Proactive Preparation: Culturally Responsive Safety Planning

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Agenda

- Introduction & Background Research
- Proactive Planning 101
- Resources & Tips
- Practice & Application
- Q & A & Next Steps
- Feedback Survey
What's one thing you want first responders to know about your loved one to help ensure their safety?
Background Research

• People with developmental disabilities (I/DD) are 4 to 10 times more likely to have contact with Criminal Justice Systems.

• People with I/DD are 3-4 times more likely to become victims of abuse, including sexual assault.

• Nearly half of children with Autism wander from safe settings.

• Drowning fatalities, along with traffic injuries, remain a leading cause of death for people with Autism and other developmental disabilities.

• While there is no reliable national database tracking how many people with disabilities, or who are experiencing episodes of mental illness, are shot by police each year, studies show that the numbers are likely between one-third and one-half of total police killings.

• Risks increase for people of color who also have disabilities ("double discrimination.")
Emergency Preparedness

Make a Plan

Build a Kit

Be Informed
Make A Plan

• Build a personal support network (neighbors, work/school contacts, etc.)

• Determine a safe meeting place and storage place for your emergency kit.

• Create a list of preferred items to help get you through an emergency.

• Practice your emergency plan with your network. Show them what helps you/your loved one during high stress situations.
Build A Kit

• Basic emergency kit items
• Additional items
• Personal items:
  o Medications (and list of Rx)
  o Sensory supports
  o Personal assessment profile -
    ▪ "I am able to.."
    ▪ "I need help with..."
  o Photos (who lives at the residence, pet(s), etc.)
Identification:
Safety, Privacy, & Personal/Family Preferences

• What do emergency responders need to know?
• Where will the information be displayed/kept?
• "Invisible" disabilities can be missed and seen as noncompliance.
• Communication strengths and challenges can help inform how much information and/or documentation is needed.
Resources & Tips

• **Big Red Safety Box**

• **Emergency Go Kit** (UCD) - available to Health First CO/Medicaid recipients while supplies last

• **Sensory Friendly Colorado**

• **Smart911**

• **Talking to Kids with Autism About Safety and the Police** – Developmental Pediatrics, CHCO, JFK Partners
  - Social story
  - Parent Guide
Proactive Preparation

1. Relationships
2. Role Play/Practice
3. Review and Repeat
What's one thing you want first responders to know about your loved one upfront to help ensure their safety?
Thank you!

Join next month's program: Conversations with APD Officers on 4/17/24

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References


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