

# Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 49	Plex Title: Facilitating movement with handling skills	Date created: 9/25/2015
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread	
<input type="checkbox"/> ICE I- Week 1	<input type="checkbox"/> IP Acute/ICU	<input type="checkbox"/> Exam/Eval	<input type="checkbox"/> Quality Improvement and Safety	<input type="checkbox"/> Patient Centered Care
<input type="checkbox"/> ICE I- Week 2	<input type="checkbox"/> IP Rehab	<input type="checkbox"/> Dx/Prognosis		<input checked="" type="checkbox"/> Movement for Participation
<input checked="" type="checkbox"/> ICE II	<input type="checkbox"/> Outpatient	<input type="checkbox"/> Plan of Care		<input type="checkbox"/> Clinical Reasoning and Evidence Based Practice
	<input type="checkbox"/> School	<input checked="" type="checkbox"/> Intervention	<input type="checkbox"/> Teamwork and Collaboration	
	<input checked="" type="checkbox"/> Not Setting Specific	<input type="checkbox"/> Outcomes		

## Brief Description of the Planned Learning Experience:

Students will practice handling skills, recognizing how cueing, the environment, and patient response contributes to facilitation and progression of mobility.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
1. Students will determine appropriate handling techniques based on movement analysis. 2. Student will recognize the impact of verbal, visual and tactile cueing on facilitation of movement. 3. Students will adjust cueing according to patient needs to facilitate optimal movement patterns. 4. Students will recognize the impact of environmental modifications in facilitating optimal movement. 5. Students will determine modifications of handling strategies to allow progression of movement.	1. Students perform a movement analysis on a patient either individually or as a team. (CI choice based on time, resources, etc.) 2. Students will determine appropriate handling methods to facilitate optimal movement for patient (either correction of faulty movement pattern or assistance to achieve improved movement patterns.) and engage in hands-on care for patient. This includes cueing strategies and environmental modifications. 3. Students will identify ways in which handling methods could be modified to progress movement. If possible, students will implement these modifications with patient.	1. Movement analysis as part of patient session = variable time (5 minutes) 2. Determination of handling strategies and implementation = 5-10 minutes 3. Discussion re: modifications = 5 minutes  Total time = variable based on patient needs; can most likely be performed in the context of one patient encounter	1. Motor Control Motor Learning 2. Neuromuscular Conditions 1



Physical Therapy Program

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