

EDUCATION

University of Colorado – Anschutz Medical Campus
Doctor of Physical Therapy

June 2018-December 2020
Aurora, CO
Class Secretary

University of Washington
Bachelor of Science in Biology

September 2012-June 2016
Seattle, WA

RELEVANT PHYSICAL THERAPY EXPERIENCE

Level III Physical Therapist at UCH - Anschutz Campus

January 2021 - Current

- ICU trained therapist providing therapeutic intervention and evaluation to various inpatient populations
 - Emphasis on patients in the Transplant, Cardiology medicine, Cardiac ICU, and Cardiothoracic ICU
 - Primary diagnoses including: LVAD, OHT, B/S OLT, MCS Devices including Impella, IABP, ECMO cardiogenic shock, cardiac arrest, and rhythm abnormalities
- Coordinating PT for Outpatient Heart and Lung Transplant Evaluations
- Member of Values Based Rehab Anschutz Group
- Collaborator in the creation of the IMPACT Tool - a new tool created to identify therapy impact for the acute hospitalized patient
- Clinical Instructor for DPT Students

PT Student Coordinator of Clinical Education - Anschutz Campus

- Collaborates with co-coordinator for PT Student Placements at UCH - Anschutz
- Liaison between school and students for alignment of placement needs or requirements
- Guides PT student orientation to the hospital
- Performs interviews for CE III and IV placements
- Acts as resource for clinical instructors looking to optimize or facilitate strong clinical experiences

Associate Faculty - University of Colorado Doctor of Physical Therapy Program

January 2022 - Current

- Lab instructor for Medical Conditions track, Exam & Eval, and Foundations of Interventions
- Student coaching following CAPE encounters

Professional Presentations

- Keefer R, Trutmann S, Barnes A. Implementing the Lung Transplant Frailty Scale in Pre-Transplant Evaluations: A Quality Improvement Initiative. CO APTA Conference. Golden, CO. October 2025. (Poster)

LICENSURES AND CERTIFICATIONS

- ACLS
- BLS for Health Professionals
- Board Certified Specialist in Cardiovascular and Pulmonary Physical Therapy (2023)