## Integrated Clinical Education – Planned Learning Experience (PLEX)

### Plex #: 5

**Plex Title:** Posture Screen

**Date created:** 9/13/2013

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### Brief Description of the Planned Learning Experience:

Students will complete a posture screen on a patient using tools presented in Exam/Eval and Movement Science I.

### Objectives

1. Apply content related to posture screen in the clinic.
2. Identify possible musculoskeletal and environment factors that may contribute to postural deviations.
3. Summarize key findings and hypothesize causes of postural deviations.

### Description of Actual Learning Experience

1. Select a patient who presents with postural deviations or would benefit from posture screen.
2. Working individually or as a team, students will complete a posture screen.
3. Students will discuss findings and hypothesize key causes of postural deviations.
4. Students and CI will discuss findings and hypotheses together.

### Anticipated time to complete

1. 15 minutes to complete posture screen.
2. 15 minutes to discuss findings and generate hypotheses with team.
3. 15 minutes to present findings to CI and engage in further discussion.

Total: 45min-1 hour

### Recommended Preparation or Readings

1. Review posture screen information presented in Exam/Eval I and Movement Science I.
2. Review appropriate material from anatomy.

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Modified with permission from Duke University DPT