

Curriculum Vitae
Chelsea R. Van Zytveld, PT, DPT

EDUCATION:

May 2013 **University of Colorado** (Denver, CO) - Doctor of Physical Therapy

May 2010 **University of Colorado** (Colorado Springs, CO) - Bachelor of Science - Health Care Science

LICENSURE:

Physical Therapy License Colorado License # 12337

CERTIFICATIONS:

Dec 2019 **Certified Clinical Trauma Specialist**- International Association of Trauma Professionals

April 2014 **Vestibular Certificate of Competency** – South Valley Physical Therapy, Denver, CO

EMPLOYMENT:

June 2016-present **University of Colorado Physical Therapy Program** (Aurora, CO)
Adjoint Senior Instructor 2026-present
Associated Facility- Instructor 2016-2026

May 2014-present **South Valley Physical Therapy** (Denver, CO)
Physical Therapist specializing in outpatient vestibular, neurologic, facial
rehabilitation
Clinical Instructor Aug 2017- Dec 2017

March 2014-Oct 2014 **University of Colorado Health, Memorial Hospital** (Colorado Springs, CO)
PRN Inpatient Rehabilitation Unit Physical Therapist

PEER REVIEWED PUBLICATIONS:

Van Zytveld C.R.*, Gann E.*, Gallagher S., Zacharewicz K. Winkler, P. A sensory adaptation intervention program for individuals with Mal de Débarquement Syndrome: a case series. Manuscript pending review- March 2026. *These authors contributed equally to this work.

Struessel T, Van Zytveld C, Forster J, Gisbert R, Norton-Craft A. Knowledge and attitudes of physical therapy students across a longitudinal healthcare systems-focused patient safety curriculum. *Journal of Allied Health*. Summer 2020.

Struessel T, Forster J, Van Zytveld C. Doctor of Physical Therapy Student Experiences with Patient Safety during Clinical Education. *Journal of Physical Therapy Education*. 2019;33(1):3-15.

Struessel T.S., Rodriguez J.W., Van Zytveld C.R. Advocating for a Systems Approach to Enhance Patient Safety in Physical Therapy Practice. *Physical Therapy Journal of Policy, Administration, and Leadership*. 2017;17(1):J22-J31.

Van Zytveld C.R., Rodriguez J.W., Struessel T.S. Lessons Learned from a Major Near Miss: A Case Report Including Recommendations to Improve Future Patient Safety in Rehabilitation. *The Internet Journal of Allied Health Sciences and Practice*. 2016 Jul 02;14(3), Article 5.

BOOK CHAPTERS:

Van Zytveld C. Vestibular Disorders. In Lazaro, R, Goodman C, Fuller K, eds. *Pathology: Implications for the Physical Therapist*. 6 ed. St. Louis, MO: Saunders Elsevier; in press.

Van Zytveld C. Vestibular Dysfunction. In Lazaro R, Reina-Guerra S, Quiben M, eds. *Umphred's Neurological Rehabilitation*. 8 ed. St. Louis, MO: Saunders Elsevier; 2026.

Fuller K, Van Zytveld C. Vestibular Disorders. In Goodman C, Fuller K, eds. *Pathology: Implications for the Physical Therapist*. 5 ed. St. Louis, MO: Saunders Elsevier; 2020.

PEER REVIEWED AND PROFESSIONAL PRESENTATIONS:

Gallagher S, Gann E, Van Zytveld C. Presenting Rocking Rehab: Sensory Adaptation Interventions for Mal de Débarquement Syndrome and Related Neurologic Conditions. Combined Sections Meeting of the American Physical Therapy Association, Anaheim, CA. February 13, 2026

Van Zytveld C, Gallagher S. Management of Patients with Dizziness. HCA Medical Center of Aurora. September 13, 2025.

Van Zytveld C, Fix L. Management of Patients with Dizziness for the Acute Care Therapist. St. Anthony's Hospital. February 12, 2024.

Van Zytveld C, Gallagher S. Management of Patients with Dizziness. Good Samaritan Medical Center. April 16, 2022.

Van Zytveld C, Gallagher S. Persistent Postural Perceptual Dizziness: Evaluation & Treatment of the Chronic Dizzy Patient. ENT for the PA-C conference. March 18, 2022.

Van Zytveld C, Gallagher S. Too much of a good thing?: Understanding how visual dependency interferes with vestibular rehabilitation. Rocky Mountain Fall Conference, American Physical Therapy Association Colorado Chapter. September 26, 2020.

Struessel T, Van Zytveld C, Forster J, Gisbert R, Norton-Craft A. Knowledge and Attitudes of Physical Therapy Students across a Longitudinal Healthcare Systems-Focused Patient Safety Curriculum. Combined Sections Meeting of the American Physical Therapy Association, Denver, CO; February 13-15, 2020.

Struessel T, Van Zytveld C. DPT Student Perspectives on Patient Safety Risk during Clinical Education. Federation of State Boards of Physical Therapy Annual Meeting and Delegate Assembly, Oklahoma City, OK; October 26, 2019.

Struessel T, Van Zytveld C. Doctor of Physical Therapy Student Experiences during Clinical Education: Patient Safety, Error, and the System. Rocky Mountain Fall Conference, American Physical Therapy Association Colorado Chapter. October 11, 2019.

Struessel T, Van Zytveld C. Doctor of Physical Therapy Student Experiences during Clinical Education: Patient Safety, Error, and the System. UCHealth 20th Annual Rehabilitation Symposium. April 18, 2019.

Fuller, K. Van Zytveld, C. Management of Dizziness Throughout the Levels of Care. St. Joseph's Hospital. September 15, 2018.

Van Zytveld, C. Undetected Cranial Cerebrospinal Fluid Leak in a Young Woman Referred to Physical Therapy for Chronic Dizziness. International Conference for Vestibular Rehabilitation, Chicago, IL; August 17-19, 2018. (Awarded Honorable Mention for a Poster Presentation of a Case Study)

Struessel, T., Van Zytveld, C. Student experiences with error reporting during clinical education. Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA; February 21-24, 2018.

Burkhardt, S., Struessel, T., Van Zytveld, C. Cognitive, Neurologic, and Processing Challenges and Strategies after Hip Hemiarthroplasty of an Adult with Sturge-Weber Syndrome. Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA; February 21-24, 2018.

Struessel, T., Van Zytveld, C. Student experiences with error reporting during clinical education. Rocky Mountain Fall Conference, American Physical Therapy Association Colorado Chapter. October 6-8, 2017.

Van Zytveld, C.R., Struessel, T.S., Rodriguez, J.W. The Contribution of Latent Healthcare System Factors to the Delayed Diagnosis of Thrombotic Complications in a Young Male. Combined Sections Meeting of the American Physical Therapy Association, Anaheim, CA; February 17-20, 2016.

Kluge, M.A., Scully, M., Martinez, R., Van Zytveld, C. Staying upright at eighty: Results of a fall prevention intervention at the Palisades at Broadmoor Park Senior Residence. Mountain Lion Research Day, University of Colorado, Colorado Springs, CO; April 3, 2009.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

2023- present Facial Therapy Specialists International (FTSI)

2016-2022 Vestibular Disorders Association (VEDA)

2010- present American Physical Therapy Association (APTA)
Neurology Section- Vestibular Special Interest Group
Colorado Chapter APTA

HONORS AND AWARDS

- 2020 J. Warren Perry Award for the best reviewed original or commentary article published in Journal of Allied Health- "Knowledge and attitudes of physical therapy students across a longitudinal healthcare systems-focused patient safety curriculum."
- 2019 Top Read Article in 2019 in Journal of Physical Therapy Education- "Doctor of Physical Therapy Student Experiences with Patient Safety during Clinical Education."
- 2018 Honorable Mention for a Poster Presentation of a Case Study at the International Conference for Vestibular Rehabilitation
- 2010 University of Colorado Health Care Science Outstanding Academic Student Award

CONTINUING EDUCATION/CONFERENCES ATTENDED

American Physical Therapy Association Combined Sections Meeting, Denver, CO. February 12-14, 2026.

From Tilt to Treatment: Managing Dysautonomia across Neurological Diagnoses. 8 hours. February 11, 2026.

Harness the Power of Breathing: Combine Breathwork with Movement to Improve Functional Outcomes. M Lindsey, Presenter. 6 hours virtual course. Completed April 17, 2025.

Understanding Upper Motor Neuron Facial Palsy: A Comprehensive Approach. B Kimber, S. Lawford, Presenters. 2.5 hours virtual course. December 1, 2024.

A Multidisciplinary Approach to the Assessment and Management of Facial Paralysis. Facial Therapy Specialists International online course. 9 hours. Completed June 20, 2024.

Retraining Normal Movement Patterns & Strategies for Delinking Synkinesis. S. Rankin, J. Diels, presenters. 2.5 hours virtual course. January 28, 2024.

Your Story Matters by Sounds True and the Conscious Marketer. R. Taubinger, K. Slavik. 16 hours virtual course. November-December 2023.

Beyond Resiliency Community Member Live Workshop. R. Gisbert, R. Ostertag, Presenters. 18 hours February- July 2023.

Cervical Spine Review for Neurologic Specialists. Heather Campbell, presenter. South Valley Physical Therapy. March 10, 2023.

Beyond Resiliency- Wounded Healer. R. Gisbert, R. Ostertag, Presenters. 33 hours. January- November 2022.

International Conference on Vestibular Rehabilitation, Minneapolis, MN. October 16-17, 2022.

6-Month Resilient PT Warrior. R. Gisbert, R Ostertag, Presenters. 24 hours, March-August 2021.

Foundations of Spiritual Healing. Dr. Jaffe MD Institute. 8 hours virtual course. June 2-18, 2020.

American Physical Therapy Association Combined Sections Meeting, Denver, CO. February 13-15, 2020.

Bodywork and Somatic Education: PTSD and Concussions. D. Berger, Presenter. Bozeman, MT. January 24-26, 2020.

Certified Clinical Trauma Professional (CCTP) Intensive Training Course. E. Gentry and R. Rhoton. 2-day virtual course. 2019.

Trauma-Informed Care in Theory and Practice of Physical Therapy. M. Kurek and D. Haley-Rezac, Presenters. Rocky Mountain Fall Conference, American Physical Therapy Association Colorado Chapter. October 11-12, 2019.

A World of Hurt: A Guide to Classifying Pain Overview Course. A. O'Connor and M. Watson, Presenters. September 28-29, 2019.

International Conference for Vestibular Rehabilitation, Chicago, IL. August 17-19, 2018.

The Resilient PT Project: A Supervision Group for Physical Therapists. R. Ostertag and B. Fisher, Presenters. February 7, 2018- May 2, 2018.

EDS and Associated Conditions: Improving Diagnosis and Treatment for All Ages. Children's Hospital Colorado. March 2, 2018.

American Physical Therapy Association Combined Sections Meeting, New Orleans, LA. February 2018.

Head Strong: Differential Diagnosis and Management of Concussion Recovery. N. Miranda and H. Campbell, Presenters. Regis University. November 12, 2017.

Central Sensitization. E. Belding, D. Haley-Rezac, J. Miller, A. Souvignier, Presenters. Rezac and Associates, Colorado Springs. November 4, 2017.

IV Step Conference Highlights: Considering the 4 Ps From a Lifespan Approach. D. O'Dell, Presenter.
Rocky Mountain Fall Conference, APTA, Keystone, CO. October 6, 2017.

Anatomy Prosection Presentation. University of Colorado Physical Therapy Program. September 5, 2017.

Concussion Rehabilitation Conference. Rocky Mountain Hospital for Children. August 19, 2017.

Moving from Autonomic Nervous System Dysregulation to Regulation and Resiliency. J. Innis,
Presenter. South Valley Physical Therapy. November 4, 2016.

Manual Therapy Techniques for Cervical and Upper Thoracic Treatment. H. Campbell, Presenter. South
Valley Physical Therapy. July 29, 2016.

Management of Neck Pain. P. Mintken and A. Davis, Presenters. Regis University. March 14, 2015.

Vestibular Dysfunction and Advanced Concepts for Physical Therapy Assessment and Patient
Management. N. Miranda and H. Campbell, Presenters. South Valley Physical Therapy and Regis
University. October 4-5, 2014.

VOLUNTEER ROLES

University of Colorado at Colorado Springs Nursing and Health Sciences Scholarship Application Reviewer
2022, 2023

University of Colorado at Colorado Springs "Write a Mountain Lion" Welcome Letters, 2021-2023

CURRENT TEACHING RESPONSIBILITIES

Spring Semester

DPTR 5301: Medical Conditions I; Instructor
DPTR 6306: Medical Conditions III; Instructor.
DPTR 6633: Clinical Reasoning III; Instructor.

Summer Semester

DPTR 7651: Clinical Reasoning Capstone; Co-course coordinator.
DPTR 7641: Integrated Practice; Guest Lecturer.

Fall Semester

DPTR 6502: Neuromuscular Conditions II; Instructor.
DPTR 6302: Medical Conditions II; Instructor.