

Integrated Clinical Experience (ICE) Planned Learning Experience (PLEX)

Caregiver education

Objectives	Description of Learning Experience	Resources and Time to Complete
<ol style="list-style-type: none"> 1. Utilize effective methods to educate family/caregivers on proper body mechanics including patient friendly language and demonstration 2. Demonstrate appropriate knowledge of proper body mechanics during mobility tasks. 3. Understand the importance of caregiver education 	<ol style="list-style-type: none"> 1. Student/CI will identify an opportunity for family/caregiver education regarding proper body mechanics when caregiver is assisting patient during mobility or exercises 2. Students will perform caregiver education on body mechanics utilizing effective education methods (teach-back, checks for understanding, etc) and patient-friendly language. 3. Student and CI will solicit feedback from caregiver about the education provided 4. CI and students will debrief after session to provide feedback 	<p>Resources: FII and Movement Science content related to body mechanics, facility specific resources related to caregiver training and education</p> <p>Time to complete: varies based on patient</p> <ul style="list-style-type: none"> - Caregiver education: 10-30 min depending on patient - CI/student discussion: 10-15 min