

Cancer Services and Resources

University of Colorado Cancer Center • Cancer Resource Center • 720-848-0316

Cancer Resource Center – 720-848-0316
(<http://www.uch.edu/conditions/cancer/support-education/>)

The Monfort Family Foundation Cancer Resource Center is located on the second floor of the Anschutz Cancer Pavilion, Room 2015. It is open Monday through Friday, 8:30 am to 4:00pm. It is staffed by an American Cancer Society Patient Navigator and provides:

- A variety of reading material related to specific types of cancer
- Information on cancer topics such as nutrition, side effect, clinical trials, etc.
- Computers with Internet access
- Audio/visual materials for use during your at the Cancer Center
- Information about lodging and transportation services near our facility, as well as access to ACS lodging and transportation assistance programs
- Information about support groups and educational classes
- Information about tours for patients, caregivers, and special “Lemonade Tours” for children of cancer patients

Cancer Support Groups and Educational Programs – 720-848-0316

- Cancer specific support groups including Prostate, Blood Cancer, Colorectal Roundtable, Brain tumor, Couples with Cancer, and Young Adult
- Educational workshops including Cancer Resource Center Orientation, Introduction to Support Services, and Wellness Lecture Series
- Monthly nutrition and cancer classes
- “Look Good...Feel Better” Program – A group workshop that teaches beauty techniques to female cancer patients to help them combat the appearance-related side effects of cancer treatment
- C.L.I.M.B. – A support program for young children coping with a parent/grandparent diagnosed with cancer

Oncology Social Workers – 720-848-0300

The Oncology Social Worker team is available to help patients and families manage the stress associated with the diagnosis and treatment of cancer both in our out patient clinics and hospital. Social Workers can assist with:

- financial and insurance issues
- relationship issues
- transportation
- emotional distress
- parenting concerns
- housing and lodging

Spiritual Care – 720-848-4063

Spiritual Care Services are available to support patients and families at UCH by focusing on their personal systems of faith, culture, and belief. A chaplain is available 24-hours a day, both in and out patient, for spiritual and emotional support with a listening and accepting presence.

Cancer Information and Counseling Line - 1-800-525-3777

Trained counselors can assist patients and families on the phone with cancer information, counseling, and support related to your diagnosis, treatment, and coping when treatment is complete. This is a free service, located on the UCD Anschutz Medical Campus.

Patient and Family Centered Care Council (PFCC) – 720-848-7515

The University of Colorado Hospital has organized a Patient and Family Centered Care Council for our cancer clinic. The PFCC is a partnership of staff, patients, and family members. The Council's role is to work together with healthcare teams to promote the principles of patient and family centered care, to collaborate in improving the quality of care provided, and to offer suggestions to management for planning and evaluating services, programs, policies, and teaching materials. In an attempt to grow and provide a higher level of satisfaction with the healthcare delivery process, the Council is looking for both staff and patient volunteers.

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Cancer Survivorship Program – 720-848-2300

The University of Colorado Hospital is one of the seven members of the LIVESTRONG Survivorship Centers of Excellence, bringing resources, support, and information to cancer survivors in Colorado and the Rocky Mountain region. The Cancer Survivorship Program consists of:

- Cancer survivorship clinics (TACTIC: Thriving After Cancer Treatment Is Complete and WIN: What is Next?)
- Cancer survivor resources and educational classes and on-going survivorship needs assessment

Nutrition Counseling – 720-848-0300

We have a staff of registered dietitians who are certified in counseling cancer patients about nutrition issues. This service is free to UCH patients under current cancer treatment to help with concerns about managing side effects or changes in appetite.

Cancer Rehabilitation and Physical Therapy – 720-848-2000

UCH Physical Therapists trained in cancer rehabilitation are available to assist patients in coping with physiological changes including fatigue, loss of energy, and decreased levels of physical activity. Cancer Rehabilitation services are available at Anschutz Outpatient Pavilion, Park Meadows, Lone Tree, and Stapleton facilities.

Exercise Resources at Stapleton Physical Therapy and Aquatic Clinic – 720-848-9010

- Yoga
- Water Aerobics
- Individual Gym Exercise Program (Gym or Pool)
- Pilates Mat Class

Center for Integrative Medicine – 720-553-2750

The Center for Integrative Medicine provides consultations with a medical doctor who collaborates with the oncology team and is knowledgeable about complementary therapies for side effect management from cancer treatment including:

- Nausea, pain, fatigue
- Stress management
- Mind, body, and emotional wellness

The Oncofertility Clinic at UCH Advanced Reproductive Medicine – 303-724-8089

UCH offers a broad oncofertility program that can assist both male and female patients before, during, and after cancer treatment with contraception, fertility preservation, hormone replacement therapy, sexual functioning, as well as traditional reproductive medicine services. The Oncofertility Program Coordinator can be reached at 303-724-3378 or oncofert@ucdenver.edu.

Palliative Care – 720-848-6799

Palliative Care Consult Services provide care and support to patients and families facing a serious or life-threatening illness. The Palliative Care Team works directly with the patient's primary physician(s) to help ease pain and other symptoms. Consultations are currently limited to in-patient consults, and can include:

- Assistance with the physical, psychological, social, emotional, and spiritual needs of patients and families through all phases of illness
- Help for patients and families in making important health care and personal goals
- Guidance about advanced directives, living wills, and disease management
- Assistance with the transition to hospice care if the patient and/or family choose to stop treatment that would otherwise prolong life or when care becomes entirely comfort based

Genetic Counseling – 720-848-1030

The Hereditary Cancer Clinic at the University of Colorado Hospital provides a variety of genetic services including genetic counseling, family history analysis, and genetic testing.

Smoking Cessation Programs – 303-724-7848

To assist patients in quitting smoking, the University of Colorado Hospital offers a smoking cessation program. The group sessions provide information on managing withdrawal symptoms, recognizing triggers for smoking, breaking smoking habits, and changing lifestyle.



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