



MOVEMENT

PHYSIO & WELLNESS

Pelvic Health Physical Therapist - Full Time

Name of Facility: Movement Physio & Wellness

Location: 14575 W. 64th Ave, Unit B. Arvada, CO 80004

Contact: Dr. Andrea Nied, andrea@movementphysioco.com (720) 500-7450

Movement Physio and Wellness is a boutique, holistic pelvic health physical therapy clinic in Arvada, CO supporting people struggling with pelvic floor conditions such as pelvic pain, incontinence, pregnancy and postpartum, and perimenopause issues. We are a fully cash-pay practice with 60 minute treatments 1:1 with the patient without techs or aids. We love supporting people recovering from embarrassing issues and finally getting their lives back. It's the best physical therapy field in our opinion!

We are an established pelvic health specialty PT practice and built this space with the intention to create a relaxing workspace that doesn't feel like a typical PT clinic. We have spa-like private treatment rooms, Pilates reformer, a squat rack, weights, and plenty of space to provide movement based care.

Job Duties

Here at Movement Physio and Wellness we are looking for a full-time Pelvic Health PT to join our small, passionate team with 3 other pelvic floor therapists and 2 admins. You'll evaluate and treat adult patients experiencing pelvic floor dysfunction, orthopedic pain, and spine and hip conditions — using a whole-body assessment. We want someone who is creative, an excellent communicator, and willing to look outside the pelvic floor for potential root causes. We believe doing internal work is necessary to get a true assessment of the pelvic floor, and we also believe being a successful pelvic floor therapist is way more than prescribing Kegels and pelvic floor stretches. You must take a full body assessment of all the systems: musculoskeletal, neurological, visceral, and somatic, to be an excellent pelvic PT at our clinic!

Your day-to-day will include:

- 60-minute, one-on-one sessions with every patient, 7-8 patients a day max.
- Treating a rich mix of pelvic health (leakage, pelvic pain, prenatal/postpartum, perimenopause, male pelvic health) and orthopedic conditions
- Integrating manual therapy, internal work, visceral mobilization, Pilates, strength training, and patient education into your treatment plans

- Dry needling is a significant plus — experience preferred, or willingness to get certified soon
- Communicating with patients their plan of care and expectations for how they will progress thru pelvic floor therapy
- Collaborating with a tight-knit team that takes the work seriously and has fun doing it
- Participating in mentorship and staff training to always provide the latest evidence based practice.
- Quarterly off-site retreats to get out of the clinic and bond

You Don't Have to Be a Pelvic Health Expert — Yet

New to pelvic floor PT? Ortho or sports background looking to make the switch? That's exactly who this role is built for. We offer a structured 3-month onboarding mentorship, monthly 1-on-1 sessions with Dr. Andrea Nied with 15 years of PT experience, and weekly team mentorship built into your schedule. We invest in the right person, not just the right résumé. Personality is important to us.

This role is a great fit if you:

- Want to deepen your clinical skills in a specialty that's growing fast
- Believe in treating the whole person, not just the injury
- Are looking for a sustainable, energizing place to build a long career
- Bring good energy and genuinely enjoy being part of a team

What You'll Get

- \$82,000–\$100,000 salary — includes starting base pay and bonus structure
- Minimal documentation — paid lunch and admin time to finish your notes at work
- Flexible scheduling — 32–40 hrs/week, built around your life
- Generous PTO and flex time to adjust hours to fit your lifestyle
- Medical insurance stipend so you can have access to a plan that fits you
- Profit share program that rewards you when you work hard
- \$1,500/year CEU stipend toward pelvic health certifications and coursework
- Structured mentorship program with the clinic owner
- Cash-pay model — no insurance to dictate our treatment plans
- Easy access to Colorado outdoor activities with our West Arvada location

What We're Looking For

- Licensed PT (or eligibility pending) in Colorado
- 1–3 years of clinical experience; pelvic health coursework with at least a PF Level 1 Course taken or scheduled to take
- Dry needling certification preferred or willingness to pursue it
- Strong communication skills and a talent for building patient relationships
- A collaborative spirit and good energy — clinic culture matters to us!

To Apply

Send your resume and a quick note about why you're interested to **andrea@movementphysioco.com**. Send a quick cover letter about what excites you about this role. We look forward to speaking with you!