

# Resources for Caregivers

University of Colorado Cancer Center • Cancer Resource Center • 720-848-0316

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## National Organizations & Websites:

- Family Caregiver Alliance
  - [www.caregiver.org](http://www.caregiver.org)
  - 800-445-8106
- Caregiver Action Network
  - <https://www.caregiveraction.org>
  - 202-454-3970
- Well Spouse Association
  - [www.wellspouse.org](http://www.wellspouse.org)
  - 732-577-8899
- National Alliance for Caregiving
  - [www.caregiving.org](http://www.caregiving.org)
  - 301-718-8444
- 4<sup>th</sup> Angel Network Mentoring
  - [www.4thangel.org](http://www.4thangel.org)
- National Respite Locator Service
  - <https://archrespice.org/respitelocator>
- National Cancer Institute
  - [www.cancer.gov](http://www.cancer.gov)
  - 800-422-6237
- CancerCare
  - [www.cancercare.org](http://www.cancercare.org)
  - 800-813-4673
- Cancer Hope Network
  - [www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)
  - 877-467-3638

## The University of Colorado Cancer Center:

- **Cancer Resource Center: 720-848-0316**
  - The University of Colorado Cancer Resource Center provides informational and educational support for cancer patients and their families. An American Cancer Society Patient Navigator is available to assist you with all of your support needs. Hours are Monday - Friday, 8:30 a.m. to 4:00 p.m.

## Local Area Support:

- **SCL Health Network Centers: 1-866-877-4325**
  - SCL Health offers free groups for all caregivers and patients at seven mountain state health centers. Go to [www.sclhealth.org/classes-events/](http://www.sclhealth.org/classes-events/) and enter keyword "Cancer" in the left sidebar to find a local support group.
- **Boulder Community Hospital: 303-385-2000**
  - Boulder community Hospital offers support groups from general support to art therapy and skincare and makeup classes for caregivers and patients, call or visit
  - [www.bch.org/Our-Services/Cancer/Cancer-Support-Groups.aspx](http://www.bch.org/Our-Services/Cancer/Cancer-Support-Groups.aspx) to find upcoming events

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- **Swedish Medical Center. 303-788-2627**
  - Swedish Medical Center offers support groups for all caregivers and patients. This group meets once monthly. Call for meeting information and registration.
- **Innovage. 303-300-6906**
  - Innovage offers assistance services, including but not limited to personal care, meal preparation, shopping assistance, and laundry. Depending on eligibility, services may be offered at no cost. Call or visit [www.myinnovage.com](http://www.myinnovage.com) to find out more.

## Books available in the University of Colorado Cancer Hospital Resource Center

*Crossing Divides: A Couple's Story of Cancer, Hope, and Hiking Montana's Continental Divide* by Scott Bischke and Katie Gibson

*What Helped Get Me Through: Cancer Patients Share Wisdom and Hope* by the American Cancer Society

*Caring for the Patient with Cancer at Home* (English) by the American Cancer Society

## Additional resources

### When Someone You Love is Being Treated for Cancer Booklet | PDF, Kindle, ePub

<http://www.cancer.gov/publication/patient-education/when-someone-you-love-is-being-treated>

### American Cancer Society: 800-227-2345

Call or visit [acs.bookstore.iogbook.com](http://acs.bookstore.iogbook.com) to buy books and materials relating to all aspects of life with cancer. Some materials may be offered free of charge.

### When someone you love is being treated for Cancer

<http://www.cancer.gov/cancertopics/coping/when-someone-you-love-is-treated.pdf>

### Caregiver Resource Guide- American Cancer Society

<http://www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/american-cancer-society-caregiver-resource-guide.pdf>