



# Performance Physical Therapist for Runners & Active Adults

[WATCH THIS - Founders Video Regarding this Position](#)

Fort Collins, CO

Up and Running Physical Therapy ([website](#)) ([Google reviews](#))

Focus: Runners, Sports, Lifters, Active Adults, (bonus if interested in Pelvic Health)

Full-Time | 4-Day Workweek Option Available

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## Position Description:

**This is not a mill.**

If you became a PT because you love movement, performance, strength, and endurance... but you refuse to treat 12 patients a day...keep reading.

If you want a comfortable job where no one pushes you to grow, this won't be a fit.

## Who This Role Is Built For

This is for the clinician who:

- Loves strength training, endurance sports, climbing, or performance culture
- Gets energized by helping motivated runners and active adults

- Wants 60-minute, one-on-one sessions every time
- Is coachable and thrives on feedback
- Understands that clear communication and confident plan-of-care recommendations are part of excellent patient care
- Wants mentorship and professional growth... not stagnation
- Is excited by the idea of building something, not just maintaining status quo

Bonus points if you:

- Run, lift, or train consistently yourself
- Have interest in pelvic health + ortho
- Want to grow into leadership

### **Who This Is Not For**

- Burned out and cynical
- Uncomfortable talking about money or recommending full plans of care
- Set in traditional outpatient habits
- Resistant to feedback
- Looking for an easy cruise job

We hire carefully and protect our culture.

### **What You'll Actually Experience**

- 6–8 patients per day max
- 60-minute, true 1:1 sessions
- Highly motivated, performance-driven patients
- No insurance battles
- Dedicated documentation time
- Weekly mentorship and clinical development
- Freedom to build your own niche
- Flexible scheduling including 4-day workweek options

### **Growth Path**

We are expanding.

Over the next 1–3 years, this role can evolve into:

- Lead PT
- Program developer (youth athletes, pelvic health, performance training, etc.)
- Clinic Director track

If you want an upward trajectory, it exists here.

### **The Culture**

We train hard.

We hold high standards.

We push each other to improve.

We genuinely enjoy working together.

Our patients actually want to be here.

And we get to practice the way PT was meant to be practiced.

## Compensation & Benefits

- Compensation Range: \$79,000–\$110,000+, depending on experience, performance, and caseload.
  - Performance-based bonuses
  - Health, dental, vision
  - PTO
  - Continuing education allowance
  - Retirement Plan
  - Mentoring
  - Continuing Education stipend (renews annually)
  - Relocation support available for the right candidate
  - Paid Maternity and Paternity leave through CO FAMILI
  - Fort Collins lifestyle with immediate access to trails, endurance events, and a strong athletic community
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## How to Apply

If this excites you more than it intimidates you... we will not consider your application unless you **submit a 3-5 minute video answering the three questions below**. Be authentic and let your enthusiasm shine:

- Why do you feel like Up and Running PT is a good fit for you?
- Why do you feel like you're a good fit for Up and Running PT?
- Where do you see yourself both personally and professionally in 5 years?

We're not just filling a role.

We're building a team of clinicians who take pride in their craft.

Job Type: Full-time

Pay: \$79,000.00 - \$110,000.00 per year

Benefits:

- Continuing education credits
- Mentorship
- Paid family leave
- Dental insurance
- Health insurance
- Health savings account
- Opportunities for advancement
- Paid time off
- Referral program
- Relocation assistance
- Retirement plan
- Vision insurance

Work Location: In person

## Meet The Team:



## Contact Info:

[aj@upandrinningpt.com](mailto:aj@upandrinningpt.com)

Cc: [joey@upandrinningpt.com](mailto:joey@upandrinningpt.com)  
(970) 500-3427