

Megan Mitchell, PT, DPT, MPH

University of Colorado – Anschutz Campus & Colorado Springs Campus

Physical Therapy Program – Residential & Hybrid

Phone: 208-339-1978

Email: megan.mitchell@cuanschutz.edu

Education:

University of Colorado Anschutz	Doctorate of Physical Therapy	2007 - 2010
University of South Florida	Master's Public Health	2021 - 2024
Idaho State University	Bachelors of Science	2001 - 2006

Licensure Information:

Colorado #PTL.10912

Certifications:

Red Cross First Aid/AED/CPR Instructor	2019 -
American Red Cross First Responder	2019 - 2023
State of Colorado EMT – B	2021 - 2023
Certified Public Health	2024 - current
CBRNE and HERT Instructor	2020 - current
Emergency Medical Responder Instructor	2019 - current
Emergency Management Institute ICS (100, 200, 300, 400, 700, 800d, 394,120c, 703b, O305, AWR 160, Division/Group Supervisor)	

Employment and Positions Held:

2025 -	Staff Physical Therapist
	Swedish Medical Center
	Denver, CO
2024 – 2025	Staff Physical Therapist

- St. Joseph's Hospital, Lutheran Hospital – Intermountain Health
Denver Metro
- 2024 – Emergency Responder and Lead (in Training)
Humanity & Inclusion – Emergency Response Team
Global Deployment(s)
- 2024 – 2024 Senior Rehabilitation Technical Specialist
Humanity & Inclusion
Palestine
- 2024 – 2024 Consultant VII: Physical Therapy and Rehabilitation Advisor
International Medical Corps
Ukraine
- 2023 – Emergency Operations Specialist, Incident Management Team
Assistant Secretary for Preparedness
National Deployment(s)
- 2023 – 2023 Rehabilitation Technical Officer
Humanity & Inclusion
Ukraine
- 2019 – Instructor – Emergency Response for the Athlete
Cogent Steps, LLC
- 2015 – Associated Faculty
University of Colorado Anschutz Campus
Aurora, CO
- 2010 – 2024 Staff Physical Therapist
Denver Health Medical Center
Denver, CO

Scholarly Agenda

The goal of my scholarship is to advance physical therapist education, clinical practice, and advocacy in emergency care spaces including disaster response with an emphasis on integration of the PT profession within the federal system.

Peer Reviewed Publications:

Mitchell, Megan. "Utilization of physiotherapy in prehospital care during emergency and disaster: improving care and increasing capacity." *Prehospital and Disaster Medicine* 38.S1 (2023): s36-s36.

Burger, J., Gosney, J., **Mitchell, M.** The Role of Therapists in Emergency and Disaster Management. *American Physical Therapy Association*. (September 2025).
<http://www.apta.org/contentassets/fda282ffca6e46bfb4c7f1919c58254/role-of-the-pt-and-pta-in-disaster-management.pdf>

Membership in Professional Organizations:

American Physical Therapy Association	2009-2012, 2015 –
Acute Care Section	2016 – 2024
Health Policy and Administration/ALI	2018 –
Sports Section	2019 – 2024
Neurology Section	2015 - 2018
Colorado Physical Therapy Association	2009-2012, 2015 –
World Association for Disaster and Emergency Medicine	2022 -
International Institute of Race Medicine	2019 – 2022
North Central Region Healthcare Coalition	2019 -

Services to Organizations:

APTA Colorado chapter professional development committee including setup of state conferences in person and online	2018 - 2022
World Health Organization EMT Rehab Community of Practice	2023 -
University of Colorado PT Program Emergency Operations Plan	
University of Colorado PT Program COOP development	
Denver Health Medical Center Lead Hospital Emergency Response Team	2019 - 2024

Continuing Education Presentations:

Disaster Ethics – Emergency PT Practice Meeting	2020
APTA Acute Care Webinar, Role of PT in the ED During COVID-19 Pandemic	2020
Hazard Risk Awareness in Hospital Disaster Operations – Colorado APTA Conference	2021
There’s No Such Thing as a Therapy Emergency, but There Should Be Therapy in Emergencies – CSM	2022

Celebrating the Generalist Practitioner – New Jersey APTA State Conference	2022
Physical Therapy Engaging in the Disaster Continuum - CSM Catalyst Talks	2022
Utilization of Physical Therapy in MCI; increased capability and capacity – World Association for Disaster and Emergency Medicine, Killarney, Ireland	2023
Rehabilitation in Disasters Panel Discussion – World Physiotherapy	2023
Blast Injury and Rehabilitation – Ukraine National Physical Therapy Association	2023
Rehabilitation Inclusive Disaster Risk Reduction – Palestine	2024
Disability Inclusive Disaster Practices – Nevada State APTA State Conference	2024
Increased Value of Embedded PT Within the Emergency Department – World Association for Disaster and Emergency Medicine, Tokyo, Japan	2025

Continuing Education Attended:

APTA CSM	2020
<ul style="list-style-type: none"> • Rehabilitation of the Climbing Athlete and Circus Performer • Travel needs of the Adapted Athlete • Becoming a Grader/Classifier • The Non-Clinical PT • Listen to Your Heart, and Let Your Lungs Breathe • Physical Activity: The Common Denominator in Treating Delirium, Depression and Dementia • The Future is Now in TeleHealth 	
LAMP Management Essentials for Leadership	2021
APTA CSM	2022
<ul style="list-style-type: none"> • Clearing the Fog: Navigating Cognitive Decline After Treatment for COVID-19 • Exploring Acute Care Residency Outcomes: Value to Residents and Institutions • Beyond the Bottle: Alcohol and Acute Mobility Considerations • Addressing the Pelvic Floor during Pregnancy • Global Health Catalyst Talks: Leaders and Innovators on the Front Line 	
Stop the Bleed for Kids – A Pediatric Approach to the National Education Initiative	2023
World Physiotherapy Conference – Dubai, UAE	2023
<ul style="list-style-type: none"> • Running Kinematics with and without Orthotics in LMIC • Proliferation of AI in Academic PT Education Around the Globe • Telehealth Benefits and Challenges in Post Covid Environment Global Implementation Challenges • Panel Discussion: Rehabilitation in Disasters 	

<ul style="list-style-type: none"> • WHO EMT Initiative: Current Rehabilitation Practices • Panel Discussion: Rehabilitation Education in LMIC • Population Health in Conflict Settings • Adapted Sports in LMIC 	2023
World Association for Disaster and Emergency Medicine Conference	2023
<ul style="list-style-type: none"> • Care Under Fire – Conflict and Hybrid Medicine • Health Systems and Hospital Overcrowding • WHO EMT Initiative • Counter Terrorism Medicine Panel • Primary Care and Population Health • Infectious Diseases 	
Ukraine Physical Therapy Association War Trauma Conference	2023
<ul style="list-style-type: none"> • A Generation of Reconstruction: Outlines of the Security System • Physical Therapy Education Panel Discussion • Rehabilitation of Amputees • Impact of Physiopedia on the development of physical therapy in Ukraine • Strengthening the Physical Therapy Programs • Creating a safe environment for the development of infants and children • Blast Injury and Rehabilitation • A day in the life of a physical therapist in the burn unit 	
Pediatric Injury Prevention	2024
NDMS Training Summit	2024
ICS 400 Advanced Incident Command System for Command and General Staff – Complex Incidents – Colorado Department of Homeland Security and Emergency Management	2024
IS 102c: Preparing for Federal Disaster Operations: FEMA Response Partners	2024
IS 242c: Effective Communications	2024
IS 293: Mission Assignment Overview	2024
USFA Type 3 Incident Management Team Training – National Fire Academy	2024
IS 230e: Fundamentals of Emergency Management	2024
USOPC Paralympic Sports Medicine Conference	2025
ADAPT Physiotherapists for Global Health: Rehabilitation in Conflict	2025
Bridging the Gap Between the FBI and Disaster Preparedness and Response Community: What is Your Plan?	2025
Musculoskeletal Practice in the Emergency Department	2025

Fusing Primary Care and Mass Gathering Medicine: Hands-On Workshop in Multidisciplinary Practice	2025
NIMS ICS All-Hazards Division/Group Supervisor	2025
Top of Scope Summit	2025
23 rd Congress on Disaster and Emergency Medicine	2025
<ul style="list-style-type: none"> • Fusing Primary Care and Mass Gathering Medicine • Access to Care in Post-Conflict Settings: A Mixed Methods Study Exploring Access to Care Trends, Barriers and Changes after the Taliban Takeover in Afghanistan • Disaster Readiness – Improving Education, Training and Simulation • Humanitarian Action and Population Health • Wave Dynamics in Mass Gathering Events • Impact of Weather Events on Preparedness and Response 	
American Physical Therapy Association CSM	2026
<ul style="list-style-type: none"> • Managing the Unmanageable, the a-Holes of the Emergency Department • Hands on in the Hospital – Manual Therapy in Acute Care • Blast Overpressure: Using the Best Evidence to Care for Our Service Members • Raising the Bar in PT Education – From Classroom to Courtroom • From GBS to CIDP: The ABCs of Demyelinating Neuropathies • Keep Sending It! A Performance-Based Approach to Treating Adventure and Backcountry Athletes • Case Studies from the Edge: Physical Therapists in Wilderness Search and Rescue 	
<u>Community Volunteer Support:</u>	
Team Rubicon	2019 –
<ul style="list-style-type: none"> • Responder • Field Operations Coordinator Covid Ops • Strike Team Lead and Div Supervisor Covid Ops • Geographic Area Wellness Lead WY-CO • Wildfire Mitigation and Recovery CO • Marshall Fire EOC Support – Colorado 	2019 – 2020 – 2021 2021 – 2022 2021 – 2023 2021 – 2022
Health Volunteers Overseas Physiotherapy Project Director: St Lucia	2020 - 2021
Angel City Sports Adapted Sport	2020 – 2022
Medical Volunteer Colfax Marathon	2022, 2025
Medical Operations Marine Corps Marathon Full	2022 – 2024
Medical Operations Marine Corps Marathon Half	2023 – 2024
Department of Defense Wounded Warrior Games – Medical & Operations	2025

Current Teaching Responsibilities in the Residential Entry-level Physical Therapy Program:

Summer Semester:

- 2015 - 5211 Foundations of Intervention Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.
- 2023 - 7171 Public Health/PT dual program guest Lecturer regarding the role of physical therapy in disasters within the global scene and ongoing development for the utilization and including of PT within domestic disaster response.

Fall Semester:

- 2015 - 5202 Examination and Evaluation II Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.
- 2015 - 5212 Foundations of Intervention II Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.
- 2016 - 6302 Medical Conditions II Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.
- 2017 - MSK IV with Lab Assistant for Continuum of Care Lab to ensure facilitation of acute care competencies.

Center for Advancement in Professional Education (CAPE)

- 2025 - Simulation center medical conditions course coordination, development of simulated patient case and actor training. Student coaching for professional development and competency with clinical practice.

Spring Semester:

- 2016 - 5301 Medical Conditions I Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.

2017 - 6303 Medical Conditions III Lab Instructor. Facilitation of application of didactic content with performance of skills in clinical context. Completion of end-of-semester competency assessment.

Current Teaching Responsibilities in the Hybrid Entry-level Physical Therapy Program:

Spring

2025 - 5301 Medical Conditions I Course Co-Coordinator and Lab Instructor. Support and co-teaching didactic lecture material. Development and instruction of lab instruction and skill performance.

Fall

2025 - 6302 Medical Conditions II Course Co-Coordinator and Lab Instructor. Support and co-teaching didactic lecture material. Development and instruction of lab instruction and skill performance.

2025 - Musculoskeletal Conditions IV Lab Assistant for Continuum of Care Lab to ensure facilitation of acute care competencies.

2025 - NPTE Preparation content review for current PT students including practice questions integrated into course material. Additional programming development in-progress.

Simulation Center PULSE

2025 - Course Co-Coordinator and staff liaison with simulation center staff to manage scheduling, student scheduling and to address accommodations. Simulation patient training for performance consistency. Professional simulation course facilitation and student coaching. Coaching schedule development with variable schedules between student academic needs and staff availability.

Summer

2026 - **Elective** Course Coordinator, Instructor and Lab Instructor for Introduction to Disaster Medicine. Course in development.