

Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 26	Plex Title: Providing appropriate level of assistance during mobility activity	Date created: 7/25/2014
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread	
<input checked="" type="checkbox"/> ICE I- Week 1	<input type="checkbox"/> IP Acute/ICU	<input type="checkbox"/> Exam/Eval		
<input checked="" type="checkbox"/> ICE I- Week 2	<input type="checkbox"/> IP Rehab	<input type="checkbox"/> Dx/Prognosis	<input checked="" type="checkbox"/> Quality Improvement and Safety	<input checked="" type="checkbox"/> Patient Centered Care
<input checked="" type="checkbox"/> ICE II	<input type="checkbox"/> Outpatient	<input type="checkbox"/> Plan of Care		
	<input type="checkbox"/> School	<input checked="" type="checkbox"/> Intervention	<input type="checkbox"/> Teamwork and Collaboration	<input checked="" type="checkbox"/> Movement for Participation
	<input checked="" type="checkbox"/> Not Setting Specific	<input checked="" type="checkbox"/> Outcomes	<input checked="" type="checkbox"/> Clinical Reasoning and Evidence Based Practice	

Brief Description of the Planned Learning Experience:

Students will perform a mobility activity (e.g. bed mobility, transfers, gait training, etc.) with a patient and determine the appropriate level of assistance required.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
<ol style="list-style-type: none"> 1. Students will identify factors involved in determining level of assistance required during mobility task. 2. Students will safely assist patient during completion of a mobility task using appropriate level of assistance. 3. Students will recognize how level of assistance provided by therapist affects patient's learning of motor skills. 	<ol style="list-style-type: none"> 1. Students will select a mobility activity to perform with the patient. Student(s) will identify factors influencing the level of assistance required. 2. CI and students will determine level of assistance required based on factors identified by students. 3. Students will complete the activity with the patient providing safe and appropriate assistance throughout. 4. CI/team will provide feedback and discuss how the level of assist impacts the patient's ability to learn a motor skill. If able, patient can also provide feedback to student. 	<ol style="list-style-type: none"> 1. CI/Student discussion prior to performance of activity with patient: 10-15 minutes 2. Completion of activity with patient: variable pending activity; 5-15 minutes 3. Discussion with CI and team for feedback: 10 minutes <p>Total time: 30-45 minutes</p>	<ol style="list-style-type: none"> 1. Content from FI Mobility unit-guarding, safety, level of assistance 2. Content from MC & ML related to grading physical assistance (motor learning strategies for effective teaching of motor skills)