# NICU Parent Information and Resources

## General Information

| WELCOME TO 211 COLORADO | Number: 2-1-1-  
Website: https://211colorado.communityos.org |
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<tbody>
<tr>
<td>2-1-1- is a free, confidential multilingual service that refers callers to non-emergency health and human services.</td>
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## Breastfeeding Information

| BREASTFEEDING MANAGEMENT CLINIC | Phone Number: 720-777-3605  
Website: https://www.childrenscolorado.org/doctors-and-departments/departments/primary-care/breastfeeding-management-clinic/ |
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<tbody>
<tr>
<td>Provides a comprehensive approach to breastfeeding challenges for the baby and family. They support any mother and baby having challenges (e.g. low milk, sore nipples) with breastfeeding from birth through older children (e.g. weaning). They accept self-referrals, as well as referrals from community providers. Covered by most insurance companies.</td>
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| Women Infants and Children (WIC) Program | Phone: 303-692-2400  
Website: https://www.coloradowic.gov/ |
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<tr>
<td>This program supports families in meeting their nutritional needs by providing formula, breast milk, and/or baby food. Recources are distributed based on eligibility and completion of an application.</td>
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## Child Development

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<tr>
<th>CDC CHILD DEVELOPMENT MILESTONE APP</th>
<th>Website: <a href="https://www.cdc.gov/ncbddd/actearly/milestones/index.html">https://www.cdc.gov/ncbddd/actearly/milestones/index.html</a></th>
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<tbody>
<tr>
<td>Skills such as taking a first step, smiling for the first time, and waving “bye bye” are called developmental milestones. Children reach milestones in how they play, learn, speak, act, and move (crawling, walking, etc.).</td>
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<tr>
<th>CARING FOR YOUR PREEMIE AT HOME</th>
<th>Website: <a href="https://www.healthychildren.org/English/ages-stages/baby/preemie/Pages/Caring-For-A-Premature-Baby.aspx">https://www.healthychildren.org/English/ages-stages/baby/preemie/Pages/Caring-For-A-Premature-Baby.aspx</a></th>
</tr>
</thead>
</table>
| American Academy of Pediatric  
Healthychildren.org provides specific information for parents of premature infants. |  |

## Feeding Matters

| FEEDING MATTERS | Website: https://www.feedingmatters.org/  
Facebook: https://www.facebook.com/feedingmatters  
https://www.feedingmatters.org/resources-support/family-support/questionnaire |
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<tr>
<td>Provides parents with information about their child’s feeding. Parents complete an online questionnaire about their babies feeding. As the parent completes the questions, they are provided with information about typical eating for their child’s age, including adjusted age. Parents may print out the questions for the primary care provider.</td>
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## Early Intervention Colorado

| EARLY INTERVENTION COLORADO | Phone Number: 1-888 - 777- 4041  
Website: http://www.eicolorado.org/ |
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<tr>
<td>Statewide program provides early intervention developmental education for families and services to children birth to 3 years of age who meet specific eligibility criteria. Family members, health care providers, and other community members are able to make a referral on behalf of a child. Services are USUALLY provided in the home.</td>
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## The Baby Sleep Site

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<tr>
<th>The Baby Sleep Site:</th>
<th>Website: <a href="https://www.babysleepsite.com/">https://www.babysleepsite.com/</a></th>
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<tbody>
<tr>
<td>This website informs parents on developmentally appropriate sleep habits, and resources to help your infant sleep well and safe.</td>
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</table>
| **LOCAL PUBLIC HEALTH SUPPORT SERVICES** | **PROGRAM FOR CHILDREN WITH SPECIAL HEALTHCARE NEEDS (HCP)** | **Phone:** 303-692-2370  
**Website:** [www.hcpcolorado.org](http://www.hcpcolorado.org) |
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<td><strong>MENTAL HEALTH</strong></td>
<td><strong>BEHAVIORAL HEALTH CENTERS</strong></td>
<td><strong>Website:</strong> <a href="https://www.colorado.gov/pacific/cdhs/find-behavioral-health-help">https://www.colorado.gov/pacific/cdhs/find-behavioral-health-help</a></td>
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</table>
| **RESPITE SERVICES** | **NURTURING NEWBORNS, LLC** | **Phone Number:** 720-252-4503  
**Website:** [http://www.nurturingnewborns.com/](http://www.nurturingnewborns.com/) |
| **FAMILY RESOURCES** | **FUSSY BABY NETWORK** | **Phone Number:** 1-877-627-9227  
**Website:** [www.fussybabynetworkcolorado.org](http://www.fussybabynetworkcolorado.org) |
| | **NICU MOMS OF DENVER** | **Website:** [https://facebook.com/groups/338430686289653/](https://facebook.com/groups/338430686289653/) |
| | **HAND TO HOLD** | **Phone Number:** 855-424-6428  
**Website:** [http://www.handtohold.org](http://www.handtohold.org) |
| | **PARENT 2 PARENT** | **Phone Number:** 303-691-9339  
**Website:** [https://www.abilityconnectioncolorado.org/p2p-co/](https://www.abilityconnectioncolorado.org/p2p-co/) |
| | **MOTHERS OF MULTIPLES SOCIETY** | **Phone Number:** 303.586.3121  
**Website:** [www.mothersofmultiples.com](http://www.mothersofmultiples.com) |

**LOCAL PUBLIC HEALTH SUPPORT SERVICES**

**PROGRAM FOR CHILDREN WITH SPECIAL HEALTHCARE NEEDS (HCP)**

A program for infants, children, and youth with medical and health coordination needs. Public health nurses help to identify the appropriate community services and resources for families, including families of premature and medically fragile infants, and help them coordinate care.

**Phone:** 303-692-2370  
**Website:** [www.hcpcolorado.org](http://www.hcpcolorado.org)

**MENTAL HEALTH**

**BEHAVIORAL HEALTH CENTERS**

Mental Health Consultation addresses the social and emotional needs of parents as well as infants, toddlers and preschool children through a trusting relationship, education, and support.

**Website:** [https://www.colorado.gov/pacific/cdhs/find-behavioral-health-help](https://www.colorado.gov/pacific/cdhs/find-behavioral-health-help)

**RESPITE SERVICES**

**NURTURING NEWBORNS, LLC**

Short term respite services to families with infants and children. Offers education, consultation services, and in home care, including overnight support. They specialize in respite care for children of ill or overwhelmed parents. Many of the services provided by Nurturing Newborns are funded by non-profit organizations.

**Phone Number:** 720-252-4503  
**Website:** [http://www.nurturingnewborns.com/](http://www.nurturingnewborns.com/)

**FAMILY RESOURCES**

**FUSSY BABY NETWORK**

Fussy Baby Warm line for parents to call and receive support and guidance about their infant’s crying with the possible option for a home visit.

**Phone Number:** 1-877-627-9227  
**Website:** [www.fussybabynetworkcolorado.org](http://www.fussybabynetworkcolorado.org)

**NICU MOMS OF DENVER**

Support group/social meet-up for mothers who were separated from their babies at birth due to prematurity or other complications.

**Website:** [https://facebook.com/groups/338430686289653/](https://facebook.com/groups/338430686289653/)

**HAND TO HOLD**

National nonprofit organization that matches experienced parents of preemies with parents in need of support. These peer-to-peer relationships inspire hope and create the opportunity to receive support from someone who is uniquely familiar with the experience of preterm birth, life in the Neonatal Intensive Care Unit, a child born with special health care needs, loss of pregnancy and/or infant loss.

**Phone Number:** 855-424-6428  
**Website:** [http://www.handtohold.org](http://www.handtohold.org)

**PARENT 2 PARENT**

Colorado (P2P-CO) is a network of families across Colorado who understand! We connect families to each other and to the resources they need.

**Phone Number:** 303-691-9339  
**Website:** [https://www.abilityconnectioncolorado.org/p2p-co/](https://www.abilityconnectioncolorado.org/p2p-co/)

**MOTHERS OF MULTIPLES SOCIETY**

Mothers of Multiples is a non-profit, 501(c)(3) support club for parents of twins, triplets, quadruplets, in the Denver metropolitan area with the mission of nurturing a safe environment that supports their members and the community through education, resources, networking and fellowship with an emphasis toward family participation.

**Phone Number:** 303.586.3121  
**Website:** [www.mothersofmultiples.com](http://www.mothersofmultiples.com)

**SOCIAL SECURITY DISABILITY INFORMATION**

**SSI**

Children who were born prematurely may qualify for disability benefits through Supplemental Security Income (SSI). Determination is based on the infant's birth weight. There are income requirements that must be met to qualify for SSI benefits. Please be sure to call and see if your family is eligible.