DIVISION OF ENDOCRINOLOGY, METABOLISM AND DIABETES MONTHLY NEWSLETTER

AUGUST-SEPTEMBER EDITION

Friday, September 18, 2026



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LAUREN FISHBEIN, MD PHD

Sidney H. Ingbar Distinguished Service Award

ENDOCRINE SOCIETY

This award recognizes distinguished service to the Endocrine Society and the field of endocrinology.



Lauren Fishbein of the University of Colorado School of Medicine in Aurora, Colo., is an internationally recognized leader in neuroendocrine cancer research, patient care and education whose contributions have advanced the understanding and treatment of pheochromocytoma and paraganglioma. Through her extensive leadership within the Endocrine Society, groundbreaking research, and dedication to mentorship, she has strengthened the endocrine community while helping shape the next generation of clinicians and scientists. Her commitment to scientific excellence, patient advocacy and service has had a lasting impact on both the Endocrine Society and the field of endocrinology. She's held many positions within the Society currently serving on the Society's Board of Directors, as a Board Representative for the Society's Advocacy and Public Outreach Core Committee and as the Associate Editor of Endocrine Reviews.

The winners will be recognized for their achievements during ENDO 2027, on June 5–7, in Toronto, ON, Canada.

View the list of winners at endocrine.org/awards

Announcements

Updates. Opportunities. Celebrations.



Welcome to the Division!

New 1st Year Endocrine Fellows

Christina Marchese, MD
Joseph Herba, DO
Tim McGinnis, MD
Nathan Brott, MD

T32 Fellows 2026-2027

Claire Pillsbury, PhD
Victoria Alvord, PhD

New Faculty

Ryan Conrad, MD Assistant Professor
Monique Maher, MD Assistant Professor
Kristyen Hyland, MD Associate Professor

New Staff and Lab Members

Ashley Amdor Schweppe Lab
Sharee Dandridge Schweppe Lab
Angeline Atheby Reis Lab
Lottie Messick Admin Team
Christina Hofman Wierman Lab
N**abanita Mukherjee** Wierman/Kiseljak-Vassiliades Lab

New CUDECT Team Members

Genevieve Rump, BS
Sydney Hubbard, BS, MS
Julian Mendoza, BSA
Jessica Eggleston, BS

Endocrinology Student Interest Group Leadership Team

Grace Hanson, MS4 President
T**rinity Brigham, MS 2** Vice President
Kyra Leroy, MS4 Treasurer
Banjamin Garver, MS2 Coordinator
Gurleen Kaur, MS2 Coordinator

Education & Fellowship Updates







September 10-12th

Swecha Potharaj and Kevin Ni attended the **Endocrine Fellows Foundation Adrenal Preceptorship** in Chicago, Illinois. The Adrenal Preceptorship under the direction of Drs. Ricardo Correa and Irina Bancos is an interactive educational program designed to educate fellows on adrenal physiology and abnormalities of the adrenal gland, to date an underrepresented educational area.

September 18-19

Swecha Potharaj and Kevin Ni will attend the **Endocrine Society Obesity Fellows Program**. Fellows will hear from world renowned experts in obesity care, engage in small-group case discussions, and have direct access to leading experts in the field.

Faculty/Staff News

People. Updates. Milestones

LATEST NEWS



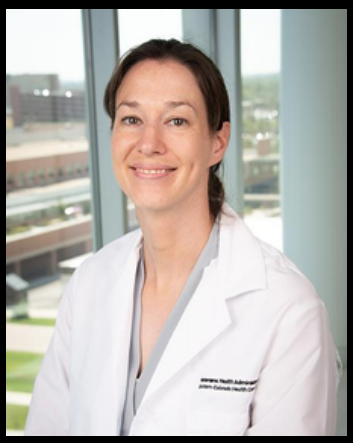
Congratulations to Beth Tupta on receiving the 2026 OAP Excellence in Leadership Award!

The awards ceremony will be held during the 6th Annual Office of Advanced Practice Conference on September 24th at 4:45 p.m. in the Elliman Conference Center, 2nd Floor, Anschutz Health Sciences Building.



Congratulations to Neda Rasouli and Sarah Mayson

on being elected as faculty representatives on the School of Medicine Faculty Senate. We are proud to have you represent us!





Congratulations to Dr. Lori Sussel!

Director of the CU Diabetes Research Center, has been awarded the 2026 Arthur Riggs Award for Excellence in Diabetes Basic and Translational Science.

Health & Wellness

Resources.



Planning a Research/Clinical Open House Exchange

Pilot money available for Wellness Initiatives

Better Together Coaching

Registration opens July 31, and the Fall cohort begins in September. Free, confidential, evidence-based coaching program designed specifically for busy physicians, fellows, residents, students, APPs, scientists, research faculty, and educators.

www.bettertogetherphysiciancoaching.com



CU SOM Office of Wellbeing

https://medschool.cuanschutz.edu/deans-office/well-being

Faculty 1:1 coaching

Peer Support after Adverse Events

Health & Wellness

Signs of a healthy workplace.



10 WORKPLACE GREEN FLAGS PEOPLE DON'T TALK ABOUT ENOUGH

Subtle signs a workplace is healthier than it looks

1 YOU CAN ASK QUESTIONS

Green flag: Curiosity is welcomed, not judged.

2 FEEDBACK GOES BOTH WAYS

Green flag: Employees can speak up too.

3 FLEXIBILITY IS NORMAL

Green flag: Trust matters more than face time.

4 MISTAKES BECOME LESSONS

Green flag: Errors lead to better process, not blame.

5 MANAGERS ACTUALLY LISTEN

Green flag: They pause to understand, not just respond.

6 CREDIT IS SHARED OUT LOUD

Green flag: Recognition is specific and timely.

7 GROWTH TIME IS PROTECTED

Green flag: Learning is part of the job.

8 BOUNDARIES ARE RESPECTED

Green flag: Rest is supported before burnout.

9 PAY CONVERSATIONS ARE CLEAR

Green flag: Compensation is not a mystery.

10 YOUR IDEAS SHAPE DECISIONS

Green flag: Input changes real outcomes.

Healthy culture shows up in small moments.

Endocrine Grand Rounds

Endocrine Grand Rounds are back starting September 9th at 8am!



FALL 2026 GRAND ROUNDS

Speaker Schedule

DATE	SPEAKER / PROGRAM	AFFILIATION / DETAILS
September 9, 2026	**Whitney Goldner, MD**	Division Chief, Endocrinology, Metabolism & Diabetes | CU Anschutz
September 16, 2026	**Adnin Zaman, MD (former Fellow)**	Assist. Professor, Endocrinology Metabolism, University of Rochester Medicine
September 23, 2026	**Endocrinology Fellows**	CCR: Collaborative Case Review
September 30, 2026	**Irene Schauer, MD, PhD**	Professor of Medicine | CU Anschutz, Division of Endocrinology, Metabolism & Diabetes
October 7, 2026	**Second-Year Fellows**	Interesting Cases
October 14, 2026	**Faris Zuraikat, PhD**	Assistant Professor of Nutrition Medicine | Columbia University *Sponsored by NORC*
October 21, 2026	**John Bilezikian, MD**	Professor of Medicine | Vagelos College of Physicians and Surgeons, Columbia University
October 28, 2026	**Stacey Seggelke, CNS, MS, RN**	Division of Endocrinology, Metabolism & Diabetes
November 4, 2026	**Kenneth Cusi, MD**	Professor of Medicine | University of Florida
November 11, 2026	**Lynn Barbour, MD**	Professor of Medicine | CU Anschutz, Division of Endocrinology, Metabolism & Diabetes
November 18, 2026	**Endocrinology Fellows**	Interesting Cases
November 25, 2026	**THANKSGIVING BREAK**	*No Grand Rounds*
December 2, 2026	**Austin Larson, MD**	Associate Professor, Pediatrics - Clinical Genetics and Metabolism
December 9, 2026	**Nabil Seidah, MD**	Professor of Medicine; Director, Biochemical Neuroendocrinology Research Unit | University of Montreal Eckel Lectureship

Endocrine Research Conference

Endocrine Research Conferences are back starting September 9th at 11am!



FALL 2026 RESEARCH CONFERENCE

Speaker Schedule

DATE	SPEAKER / PROGRAM	AFFILIATION / DETAILS
September 9, 2026	Caitlin Bell, MD	Assistant Professor | CU Anschutz Oncology/Cardiology
September 16, 2026	Layla Abushamat, MD, MPH	Assistant Professor | Baylor College of Medicine Cardiometabolic Disease
September 23, 2026	Sabrina L Spencer, PhD	Associate Professsor | CU Boulder Biochemistry
September 30, 2026	Fernando Holguin, MD	James C. Campbell Professor of Pulmonary Medicine | CU Anschutz Pulmonary and allergy critical care
October 7, 2026	Matthew Olm	Assistant Professor | CU Boulder Boettcher Award Winner
October 14, 2026	Faris Zuraikat, PhD	Columbia University Metabolism
October 21, 2026	John Bilezikian, MD	Columbia University Bone
October 28, 2026		
November 4, 2026		
November 11, 2026	Dr. Eileen Chang	Assistant Professor | CU Anschutz Fetal metabolic develpment
November 18, 2026	Dr. Ramon Lorca	Assistant Professor | CU Anschutz Placental vascular
November 25, 2026	THANKSGIVING BREAK	*No Research Conference*
December 2, 2026	Dr. Blake Hill	Professor/Chair | CU Anschutz pharmacology/mitochondria
December 9, 2026	Paola Costelli	University of Turin muscle biology and cancer-associated tissue wasting
December 16, 2026		
December 23, 2026	WINTER BREAK	*No Research Conference*
December 30, 2026	WINTER BREAK	*No Research Conference*

Grants & Research

Funding discovery. Advancing knowledge. Improving health.



Whitney Goldner, MD and Rebecca Schweppe, PhD
Received a shoutout in Medicine Monthly on being awarded an R21 to study the effects of glyphosate on thyroid cancer.

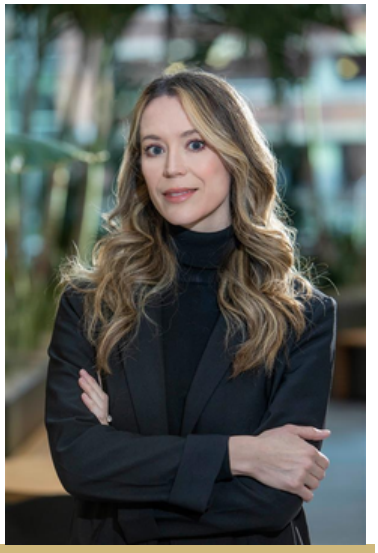
Dr Rebecca Schweppe
Received NoA
Principal Investigator: Rebecca Schweppe,
Project Title: Mechanisms of thyroid carcinogenesis in agricultural workers exposed to glyphosate.



Was invited to submit an application for the Fiscal Year 2026 Peer Reviewed Cancer Research Program (PRCRP) Idea Award for “Nucleolar FAK Drives Thyroid Cancer Tumorigenesis”.

Received a 2026 RiboPilot Award entitled “The regulation of translational reprogramming by nucleolar FAK” from the RNA Informatics, Technologies & Therapies Core

Kimberly Bruce, PhD
Targeting elevated antiviral responses in female microglia to mitigate increased neurodegenerative disease risk in women.
Interdisciplinary Research Award in Women’s Health or Sex Differences
PI: Dr. Kimberley D Bruce, Associate Professor, Department of Medicine, Division of Endocrinology, Metabolism and Diabetes
Co-PI: Dr. Christy Niemeyer, Assistant Professor, Department of Neurology



Publications

Click on the article to follow the link.



A single dose trial of mizagliflozin for the treatment of postbariatric hypoglycemia

Helen M Lawler, Tracey L McLaughlin, Soroush Shakeri, Ethan F Stortz, Aanchal Gupta, Vatsala Singh, Nicole Turk, Susan Walker, William Wilkison, Bentley Cheatham ✉ Author Notes

Journal of the Endocrine Society, Volume 10, Issue 9, September 2026, bvag181, https://doi.org/10.1210/jendso/bvag181

Published: 26 August 2026 **Article history ▾**

Popsicle Moments

Joe Herba[1]

[1]Medical Center, University of Kansas, Kansas City, KS, USA

J Gen Intern Med
DOI: 10.1007/s11606-026-10762-3
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ApoE Lipidation State Directs Immunometabolic Reprogramming of Human Microglia

Accepted, in press!

Tsion G. Shiferaw, Snigdha Sarkar, Katelyn M. Baker, Rowan S.Wooldridge, Hannah M. Binfet, Victoria N. Prozapas, Chinemerum P. Ogbu, Athena A. Schepmoes, Isaac K. Attah, Christy S. Niemeyer, Kayla G. Sprenger, James E. Hassell, Robert H. Eckel, John T. Melchior, Kimberley D. Bruce

doi: https://doi.org/10.64898/2026.05.04.722733

bioRxiv [Preprint]. 2025 Nov 21:2025.11.20.689556. doi: 10.1101/2025.11.20.689556.

Lipoprotein lipase requires a flexible lid and stable C-terminal, both maintained by ApoC-II peptide binding

Accepted, in press!

Emma E Lietzke [1 2], Mary S Rouse [1], Dean Oldham [2], Ziyue Dong [1], Robert H Eckel [2], Kayla G Sprenger [1], Kimberley D Bruce [2]

Article 4 August 2026

Ecological Analysis of the Association Between 2,4-Dichlorophenoxyacetic Acid (2,4-D) Exposure and Thyroid Cancer Incidence in the United States

Moitrayee Dhar [1], Seungjun Ahn [1], Weiji Fu [1], Whitney Goldner [2], Mathilda Monaghan [1] and Maaike van Gerwen [1,3,*]



International Journal of Transgender Health

ISSN: 2689-5269 (Print) 2689-5277 (Online) Journal homepage: www.tandfonline.com/journals/wijt21

Optimizing care for older transgender and non-binary adults: a co-created agenda for future research

Mara Pieri, Nessa Millet, Martijn M. O. Anthonio , Alex C. Bakker , Maya R. Chew, Elia Covolan , Zowie Davy, Tim A. de Jong , Joost L. G. Derwig , Roos M. A. Dreijerink, Karen Fredriksen Goldsen, Bodi Huisman, Sean J. Iwamoto, Roy Noy, Fau Rosati, Nat Thorne, Michael J. Toze, Dennis van Dijk , Marlies Wegewijs-de Jong , Baudewijntje P. C. Kreukels & Jason O. van Heesewijk

Approach to the patient: cases of hormonal management in older transgender and gender diverse adults

Get access ›

Micol S Rothman, Jason O van Heesewijk, Danit Arbel, Sean J Iwamoto

The Journal of Clinical Endocrinology & Metabolism, Volume 111, Issue 10, October 2026, Pages e2281–e2289, https://doi.org/10.1210/clinem/dgag231

Published: 11 June 2026 **Article history ▾**

Hypoglycemia associated with median arcuate ligament syndrome surgery

Anvay Raje ✉, Helen M Lawler

JCEM Case Reports, Volume 4, Issue 9, September 2026, luag215, https://doi.org/10.1210/jcemcr/luag215

Published: 10 August 2026 **Article history ▾**

Cardiologist knowledge and practice patterns in cardiovascular care for transgender and gender-diverse adults

Ian K Everitt [a i], Ayelet Shapira-Daniels [b], Emily K Quinn [c], Brototo Deb [d], Maylene Navarra [e], Bryan Medina [f], Arinyah Dickerson [g], Sean J Iwamoto [h], Billy Caceres [h], Stephen Cook [j], Colleen M Harrington [k], Monica Mukherjee [a], Sari L Reisner [l m], Sofia B Ahmed [n o], Emelia J Benjamin [b p], Carl G Streed Jr. [e q] Show more

Kudos

Gratitude. Recognition.



5280 Magazine Top Doctors for 2026
Congratulations to:
Bryan Haugen, MD
Sean Iwamoto, MD
Mike McDermott, MD
Neda Rasouli, MD
Micol Rothman, MD
Margaret E. Wierman, MD

Congratulations to Darleen Sandoval on being awarded the George A Bray Founders Award at Obesity Week by the by The Obesity Society for contributions towards advancing obesity research.



The Glucose Management Team celebrates 18 years! Thank you for 18 years of service.



The Department of Medicine News featured an **article about Dr. Jane Reusch's work**: Why Does Diabetes Make Exercise Harder and Can GLP-1s Help?



A story in the Department of Medicine News featuring Dr. David Saxon: From Heart Disease to Obesity: Multidisciplinary CU Anschutz Clinic Helps Patients with Complex Cardiometabolic Disorders

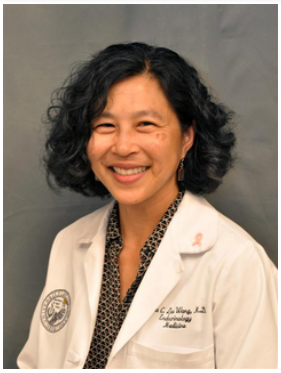
Kudos



Dr Whitney Goldner, Head, Division of Endocrinology Metabolism and Diabetes Presented at the Florida Endocrinology Society Meeting, Aug 1-2, 2026 .



Dr Christine Swanson, presented at the 26th annual Santa Fe Bone Symposium, July 31 –Aug 1.



Cecilia Low Wang, MD - 2026-2027 cohort of fellows for the CU System Excellence in Leadership Program

The Excellence in Leadership Program (ELP) provides university leaders with an immersive understanding of CU's operations at the system and campus levels. ELP facilitates connections with colleagues, peers and senior leadership across the university system, fostering a broad network.

Dr Rebecca Schweppe received a letter of appreciation from a grateful parent:

Rebecca and John,

Good Morning! I wanted thank both of you - as a parent - for the CREU program. It was truly a remarkable experience for my son... and I can't thank you enough.

He came away from the summer incredibly grateful for the opportunity, and honestly, it changed the direction of his career. He's now set on pursuing a PhD in bioengineering, with a focus on applying engineering approaches to immunology. Watching him find that kind of clarity and purpose has been wonderful for me as a parent, and I know it wouldn't have happened without the research opportunity and mentorship provided by Curtis and CREU. He came home every day excited about his research and looking forward to the next day of experiments.

Beyond my own gratitude for... I'm thankful for everything you and the program do to help train the next generation of cancer biology leaders. It's clear how much thought and care goes into giving students like our son a real, hands-on experience - and it shows in the impact it had on him.

Thank you again! Enjoy a well-deserved weekend!

Patient Acknowledgements

Gratitude. Compassion. Meaningful connections.



"I've been very happy with UC Health Endocrinology and Diabetes Clinic. They've been very helpful from the nurses to the check to the doctors to the nutritionists. Everybody's been so helpful with me. I know more about my disease and plain care than I've ever known in my life. I feel like I have control over my diabetes in a way that I've not had before. Thank you so much for all your care."

"Dr. Wierman is outstanding. Caring, thoughtful, well-informed. I trust her completely. Do not allow her to retire!"

"What an amazing experience. The Health App guided us to our appointment. It was the first time I've ever used that option, and it was a huge stress relief at such a big hospital. Dr. Turin More was amazing. Awesome bedside manner, respectful, empathetic, great eye contact, listening skills and true desire to help her patient navigate to discover/truth of their health conditions."

Photos & Highlights



Division of Endocrinology, Metabolism and Diabetes FY 2027 Photo

