

Integrated Clinical Education – Planned Learning Experience (PLEX)

Plex #: 12	Plex Title: Caregiver education	Date created: 12/6/2013
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ICE Week/Number	Continuum of Care	Patient Management Component	Curricular Thread
<input checked="" type="checkbox"/> ICE I- Week 1 <input checked="" type="checkbox"/> ICE I- Week 2 <input checked="" type="checkbox"/> ICE II	<input checked="" type="checkbox"/> IP Acute/ICU <input checked="" type="checkbox"/> IP Rehab <input checked="" type="checkbox"/> Outpatient <input type="checkbox"/> School <input type="checkbox"/> Not Setting Specific	<input type="checkbox"/> Exam/Eval <input type="checkbox"/> Dx/Prognosis <input type="checkbox"/> Plan of Care <input checked="" type="checkbox"/> Intervention <input type="checkbox"/> Outcomes	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <input checked="" type="checkbox"/> Quality Improvement and Safety <input type="checkbox"/> Teamwork and Collaboration </div> <div style="width: 45%;"> <input checked="" type="checkbox"/> Patient Centered Care <input checked="" type="checkbox"/> Movement for Participation <input type="checkbox"/> Clinical Reasoning and Evidence Based Practice </div> </div>

Brief Description of the Planned Learning Experience:

Student will provide family/caregiver education on proper body mechanics and assistance during functional mobility.

Objectives	Description of Actual Learning Experience	Anticipated time to complete	Recommended Preparation or Readings
1. The student will use effective methods to educate family/caregivers on proper body mechanics including patient friendly language and demonstration. 2. The student will demonstrate correct knowledge of proper body mechanics during mobility tasks.	1. The student will identify opportunity for family/caregiver education regarding proper body mechanics when caregiver is assisting patient during mobility. 2. The student will use effective educational methods to instruct family/caregiver in how to assist patient while using proper body mechanics. 3. The CI and student team will provide feedback to the student regarding family/caregiver education.	1. Family/caregiver education: 10-30 minutes (varies depending on patient, needs, etc.) 2. CI/student discussion: 10-15 minutes Total: 20-45 minutes (varies based on patient)	1. Foundations of Intervention I material related to body mechanics 2. Movement Science Lecture on body mechanics 3. Any material faculty has related to caregiver training/education