How to Navigate Insurance and CCB’s

Year Long Project of Nita Chettiar
LEND Family Fellow 2020-2021

Background on CPM Modules

+ CPM – Colorado Parent Mentoring Program
+ Initiated by Eric Moody, Kristen Kaiser and Dina Johnson (JFK Partners Team) in 2010
+ 4 Modules on Navigating
  o Systems
  o Schools/IEP
  o CCB’s
  o Insurance
+ CCB and Insurance modules incomplete
+ Program not integrated to new website
+ Why did I choose it?
**Goal/Method**

<table>
<thead>
<tr>
<th>INSURANCE</th>
<th>CCB</th>
</tr>
</thead>
<tbody>
<tr>
<td>+ Draft version from pre-Affordable care ACT</td>
<td>+ Draft version from 2010</td>
</tr>
<tr>
<td>+ Update it to current benefits and policies</td>
<td>+ Updated to current programs and policies</td>
</tr>
<tr>
<td>+ Worked with community experts</td>
<td>+ Working with community experts</td>
</tr>
<tr>
<td>o Family Voices CO</td>
<td>o Developmental Pathways</td>
</tr>
<tr>
<td>o CO HCPF</td>
<td>o IMAGINE! Colorado</td>
</tr>
<tr>
<td>+ Reviewed by 5 parents/families from diverse backgrounds</td>
<td>o Alliance Colorado</td>
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<tr>
<td></td>
<td>+ Pending review by parents/families</td>
</tr>
</tbody>
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**Measurable Outcomes/Progress to date**

<table>
<thead>
<tr>
<th>INSURANCE</th>
<th>CCB</th>
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<tbody>
<tr>
<td>+ Updated to the most current policy/benefits</td>
<td>+ Updated to the most current policies</td>
</tr>
<tr>
<td>+ Created feedback form for</td>
<td>+ Some gaps still need bridging</td>
</tr>
<tr>
<td>o Parent/Families (5 from various cultural/economical backgrounds)</td>
<td>o E.g. transition form EI to different funds</td>
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<tr>
<td>o Community Experts (3 different organizations)</td>
<td>o Adult services/supports</td>
</tr>
<tr>
<td>+ Made revisions based on feedback from end users and experts</td>
<td>+ Most complex as all CCB operate a bit differently</td>
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<tr>
<td></td>
<td>+ Not many opportunities to collaborate due to busy schedules of CCB experts</td>
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<td></td>
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Interdisciplinary Practice

+ Not specific to any particular discipline
+ Information not limited to families of children with ASD diagnosis but can apply to other IDD diagnosis
+ Will be accessible to all families and providers free of cost
+ Room for expansion in CPM
  o Module on Transition to Adulthood
  o Adult waivers SSI/SSDI/DD

Next Steps

Short Term:
Prior to Insurance and CCB modules going live on JFK website:
+ Updates needed on
  o CPM Manual
  o Navigating Systems
  o Navigating School/IEP
+ CCB module needs to be finalized
+ Voice narrations to be recorded for CCB and Insurance Modules

Long Term:
All modules will need periodic review to update to most current policy changes
What do the modules look like?

Insurance Module (43 slides)
CCB Module (26 slides)

What are CCBs and how can they help me?

How to Find Your CCB

Eligibility for CCB Services
- Child: CCB helps if child is in the age range of service
- Documentation of developmental delay
- Age outside

Early Intervention (EI) Services
- Birth to three years
- Birth to three years
- Birth to three years
- Birth to three years
- Birth to three years

“What if” Scenarios
- What if my child hasn’t been evaluated for a developmental delay?
- What if my child does not qualify for EI services?
- What if my child does not qualify for any services?
- What if my child’s diagnosis is one that CCB has anything to offer?
- What if I am already on EI or Medicaid, why would I need services?
- How do I know if my child will be eligible for adult CCB services?

Advocacy
The act of pleading or arguing in favor of something, such as a cause, policy, or interest, with active support of an idea or

What’s Next for Me?