Retraction methods/device can make ESD easier and more efficient. The attendees will learn about these devices’ indications and expected clinical outcomes in facilitating endoscopic tissue resection.


In assessing the appropriate anti-reflux procedure/surgery, the physician needs to understand and assess the 3 main components of the anti-reflux barrier anatomy: 1) Presence of Hiatal hernia 2) Integrity of the Diaphragm crus around the GEJ 3) Integrity of the GE flap valve (including LES and gastric sling fibers). Endoscopic Fundoplication using the Esophyx TF (Trans-oral incisionless fundoplication) can re-create a GE flap valve that optimally restores function and results in durable satisfactory outcomes.


In my lecture, I will review the overview and the clinical data of four novel technologies (FTRD system, EndoSoftor, Speedboat, and Tracmotion). The attendees will learn about these devices’ indications and expected clinical outcomes in facilitating endoscopic tissue resection.

There are currently three FDA-approved intragastric balloons for the interventional endoscopist.


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Endoluminal fundoplication - here to stay? Chang, Kenneth MD

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Z-POEM for Zenker’s diverticulum: Is it worth it? Kahaleh M, Michel MD, AGAF, FAGG, FASGE

Zenker diverticulum should be offered endoscopic treatment Septotomy and ZPOEM techniques are both effective options ZPOEM might be safer then septotomy.


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POEM and ESD training in the US: Don't just do it

Stavroula Stavroula, Stavros MD

Compared to Asia, the ESD learning curve in the US may be longer since learning is mostly achieved through an untutored, prevalence-based approach. This approach, due to the paucity of suitable, easier, gastric and mid-esophageal foregut lesions in the West, requires tackling more challenging lesions such as colonic and previously manipulated lesions earlier during a Western operator's experience.

Traction techniques are key in facilitating and accelerating ESD during training but also as the operator's experience matures.

POEM may entice 3rd space novices since it appears technically easier than ESD. However, POEM, as a thoracic transmural NOTES procedure, has higher potential for catastrophic adverse events such as tension pneumothorax, pericardial tamponade and severe suppurative complications (e.g. mediastinitis, fistulization into bronchial, pleural or pericardial spaces). A cautious approach is required. Third space novices should not pursue POEM as their initial foray into the 3rd space.


GPOEM outcomes: Real or fantasy?

Wagh, Mihir MD

GPOEM is a safe and effective endoscopic option for select patients with refractory gastroparesis. Careful patient selection is essential for ensuring clinical success and reducing risk of adverse events after GPOEM.


