AUGMENTATIVE & ALTERNATIVE COMMUNICATION (AAC)

What is AAC?

"Augmentative and Alternative Communication (AAC) includes all forms of communication (other than oral speech) that are used to express thoughts, needs, wants, and ideas"

- American Speech Language & Hearing Association (ASHA)



No Tech

"Unaided" - Gestures, Body language, Facial expressions, Manual signing

"Aided" - Writing, Typing, Picture communication, Communication board (Loncke, 2020)



Low/Light Tech

Switches & Message recording communication device

Multiple message generating device



High Tech

Speech
Generating
Device (SGD) on a
tablet or
dedicated device
with dynamic
display

Eye-tracking software

Will AAC hinder speech?

No! AAC may help facilitate **many forms** of communication.

Are there any prerequisites to using AAC?

No! There are no **Cognitive**, **Visual**, **Linguistic**, or **Physical** requirements

Is the main goal of AAC to have individuals request?

No! Autonomous

communication is the goal.

(Blischak et al., 2003) (Loncke, 2020) (Millar et al., 2006)

Why do we communicate?

Socialize

Greet others
Tell a joke
Start & maintain
conversations

Add Information

Tell stories Generate ideas Describe Comment

Use imagination

Protest

Reject what we don't like Negate facts

Express wants and needs

Ask for objects, activities, help, information, etc.

Share feelings

Express emotions Share opinions Set goals (Ahern, 2015), (Light, 1988)

Respect & acknowledge all communication



- We all use AAC & multiple modes everyday ~ Honor all forms of communication
- Recognize how a person communicates may be the quickest and easiest for them
- Motivate others by acknowledging that their communication is understood.
- Minimize the efforts it takes to produce an utterance.

Diversity, Equity, and Inclusion

- Each individual's AAC system should represent themselves
 - Skin tone, Gender, & Voice
- Multiple languages can be accessed through a toggle switch
- Include meaningful, family-specific words on AAC system







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Ideas & strategies to communicate

Aided Language **Stimulation**

Use AAC to teach AAC Model language in daily routines Increase the # of exposures Immerse in AAC (Kent Walsh et al., 2015)

"I SEE a DOG!" "CAN YOU STOP?"



"WE LIKE to RUN FAST" "LET'S GO IN"

Modeling without expectations

TEACH, DON'T TEST Reduce the pressure Engage in hands-on learning Have a conversation Model to connect

"By 18 months, babies have heard <u>4.380 hours</u> of spoken language and we don't expect them to be fluent speakers, yet if AAC learners only see symbols modeled for communication twice weekly for 20-30 minutes, it will take them 84 years to have the same exposure to aided language as an 18 month old has to spoken language" - Jane Korsten, SLP QIAT Listserv 2011

Be a good communication partner

S'MORRES

Slow down 5



Model



Respect & Reflect







(Senner & Baud, 2013)

Slow down your rate of speech & modeling Model on the AAC system Respect all forms of communication Reflect another option **Expand** a person's single word to a short phrase **Stop** and allow more wait time

"Communication helps build relationships so we need to make communication fun and not always homework." Chris Klein, Former USSAAC President and AAC User

Use CORE & Fringe Vocabulary

80% CORE Vocabulary

80% of language ~ 300 words High Frequency & Flexible Many verbs, location words, and pronouns

I, me, can, go, stop, no, in, out, open

20% Fringe Vocabulary

20% of language ~ 1000's of words Motivating & Specific Primarily nouns/objects

Legos, Bubbles, TV characters, Animals

Sources

(Loncke, 2020), (Quick et al., 2019)

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