

Colorado LIFTS and Behavioral Health Administrative Organizations

CDPHE Title V-MCH and JFK Partners MCH Educational Series

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Presented by:

Joey Pachta, LCSW – Colorado LIFTS Quality Manager, BHA joseph.pachta@state.co.us

Judith Tiekku, MPH – Colorado LIFTS Community Engagement Administrator, BHA Judith.Tiekku@state.co.us

Kelli Reidford, LCSW, Director, CYF System of Care, BHA kelli.reidford@state.co.us

Kallen Thornton, MSSW, LCSW, Maternal, Child & Reproductive Health Manager, BHA kallen.Thornton@state.co.us

Introductions

Agenda

- Colorado LIFTS / BHASO Model
- Navigating Care
- Colorado System of Care Updates
- Maternal, Infant and Early Childhood Program Overview
- Feedback and Q&A

Colorado LIFTS / BHASO Model

Glossary

LIFTS

Linking Individuals & Families To
Services

BHASO

Behavioral Health Administrative
Service Organizations

A Thriving Behavioral
Health System

Access

Whole-
Person Care

Accountability

Workforce
Support

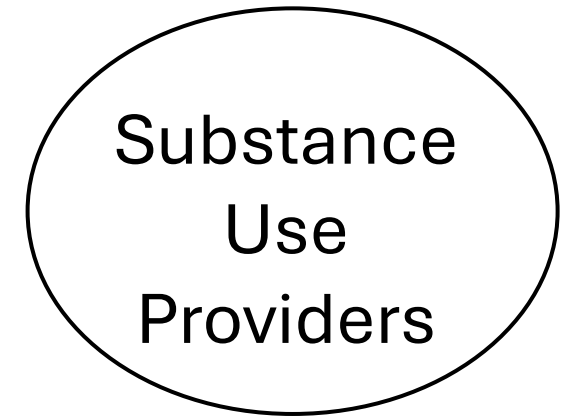
Affordability

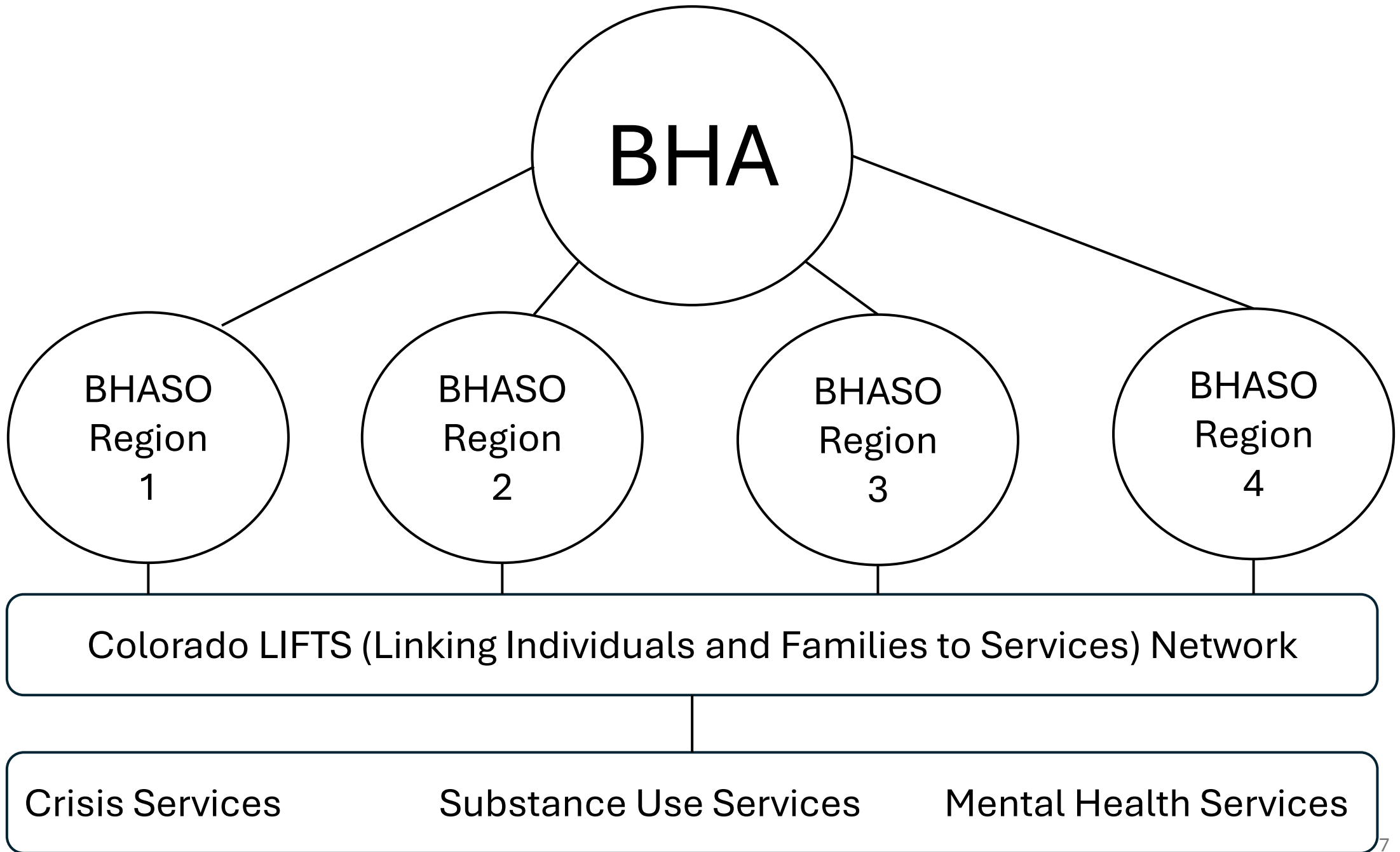
Consumer
Guidance

Vision: Putting People First

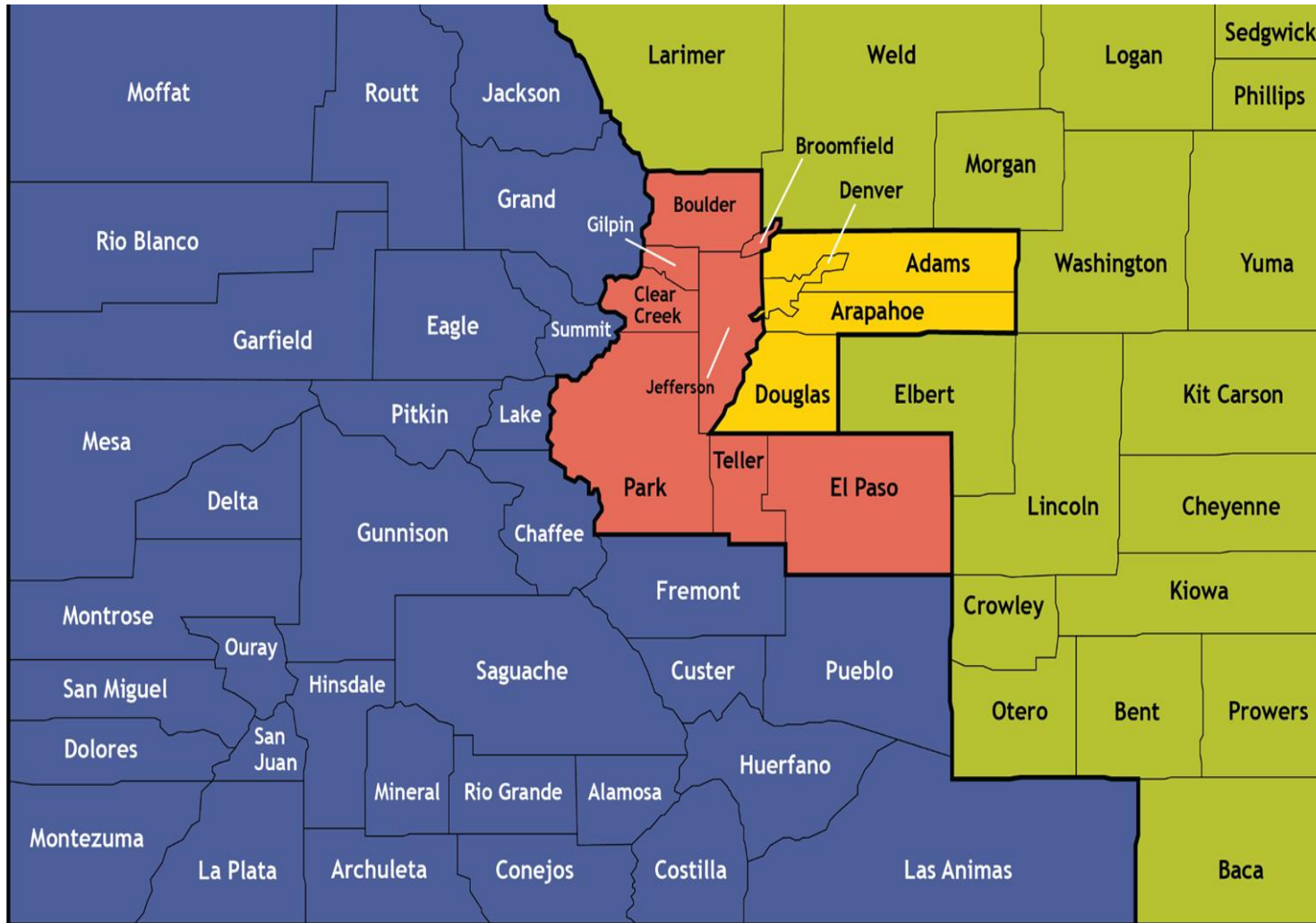
Why the BHASO / CO LIFTS Model?

Where We Were





Colorado LIFTS: BHASO Regions



REGION 1 (blue)
Rocky Mountain Health
Plans
Serving the Western Slope and
mountain communities.

**REGIONS 2 (green), 3 (red),
& 4 (yellow)**
Signal Behavioral Health
Network
Providing comprehensive support
across Front Range and Eastern
Plains.

Oversight: BHASO Model – CO LIFTS Division

- Access to Care
- Quality and Performance
- Contract Compliance
- Federal Regulations
- Service Validation
- Financial Stewardship

BHASO Responsibilities

Administration & Quality Oversight

- Contracting & Administration of CO LIFTS Network
- Quality Monitoring of CO LIFTS Network

Provider Support

Provider Technical Assistance & Support

Care Navigation

Facilitating access to behavioral health services for individuals

Community Engagement

- Building and maintaining essential Community Relationships
- Regional Councils

BHASO Community Engagement

Regional Councils

Nine-member Councils advise each BHASO on:

- Identifying services essential for a full continuum of care within the Region.
- Removing barriers so individuals can access quality, timely care.
- Shaping the statewide care coordination infrastructure.
- Specifying specialty services needed for priority populations.

Region 1

2:30-4:30 PM, Third
Thurs of every other
month

Visit [Rocky Mountains
Health Plans BHASO](#)
website for dates.

Region 2

2:00-3:30 PM, Fourth
Wednesday of every
other month

Visit [Signal Behavioral
Health Network
Website](#) for dates

Region 3

2:00-3:30 PM, Fourth
Monday of every other
month

Visit [Signal Behavioral
Health Network
Website](#) for dates

Region 4

2:00-3:30 PM, Third
Wednesday of every
other month

Visit [Signal Behavioral
Health Network Website](#)
for dates

What is Colorado LIFTS?

Colorado LIFTS (Linking Individuals and Families To Services) connects people in Colorado with a statewide, connected network of support for crisis, mental health, substance use, and care navigation.

Anyone in Colorado can use Colorado LIFTS care navigation to get connected to services, no matter where they live or their insurance status.

medical_services

250+
Behavioral Health
Providers

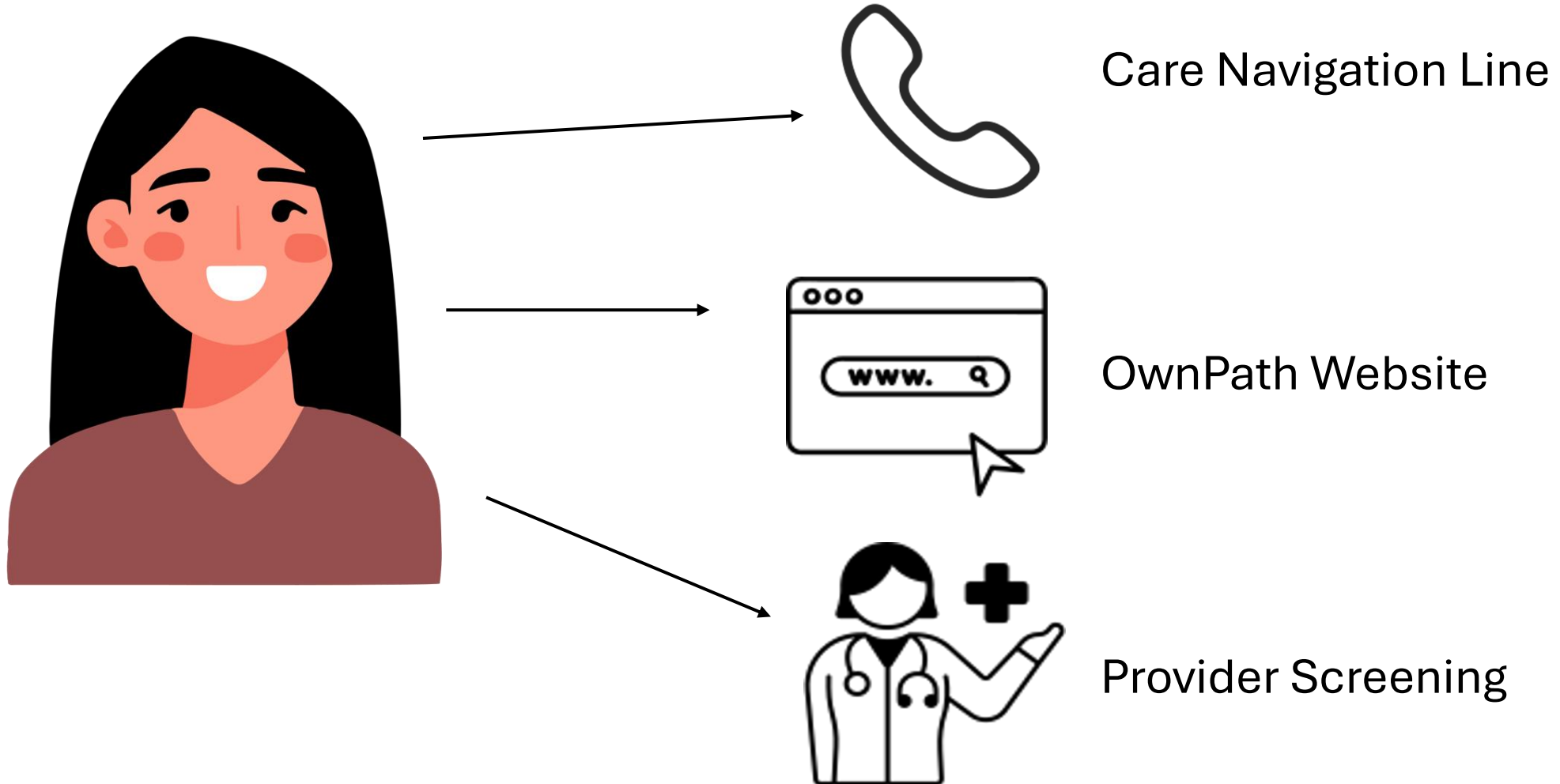
volunteer_activism

Care Navigation
For all people in
Colorado, providing
free or low-cost
care.

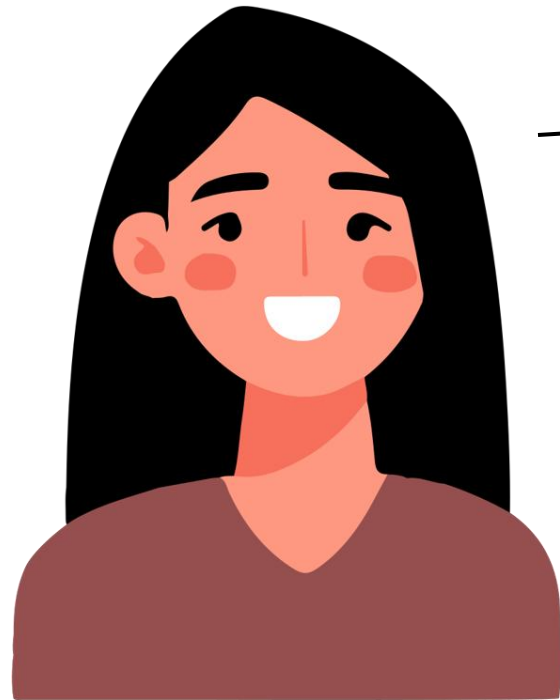
location_on

Local Guidance
Local guidance
shapes care across
the statewide
network

Individuals: Reach Out

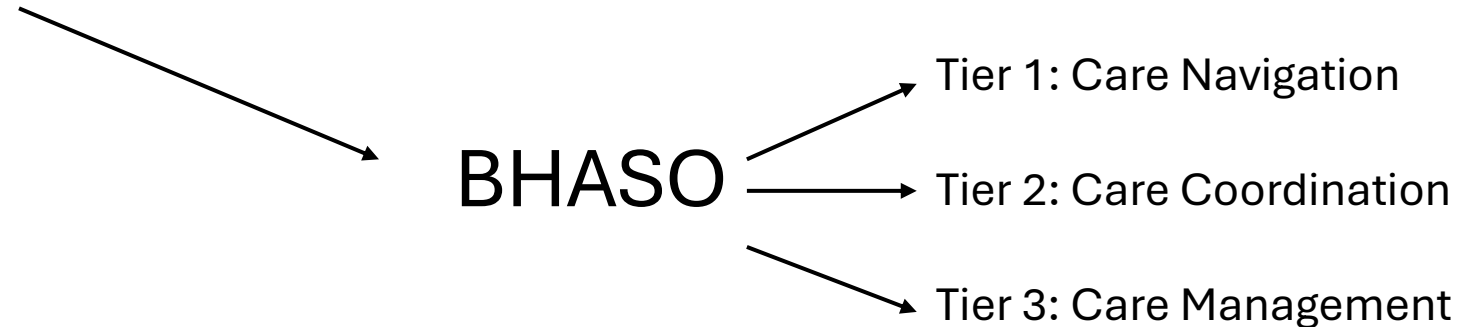


BHASOs: Navigate Care



→ Crisis 988

→ RAE / CHP+



BHASOs: Navigate Care - Tiers

Tier 1

Care Navigation

Brief, temporary support in connecting to services and social supports.

Tier 2

Care Coordination

Ongoing, individualized care plan in collaboration with the individual with warm connections to care and follow-up for continued needs.

Tier 3

Care Management

Regular, frequent support from a clinical team more robust and intensive individualized service plan driven by the individual

CO LIFTS Website: ownpath.co

The screenshot displays the OwnPath Care Directory website. The main header includes the OwnPath logo and navigation links for 'About', 'Common questions', and 'Provide feedback'. A large banner reads 'Connecting you to behavioral health'. Below this, a search bar is visible with a red circle around the 'Zip code' input field. A red arrow points from this field to a search results box on the right. The search results box contains a dark blue banner with contact information: '(888) 607-4462' and 'findcare@signalbhn.org'. Below this, it says 'Explore care options that meet your needs' and '144 results near 80203'. A red circle highlights the '144 results near 80203' text. Below the results count are several filter buttons: 'Type of help', 'Distance', 'Age', 'Populations served', 'Language', 'Payment types', 'Days open', 'Accessibility', and 'Telehealth'. The results list shows two providers: 1. 'Center for Resilience Strategies' in Denver, CO 80203, and 2. 'Acacia Counseling, Inc' in Denver, CO 80203, with filters for 'Telehealth options available' and 'Accepting new patients'. A map on the right shows the location of providers with numbered markers.

Do you need help finding care with a Colorado LIFTS provider? Please contact a care navigator at Signal Behavioral Health Network.

[\(888\) 607-4462](tel:(888)607-4462) findcare@signalbhn.org

Available Monday to Friday, 8am-5pm. No insurance required.

Explore care options that meet your needs

144 results near 80203 [Change zip code](#)

Type of help Distance Age Populations served Language Payment types Days open Accessibility Telehealth

Showing 1 - 20 of 144

- Center for Resilience Strategies**
Denver, CO 80203
- Acacia Counseling, Inc**
Denver, CO 80203 [Telehealth options available](#) [Accepting new patients](#)
Accepts Self-pay, Sliding scale

Show me telehealth provider

System Impact – Year 1

250+ Providers

In the Colorado LIFTS Network

941 Calls

Served via Care Access Line

62k Served

Unique individuals in FY26 Q1-2
across SUD, MH, & crisis

+22% Crisis Growth

More people served in Crisis in FY26
Q1/Q2 vs FY25

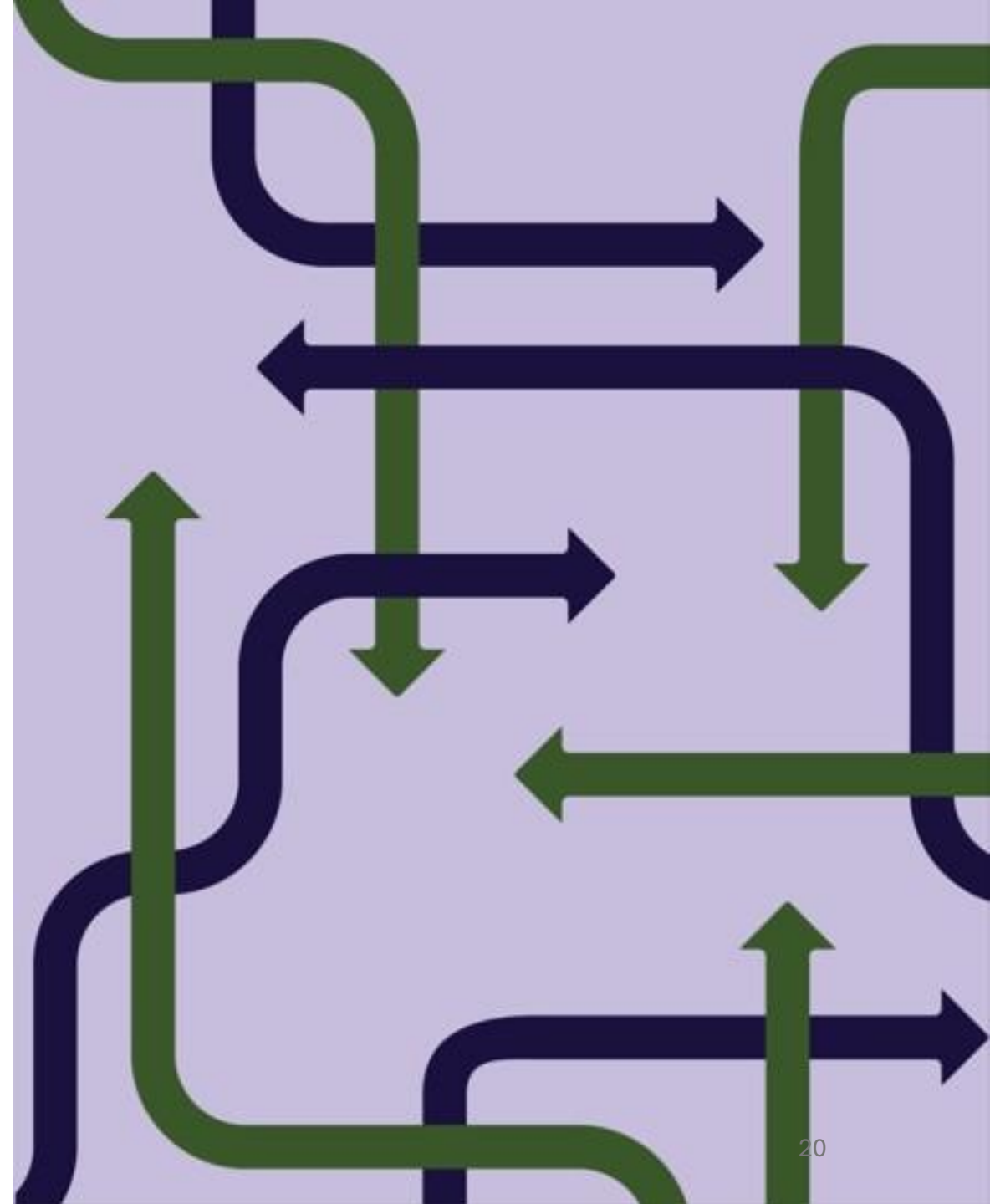
Community Impact

Testimony #1

“[BHASO Care Navigator] had followed up to make sure an intake was successful: It went really well. [Provider] who was doing the intake was very helpful in making sure I got the right evaluation and setting a plan going forward. Thank you so much for making that first call with me and following up. It meant the world to me.”

Testimony #2

"Thank you for checking in, I have thought about you and how you got me the Info I needed at just the right time. I am so happy to be on DAY 51 of freedom from cannabis! I attend meetings regularly and really have so much more calm satisfaction and JOY in my life. I so much appreciate that you have been there for me from the start." Same client followed up and 03/26. "I am so happy to report that I just passed my day 200 mark! My life is full of joy, purpose, and I live in the present moment with my Higher Power as my Guide. I am nurturing my relationships and am grateful for my supportive family, friends, and my MA fellows. Thank you for being there for me at just the right time."

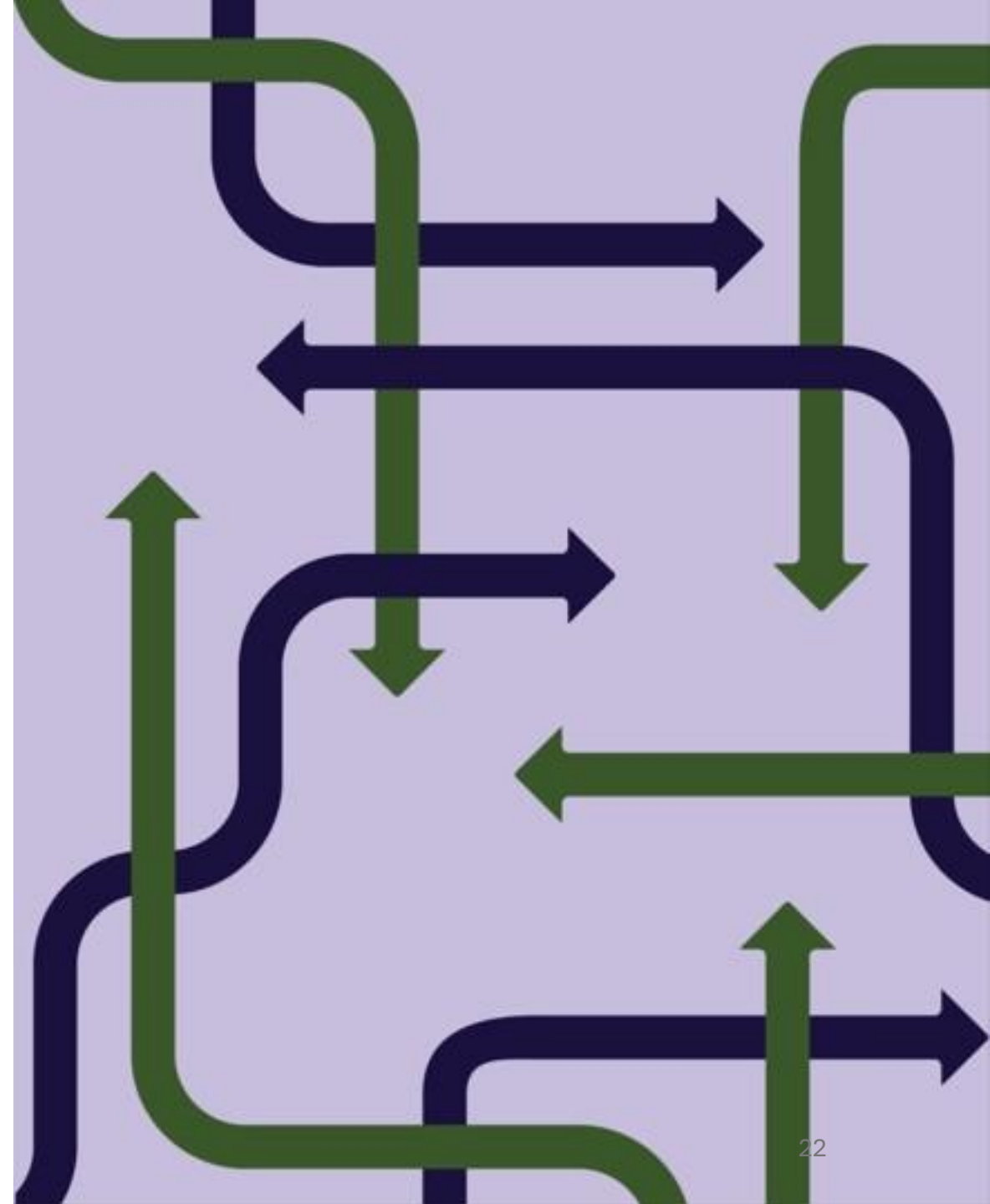


Testimony #3

"Thank you again for all your help finding these resources. I reached out to [Provider] and am attending my first support group virtually today at noon. It can be overwhelming, so I really appreciate your help and will let you know if I need anything else."

Testimony #4

"Thank you for your call yesterday afternoon. After we spoke, I received both a call and an email from the provider and it seems that you have steered everyone in the right direction...thank you for making my child a priority. It is appreciated so much."



Contact Information

CO LIFTS Division Director | Alyssa.Hetschel@state.co.us

BHASO Region 1

Rocky Mountain Health Plans

Public: <https://rmhp.org/programs/bhaso>

Phone: 855-830-1562

Email: bhaso.carecoordination@uhc.com

BHASO Regions 2, 3, & 4

Signal Behavioral Health Network

Public: <https://signalbhn.org>

Phone: 888-607-4462

Email: support@signalbhn.org

Children, Youth, and Families

Kelli Reidford, LCSW – Systems of Care Director

Colorado System of Care (CO-SOC) Updates

System of Care SAMHSA Grant

- In second year of 4 year grant cycle
- Funding Enhanced High Fidelity Wraparound Staff
- Completed Continuation Application

Implementation Plan

- Years-long plan
- Intentional roll out
- HCPF- lead with BHA collaboration

CO-SOC Services

- Enhanced High Fidelity Wraparound
- Enhanced Multi Systemic Therapy
- Enhanced Functional Family Therapy
- CO Intensive Home & Community Treatment

Workforce Capacity Center

- Statewide training in CO-SOC Services
- Fidelity monitoring
- Credentialing

Maternal, Infant, and Early Childhood Programs

Kallen Thornton

Child First[®]

Child First[®] (CF) is a national, evidence-based, two-generation home visiting model that helps to improve the parent/child relationship, mitigate the impact of trauma, and help families meet their social needs.



Population Served

- Children (0-5) w/ emotional, behavioral, learning or developmental problems who are at risk for abuse and neglect
- Caregivers of those children (often facing multiple challenges such as poverty, IPV, behavioral health conditions, etc.)



Essential elements & services

Maternal, Infant, & Early Childhood Programs

The family works in tandem with a mental health clinician and family support partner.

The mental health clinician delivers parent-child psychotherapy, an evidence-based intervention that supports a nurturing and responsive caregiver-child relationship.

The family support partner helps connect the family to needed supports and services.

Implementing agencies receive support from Invest in Kids (IIC), who monitors fidelity of the national Child First model.

Implementing Partner Organizations



Implementing Partner Organizations

- Paragon Behavioral Health Connections
- Solvista Health
- San Luis Valley Behavioral Health Group
- Savio House
- Program In Transition

1. San Juan | 2. Broomfield | 3. Denver | 4. Gilpin

IPO Contact Information

| Implementing Partner Org (IPO) | Counties Currently Served | IPO Phone Number & Address |
|---|---|--|
| Paragon Behavioral Health Connections | Bent, Crowley, Moffat, Otero, Pueblo, and Routt | Phone: (303) 691-6095 Address: 12567 W. Cedar Dr., Ste 250 Lakewood, CO 80229 |
| Solvista Health | Chaffee, Custer, Fremont, and Lake | Phone: (719) 275-2351 Address: 3225 Independence Rd. Canon City, CO 81212 |
| San Luis Valley Behavioral Health Group | Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache | Phone: (719) 589-3671 Address: 8745 County Rd 9S, Alamosa, CO 81101 |
| Savio House | Adams, Boulder, Broomfield, El Paso, and Jefferson | Phone: (720) 530-5805 Address: 325 King St., Denver, CO 80219 |

Special Connections

Specialized Substance Use Disorder Treatment for Perinatal Individuals
Alongside Their Children

Essential elements & services

Special Connections

Keep families together— infants and young children remain with their parent in treatment and childcare is provided/ coordinated.

Gender-specific substance use disorder treatment + addressing issues of trauma, relationships, parenting and health education.

Priority treatment access: Medicaid prior authorization determination within 24 hours; providers admit within 48 hours.

Wrap-around services including primary medical care (prenatal, postpartum, pediatric) for women and their children + transportation and case management.

Residential Special Connections Providers

The Women's Recovery Center at Health Solutions West
Grand Junction, CO

Special Connections at Crossroads' Turning Points
Pueblo, CO

Wings Intensive Addiction Program at North Range Behavioral Health
Greeley, CO

Aspen Miracle Center at Mile High Behavioral Health
Westminster, CO

Campaign Overview

Tough as a Mother is a statewide initiative of:

The Colorado Behavioral Health Administration, Signal, and Rocky Mountain Health Plans.



Website toughasamother.org



The screenshot shows the top navigation bar with the logo, a 988 Colorado Mental Health Line number, and a 'GET SUPPORT NOW' button. Below the navigation is a main banner with the text 'THIS IS HARD. BEING A MOM IS TOUGH—BUT SO ARE YOU.' and a sub-header 'If you are using alcohol, marijuana and/or other drugs to cope with stress or trauma, you are not alone. Support is available so you can be the strongest mom possible.' A 'FIND SUPPORT NEAR YOU' button is located at the bottom of the banner. Below the banner are three featured sections: 'TOUCHER TOGETHER' with a group photo, 'WHAT TO EXPECT' with a pregnant woman, and 'MOMS LIKE YOU' with a family photo.

The screenshot shows the 'Find Help Near You' page. It features a search bar for 'SEARCH BY CITY:' with 'Boulder' entered. Below the search bar is a grid of Colorado counties for 'SEARCH BY COUNTY:'. To the right of the grid is a 'SPECIAL CONNECTIONS PROVIDERS' section with a dropdown menu. At the bottom of the page, there is a 'SERVICES PROVIDED' section with icons for various services and a 'YOUR BHASO' section with the Signal logo and contact information.

Social Media campaign



"Successful mothers are not the ones who have never struggled. They are the ones that never give up despite the struggles."

-Sharon Jaynes



Can we please stop blasting the message that alcohol is a woman's only crutch to get through the stresses of motherhood?



You can't go back and change the beginning, but you can start where you are and change the ending.



Online Support Group

Tougher Together



A weekly online support group for moms on a recovery journey, led by recovery coaches who are also moms in recovery. Join us to meet other moms like you, share your triumphs and challenges in both motherhood and recovery.

COURAGE
IS ASKING FOR SUPPORT

Tougher Together

A COMMUNITY OF RECOVERING MOMS LED BY RECOVERING MOMS

POWERED BY TOUGH AS A MOTHER AND HARDBEAUTY

JOIN OUR WEEKLY ONLINE SUPPORT GROUP

Introducing **Tougher Together** — a weekly online support group for moms on a recovery journey, led by recovery coaches who are also moms in recovery. Join us to meet other moms like you, share your triumphs and challenges in both motherhood and recovery. Come weekly, or drop in as needed — we are here for you because you are one tough mother.

Join Us!



Weekly on **MONDAYS**



MEET THE FOUNDER
Racquel

“After my best-friend Shana died of an overdose in my arms, I gave up and life spiraled even more out of control. Recovery has given me the opportunity to create the life of my dreams, and become the woman, mother, wife, daughter, sister, friend and community leader I always wanted to be. Recovery has made the impossible totally possible. Don’t stop, keep going.”

-Racquel

Meet **Racquel**, founder of **HardBeauty** and one of the many coaches for the **Tougher Together** weekly online support group. Anyone who has ever met Racquel will tell you that her enthusiasm and passion is contagious.

Storyvine

[Website](#)



Stella
Centennial
"I value myself in a way that I would have never dreamed about."



Glory
Peyton
"My journey led me to having peace, family stability and security."



Shannon
Denver
"My kids became my biggest fans. They saw me wanting to live."



Alicia
Grand Junction
"The biggest change in my life is the fulfillment I get out of life today"

RECOVERING OUT LOUD

BREAKING THE SILENCE OF ADDICTION.



Brandy
Aurora
"[Treatment] helped make me strong and gave me hope... and strength."



Dominique
Colorado Springs
"People can and do recover. They recover every day."



Lawren
Greenwood Village
"Life has become so much more of a gift."



Summer
Denver
"I was able to start to accept help from other people."

**WHEN WE RECOVER LOUDLY,
WE KEEP OTHER MOTHERS FROM
STRUGGLING IN SILENCE.**

HELP US BREAK THE SILENCE OF ADDICTION.



[Youtube Channel](#)



Lena
Lakewood
"There is a way out. There is help out there. Knowing you are not alone is comforting."



Jessica
Green Mountain
"The biggest change in my life is everything. But most importantly self-love."



Caralia
Aurora
"I am living the life I never thought was possible."



Sara
Castle Pines
"I'm free. With that freedom comes so much more. Everything is so much easier."

RECOVERING OUT LOUD

"PEOPLE CAN AND DO RECOVER. THEY RECOVER EVERY DAY."

Dominique | Colorado Springs

YOU LOOK
..... LIKE ONE
**TOUGH
MOTHER**



If you're juggling parenting and fighting an addiction, you are stronger than you think. Call or text to get the support you need now.



COLORADO
CRISIS SERVICES | 844-493-TALK (8255)
OR TEXT TALK TO 38255

Tough as a Mother is a statewide initiative of: Signal Behavioral Health Network, AspenPointe, Mental Health Partners and West Slope Casa

TOUGH
as a
MOTHER
STRONGER THAN ADDICTION
ToughasaMother.org



COLORADO
Office of Behavioral Health
Department of Human Services



I am proud of my mom for becoming a recovery
coach.

Something I love to do with my mom is go to the
lake.

Something important my mom has taught me is to
never start fights and stranger
danger.

My mom is
ONE TOUGH MOTHER.

TOUGH
as my
MOTHER
STRONGER THAN ADDICTION
ToughasaMother.org

Recovery Coach Doula (RCD)

Recovery Coach Doula trains people with lived experience to be recovery coaches and doulas.

The dual training is a unique approach and ensures that a birthing person's substance use/ recovery journey as well as the birthing experience/ postpartum period are simultaneously addressed and supported.



Recovery Coach Doula (RCD)

Implementation

- Program run by the College of Nursing at CU Anschutz
- Currently supported in Larimer, Pueblo, Denver, Adams, Arapahoe, and Jefferson counties.
- Implementation blueprint will be ready for dissemination in the fall



Thank you! Feedback & Questions?

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