



Physical Therapy  
SCHOOL OF MEDICINE  
UNIVERSITY OF COLORADO  
ANSCHUTZ MEDICAL CAMPUS

Curriculum Vitae  
Stephanie C. Pascoe, PT, DPT, DSc  
February 2025

Stephanie C. Pascoe  
University of Colorado Anschutz Medical Campus | Colorado Springs Campus

**Education:**

Doctor of Science (DSc)  
Bellin College, Green Bay, WI 54311  
Physical Therapy  
August 2019 – December 2021

Doctor of Physical Therapy (DPT)  
Regis University, Denver, CO 80221  
Physical Therapy  
August 2005 – May 2008

Bachelor of Arts (BA)  
University of Colorado, Boulder, CO 80309  
Kinesiology  
August 2000 – May 2004

**Licensure Information:**

Physical Therapist in the State of Colorado  
Active number: 10392

Physical Therapist in the State of Wisconsin  
Inactive number: 11055-024

**Certifications:**

Fellow of the American Academy of Orthopedic Manual Physical Therapists, since December/2012  
Number: 7455

Board Certified Clinical Specialist in Orthopaedic Physical Therapy by the American Board of Physical Therapy  
Specialties (ABPTS), May 2009; recertified - 2019  
Number: 21775

Certified in Pelvic Health Physical Therapy Level 3  
APTA Level 3 Male, October 2024

Certified in Pelvic Health Physical Therapy Level 2  
APTA Level 2 Pelvic Pain, June 2024

Certified in Pelvic Health Physical Therapy Level 1  
APTA Level 1, November 2019

Certified in Functional Dry Needling  
Level 1, December 2014  
Level 2, August 2016

**Employment and Positions Held:**

Core Faculty  
Assistant Professor  
University of Colorado Anschutz Medical Campus | Colorado Springs Campus  
Aurora, CO  
May 2024 – present

Staff Physical Therapist  
Wardenburg Student Health Center  
Boulder, CO  
February 2010 – present

Adjunct Faculty  
Hawaii Pacific University  
Honolulu, HI  
November 2023 – April 2024

Lead Faculty  
Orthopaedic Management Courses (Cervical-Thoracic, Lumbo-Pelvic, Upper Extremity, Lower Extremity)  
Evidence in Motion  
San Antonio, TX  
January 2016 – April 2024

Course Director  
Effortless Spinal Manipulation and Advance Therapeutics  
Evidence in Motion  
San Antonio, TX  
July 2021 – May 2023

Faculty Experience Team Academic Advisor  
Evidence in Motion  
San Antonio, TX  
January 2022 – May 2023

Program Director  
Orthopaedic Residency Program  
Evidence in Motion  
San Antonio, TX  
November 2020 – May 2023

Program Director  
Manual Therapy Certification Program  
Evidence in Motion  
San Antonio, TX  
January 2019 – May 2023

Course Director  
Orthopaedic Virtual Rounds  
Evidence in Motion  
San Antonio, TX

May 2012 – May 2023

Program Director  
Orthopaedic Certification Program  
Evidence in Motion  
San Antonio, TX  
April 2020 – December 2022

Interim Course Director  
Orthopaedic Management Courses (Cervical-Thoracic, Lumbo-Pelvic, Upper Extremity, Lower Extremity)  
Evidence in Motion  
San Antonio, TX  
April 2020 – April 2021

Assistant Program Director  
Orthopaedic Residency Program  
Evidence in Motion  
San Antonio, TX  
April 2020 – November 2020

Affiliate Faculty  
Orthopaedic Laboratory, Exercise Foundations, Kinesiology, Biomechanics  
Regis University Physical Therapy Program  
Denver, CO  
June 2011 – August 2019

Affiliate Faculty  
Orthopaedic Laboratory and Patient Care Seminar  
University of Colorado Physical Therapy Program  
August 2010 – July 2015

Staff Physical Therapist  
Waldron's Peak Physical Therapy  
Outpatient orthopaedics  
Boulder, CO  
November 2010 – September 2013

Teaching Assistant  
Fellowship Virtual Rounds  
Evidence in Motion  
San Antonio, TX  
January 2012 – April 2013

Teaching Assistant  
Management Courses Weekend Intensive  
Evidence in Motion  
San Antonio, TX  
January 2010 – December 2010

Staff Physical Therapist  
Coal Creek Physical Therapy  
Outpatient orthopaedics

Louisville, CO  
February 2010 – November 2010

Staff Physical Therapist  
Peak Form Physical Therapy  
Outpatient orthopaedics  
Boulder, CO  
August 2009 – January 2010

Teaching Assistant  
Advanced Manual Therapy  
Regis University Physical Therapy Program  
Denver, CO  
August 2009 – September 2009

Resident Physical Therapist  
UWHC Physical Therapy Princeton East  
Outpatient orthopaedics and chronic pain  
Madison, WI  
February 2009 – June 2009

Teaching Assistant  
Musculoskeletal Dysfunction Laboratory  
University of Wisconsin Physical Therapy Program  
Madison, WI  
August 2008 – May 2009

Resident Physical Therapist  
Meriter Physical Therapy at Harbor  
Outpatient orthopaedic and sports  
Middleton, WI  
November 2008 – February 2009

Resident Physical Therapist  
UWHC Hand and TMJ Clinic  
Outpatient orthopaedics  
Madison, WI  
November 2008 – February 2009

Resident Physical Therapist  
UWHC Spine Physical Therapy Clinic  
Outpatient orthopaedics related to the spine  
Madison, WI  
July 2008 – October 2008

Student Physical Therapist  
Penrose St. Francis Hospital  
Sub-acute neurological and orthopaedics  
January 2008 – April 2008

Student Physical Therapist  
Orthopedic Rehabilitation Specialists

Outpatient orthopaedics  
Colorado Springs, CO  
November 2007 - January 2008

Student Physical Therapist  
Alternative Experience  
Outpatient orthopaedics and neurological  
Addis Abba, Ethiopia  
October 2007 – November 2007

Group Exercise Instructor and Personal Trainer  
University of Colorado Fitness Center  
Boulder, CO  
August 2004 – July 2007

Student Physical Therapist  
Wyoming Physical Therapy  
Outpatient orthopaedics  
Cheyenne, WY  
May 2007 – June 2007

Group Exercise Instructor and Personal Trainer  
Bally's Total Fitness  
Westminster, CO  
May 2005 – May 2007

Student Physical Therapist  
Presbyterian/St. Luke's Medical Center  
Post-operative orthopaedics  
Denver, CO  
August 2006 – September 2006

Physical Therapist Aide and Office Manager Assistant  
Colorado Physical Therapy Institute  
Broomfield, CO  
January 2004 – August 2005

Group Exercise Instructor  
IBM Fitness Center  
Boulder, CO  
January 2004 – May 2004

**Peer Reviewed Publications:**

Pascoe SC, Spoonmoore S, Young, JL, Rhon DI. Proposing six criteria to improve reproducibility of “usual care” interventions in back pain trials: a systematic review. *J Clin Epid.* 2022 Sep: 149: 227-235. Doi: 10.1016/j.jclinepi.2022.05.002.

Vraa M, Pascoe S, Maddox D, Rhon DI, Cleland JA, Young JL. Prevalence and extent of low back pain and low back-related disability in non-care-seeking working-age adults. *Musculoskeletal Sci Pract.* 2022 Apr 29;60:102372.

Pascoe SC, Mazzola TJ. Acute medial plantar fascia tear. *JOSPT*. 2016 Jun;46(6):495.

Mintken PW, Pascoe SC, Barsch AK, Cleland J. Direct access to physical therapy services is safe in an university student health center setting. *J Allied Health*. 2015 Sep;44(3):164-168.

**Peer Reviewed Scientific and Professional Presentations:**

Maywhort K, Pascoe SC, Pascoe MA, Louww A.  
Adverse Events for Post Professional Learners taking Dry Needling Course  
Top 3, 5x5 Research Platform Presentations  
AAOMPT Annual Meeting, Orlando, FL  
October 25, 2024

Pascoe SC, Smith K.  
Breakout Session, Are Post Professional Program Learners Improving Their Clinical Reasoning?  
2023 AAOMPT National Conference, St. Louis MO  
October 28, 2023

Pascoe SC, Spoonmoore S, Young, JL, Rhon DI.  
Poster Presentation, Proposing six criteria to improve reproducibility of “usual care” interventions in back pain trials: a systematic review.  
Combined Section Meeting, APTA, San Antonio TX  
February 5, 2022

Vraa M, Pascoe S, Maddox D, Rhon DI, Cleland JA, Young JL.  
Poster Presentation, Prevalence and extent of low back pain and low back-related disability in non-care-seeking working-age adults. Combined Section Meeting, APTA, San Antonio TX  
February 5, 2022

Pascoe SC, Harpp J.  
Panel presentation, Treat Your Brain; Ease Your Pain, University of Colorado Health & Wellness Summit, Boulder CO  
January 23, 2020

Pascoe SC, Breck J.  
Panel presentation, Concussion on Campus: Not Solely a Sideline Issue, American College of Health Association Conference, Denver CO  
May 30, 2019

Mintken PW, Pascoe SC, Barsch AK, Cleland J.  
Platform presentation, Direct Access to Physical Therapy Services is Safe and Effective in a University Student Health Center Setting, APTA Combined Section Meeting, San Diego CA,  
January 2013

Pascoe SC, Pascoe MA.  
Poster presentation, Implementation of the Canadian Cervical Spine Rules Following Physical Referral of a Patient with Shoulder Pain: A Case Report, APTA Combined Section Meeting, San Diego CA  
January 2013

Pascoe SC, Mazzola TJ.  
Poster presentation, Differential Diagnosis of a Patient with a Medical Plantar Fascia Rupture, The

International Federation of Orthopaedic Manual Physical Therapist, Quebec City Canada,  
September 2012

Pascoe SC.

Poster presentation, Resident Case Study: Use of Thoracic Manipulation in the Treatment of Cervicogenic Headache, Wisconsin Physical Therapy Association Spring Conference, Madison WI 2009

Pascoe SC.

Poster presentation, Analysis of Practice Regarding the Management of Low Back Pain (P.I. Tim Flynn), Regis University, Denver CO 2008

**Funded/In Review Grant Activity:**

NA

**Current/Active Research Activity:**

Pascoe SC, Smith K, Pascoe MA, Rhon DI.

The impact of a dedicated clinical reasoning course on clinical reasoning learning in post professional physical therapy education.

Funding: NA

Submitted to JOPTE

Puentadura L, Maywhort K, Pascoe SC, Tracy B, Weaver A, Weber M, Severino D, Koppenhaver S.

The Utilization of Dry Needling – survey of contemporary clinical practice within the USA

Funding: NA

Submitted to JOSPT

Maywhort K, Pascoe SC, Pascoe MA, Louww A.

Adverse Events for Post Professional Learners taking Dry Needling Course

Funding: NA

Pascoe SC, Stone J, Schuemann T, Maywhort K, Bliss R.

Effect of high-level design implementation on instructor self-efficacy in post profession PT education. In Progress.

Funding: NA

**Membership in Scientific/Professional Organizations:**

Academy on Pelvic Health within the American Physical Therapy Association (APTA)

December 2020 – December 2021

June 2024 – present

American College Health Association (ACHA)

May 2019 - present

American Physical Therapy Association (APTA)

August 2005 – present

Colorado Chapter of the American Physical Therapy Association (APTA)  
August 2005 – present

Academy on Orthopedics within the American Physical Therapy Association (APTA)  
August 2005 – present  
Nominating Committee Member 2024-present

American Academy of Orthopaedic Manual Physical Therapists (AAOMPT)  
August 2006 – present  
Ethics Committee Member (January 2018 – January 2021)

Academy on Sports within the American Physical Therapy Association (APTA)  
December 2020 – December 2021

Orthopaedic Residency/Fellowship Special Interest Group within the American Physical Therapy Association (APTA)  
March 2021 – May 2023

American Council of Exercise (ACE)  
Group Exercise Instructor Member  
January 2005 – August 2011  
Personal Trainer Member  
January 2004 – August 2021

**Consultative and Advisory Positions Held:**

ABPTRFE Post-Professional Site Reviewer  
January 2022 - present

Manuscript Reviewer (see [Publons](#))  
Journal of Manual and Manipulative Therapy  
May 2021 – present

School of Physical Therapy Advisory Board Member  
Regis University Physical Therapy Program  
August 2019 – April 2024

**Community Service:**

PT in the Community: Serving lunch at the Women and Family Development Center  
Houston, TX  
February 13, 2025

Logos Hope Ship  
Bridgetown, Barbados  
November 23-30<sup>th</sup>, 2024

Meal Pack at Flatirons Community Church  
Lafayette, CO  
October 26, 2024

Leader  
Beauties Ministry, Erie CO



August 2021 – present

Volunteer

Peak to Peak Charter Elementary School, Lafayette CO

August 2019 - present

Ethics Committee Member

American Association of Orthopaedic Manual Physical Therapist (AAOMPT)

January 2018 – January 2021

Small Group Leader

Flatirons Community Church, Lafayette CO

August 2017 – May 2020

Professional Development Committee Member

American Physical Therapy Association – Colorado Chapter

January 2009 – August 2014

Secretary

American Physical Therapy Association – Student Special Interest Group for Colorado Chapter

January 2007 – December 2007

Vice President

American Physical Therapy Association – Student Special Interest Group for Colorado Chapter

January 2007 – December 2008

Volunteer onsite certified health care provider

National Western Stock Show Health Screening Booth, Denver CO

January 2019 – February 2022

Volunteer & logistic assistant

Community Awareness Action Team Conference, Westminster CO,

2010 – 2015

Volunteer physical therapist

Career Night IPHY Department, Boulder CO,

2010, 2017

Volunteer physical therapist

9 News Health Fair, Aurora CO

2010

Volunteer

Touched Twice Clinic, Madison WI

2008

Volunteer

Project Mercy, Yetaabon Ethiopia

2007

Volunteer

Community Resource List, Westminster CO

2007

Volunteer  
Mount St. Francis Nursing Home, Colorado Springs CO  
2007

Volunteer  
Wind River Indian Reservation Health Fair, Riverton WY  
2007

Usher  
National Conference, American Physical Therapy Association, Denver CO  
2007

Volunteer  
Skinner Middle School Health Fair, Denver CO  
2006

Volunteer  
Special Olympics, Denver CO  
2006

Volunteer  
King Adult Enrichment Program (KADEP), Denver CO  
2005

Volunteer  
Emergency Family Assistance Association, Boulder CO  
2003

**Services to the University/College/School on Committees/Councils/Commissions:**

Department of Physical Therapy under PM&R  
May 2024 - present  
Faculty Development Committee  
Student Promotions Committee  
Orientation Committee

Department of Physical Therapy under PM&R  
Section Direction: Post-Professional Education  
October 2024 - present

**Honors and Awards:**

Inaugural Class of 2021-2022 Doctor of Science Graduation Speaker  
Bellin College, Green Bay, WI  
May 2022

Alpha Sigma Nu Honor Society  
Regis University, Denver, CO  
May 2008

Notarianni Scholarship  
Regis University, Denver, CO  
May 2004

Dean's List  
University of Colorado, Boulder, CO  
Spring 2001

**Continuing Education Attended (within the last 5 years):**

Combined Sections Meeting, American Physical Therapy Association  
Houston, TX  
February 13-15, 2025

- Deconstructing Hybrid Education: Learning from the Past, Innovating for the Future
- Artificial Intelligence in Healthcare – Education, Practice & Research
- Best Foot Forward: Treatment Strategies and Footwear Considerations for Foot and Ankle Injuries in Runners
- Models of Pelvic Health in DPT Education: Options, Opportunities, and Outlook
- Cerosoli Lecture: Y'all Means All. Inclusivity and Belonging of ALL PTs, PTAs and Academic Programs
- Artificial Intelligence in HealthCare: Education, Practice & Research
- Development of Orthopaedic Curricula Guides across the PT Education Continuum, Update and Revisions
- Load 'Em Up: Strength Training, the Missing Link in Rehabilitation of Adolescent Dancers and Gymnastics

Mentorship Academy  
Denver, CO  
November 4, 2024

Pelvic Health Physical Therapy 3 Male (PH3), American Physical Therapy Association  
Virtual  
October 18-20, 2024

Pelvic Health Physical Therapy 2 Pelvic Pain/Bowel (PH2), American Physical Therapy Association  
Onsite  
August 18, 2024

Pelvic Health Physical Therapy 2 Bowel (PH2), American Physical Therapy Association  
Virtual  
August 3-4, 2024

Pelvic Health Physical Therapy 2 Pelvic Pain (PH2), American Physical Therapy Association  
Virtual  
June 8-9, 2024

American Academy of Orthopaedic Manual Physical Therapist Conference  
St Louis MO  
October 26-29, 2023

AAOMPT Educational Meeting: Clinical Reasoning

Virtual  
September 19, 2023

Combined Sections Meeting, American Physical Therapy Association  
San Diego CA  
February 23-25, 2023

Align Conference  
Evidence in Motion, Dallas TX  
August 26-28 2022

Combined Sections Meeting, American Physical Therapy Association  
San Antonio TX  
February 2-5, 2022

American Academy of Orthopaedic Manual Physical Therapist Conference  
Cleveland OH  
October 7-10, 2021

Combined Sections Meeting, American Physical Therapy Association  
Denver CO  
February 12-15 2020

Align Conference, Evidence in Motion  
Virtual  
August 2020

Pelvic Health Physical Therapy I (PHI), American Physical Therapy Association  
Houston TX,  
November 2019

American College of Health Association Conference  
Denver CO  
May 30, 2019

Combined Sections Meeting, American Physical Therapy Association  
Washington DC  
February 2019

**Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit:**

**Fall**

DPTR 6632 : Clinical Reasoning 2, Instructor (2024)  
DPTR 5403 : Musculoskeletal 3, Co-Coordinator (2025)  
DPTR 5404 : Musculoskeletal 4, Instructor (2025)

**Spring**

DPTR 5401 : Musculoskeletal 1, Course Coordinator (2025)

**Summer**

DPTR 5402 : Musculoskeletal 2, Course Coordinator (2025)  
DPTR 5711 : Professional Development 1, Instructor (2024)

**Symposia, Rounds, Conferences, Summits, Workshops, Seminar Courses, Faculty Development Activities to improve teaching or mentoring effectiveness:**

APTA: Academy of Pelvic Health Membership Meeting, February 6, 2025  
Education & Innovation Symposium, Academy of Medical Educators, University of Colorado Anschutz Medical Campus, May 1-2, 2024  
Mentoring conference  
Education Grand Rounds, Equity in Assessment - Presented by Eric Holmboe, Jul 11, 2024  
APTA: Academy Orthopedic Physical Therapy Town Hall Meeting, July 30, 2024  
TSI NPTE Workshop, CU PT Program, Dec 18-19, 2024  
Mentorship Academy, Denver CO, November 4, 2024

**Non-Peer Reviewed Presentations (Invited Lectures)**

Guest Lecturer, Physical Therapy & Pain Management for Rheumatology Fellows, November 20, 2024  
  
Interviewed by Paul Mintken and Kory Zimney, EIM PT Elevated: Is Residency Right for You? with Stephanie Pascoe, March 3, 2023  
  
Guest lecturer, An Intellectual Clinical Reasoning Framework – Should this be required within PT education? EIM Virtual Webinar, July 22, 2022  
  
Guest lecturer, Treat Your Brain; Ease Your Pain, University of Colorado Health & Wellness Summit, Boulder CO, January 23, 2020  
  
Interviewed by John Childs and Jeff Moore, EIM Clinical Podcast: Work-Life Balance with Dr. Stephanie Pascoe, August 15, 2018  
  
Facilitator, Journal Club, Wardenburg Physical Therapy & Integrative Care, Boulder CO, June 29, 2017; September 21, 2017  
  
Guest lecturer, Running Analysis Training, Wardenburg Physical Therapy & Integrative Care, Boulder CO, September 26, 2016  
  
Guest lecturer, TDN: What is and who needs it? Wardenburg Physical Therapy & Integrative Care, Boulder CO, January 14, 2016  
  
Guest lecturer, Concussion, Wardenburg Physical Therapy & Integrative Care, Boulder CO, April 9, 2015  
  
Guest lecturer, Physiology, Regis University, Denver CO, October 2014  
  
Guest lecturer, Community Health, Regis University, Denver CO, November 2014  
  
Guest lecturer, Cervical Spine Examination “physical therapists perspective”, Wardenburg Physical Therapy & Integrative Care, Boulder CO, Winter 2012  
  
Facilitator, Clinical Reasoning, Wardenburg Physical Therapy & Integrative Care, Boulder CO, 2012 – 2013

Guest lecturer, Anterior and Posterior Chest Wall Pain: Differential Diagnosis for the Physical Therapist, Evidence in Motion, Online Course for Fellowship, 2012

Guest lecturer, "A Primer on Pain: who, what, why, when, how", Wardenburg Physical Therapy & Integrative Care, Boulder CO, Winter 2011

Guest lecturer, Advanced Exercises for the Upper Quarter: How to Guide for Scapular Motor Control, Evidence in Motion, Online Course for Fellowship, 2010

Guest lecturer, "Does medical diagnosis bias physical therapy treatment? A case study: piriformis syndrome", Wardenburg Physical Therapy & Integrative Care, Boulder CO, Summer 2009

Guest lecturer, Management for a Patient with Frozen Shoulder, UW – Madison Physical Therapy Program, Madison WI, Spring 2009

Guest lecturer, Outpatient Rehabilitation for a Patient with Conversion Disorder, UW – Madison Physical Therapy Program, Madison WI, Winter 2009

Guest lecturer, Manual Therapy for a Patient with Cervicogenic Headache, UW – Madison Physical Therapy Program, Madison WI, Winter 2009

Guest lecturer, Differential Diagnosis of LBP: A Need for Imaging, UW – Madison Physical Therapy Program, Madison WI, Winter 2008

Guest lecturer, Spinal Manipulations for Neck and LBP, UW – Madison Physical Therapy Program, Madison WI, Fall 2008

Student guest lecturer, Treatment Options for Adhesive Capsulitis, Regis University, Denver CO, Winter 2007

Student guest lecturer, Diagnosis Sacroiliac Joint Pain vs Low Back Pain, Regis University, Denver CO, Winter 2007

Student guest lecturer, The Use of Outcome Tools in an Outpatient Physical Therapy Setting, Regis University, Denver CO, Summer 2007

Student guest lecturer, Brief Overview Regarding Taping Techniques, Regis University, Denver CO, Summer 2007

### Other Scholarly Activities

Fellow mentor, Bellin University Fellowship Program, Wardenburg Physical Therapy & Integrative Care, Boulder CO, 2023 – present (1 total)

Fellow mentor, Regis University Fellowship Program, Wardenburg Physical Therapy & Integrative Care, Boulder CO, 2015 – present (2 total)

Resident mentor, Temple University Residency Program, Wardenburg Physical Therapy & Integrative Care, Boulder CO, 2012 – present (1 total)

Clinical instructor, University of Colorado PT Program, Wardenburg Physical Therapy & Integrative Care,  
Boulder CO, 2010 – present  
Gabi Jordan Fall 2024  
Emily van Deinse 2025

Clinical instructor, Regis University PT Program, Wardenburg Physical Therapy & Integrative  
Care, Boulder CO, 2010 – present

#### Continued Education Workshops Organized

Teaching assistant, Align, Evidence in Motion, Dallas TX, 2022

Teaching assistant, Manipalooza, Evidence in Motion, Denver CO, 2011 – 2017

Teaching assistant, Align, Evidence in Motion, Denver CO, 2018

Teaching assistant, Innovative Approach to the Lumbar Spine, MEND Physical Therapy, Denver  
CO, January 2018