

BRYCE ZAFFARANO, PT, DPT, OCS, FAAOMPT

Education

2024	Bellin College, Fellowship in Orthopedic Manual Physical Therapy
2016	University of Colorado, Anschutz Medical Campus, Doctor of Physical Therapy
2014	University of California, San Diego, Bachelor of Science, Biology

Licensure and Certification

2021	American Board of Physical Therapy Specialty; Orthopedic Clinical Specialist
2020	Kinetacore Functional Dry Needling, Level 2
2018	Kinetacore Functional Dry Needling, Level 1
2016	Colorado Physical Therapy License #0014488, NPI #1669009148
2014	American Heart Association Basic Life Support

Academic Positions

2025- Present	Senior Instructor University of Colorado, Anschutz Medical Campus, School of Medicine, Doctor of Physical Therapy (DPT) (Residential Pathway) & University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences, DPT (Hybrid Pathway)
2024- Present	Adjunct Faculty University of Hawai'i Pacific Physical Therapy Department
2017- 2025	Associated Faculty University of Colorado, Anschutz Medical Campus, School of Medicine Physical Therapy Department

Clinical and Professional Positions

2024- Present	Orthopedic Clinical Specialist (OCS) Residency Clinical Faculty University of Colorado, Sports Medicine and Performance Center University of Colorado Boulder
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2023- Present	Orthopedic Clinical Specialist (OCS) Residency Clinical Faculty University of Colorado Health Sports Therapy at Colorado Center University of Colorado Anschutz Medical Campus
2018 - Present	Level III, Physical Therapist University of Colorado Health Physical Therapy, Colorado Center
2018 - Present	Founder and Owner P.I.N.E. Physical Therapy, L.L.C.
2018- Present	Clinical Instructor
2017 – 2018	Staff Physical Therapist University of Colorado Hospital, Anschutz Medical Campus
2016 – 2017	Multidisciplinary Post-Doctoral Internship Anschutz Outpatient Pavilion Therapy and Rehabilitation at Central Park A.F. Williams Sports Rehabilitation and Physical Therapy at Colorado Center

Current Teaching Responsibilities

University of Colorado, Colorado Springs, Helen and Arthur E. Johnson Beth-El
College of Nursing and Health Sciences, DPT (Hybrid Pathway)

- Coordinator: MSK Conditions III
- Co-Coordinator: MSK Conditions II

University of Colorado, Anschutz Medical Campus, School of Medicine, Doctor of Physical Therapy
(DPT) (Residential Pathway)

- Co-Coordinator: Advanced Manual Therapy
- Facilitator: IPED 6001: MSK Conditions I, Interprofessional Practice and Education I-II,
Center for Advancing Professional Excellence (CAPE) I-II

University of Colorado, Anschutz Medical Campus, Physician Assistant Program

- Physical Examination; Posture, Gait, Lumbar and Hip Examination

University of Hawai'i Pacific, Physical Therapy Program, Adjunct Faculty

- Musculoskeletal Conditions, I
- Musculoskeletal Conditions, II
- Advanced Therapeutic Interventions, II

Past Teaching Responsibilities

University of Colorado, Anschutz Medical Campus, Doctor of Physical Therapy Program
Associate Faculty/Lab Instructor

- Musculoskeletal Conditions, I
- Musculoskeletal Conditions, II
- Musculoskeletal Conditions, III
- Musculoskeletal Conditions, IV

- Advanced Manual Therapy and Joint Manipulation

University of Hawai'i Pacific, Physical Therapy Program, Adjunct Faculty

- Musculoskeletal Conditions, I
- Musculoskeletal Conditions, II
- Musculoskeletal Conditions, III
- Musculoskeletal Conditions, IV
- Therapeutic Interventions, I
- Advanced Therapeutic Interventions, II

Research Interests

Physiology and associated exercise-induced training adaptations

Implementation science amidst and among clinical practice patterns

Physical therapists as direct access care providers

Reasoning, reflection, and metacognition in practice

Published Abstracts of Peer Reviewed Presentations:

Sean Hagey, PT, DPT, GCS, Bryce Zaffarano, PT, DPT, Mark M. Mañago, PT, DPT, PhD, NCS. "CSM After Dark; Diversity, Equality, Inclusivity." APTA Combined Sections Meeting 2020. February 13th, 2020.

Bryce Zaffarano, PT, DPT, Mark M. Mañago, PT, DPT, PhD, NCS. "Trigger point dry needling in a person with multiple sclerosis and functional mobility impairments: a case report." 9th International Symposium on Gait and Balance in Multiple Sclerosis, October 2019. NCBI

Amy Wallace McDevitt, Bryce Zaffarano, Anthony Kinney. "Enhancing Clinical Reasoning: Adapting the Systematic Clinical Reasoning in Physical Therapy (SCRIPT) Tool for Entry-Level Physical Therapist Learners" Academy of Medical Educators Annual Education & Innovation Symposium, May 1-2, 2024.

Amy Wallace McDevitt, Bryce Zaffarano, Anthony Kinney. "Enhancing Clinical Reasoning: Adapting the Systematic Clinical Reasoning in Physical Therapy (SCRIPT) Tool for Entry-Level Physical Therapist Learners" 2024 AAOMPT Annual Conference, October 25, 2024

Non-Peer Reviewed Abstracts

Maria Borg, PT, CSCS, Sportsmetrics™, Bryce Zaffarano, PT, DPT. "ACL Injury Reduction Workshop, Sports Medicine Essentials: An Interactive Course". Southeast ACSM Conference 2020. February 15th, 2020.

Presentations

Exercise Dosing and Ehler Danlos' Syndrome; Advanced Therapeutic Interventions II	2025
Learn Physio Manual Therapy Master Class: Spine Intervention	2025
Allostasis; Definition, Measurement, and Intervention	2025
An Update to Exercise Adaptation Pathways mTOR & AMP-K	2024

Patient Centered Hypotheses; Spine Special Interest Group	2024
Exercise Selection for the DPT Student; A Framework for MSK Tract Courses and Beyond	2024
Foot and Ankle Exercise; MSK I	2024
Lower Extremity Exercise; MSK I	2024
(ACL) Rehabilitation Considerations; An Update for Orthopedic Surgeons	2023
(ACL) Rehabilitation Considerations; An Update for Sports Medicine Fellows	2023
(ACL) Rehabilitation Considerations; An Update for Practicing Clinicians	2023
CU School of Medicine; Anatomy and Biomechanical Considerations for Rehabilitation	2023
CO Student SIG AAOMPT; Cervicothoracic Case Series	2023
EXPOSS Spinal Source of Extremity Pain, Spine Special Interest Group	2023
How to Promote Wellness in 30,000+ Employees	2022
Direct Access for Physical Therapists in Colorado	2022
CU School of Medicine; Anatomy and Biomechanical Considerations for Rehabilitation	2022
EPIC Documentation Update; EPIC Sprint Takeaways	2021
(ACL) Rehabilitation Considerations; An Update for Orthopedic Surgeons	2021
(ACL) Rehabilitation Considerations; An Update for Sports Medicine Fellows	2021
(ACL) Rehabilitation Considerations; An Update for Practicing Clinicians	2021
Telehealth Physical Therapy in a Pandemic	2020
Practice Patterns in Physical Therapy	2020
Combined Sections Meeting: CSM After Dark	2020
ACSM ACL Injury Reduction Workshop	2020
Dizziness: Diagnosis, Differentiation, and Decisions	2019
Psychology of Injury (Transition Performance Group)	2019
Isokinetic Testing and Its Relation to Return to Sport	2019
Comprehensive Objective Criteria for Phasic Return to Sport Following ACL	2019
Reconstruction: A Case Series	

Continuing Education

2024	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2023	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2023	Combined Sections Meeting, American Physical Therapy Association, San Diego, CA
2022	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2022	Combined Sections Meeting, American Physical Therapy Association, San Antonio, TX
2021	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2021	Medbridge Orthopedic Clinical Specialist Preparation Course
2020	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2020	Survivorship Solutions: Advanced Oncology Rehabilitation
2019	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2018	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2018	Managing the Opioid Epidemic: Chronic Pain Management University of Colorado, Physical Therapy Program, Aurora, CO
2018	Combined Sections Meeting, American Physical Therapy Association, New Orleans, LA
2017	University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
2017	Combined Sections Meeting, American Physical Therapy Association, San Antonio, TX
2017	Traumatic/Post-Operative Injuries, Lenny Macrina, Medbridge
2017	A Classification Approach to Managing Shoulder Pain and Dysfunction, Derek Clewley, Medbridge
2017	Basic Musculoskeletal Radiology and Imaging, Robert Boyles, Medbridge
2017	Evidence Based Examination and Treatment of the Lumbar and Cervical Spine, Chad Cook, Medbridge
2017	Current Concepts in Knee Rehabilitation, Terry Malone, Medbridge
2017	Returning the Injured Athlete to Sports: New Concepts in ACL Rehabilitation, Robert Donatelli, Medbridge
2017	Overview of Neurodegenerative Dementias: Diagnosis of Dementia, Kimiko Domoto-Reilly, Medbridge

- 2017 Manipulation Thrust Techniques: Cervical, Thoracic, and Lumbar Spine, Peter Gibbons and Philip Tehan, Medbridge
- 2017 Creating an Evidence Based Practice, Frank Underwood, Medbridge
- 2017 Teaching People About Pain, Adriaan Louw, Medbridge
- 2017 Thrust Joint Manipulation for the Cervical Spine: Benefits and Risks, Emilio “Louie” Puentedura, Medbridge
- 2017 CU On The Field Management of the Athlete, John Hill, Andrew McBride, Sourav Poddar, Armando Vidal, Richard Davidson, Scott Laker, Julie Wilson, Denver, CO
- 2016 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO
- 2015 University of Colorado Health Annual Rehabilitation Symposium, Aurora, CO

Professional Memberships

- 2021- Present American Academy of Orthopedic Manual Physical Therapy (AAOMPT)
- 2016 – Present American Physical Therapy Association (APTA)
- 2016 – Present APTA Colorado, Orthopedics, Research, and Education Chapters

Community Service

- 2016- Present Colorado Department of Regulatory Agencies (DORA) Telehealth Stakeholder
- 2015-2018 Runners Roost Running & Community Events
- 2015-2017 Pedaling for Parkinson’s Instructor
- 2015-2016 Stout Street Health Clinic Student Physical Therapist
- 2014-2016 Dedicated to Aurora’s Wellness and Needs (DAWN) Member & Organizer