

Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 25	Plex Title: Instruction and cueing for correct performance of activity or exercise	Date created: 7/25/2014
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread	
<input type="checkbox"/> ICE I- Week 1	<input type="checkbox"/> IP Acute/ICU	<input type="checkbox"/> Exam/Eval		
<input checked="" type="checkbox"/> ICE I- Week 2	<input type="checkbox"/> IP Rehab	<input type="checkbox"/> Dx/Prognosis	<input checked="" type="checkbox"/> Quality Improvement and Safety	<input checked="" type="checkbox"/> Patient Centered Care
<input checked="" type="checkbox"/> ICE II	<input type="checkbox"/> Outpatient	<input type="checkbox"/> Plan of Care		
	<input type="checkbox"/> School	<input checked="" type="checkbox"/> Intervention	<input type="checkbox"/> Teamwork and Collaboration	<input type="checkbox"/> Movement for Participation
	<input checked="" type="checkbox"/> Not Setting Specific	<input type="checkbox"/> Outcomes	<input type="checkbox"/> Clinical Reasoning and Evidence Based Practice	

Brief Description of the Planned Learning Experience:

Students will instruct the patient in completion of activities or exercises using effective cues and feedback.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
1. Students will recognize the need to modify instruction and type of cueing based on patient performance of activity. 2. Students will use patient-friendly language in order to provide effective instruction.	1. CI and students will identify a patient appropriate for training in an activity or exercise. 2. The student(s) will lead patient through performance or an activity/exercise using appropriate cues and feedback for successful completion of activity/exercise. 3. Student should recognize when instruction is not effective and needs to be modified. 4. CI and students will engage in discussion regarding alternative instructional strategies.	Instruction of activity/exercise: Varies depending on patient (10-20 minutes) Time for discussion following session is recommended (~10 minutes) Total time: Varies (10-30 minutes)	1. Material from MC & ML related to instruction and type of feedback (knowledge of results, knowledge of performance, transition information.)