

Home and Community Based Children's Habilitation Residential Program (HCBS-CHRP) Waiver

Training for Service Agencies

Presented by Michele Craig

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Our Mission

Improving health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**

Agenda

- Background
- Eligibility
- HCBS-CHRP Services & Provider Types
- Regulations
- Case Management
- Provider Enrollment & Billing
- Coordination
- Questions

Background

Current state through June 30, 2019

- Eligibility limited to children with intellectual and developmental disabilities (I/DD) and complex support needs involved in child welfare
- Waiver case management by the County Departments of Human Services
- Waiver administered by the Colorado Department of Human Service (CDHS)

Effective July 1, 2019

- Eligibility expanded to include children with I/DD with complex support needs not in child welfare
- Waiver case management by Case Management Agencies-Community Centered Boards (CCB)
- Waiver administered by Health Care Policy and Financing (HCPF)

Background

Effective July 1, 2019 (cont'd)

Addition of two new waiver services designed to support the child/youth to remain in the family home or transition back to the family home from out of home placement:

Intensive Support

And

Transition Support

Moving Forward

Children
accessing
CHRP who
are in child-
welfare

Children
accessing CHRP
who are **NOT** in
child-welfare

Eligibility

Eligibility

Children and youth ages birth (0) through twenty (20):

- Determined to meet developmental disability criteria
- Meets Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)(as defined in 42 CFR §440.150)
- Has extraordinary needs that put them at risk of, or in need of, out of home placement

Eligibility

Extraordinary needs:

Complex Behavior Supports: Needs that occur related to a diagnosis by a licensed physician, psychiatrist, or psychologist that includes one or more substantial disorders of the cognitive, volitional or emotional process that grossly impairs judgment or capacity to recognize reality or to control behavior.

Complex Medical Supports: Needs that occur as a result of a chronic medical condition as diagnosed by a licensed physician that has lasted or is expected to last twelve (12) months, requires skilled care, and that without intervention may result in a severely life altering condition.

Financial Eligibility

- Parent's income not considered for Medicaid financial eligibility
- Social Security Income (SSI) not required
- Need SSA disability determination or Arbor application
- If child/youth is receiving Habilitation services, they will need an income source for room and board and likely need to apply for SSI financial eligibility

HCBS-CHRP Services

Services

- Habilitation
- Respite
- Supported Community Connections
- Massage Therapy
- Hippotherapy
- Movement Therapy
- Intensive Support
- Transition Support

<https://www.colorado.gov/hcpf/provider-rates-fee-schedule>

Habilitation

- Twenty-four (24) hour residential service
- Independent living training
- Self-advocacy training
- Cognitive services
- Emergency assistance
- Community access supports
- Follow-up supports for counseling, behavior, or other therapeutic interventions
- Medical and health care supports

Habilitation- Provider Types

Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/childrens-habilitation-residential-program-waiver-chrp>

- Child Placement Agency (CPA)
 - Certified Foster Care Home (*service agency must provide the case manager a copy of the certification*)
 - Group Home
- Residential Child Care Facility (RCCF)
- Kinship Home
- Medicaid Enrolled Provider- must be in a Foster Care Home certified by a County Department of Human Services and approved to provide Residential Habilitation for the HCBS-Developmental Disabilities waiver

ICAP Assessment

- Inventory for Child and Agency Planning (ICAP)
- Determines Support Need Level
- Respondents can be those that have known the individual for at least 3 months and sees them on a daily basis
- ICAP should be reviewed annually
- A new ICAP may be completed without requesting permission from HCPF
- Support Level Review process Operational Memo 19-026:
<https://www.colorado.gov/pacific/hcpf/2019-memo-series-communications>

Respite

- For the short-term relief of the primary caregiver
- May be provided in a family home, the community, a Foster Care Home, a group home, and/or a RCCF
- Service Limit: Not more than seven (7) consecutive days per month, not to exceed twenty-eight (28) days per calendar year*
- Respite may not be billed on the same day as Habilitation services

Respite- Provider Types

*Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/childrens-habilitation-residential-program-waiver-chrp>*

- Child Placement Agency
 - Foster Care Home
 - Group Home
- Foster Home
- Medicaid Enrolled Provider-approved to provide Respite in the HCBS- Children's Extensive Support (CES) waiver
- RCCF

Supported Community Connections

- One-on-one supports to deliver instruction for documented severe behavior problems exhibited by the child or youth in the community
- Service must be provided in a setting in the community where the child or youth interacts with individuals without disabilities
- Service is limited to five (5) hours per week

Supported Community Connections- Provider Types

*Please see the full text of the waiver for
provider qualifications:*

<https://www.colorado.gov/pacific/hcpf/childrens-habilitation-residential-program-waiver-chrp>

- Child Placement Agency
- Medicaid Enrolled Provider-approved to provide Community Connector in the HCBS-CES waiver

Provider Type: Medicaid Enrolled Provider.

Massage Therapy

*Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/chil-drens-habilitation-residential-program-waiver-chrp>*

- The physical manipulation of muscles to ease muscle contractures, spasms, extension, muscle relaxation, and muscle tension including WATSU
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly

Provider Type: Medicaid Enrolled Provider.

Hippotherapy

*Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/chil-drens-habilitation-residential-program-waiver-chrp>*

- Therapeutic treatment strategy that uses the movement of a horse to assist in the development/enhancement of skills including gross motor, sensory integration, attention, cognitive, social, behavioral, and communication skills
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly

Provider Type: Medicaid Enrolled Provider.

Movement Therapy

*Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/chil-drens-habilitation-residential-program-waiver-chrp>*

- The use of music and/or dance as a therapeutic tool for the habilitation, rehabilitation, and maintenance of behavioral, developmental, physical, social, communication, pain management, cognition, and gross motor skills
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly



Intensive Support

- Aligns strategies, interventions, and supports for the child or youth, and their family to prevent the need for out of home placement
- Utilized to maintain stabilization, prevent Crisis situations, and/or de-escalation of Crisis situations

Three Service Components:

- Wraparound Facilitator Plan
- Wraparound Facilitator Monitoring
- In-Home Services

Crisis

“Crisis” defined as an event, series of events, and/or state of being greater than normal severity for the client and/or family that becomes outside the manageable range for the child or youth and/or their caregivers and poses a danger to self, family, and/or the community.

Crisis may be self-identified, family identified, and/or identified by an outside party.

Wraparound

Wraparound is an individualized approach to help children with complex needs. Service providers, support team members, the child and their family and/or caregiver(s) all work together to help achieve the family's goals. The team respects the goals and strengths of the family to help build confidence and successes for the child and the family at home, in school and in the community.

Wraparound Plan

“Wraparound Plan”: A single plan that incorporates all relevant supports, services, strategies, and goals from other service/treatment plans in place and supports a child or youth and his or her family, including a plan to maintain stabilization, prevent Crisis, and or for de-escalation of Crisis Situations.

In-Home Support Component

Includes implementation of therapeutic and/or behavioral support plans, building life skills, providing guidance to the child or youth with self-care, learning self-advocacy, and protective oversight.



Transition Support

- Aligns strategies, interventions, and supports for the child or youth, and their family when a child or youth transitions to the family home from out of home placement

Three Service Components:

- Wraparound Facilitator Plan
- Wraparound Facilitator Monitoring
- In-Home Services



Intensive Support and Transition Support Provider Types

Please see the full text of the waiver for provider qualifications:
<https://www.colorado.gov/pacific/hcpf/childrens-habilitation-residential-program-waiver-chrp>

- Child Placement Agency
- Medicaid Enrolled Provider
- Residential Child Care Facility
- *Specific provider qualifications for the Wraparound Facilitator certification and training requirements for Direct Support Professionals providing In-Home Support*

Regulations

Regulatory Requirements

- Federal HCBS Final Settings Rule applies to HCBS-CHRP as it does for other waivers
- 10 CCR 2505-10 8.508 (HCPF)
- 12 CCR 2509-8 (CDHS)

<https://www.sos.state.co.us/CCR/NumericalDeptList.do>

Regulatory Requirements

- Sections of CDHS rule incorporated by reference or cited for Restraints, Rights Modifications, Medication Administration, and Client Rights
- Rights modifications: also includes Federal HCBS Settings requirements for informed consent

Regulatory Requirements

- CDHS monitoring:
 - Habilitation and out of home Respite services in a Foster Care Home, Group Home, or RCCF
- Colorado Department of Public Health and Environment (CDPHE) surveys:
 - Respite in the family home, Supported Community Connections, Intensive Support, and Transition Support services

Case Management

Targeted Case Management

- State Plan
- 15 minute unit increments
- 240 unit limit per fiscal year
- Components:
 - Assessment
 - Referral
 - Service Planning
 - Monitoring- Quarterly face to face

Conflict Free Case Management

The Case Management Agency may not provide HCBS-CHRP case management and waiver services to the same child/youth.

Transition from CHRP to Adult Services

- Youth may choose to transition out of the HCBS-CHRP from the age eighteen (18) through (20) to an adult waiver
- Youth must transition out of HCBS-CHRP by age twenty-one (21)
- Youth may choose adult services that they are eligible for and that best meet their need
- HCBS-Developmental Disabilities (DD) waiver has reserved capacity for HCBS-CHRP participants
- Transitions should occur when it is in the best interest of the youth

Provider Enrollment and Billing

Provider Enrollment

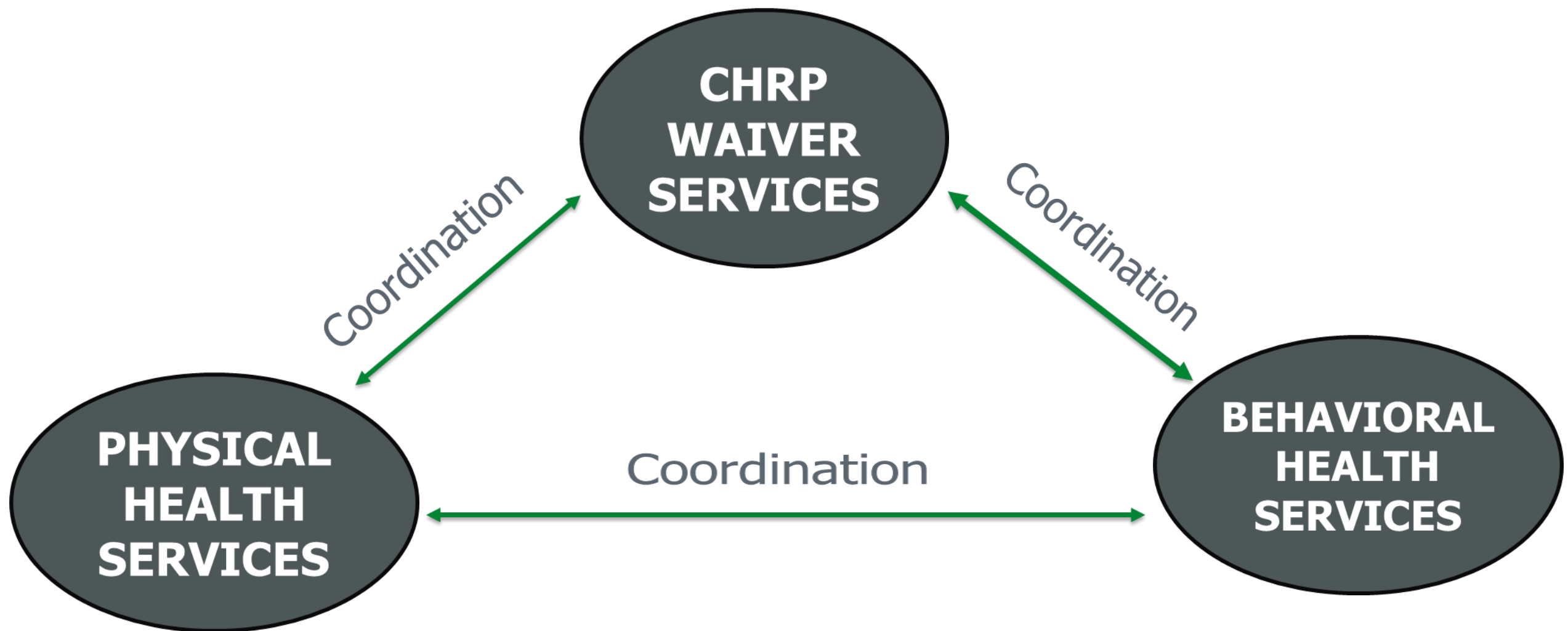
- Currently enrolled Medicaid providers- add provider type 36 (HCBS waiver) and CHRP specialty 619
- Currently enrolled Medicaid HCBS waiver providers- add CHRP specialty 619
- New providers (not currently enrolled as Medicaid provider)- complete DXC enrollment process, provider type 36, and CHRP specialty 619

Information on provider enrollment, rates, billing manual:

<https://www.colorado.gov/hcpf/our-providers>

Coordination

Coordination





<https://www.colorado.gov/pacific/hcpf/OCL-stakeholder-engagement>

Contacts

Justine Miracle

Development Specialist

justine.miracle@state.co.us

Nancy Harris

HCBS Benefits Specialist

nancy.harris1@state.co.us

Michele Craig

Complex Needs Program Development and Evaluation

Unit Supervisor

michele.craig@state.co.us

Thank You!