

## **Person-centered Planning with a Focus on Cultural Identities and Connections**

By Regina Rodríguez Sisneros

### **What is person centered planning?**

According to the United States Department of Health and Human Services it is:

“Person-centered planning is an approach to organizing your supports and services so that you can live the kind of life you want for yourself.”

### **What is the definition of cultural competency?**

The National Center on Cultural Competence (NCCC) explains that in order for organizations to initiate cultural competence they must:

- have a defined set of values and principles, and demonstrate behaviors, attitude policies and structures that enable them work effectively cross-culturally.
- have the capacity to (1) value diversity, (2) conduct self-assessment, (3) manage the dynamics of difference, (4) acquire and institutionalize cultural knowledge, and (5) adapt to the diversity and cultural contexts of the individuals, families and communities they serve.
- incorporate the above in all aspects of policy making, administration, practice, service delivery and systematically involve consumers and families.

### **What is the definition of linguistic competency?**

NCCC explains that in order for an organization have linguistic competency it must have the capacity to “communicate effectively, and convey information in a manner that is easily understood by diverse audiences including persons of limited English proficiency, those who have low literacy skills or are not literate, and individuals with disabilities.”

---

Organizations are challenged to provide person centered planning while respecting cultural and linguistic competencies daily. The world is always evolving and our communities are reinventing themselves daily. The work to access information to meet the requirements for a person centered and culturally competency organization can be overwhelming. My final project makes an attempt to house information that empowers services providers to easily access the information they need to commit to person centered services with a focus on cultural and linguistic competence. The webpage is designed in four quadrants: Guidelines, Information, Resources, and Training.

The Guidelines section of the webpage will have information regarding National Standards for Culturally and Linguistically Appropriate Services issued by the U.S. Department of Health and Human Services, Office of Minority Health. These standards “aim to improve health care quality and advance health equity by establishing a framework for organizations to serve the nation's increasingly diverse communities.” It is important that we have a framework that guides us to a consistent vision of improving health care quality for all.

The Information section of the webpage will house a list of tools, both nationally and locally that provide information for organizations that are seeking supports on person centered and cultural and linguistic competency and the implementation processes.

The Resources section of the webpage will be a location for providers to access local resources for individuals seeking services. It will also have a list of resources for providers seeking more information on various communities in Colorado.

The Training Section will be an active calendar of trainings that are available. It is my desire to also list festivals, community events, and local activities that are taking place so that we can encourage the participation of people attending culturally diverse events. There are many benefits to meeting people in their communities and learning first-hand about their cultures.

Finally, we are hoping to start a YouTube Channel. This channel will have interviews from local service providers who are willing to talk about their organizations and what they have to offer in terms of resources, supports and training. It is my hope that I can encourage the connection of health care providers to local services providers. They offer a wealth of information and provide a lot of support to the community and the organization attempting to service the various communities in Colorado.

The webpage is scheduled to go live on July 1, 2020. It will be housed on the MINDSOURCE Brain Injury Network website ([www.mindsourcencolorado.org](http://www.mindsourcencolorado.org)). With permission, it will have a link to the University of Colorado, School of Medicine, JFK Partners webpage. I have included a snapshot of the initial design of the webpage. Thank you to JFK Lend for your support and to MINDSOURCE Brain Injury Program for sponsorship.



# PRIVATE: CULTURAL COMPETENCY & INCLUSIVITY

## VISION STATEMENT

The Vision Statement is coming soon and will go right here.

## VIDEO COMING SOON



## NATIONAL STANDARDS FOR CULTURALLY & LINGUISTICALLY APPROPRIATE SERVICES (CLAS) IN HEALTH & HEALTH CARE

Think Cultural Health is a U.S. Department of Health and Human Services website with information, continuing education opportunities, resources and more for health and health care professionals to learn about culturally and linguistically appropriate services.

Visit The National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (The National CLAS Standards) to learn how to implement the standards within your organization.

[LEARN MORE](#)



## COLORADO DEPARTMENT OF PUBLIC HEALTH & ENVIRONMENT

Here you will find useful information and tools to support you as you incorporate health equity and environmental justice into your organization & communities.



**COLORADO**  
Department of Public Health & Environment

[OFFICE OF HEALTH EQUITY](#)

## RESOURCES

List of helpful resources to click on will go right here. Probably in bullet format.

- Resource 1
- Resource 2
- Resource 3
- Resource 4
- Resource 5



## CALENDAR

Please see below for our upcoming events.

Today May 2020 Print Week Month Agenda

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	May 1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16