# Integrated Clinical Education – Planned Learning Experience (PLEX)

| Plex #: 30 | Plex Title: Dynamic posture assessment | Date created: 7/9/2014 |
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**ICE Week/Number**

- ☐ ICE I- Week I
- ☑ ICE I- Week 2
- ☑ ICE II

**Continuum of Care**

- ☑ IP Acute/ICU
- ☑ IP Rehab
- ☑ Outpatient
- ☐ School
- ☐ Not Setting Specific

**Patient Management Component**

- ☑ Exam/Eval
- ☑ Dx/Prognosis
- ☑ Plan of Care
- ☑ Intervention
- ☐ Outcomes

**Curricular Thread**

- ☐ Quality Improvement and Safety
- ☑ Patient Centered Care
- ☑ Movement for Participation
- ☐ Teamwork and Collaboration
- ☑ Clinical Reasoning and Evidence Based Practice

## Brief Description of the Planned Learning Experience:

Student(s) will perform a component of a dynamic posture evalution. Findings from this exam will be discussed and interpreted with consideration of prognosis and treamtent implications.

| Objectives | Description of Actual Learning Experience | Anticipated time to complete | Recommended Preparation or Readings |
|---|---|---|---|
| 1. Students will demonstrate the ability to perform a dynamic posture screen<br><br>2. Students will demonstrate the ability to accurately link observed faulty movement patterns to knowledge of muscle length/strength deficits, joint dysfunction, patient performance.<br><br>3. Link dynamic posture exam findings to treatment and prognosis. | 1. Student will perform (or observe CI) a component of a dynamic posture evaluation (e.g. small knee bend, forward trunk bend, hip flexor length test etc.)<br><br>2. Students will be given time to formulate hypotheses of causes for faulty movement patterns observed and consider additional tests that may need to be performed.<br><br>3. Students and CI will review above findings/hypotheses, and discuss treatment implications. | 1. Dynamic posture evaluation - integrated in to patient exam/care time, 10 minutes<br><br>2. Formulate hypotheses: 10 minutes<br><br>3. Discussion time: 20 minutes<br><br>Total: 40 minutes | |