



University of Colorado Anschutz Medical Campus

Mobility Matters Conference: Part I

September 23rd - 24th, 2026



Reimagining Mobility in Skilled Nursing and Post-Acute Care

September 23 | Day 1: From Reality to Strategy

Time	Event/Topic	Speaker(s)
8:00-8:30AM	Why Mobility, Why Now: Setting the Stage	Jennifer Stevens-Lapsley, PT, PhD, FAPTA
8:30-9:00AM	The State of Mobility in Skilled Nursing	Ellen Strunk, PT, MS, GCS, ACEEAA, CHC, RAC-CT
9:00-9:15AM	<i>Participant Break & Panel Set-Up</i>	
9:15-10:30AM	Proving the Value of Mobility: A Business Case for Operators and Payers	Moderator: Dan Ciolek, PT Panelists: <ul style="list-style-type: none"> • Nisha Hammell, MSW • Gregory Alexander, PhD, RN, FAAN, FACMI, FIAHSI • Leslie Cunningham Campbell
10:30-10:45AM	<i>Participant Break</i>	
10:45-11:15AM	What the Rules Really Say: Regulation, Interpretation, and Flexibility	Alyson Stover, MOT, JD, OTR/L, BCP
11:15AM-12:00PM	Understanding Regulatory Penalties and Incentives	Moderator: Jodi Eyigor Panelists: <ul style="list-style-type: none"> • Alice Bonner, PhD, RN, FAAN, FAANP • Deborah Lively • Alyson Stover, MOT, JD, OTR/L, BCP
12:00-1:00PM	<i>Lunch & Poster Session</i>	
1:00-2:00PM	Mobility Programs in Practice	Moderator: Bob Burke, MD, MS Panelists: <ul style="list-style-type: none"> • Nicki Hastings, MD, MHS • Nancy McGann, PT, CSPHP, CPPS • Margaret Arnold, PT, CEES, CSPHP
2:00-2:15PM	<i>Participant Break</i>	
2:15-3:45PM	Breakout Sessions: From Concept to Feasibility	Facilitator: From attendees, TBD
3:45-4:00PM	<i>Participant Break</i>	
4:00-4:30PM	Day 1 Synthesis	Cari Levy, MD, PhD
4:30PM	<i>Conclude Day 1</i>	
5:00-6:30PM	Networking Reception (details to follow)	



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September 24 | Day 2: From Alignment to Activation

8:00-8:15AM	What We Heard, What's at Stake	TBD
8:15-9:00AM	Mobility is Personal: Patient & Caregiver Perspectives	Moderator: Natalie Leland, PhD, OTR/L, BCG, FAOTA Panelists: TBD
9:00-9:15AM	<i>Participant Break</i>	
9:15-10:15AM	Technology that Makes Mobility Visible	Arif Nazir, MD, CMD Deepak Gaddipatti Brain Harris
10:15-10:30AM	<i>Participant Break</i>	
10:30-11:15AM	Leading for Mobility: Culture, Environment, and Expectation	Cathy Ciolek, PT, DPT, FAPTA, FNAP
11:15AM-12:45PM	Integrating Practice, Policy, and Research	Work Groups
12:45-1:15PM	<i>Lunch</i>	
1:15-2:00PM	From Conversation to Commitment	Work Groups
2:00-2:15PM	<i>Participant Break</i>	
2:15-2:45PM	Key Guest Speaker: Call to Action	Vincent Mor, PhD
2:45-3:15PM	Closing Statement & Next Steps for Conference Part I	Jennifer Stevens-Lapsley, PT, PhD, FAPTA
3:15PM	<i>Conclude Day 2</i>	