Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 37	Plex Title: Use of proper body mechanics	Date created: 8/1/2014

ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread
☑ ICE I- Week I	☐ IP Acute/ICU	☐ Exam/Eval	
☑ ICE I- Week 2	☐ IP Rehab	☐ Dx/Prognosis	☑ Quality Improvement and Safety ☑ Patient Centered Care
☑ ICE II	☐ Outpatient	☐ Plan of Care	☐ Movement for Participation
	☐ School	☑ Intervention	☐ Teamwork and Collaboration ☐ Clinical Reasoning and Evidence Based Practice
	☑ Not Setting Specific	☐ Outcomes	

Brief Description of the Planned Learning Experience:

Students will demonstrate an understanding of the importance of proper body mechanics and how to properly position themselves during patient encounter.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
1. Students will understand the implications of use of poor body mechanics during patient encounters. 2. Student(s) will demonstrate safe body mechanics when interacting with a patient.	1. The CI will select a component of a patient encounter that will be critiqued from a safety/body mechanics perspective. 2. The student will perform the skill (i.e. MMT, ROM, transfers, etc.) demonstrating appropriate body mechanics and awareness of patient comfort. 3. CI and students will reflect on the encounter and discuss the success and/or difficulties encountered in obtaining safe positioning for both patient and provider, as well as implications of incorrect body mechanics.	1. Patient intervention: 5-10 minutes, activity dependent 2. Discussion: 10-15 minutes Total: 15-25 minutes	1. Foundations of intervention content regarding body mechanics, patient positioning, etc.