.google.com/+NFXF YouTube: www.youtube.com/user/NFXF

#### **❖** The National Sexual Assault Hotline hotline.rainn.org

Provides free 24/7 confidential support for those affected by sexual assault. The online hotline works like an instant messaging system but with enhanced security measures. The service is completely anonymous and can be found at https://hotline.rainn.org.

You can also call 1-800-656-HOPE (1-800-656-4673) to be connected to someone over the phone who can help.

#### Rocky Mountain Down Syndrome Association www.rmdsa.org

Education, resources, and support for families of children who have Down Syndrome.

7200 E Hampden Avenue, Suite 301 Denver, CO 80224 303-797-1699 info@rmdsa.org

Facebook: www.facebook.com/rmdsa21

Twitter: twitter.com/RMDSA21

#### Social Security, Benefits for Children with Disabilities www.ssa.gov/pubs/EN-05-10026.pdf

This booklet is for the caregivers or representatives of children with disabilities that might make them eligible for Supplemental Security Income (SSI) payments. It also has information for adults with disabilities who might be entitled to Social Security Disability Insurance (SSDI) benefits.

### **❖** The Office of Employment First

https://employmentfirstcolorado.org/

People in Colorado who are disabled and want to learn more about their employment opportunities can do so through the Office of Employment First.

**Telephone:** 303-981-1236

Email: info@employmenetfirstcolorado.org

#### **❖** Tuberous Sclerosis Alliance

#### www.tsalliance.org

National alliance that offers online discussion groups, links to local resources, and a local chapter that has community gatherings.

8737 Colesville Road, Suite 400 Silver Spring, Maryland 20910-4487 800-225-6872 (Toll Free) info@tsalliance.org Sitio Web y la información disponible en español.

Facebook: www.facebook.com/tsalliance

Instagram: www.instagram.com/tsalliance

Twitter: twitter.com/tsalliance

YouTube: www.youtube.com/c/tuberoussclerosisalliancesilverspring

### United Cerebral Palsy (UCP)

#### www.ucp.org

Resources, education, and advocacy for individuals with Cerebral Palsy.

4540 15<sup>th</sup> Ave NE, Seattle, WA 98105 206-524-7300

Facebook: www.facebook.com/unitedcerebralpalsy

Twitter: twitter.com/UCPNational

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A Caregiver Network									$\boxtimes$					$\boxtimes$	
A Wild Smile							$\boxtimes$								
Access Gallery													$\boxtimes$		
Adam's Camp	ОМ										$\boxtimes$		$\boxtimes$		
Advocacy Denver	SP					$\boxtimes$									
AllHealth Network	SP	$\boxtimes$													
Alpine Autism Center						$\boxtimes$						$\boxtimes$			
American Association of Intellectual and Developmental Disabilities	N														$\boxtimes$
American Camping Association Rocky Mountain	N, S, OM												$\boxtimes$		
Anxiety Disorders Association of America	N														$\boxtimes$
Ascendigo Autism Services	ОМ							$\boxtimes$				$\boxtimes$	$\boxtimes$		$\boxtimes$
Association of University Centers on Disabilities (AUCD)	N, S														$\boxtimes$
Aurora Mental Health Center	SP	$\boxtimes$													
Autism and the Police: A Book for Black and Brown Kids															$\boxtimes$
Autism Community Store															$\boxtimes$
Autism Home Support Services	N, OM										$\boxtimes$	$\boxtimes$			
Autism Learning Partners												$\boxtimes$			
Autism NOW	N		$\boxtimes$												$\boxtimes$
Autism Self Advocacy Network	N		$\boxtimes$			$\boxtimes$									$\boxtimes$

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Autism Society of Colorado	S, SP		$\boxtimes$	$\boxtimes$										$\boxtimes$	$\boxtimes$
Autism Speaks	N		$\boxtimes$												$\boxtimes$
Autism Vision			$\boxtimes$	$\boxtimes$									$\boxtimes$		
Be Like Buddy	S												$\boxtimes$		
Benefits.gov	N, SP														$\boxtimes$
Boy Scouts of America, Greater Colorado Council	S, SP												$\boxtimes$		
Breckenridge Outdoor Education Center	ОМ												$\boxtimes$		
Center for Autism and Related Disorders	OM, SP											$\boxtimes$			
Child Health Plan Plus	S, SP						$\boxtimes$								
Child Nutrition Services at Children's Hospital Colorado	SP						$\boxtimes$								
Children and Adults with Attention Deficit/Hyperactivity Disorders	N														$\boxtimes$
Children's Hospital Colorado — Developmental Pediatrics	SP						$\boxtimes$			$\boxtimes$	$\boxtimes$	$\boxtimes$			$\boxtimes$
Children's Hospital Colorado — OT, PT, and S/LP Programs	SP						$\boxtimes$				$\boxtimes$				
Children's Extensive Support Waiver	S, SP						$\boxtimes$								$\boxtimes$
Colorado Community Health Network	S, SP						$\boxtimes$								
Colorado Crisis Services	S, SP	$\boxtimes$													
Colorado Cross-Disability Coalition	S, SP					$\boxtimes$									
Colorado Dental Association: Find-A-Dentist	S						$\boxtimes$								
Colorado Department of Education – Exceptional Student Services Unit	S, SP				$\boxtimes$										
Colorado Department of Human Services	S, SP														X

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Colorado Developmental Disabilities Council	S, SP					$\boxtimes$									
Colorado Division of Vocational Rehabilitation	S, SP				$\boxtimes$			$\boxtimes$							$\boxtimes$
Colorado Indigent Care Program	S, SP						$\boxtimes$								
Colorado Judicial Branch	S, SP					$\boxtimes$									$\boxtimes$
Colorado Kid's Dental	SP						$\boxtimes$								
Colorado Lion's Camp	ОМ												$\boxtimes$		
Colorado Respite Coalition	S, SP													$\boxtimes$	
Colorado Therapeutic Riding Center													$\boxtimes$		
Community Reach Center		$\boxtimes$		$\boxtimes$					$\boxtimes$	$\boxtimes$					
Consultants for Children, Inc.	ОМ			$\boxtimes$								$\boxtimes$			
COVID-19 – Supporting Children and Families Returning to School															$\boxtimes$
COVID-19 Special Needs Resources															$\boxtimes$
Creative Options - Ability Connection Colorado	SP			$\boxtimes$	$\boxtimes$					$\boxtimes$	$\boxtimes$				
Denver Health	SP						$\boxtimes$								
Denver Parks and Recreation, Adaptive Recreation													$\boxtimes$		
Depression and Bipolar Support Alliance	N					$\boxtimes$									$\boxtimes$
Disability Law Colorado	S, SP					$\boxtimes$									
Discovery Link - Denver Public Schools													$\boxtimes$		
Early Intervention Colorado	S, SP				$\boxtimes$				$\boxtimes$	$\boxtimes$	$\boxtimes$				
Easter Seals of Colorado	S, SP												$\boxtimes$		

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El Grupo VIDA	SP			$\boxtimes$											$\boxtimes$
EMPOWER Colorado / Parent to Parent (P2P)	S			$\boxtimes$											
Extended School Year Services – Colorado Department of Education	S, SP				$\boxtimes$										
Family Voices	S, SP			$\boxtimes$		$\boxtimes$									$\boxtimes$
Firefly Autism				$\boxtimes$	$\boxtimes$					$\boxtimes$		$\boxtimes$			
Fisher Early Learning Center					$\boxtimes$					$\boxtimes$	$\boxtimes$			$\boxtimes$	
Garden Inc.												$\boxtimes$	$\boxtimes$		
Girl Scouts of Colorado	S, SP												$\boxtimes$		
Harmony Acres Equestrian Center	ОМ												$\boxtimes$		
Health Care Program for Children with Special Needs	S, SP						$\boxtimes$								
Hearts & Horses Therapeutic Riding Center	ОМ												$\boxtimes$		
Hopebridge Autism Therapy Centers	ОМ									$\boxtimes$	$\boxtimes$				
Improving Pediatric to Adult Care Transitions (ImPACT) Program	SP							$\boxtimes$							
Inclusive playgrounds	S												$\boxtimes$		
Individualized Education Program (IEP)	N, S, SP				$\boxtimes$										
Insure Kids Now	N, SP						$\boxtimes$								
International Rett Syndrome Association	N														$\boxtimes$
Jefferson Center for Mental Health	OM, SP														
JFK Partners (including ENRICH)	SP									$\boxtimes$	$\boxtimes$				$\boxtimes$
Junior Ranger Program - Rocky Mountain National Park	ОМ												$\boxtimes$		

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Kent Mountain Adventure Center OM												$\boxtimes$		
Kids in Need of Dentistry SP						$\boxtimes$								
Medicine Horse												$\boxtimes$		
Mental Health Center of Denver (WellPower) SP	$\boxtimes$		$\boxtimes$					$\boxtimes$	$\boxtimes$					
Mental Health Center Serving Boulder and Broomfield Counties SP	$\boxtimes$													
National Alliance on Mental Illness N, S	$\boxtimes$		$\boxtimes$		$\boxtimes$									$\boxtimes$
National Fragile X Foundation N														$\boxtimes$
National Sports Center for the Disabled N												$\boxtimes$		
Night Owls Respite Program													$\boxtimes$	
North Range Behavioral Health OM, SP	$\boxtimes$		$\boxtimes$					$\boxtimes$	$\boxtimes$					
Outdoor Buddies OM												$\boxtimes$		
Parents Encouraging Parents S, SP		$\boxtimes$		$\boxtimes$										
PEAK Parent Center OM, SP		$\boxtimes$		$\boxtimes$	$\boxtimes$									
Pikes Peak Therapeutic Riding Center OM												$\boxtimes$		
Praying Hands Ranch Therapeutic Horseback Riding												$\boxtimes$		
Professional Association of Therapeutic Horsemanship International N												$\boxtimes$		
Respite Care, Inc. OM													$\boxtimes$	
Roaring Fork Autism Network OM			$\boxtimes$											
Rocky Mountain Down Syndrome Association S, SP														$\boxtimes$
Select Physical Therapy										$\boxtimes$				

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Sewall Child Developmental Center SP				$\boxtimes$					$\boxtimes$	$\boxtimes$				
Show and Tell SP		$\boxtimes$	$\boxtimes$											
Skyline Academy at WellPower SP				$\boxtimes$										
Soar Autism Center									$\boxtimes$		$\boxtimes$			
Social Security, Benefits for Children with Disabilities N, SP														$\boxtimes$
South Suburban Parks & Recreation												$\boxtimes$		
Summit Sensory Gym												$\boxtimes$		
Talking Book Library SP												$\boxtimes$		
The Arc of Colorado S, SP					$\boxtimes$		$\boxtimes$							
The Children's Hospital Dental Clinic SP						$\boxtimes$								
The Joshua School				$\boxtimes$					$\boxtimes$	$\boxtimes$	$\boxtimes$			
The National Alliance to Advance Adolescents Health N							$\boxtimes$							
The National Sexual Assault Hotline N, SP														$\boxtimes$
The Office of Employment First S, SP							$\boxtimes$							$\boxtimes$
Therapy and Beyond										$\boxtimes$	$\boxtimes$			
Trumpet Behavioral Health OM											$\boxtimes$			
Tuberous Sclerosis Alliance N, SP														$\boxtimes$
US Department of Education N, SP				$\boxtimes$										
United Cerebral Palsy N														$\boxtimes$
WOW! World of Wonder Children's Museum SP												$\boxtimes$		

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Wrightslaw					$\boxtimes$									
Yampa Valley Autism Program OM											$\boxtimes$	$\boxtimes$		