

# Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 28	Plex Title: Selecting appropriate MMT	Date created: 7/29/2014
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread	
<input checked="" type="checkbox"/> ICE I- Week 1	<input type="checkbox"/> IP Acute/ICU	<input checked="" type="checkbox"/> Exam/Eval		
<input checked="" type="checkbox"/> ICE I- Week 2	<input type="checkbox"/> IP Rehab	<input type="checkbox"/> Dx/Prognosis	<input type="checkbox"/> Quality Improvement and Safety	<input checked="" type="checkbox"/> Patient Centered Care
<input type="checkbox"/> ICE II	<input type="checkbox"/> Outpatient	<input type="checkbox"/> Plan of Care		
	<input type="checkbox"/> School	<input type="checkbox"/> Intervention	<input type="checkbox"/> Teamwork and Collaboration	<input checked="" type="checkbox"/> Movement for Participation
	<input checked="" type="checkbox"/> Not Setting Specific	<input type="checkbox"/> Outcomes		
				<input checked="" type="checkbox"/> Clinical Reasoning and Evidence Based Practice

**Brief Description of the Planned Learning Experience:**

Students will determine appropriate muscle(s) on which to perform MMT examination following observation of functional task.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
<p>1. Students will be able to accurately identify individual muscles or muscle groups involved in a specific functional task.</p> <p>2. Students will demonstrate understanding of how the muscle strength impairments may contribute to activity limitations and also link to a participation restriction.</p>	<p>1. Students will observe patient completing functional task (i.e. sit to stand, reaching overhead, etc.) and work together to hypothesize specific muscles that may be weak.</p> <p>2. Students will position patient appropriately to perform specific MMT and appropriately grade and record the result of the MMT.</p> <p>3. If relevant, students will attempt to identify muscle substitutions that may be occurring as a result of muscle weakness and discuss with CI.</p>	<p>1. Patient observation/examination of MMT: ~15 minutes</p> <p>2. Discussion with CI: ~15 minutes</p> <p>Total time: ~30 minutes</p>	<p>1. Exam/Eval I: MMT content, ICF model content</p>

