

## Integrated Clinical Experience (ICE) Planned Learning Experience (PLEX)

### Balance Outcome Measures

Objectives	Description of Learning Experience	Resources and Time to Complete
<ol style="list-style-type: none"> <li>1. Identify appropriate functional balance tests to be used to assess fall risk</li> <li>2. Demonstrate correct administration of a balance test with a patient, including proper guarding technique</li> <li>3. Engage in discussion with CI to understand the rationale for selection of specific test, implications of results and to gain feedback on administration of test</li> </ol>	<ol style="list-style-type: none"> <li>1. Student(s) will select one of the following tests to administer to a patient: Berg, Functional Reach, TUG, Pediatric Balance Test. Student(s) will provide rationale to CI for the selection.</li> <li>2. Student(s) will perform the test, utilizing proper guarding techniques.</li> <li>3. Student(s) and CI will concurrently score test. After patient encounter, student(s) and CI will compare scores and CI will provide feedback on student's administration of test.</li> <li>4. Student and CI will discuss implications of results and next steps related to patient management.</li> </ol>	<p><b>Resources:</b> Motor Control/Motor Learning lecture and lab material related to balance tests: Functional Reach, TUG, Berg</p> <p><b>Time to Complete:</b>  <b>30-45 min</b></p> <ul style="list-style-type: none"> <li>- Administration of test: varies depending on the test (15-20 min)</li> <li>- Discussion with CI: 15-20 min</li> </ul>