

Integrated Clinical Experience (ICE) Planned Learning Experience (PLEX)

Selecting Appropriate Manual Muscle Test (MMT)

Objectives	Description of Learning Experience	Resources and Time to Complete
<ol style="list-style-type: none"> 1. Accurately identify individual muscles or muscle groups involved in a specific functional task that may be impaired 2. Appropriately select and perform MMT for selected muscle or muscle groups with correct technique 3. Demonstrate understanding of how the muscle strength impairments may contribute to activity limitations and link to a participation restriction 	<ol style="list-style-type: none"> 1. Students will observe a patient completing a functional task (i.e. sit to stand, reaching overhead, etc.) and work together to hypothesize specific muscles that may be weak. 2. Students will position the patient appropriately, perform specific MMT and appropriate grade the result of the MMT. 3. Team and CI will provide feedback on technique and grading. 4. Students will discuss with team and CI how muscle weakness is contributing to activity limitations or participation restrictions. 	<p>Resources: EE I content related to MMT, ICF model</p> <p>Time to Complete: 30 min</p> <ul style="list-style-type: none"> - Patient observation/performance of MMT: 15 min - Discussion with team/CI: 15 min