

Bryce Zaffarano, PT, DPT, OCS, FAAOMPT

Education

2024	Bellin College, Fellowship in Orthopedic Manual Physical Therapy
2016	University of Colorado, Anschutz Medical Campus, Doctor of Physical Therapy
2014	University of California, San Diego, Bachelor of Science, Biology

Licensure and Certification

2021	American Board of Physical Therapy Specialty; Orthopedic Clinical Specialist
2020	KinetaCore Functional Dry Needling, Level 2
2018	KinetaCore Functional Dry Needling, Level 1
2016	Colorado Physical Therapy License #0014488, NPI #1669009148
2014	American Heart Association Basic Life Support

Academic Positions

2025- Present	Senior Clinical Instructor University of Colorado, Anschutz Medical Campus, Physical Medicine and Rehabilitation Department Doctor of Physical Therapy, Residential Pathway University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences, Doctor of Physical Therapy, Hybrid Pathway
2024-Present	Adjunct Faculty University of Hawai'i Pacific, Graduate College of Health Sciences Doctor of Physical Therapy, Hybrid Pathway
2017- 2025	Associated Faculty University of Colorado, Anschutz Medical Campus, Physical Medicine and Rehabilitation Department Doctor of Physical Therapy, Residential Pathway

Clinical and Professional Positions

2024- Present	Orthopedic Clinical Specialist (OCS) Residency Clinical Faculty University of Colorado, Sports Medicine and Performance Center, University of Colorado Boulder
2023- Present	Orthopedic Clinical Specialist (OCS) Residency Clinical Faculty University of Colorado Health, Colorado Center, University of Colorado Anschutz Medical Campus
2018 - Present	Level III Physical Therapist University of Colorado Health, Colorado Center
2018 - Present	Founder and Owner P.I.N.E. Physical Therapy, L.L.C.
2018- 2023	Clinical Instructor University of Colorado Health, Colorado Center
2017 – 2018	Staff Physical Therapist University of Colorado Hospital, Anschutz Outpatient Pavilion

2016 – 2017

Post-Doctoral Internship
University of Colorado Health
Anschutz Outpatient Pavilion, Central Park A.F. Williams, and Colorado Center

Current Teaching Responsibilities

Coordinator, Musculoskeletal Conditions III

University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences
Doctor of Physical Therapy- Hybrid Pathway

Co-Coordinator, Musculoskeletal Conditions I & II

University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences
Doctor of Physical Therapy- Hybrid Pathway

Co-Coordinator, Advanced Orthopedics Management

University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences
Doctor of Physical Therapy- Hybrid Pathway

Facilitator, Interprofessional Healthcare Ethics and Health Equity

University of Colorado, Anschutz Medical Campus, Physical Medicine and Rehabilitation Department
Doctor of Physical Therapy, Residential Pathway

Facilitator, Interprofessional Collaborative Practice

University of Colorado, Anschutz Medical Campus, Physical Medicine and Rehabilitation Department
Doctor of Physical Therapy, Residential Pathway

Facilitator, Practical Understanding of Learning in Simulated Environments

University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences
Doctor of Physical Therapy- Hybrid Pathway

Adjunct Faculty, Musculoskeletal Conditions I-IV

University of Hawai'i Pacific, Graduate College of Health Sciences
Doctor of Physical Therapy, Hybrid Pathway

Adjunct Faculty, Advanced Therapeutic Interventions II

University of Hawai'i Pacific, Graduate College of Health Sciences
Doctor of Physical Therapy, Hybrid Pathway

Academic Service Record

2024- Present University of Colorado, Anschutz Medical Campus, Physical Medicine and Rehabilitation Department

Chair; Outside Courses Committee

Liaison; University of Colorado Health

Member; Laboratory Space Committee

Member; Adjunct Faculty Committee

2023- Present Journal of Orthopedic and Sports Physical Therapy: Cases Manuscript Reviewer

Interdisciplinary Educational Service

University of Colorado, Anschutz School of Medicine

2025- Present

Guest Lecturer; University of Colorado Anschutz Rheumatology Fellowship

2024-Present

Guest Lecturer; University of Colorado Anschutz Child Health Associate/Physician Assistant Program

Guest Lecturer; University of Colorado Anschutz Orthopedic Surgery Fellowship

Preceptor; University of Colorado Anschutz Family Medicine Residency

Preceptor; University of Colorado Anschutz Physical Medicine and Rehabilitation Residency

Past Teaching Responsibilities

2017- 2024 Associate Faculty University of Colorado, Anschutz Medical Campus, Doctor of Physical Therapy Program
Musculoskeletal Conditions, I-IV
Advanced Manual Therapy
Neurologic Conditions, I-II
Examination and Evaluation, I-II
Foundations of Intervention, I-II
Center for Advancing Professional Education, I-II

Research Interests

Dr. Zaffarano is interested in deepening the integration of metacognitive principles into entry-level and post-professional learning environments that challenge biases and heuristics prevalent in clinical care. Clinically, he is invested in implementation research focusing on electronic health records and practice patterns. Additionally, he is passionate about exploring the effects of acute and chronic exercise-related prescription on allostatic load, resiliency, and existing endurance training paradigms.

Published Abstracts of Peer Reviewed Presentations

Bryce Zaffarano, Leah Calderon, Amy McDevitt. "SNAPPS Judgements: Enhancing Clinical Reasoning in Orthopedic Residency Training Through a Curricular Innovation." 2025 APTA Colorado Chapter Annual Conference. October 3rd, 2025.

Amy Wallace McDevitt, Bryce Zaffarano, Anthony Kinney. "Enhancing Clinical Reasoning: Adapting the Systematic Clinical Reasoning in Physical Therapy (SCRIPT) Tool for Entry- Level Physical Therapist Learners" 2024 AAOMPT Annual Conference, October 25, 2024

Amy Wallace McDevitt, Bryce Zaffarano, Anthony Kinney. "Enhancing Clinical Reasoning: Adapting the Systematic Clinical Reasoning in Physical Therapy (SCRIPT) Tool for Entry-Level Physical Therapist Learners" Academy of Medical Educators Annual Education & Innovation Symposium, May 1-2, 2024.

Sean Hagey, PT, DPT, GCS, Bryce Zaffarano, PT, DPT, Mark M. Mañago, PT, DPT, PhD, NCS. "CSM After Dark; Diversity, Equality, Inclusivity." APTA Combined Sections Meeting 2020. February 13th, 2020.

Bryce Zaffarano, PT, DPT, Mark M. Mañago, PT, DPT, PhD, NCS. "Trigger point dry needling in a person with multiple sclerosis and functional mobility impairments: a case report." 9th International Symposium on Gait and Balance in Multiple Sclerosis, October 2019. NCBI

Non-Peer Reviewed Abstracts

Maria Borg, PT, CSCS, Sportsmetrics™, Bryce Zaffarano, PT, DPT. "ACL Injury Reduction Workshop, Sports Medicine Essentials: An Interactive Course". Southeast ACSM Conference 2020. February 15th, 2020.

Peer-Reviewed Presentations

UC Health Metro Speaker Series; Allostasis; Definition, Measurement, and Intervention	2025
Generative Intelligence as a Decision-Making Aid for Complex Spine Presentations	2025
Combined Sections Meeting: CSM After Dark	2020
ACSM ACL Injury Reduction Workshop	2020

Non Peer-Reviewed Presentations

Pain Management, Exercise, and Rehabilitation Considerations for the Rheumatology Fellow	2025
Exercise Decision-Making Framework for Lower Quarter Rehabilitation	2025
Exercise Dosing and Ehler Danlos' Syndrome	2025
Learn Physio Manual Therapy Master Class: Spine Intervention	2025
Pain Phenotyping for the Physical Therapist	2024
An Update to Exercise Adaptation Pathways mTOR & AMP-K	2024
Patient Centered Hypotheses; Spine Special Interest Group	2024
Exercise Selection for the DPT Student; A Framework for MSK Tract Courses and Beyond	2024
Lower Extremity Exercise; MSK I	2024
(ACL) Rehabilitation Considerations; An Update for Orthopedic Surgeons, Sports Medicine Fellows, and Practicing Clinicians	2023
CU School of Medicine; Anatomical and Biomechanical Considerations for Rehabilitation	2023
CO Student SIG AAOMPT; Cervicothoracic Case Series	2023
EXPOSS Spinal Source of Extremity Pain, Spine Special Interest Group	2023
How to Promote Wellness in 30,000+ Employees	2022
Direct Access for Physical Therapists in Colorado	2022
CU School of Medicine; Anatomy and Biomechanical Considerations for Rehabilitation	2022
EPIC Documentation Update; EPIC Sprint Takeaways	2021
(ACL) Rehabilitation Considerations; An Update for Orthopedic Surgeons, Sports Medicine Fellows, and Practicing Clinicians	2021
Telehealth Physical Therapy in a Pandemic	2020
Practice Patterns in Physical Therapy	2020
Dizziness: Diagnosis, Differentiation, and Decisions	2019
Psychology of Injury (Transition Performance Group)	2019
Isokinetic Testing and Its Relation to Return to Sport	2019
Comprehensive Objective Criteria for Phasic Return to Sport Following ACL Reconstruction: A Case Series	2019

Continuing Education

- 2026 How Can Gamification Transform the Flipped Classroom?
- 2026 HPU Faculty Summit: A Wealth of Teaching Practice [Virtual Attendance]
- 2025 American Academy of Orthopedic Manual Physical Therapists (AAOMPT) Annual Conference, Reno, NV
- 2025 Colorado Chapter; American Physical Therapist Association (APTA) Annual Conference, Golden, CO
- 2025 Canvas Learning Series: Building Blocks for an Organized and Effective Course [Virtual Attendance]
- 2025 Canvas Learning Series Backward Design Basics [Virtual Attendance]
- 2025 HPU OLAP Tech Talk: Developing Course Assessments and Activities Using AI Tools [Virtual Attendance]
- 2025 HPU OLAP Micro Tech Talk: Slide Deck Creation with AI Tools [Virtual Attendance]
- 2025 HPU OLAP Micro Tech Talk: Continuing the Conversation: More Than a Chat with a Chatbot [Virtual Attendance]
- 2025 HPU OLAP Tech Talk: Getting Started with ChatGPT and Similar Chatbots, [Virtual Attendance]
- 2025 Hawaii Pacific University Faculty Summit: AI Unplugged [Virtual Attendance]
- 2024 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2023 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2023 Combined Sections Meeting, American Physical Therapy Association, San Diego, CA
- 2022 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2022 Combined Sections Meeting, American Physical Therapy Association, San Antonio, TX
- 2021 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2021 Medbridge Orthopedic Clinical Specialist Preparation Course [Virtual Attendance]
- 2020 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2020 Survivorship Solutions: Advanced Oncology Rehabilitation [Virtual Attendance]
- 2019 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2018 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2018 Managing the Opioid Epidemic: Chronic Pain Management, University of Colorado, Physical Therapy Program, Aurora, CO
- 2018 Combined Sections Meeting, American Physical Therapy Association, New Orleans, LA
- 2017 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2017 Combined Sections Meeting, American Physical Therapy Association, San Antonio, TX
- 2017 Traumatic/Post-Operative Injuries, Lenny Macrina, Medbridge [Virtual Attendance]
- 2017 A Classification Approach to Managing Shoulder Pain and Dysfunction, Derek Clewley, Medbridge
- 2017 Basic Musculoskeletal Radiology and Imaging, Robert Boyles, Medbridge [Virtual Attendance]
- 2017 Evidence Based Examination and Treatment of the Lumbar and Cervical Spine, Chad Cook, Medbridge
- 2017 Current Concepts in Knee Rehabilitation, Terry Malone, Medbridge [Virtual Attendance]
- 2017 Returning the Injured Athlete to Sports: New Concepts in ACL Rehabilitation, Robert Donatelli, Medbridge
- 2017 Overview of Neurodegenerative Dementias: Diagnosis of Dementia, Kimiko Domoto-Reilly, Medbridge
- 2017 Manipulation Thrust Techniques: Cervical, Thoracic, and Lumbar Spine, Peter Gibbons and Philip Tehan, Medbridge
- 2017 Creating an Evidence Based Practice, Frank Underwood, Medbridge
- 2017 Teaching People About Pain, Adriaan Louw, Medbridge

- 2017 Thrust Joint Manipulation for the Cervical Spine: Benefits and Risks, Emilio “Louie” Puentedura, Medbridge
- 2017 CU On The Field Management of the Athlete, John Hill, Andrew McBride, Sourav Poddar, Armando Vidal, Richard Davidson, Scott Laker, Julie Wilson, Denver, CO
- 2016 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2015 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO

Professional Memberships

- 2021- Present American Academy of Orthopedic Manual Physical Therapy (AAOMPT)
- 2016 – Present American Physical Therapy Association (APTA)
- 2016 – Present APTA Colorado, Orthopedics, Research, and Education Chapters

Community Service

- 2016- Present Colorado Department of Regulatory Agencies (DORA) Telehealth Stakeholder
- 2015- Present Stout Street Health Clinic Student Physical Therapist
- 2015-2018 Runners Roost Running & Community Events
- 2015-2017 Pedaling for Parkinson’s Instructor
- 2014-2016 Dedicated to Aurora’s Wellness and Needs (DAWN) Member & Organizer