

# Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 57	Plex Title: Assessment and reassessment related to manual therapy interventions	Date created: 10/1/2015
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread	
<input type="checkbox"/> ICE I- Week 1	<input type="checkbox"/> IP Acute/ICU	<input checked="" type="checkbox"/> Exam/Eval		
<input type="checkbox"/> ICE I- Week 2	<input type="checkbox"/> IP Rehab	<input type="checkbox"/> Dx/Prognosis	<input checked="" type="checkbox"/> Quality Improvement and Safety	<input checked="" type="checkbox"/> Patient Centered Care
<input checked="" type="checkbox"/> ICE II	<input checked="" type="checkbox"/> Outpatient	<input checked="" type="checkbox"/> Plan of Care		
	<input type="checkbox"/> School	<input checked="" type="checkbox"/> Intervention	<input type="checkbox"/> Teamwork and Collaboration	<input type="checkbox"/> Movement for Participation
	<input type="checkbox"/> Not Setting Specific	<input type="checkbox"/> Outcomes	<input checked="" type="checkbox"/> Clinical Reasoning and Evidence Based Practice	

**Brief Description of the Planned Learning Experience:**

Students will perform a manual therapy intervention and and discuss implications of the assessment / reassessment process related to the intervention.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
1. Students will recognize the importance of reassessment after a manual therapy intervention.  2. Students will determine how the assessment/reassessment process relates to the plan of care.  3. Students will identify how the ICF model is linked to treatment outcomes and assessment related to manual therapy.	1. Students will identify a patient who may benefit from a manual therapy intervention to include any of the following: soft tissue mobilization, joint mobilization, joint manipulation, muscle energy techniques. 2. Students will assess the patient, perform the manual therapy technique and then reassess the as related to the ICF model (eg. cervical rotation or bilateral knee squat). 3. Students and CI will debrief, discussing a) the test/retest process and how it relates to plan of care. b) how the test/retest process and manual therapy intervention relates specifically to the patient's activity limitations and/or participation restrictions.	1. Identify and treat patient: 30 to 45 minutes  2. Discussion: 20 to 40 minutes  Total Time: 50 to 85 minutes	Reference Musculoskeletal I-III course packets