

DEVELOPMENTAL PEDIATRICS

The Birds & The Bees

A Parent Group for Supporting Children and Teens on the Autism Spectrum Through Puberty and Beyond

About the Program

The Birds & the Bees Group is a parent-only education group designed to teach caregivers of pre-teens and teenagers with autism spectrum disorder (ASD) strategies and considerations for supporting their child through puberty and into adulthood. The group consists of 8 sessions that are 60 minutes each. Led by a licensed psychologist in the department of Developmental Pediatrics, topics covered include (**based on goals & priorities of the group):

- Sensory considerations in puberty and sexual health
- Preparing & teaching your child to care for their changing bodies
- Promoting & supporting healthy relationships with peers
- Dating
- Teaching abuse prevention & safety skills
- Sexuality & gender identity
- Addressing technology & social media
- Addressing challenging behaviors & difficult issues related to puberty & sexual health

Location

Virtual

Fees

This 8-week group can be billed to both Medicaid and some private insurances. The Developmental Pediatrics insurance verification team will alert you to any out-of-pocket expenses prior to the group beginning.

Contact

To be placed on the waitlist or for more information about the group, please contact the Department of Developmental Pediatrics at 720-777-6630.

