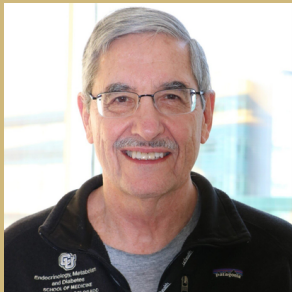




ENDOCRINOLOGY MONTHLY NEWSLETTER



Thank you Dr. Michael McDermott for all your years of hard work, dedication and services as Clinical Practice Director.

SAVE THE DATE:

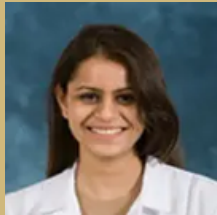
On July 16th from 4:30 PM - 6:30 PM, we will be honoring Dr. McDermott's services as Clinical Practice Director at T-Street Cafe

Please join us for this event!

New Clinical Leadership Positions



Amanda LaGreca, MD
Director of Clinical
Outreach and Specialty
Services



Palak Choksi, MD
AMC Clinical Practice
Director

Promotions



Amanda LaGreca, MD
Associate Professor



Amy Keller, PhD
Associate Professor



Miguel Lanaspa-Garcia,
PhD
Associate Professor



Vicki Catenacci, MD
Professor of Medicine
with Tenure

Awards

Dr. Bryan Haugen was selected to receive a Joseph Addison Sewall Award!

This award is given only to those who have made exceptional contributions of leadership and vision at the Anschutz Medical Campus.

"Dr. Haugen is recognized internationally as an expert in the pathology, pathophysiology, and clinical management of thyroid cancer and as one of the premiere Endocrinologist in academic medicine today."

"As important as his excellence as a clinician, researcher, and administrator, Bryan is simply the kind of person we all hope our leaders can be."

His academic achievement's have had a real impact on the practice of medicine, changing the way we take care of thyroid patients. He educates the next generation of clinician-scientists. I give him my highest possible recommendation."

CONGRATULATIONS BRYAN!

Dr. Bryan Haugen was selected to receive the 18th Annual University of Colorado School of Medicine Distinguished Faculty Professionalism Award!

"His integrity and ethics are at the highest possible level and inspire others to place the highest priority on developing these traits in themselves. His humanism is apparent to all in his interactions with patients, clinic staff, division staff, trainees and faculty. He is a great listener who puts the welfare of others well above his own." Dr. Michael McDermott

"The environment of mutual trust and support, inclusivity and respect that he created in the Division of Endocrinology, Diabetes and Metabolism helped attract and retain at the School of Medicine the world-leading physicians and researchers..." Dr. Nikita Pozdeyev

CONGRATULATIONS BRYAN!

Dr. Erin Finn received the **2024 Patient-Family Experience Award Winner for Children's Hospital Colorado.**

Awarded to providers who score in the top percentiles of patient experience.

CONGRATULATIONS ERIN!

Grants

Dr. Miguel Lanaspa was awarded a 2 year grant from the PKD Foundation focusing on investigating exercise mimetics as a treatment for polycystic kidney disease in mice.

CONGRATULATIONS MIGUEL!

Dr. Helen Lawler will be the Site-PI for Amylyx Pharmaceuticals Inc. for the clinical trial, *“A Phase 3 Multicenter, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Efficacy and Safety of Avexitide in Participants with Post-Bariatric Hypoglycemia.”*

CONGRATULATIONS HELEN!



A Call to Action

Drs. Regensteiner and Reusch recently published a call to action in ScienceDirect titled "Barriers and solutions in women's health research and clinical care: a call to action." In this publication, they note that prevention, diagnosis, and treatment of chronic diseases in women continues to be based primarily on historical findings in men, and sex-specific clinical guidelines are often lacking. Continued investments in women's health and sex differences research are needed to develop sex-specific clinical guidelines where warranted, using evidence-based data obtained in women.

[Read More](#)

Publications

Drs. Reusch and Regensteiner recently published a call to action in ScienceDirect titled "Barriers and solutions in women's health research and clinical care: a call to action." In this publication, they note that prevention, diagnosis, and treatment of chronic diseases in women continues to be based primarily on historical findings in men, and sex-specific clinical guidelines are often lacking. Continued investments in women's health and sex differences research are needed to develop sex-specific clinical guidelines where warranted, using evidence-based data obtained in women.

[*Click on photo to view article*](#)

- [Recombinant TSH Performs as Well as Thyroid Hormone Withdrawal for Iodine-131 Therapy With Dosimetry for Thyroid Cancer.](#)

Anupam Kotwal , Abbey Fingeret , Jarod Hamsa , Dana Awad , Craig Johnson , Frank Rutar , Carrie Carson ,
Anery Patel , **Whitney Goldner**

- [Thyroid Nodule Sphericity Metrics Discriminate Benign and Malignant Follicular and Oncocytic Neoplasms](#)
Authors: **Caitlin Bell**, Samantha L. White, Tracy Tylee, Manjiri Dighe, **Amanda La Greca**, **Whitney Goldner**, **Sarah Mayson**, **Bryan R. Haugen**, and **Nikita Pozdeyev**

- [Redifferentiation therapy in unresectable or metastatic radioactive iodine refractory thyroid cancer: an International Thyroid Oncology Group statement](#)

Sophie Leboulleux, Laura Boucai, Naifa Busaidy, Cosimo Durante, James A Fagin, Sasan Fazeli, Andrew G Gianoukakis, **Bryan R Haugen**, Hyunseok Kang, Bhavana Konda, Theodore W Laetsch, Laura Locati, Mabel Ryder, Christine Spitzweg, Francis P Worden, Lori Wirth, Alan Ho

- [Pre-operative thyroglobulin measurement for thyroid cancer risk of recurrence and response to therapy](#)
Martin Jose Barrio, **Nikita Pozdeyev**, Christopher D. Raeburn, **Robert C. McIntyre Jr.**, Carrie B. Marshall, **Bryan Haugen**, **Amanda La Greca**

- [Long term outcomes after repeat lymph node dissections for persistent or recurrent differentiated thyroid cancer](#)
Martin Jose Barrio, **Nikita Pozdeyev**, Robert C. McIntyre Jr., Maria B. Albuja-Cruz, **Bryan R. Haugen**, Christopher D. Raeburn

- [Population Prevalence of the Major Thyroid Cancer–Associated Syndromes](#)
Samantha Lee White, Taylor Jamil, **Caitlin Bell**, Lauren Fishbein, **Bryan Roland Haugen**, Christopher Raymond Gignoux, and **Nikita Pozdeyev**

Underlined text is hyperlinked to article.

- **Synergistic reduction in interfacial flexibility of TREM2^{R47H} and ApoE4 may underlie AD pathology.**
Lietzke EE, Saeb D, Aldrich EC, **Bruce KD**, Sprenger KG. Synergistic reduction in interfacial flexibility of TREM2^{R47H} and ApoE4 may underlie AD pathology. *Alzheimers Dement*.
- **Focal Adhesion Kinase promotes ribosome biogenesis to drive advanced thyroid cancer cell growth and survival**
Meghan Kellett, **Vibha Sharma**, Madeline E Sherlock, **Umarani Pugazhenti**, Madison Rose, Molishree U Joshi, Monika Dzieciatkowska, Vu Nguyen, Philip Reigan, Kirk Hansen, Jeffrey S Kieft and **Rebecca E Schweppe**.

Underlined text is hyperlinked to article.

- **Thermoneutral-housed rats demonstrate impaired perivascular adipose tissue and vascular crosstalk.**
**Henckel, Melissa M; Chun, Ji Hyea,b; Knaub, Leslie A; Pott, Gregory B.; James, Georgia E.; Hunter, Kendall S.; Shandas, Robind;
Walker, Lori A.; Reusch, Jane E-B; Keller, Amy C.**
- **The Effect of 4:3 Intermittent Fasting on Weight Loss at 12 Months : A Randomized Clinical Trial.**
**Catenacci VA, Ostendorf DM, Pan Z, Kaizer LK, Creasy SA, Zaman A, Caldwell AE, Dahle J, Swanson B, Breit MJ, Bing K, Wayland LT,
Panter SL, Scorsone JJ, Bessesen DH, MacLean P, Melanson EL.**

***Underlined text is hyperlinked to article*.**

- [**Virta Intervention in CommuniTies in ColORado \(VICTOR\) Pilot Study to Improve Diabetes and Cardiovascular Risk in Rural Communities - Primary Results**](#)

Low Wang CC, Estacio R, Coronel-Mockler S, Flattery N, Hanson PD, Adams RN, McKenzie AL, Harrison D, Bonaca MP. Virta

- [**Thyroid Cancer-Associated Syndromes May Be More Prevalent Than Current Estimates**](#)
Samantha L White, Taylor Jamil, **Caitlin Bell**, Lauren Fishbein, Bryan R Haugen, Christopher R Gignoux, **Nikita Pozdeyev**

Underlined text is hyperlinked to article.

Clinic Kudos

“I really love **Dr. Rasouli and her staff**, she explains very well and also listens to every concern I have!
For me absolutely they are the very best!

“**Dr. Mayson** is fantastic, taking time to explain all facets of my care and my lab results, talking me through plans in detail, and answering all of my questions to my satisfaction. “

“**Dr. Low Wang** is very nice and super sharp. She always does a great job!”

“**Dr. Elsheikh** was thorough giving me information on possible treatments. She asked for my thoughts and was very helpful with helping me make decisions on how to proceed with what medication/treatment. She treated me with kindness and patience.
I am very grateful to have her as my endocrinologist.”

"**Dr. Sarapura** is always the best. I have been seeing her for years."

“**Dr. Turin More** is an excellent and caring physician. We have an excellent rapport with her and trust her clinical expertise.”

“**Dr. Lawler** is delightful. My husband and I always enjoy my visits with her and I don't like going to any doctor! She is knowledgeable, listens to all we have to say, and very encouraging. She is positive and encouraging. Everyone in that office is friendly, kind, and efficient. There is never a long wait and they handle things very well.”

“My provider (**Matt Hawkins**) was very knowledgeable and answered all questions and made me feel very comfortable asking questions showed a lot of concern when answering questions and offered opportunity for more questions very impressed the willingness to give as much information as needed KUDO'S GREAT VISIT.. THANK YOU.”

“**Dr. Brooks** is a new provider to me. I felt comfortable with my appointment knowing that my care would be positive. The diabetic care nurse also saw me at the end of my appointment and I felt comfortable with her.”

“**Dr. Choksi** was very thorough and asked a lot of good questions and I really think very highly of her. She was very good.”

“Thank you to you and your staff at the UC Health Endocrinology, Metabolism and Diabetes Practice. Their timely response for new prescriptions on my behalf was fast, efficient, and very much appreciated. Please pass on my gratitude to **Mr. Nathan Lore MS, RD, CDCES and Nurse Evan BSN RN**. Their professionalism is very much appreciated.”

“Believe me, if I did not feel I was in the right place, I would not return. Dr. Griff, is the first specialist since 1992 that honed in both my type II insulin dependency and weight. From 1982 to first or maybe later visit, I was 368 units per day, Dr. Griff cut this down to 68 and last visit the Humalog and Tojello was further cut. Also, 8 or 9 months ago I weighted 234lbs, last visit 175 due to Oxempic (2 Units every Wed). I mean I am not often impressed, but Dr. Griff and team have done what I was told over the years could not be done. I was classified as Unstable, Brittle and Sever--I don't think so and I can't say enough positive things for **Dr. Griff and team**. I deeply appreciate feeling like I am part of the team, in that if I have concerns I can reach out through the Portal or Phone and the medical team quickly reply--I appreciate this more then words can express.”

“I am most grateful to be under the care of **Dr. Elshiekh**. Having an incurable genetic condition, I have seen multiple medical specialists, and in my experience, Dr. Arwa Elshiekh exemplifies that title. Dr. Elshiekh is incredibly knowledgeable, curious, professional, and empathetic. In addition, she is also an excellent communicator who always takes the time necessary to answer & explain my questions to my understanding. She is truly a gem, and I feel Blessed to be under her care.”

“**Dr. Nikita Pozdeyev** is very empathetic. He answered all my questions and patiently discussed the plan for my treatment. I would recommend him to everyone!”

“**Dr. Turin More** was kind and knowledgeable. She had reviewed my files prior to my visit which made me feel confident in her care. She explained my condition better than had been explained to me when I was first diagnosed with hypothyroidism by a Doctor at Kaiser. She ordered complete blood work to help determine a course of action to manage my medicine. She allowed me to share my thought and concerns and answered my question completely. I left feeling assured about my condition and plan of action. After my visit she contacted me by phone and through the portal to share her findings. Very impressed!!”

“**Mark Lindsay** is one of the down to earth people. He knows how to talk to me and I don't like when people give me the runaround. I prefer to be straightforward and the truth and that's what Lindsay does. I appreciate him.”

“**Dr. LaGreca** takes times to listen; she looks at her patients not just the computer screen; she is kind and empathetic and she doesn't judge. I find myself talking way too much when I'm with her because I trust her.”

“This clinic and **Drs. Haugen and McIntyre** were one of the best medical experiences I've ever had! The depth of knowledge and experience was amazing. Coupled with so much compassion for me as a patient. I feel so lucky to have received their care”

“Always wonderful to me. My provider is the best! (**Beth Tupta**) She has my full trust. She is kind, compassionate and attentive to my needs. I can't say enough good things about her.”

“Jill (Schramm) and I had an hour-long teleconference. Again, she is full of information and guidance. She is compelled to tell you everything she can about your care! A+ She is excellent.”

“Dr. Choksi is a consummate professional. Her knowledge level and her ability to articulate what is important is simply incredible.”

“Erin (Meyerhoff) is amazing! she listens to my concerns, treats me like a human being, addresses each concern I have without making me feel like I am failing at being a diabetic. she keeps me going even when things are not going as expected.”

“Dr. Goldner and her medical students are wonderful! I am always treated beautifully. Everything is carefully explained and repeated in such a reassuring way. I feel that I am in the best possible hands with Dr Goldner and her staff.”

“Dr. Lawler always listens carefully to my concerns and offers solutions and explains in simple terms how to put any changes into effect.”

“Dr. Turin-More always takes time to listen and to answer all my questions. I feel confident in the care she provides.”

“Dr Fishbein and her team are absolutely wonderful! I am so fortunate to be cared for by them.”

“I feel good with all of the staff and the doctor. Very professional and kind, and above all, listened to my medical concerns and questions. Thank you.”- **Matt Hawkins**

“It was really a positive experience. Extremely friendly and easy to engage with. I was very nervous before the appointment. His manners were so gentle that it put me at ease immediately. The find your way feature of the app is amazing!”-**Dr. Elsheikh**

“**Dr. Jensen** is easy to talk to. He listens to what I have to say, and usually explains things in a way that I understand.”

“**Dr. Hammond** was super friendly and personable, he made me feel comfortable and heard. He was extremely accommodating, as I was late to my appointment due to trouble parking and getting lost in the wrong wing of the building, but he still fit me into his schedule. He went above and beyond and was very observant of me, he even picked up on symptoms unrelated to my gender affirming care that I had been struggling with for a long time. He was proactive about the symptoms he noticed, did a physical examination to determine whether I showed other signs and symptoms, and offered lab work to narrow down the possible cause. He even offered to send a referral for a top surgeon I had been looking into, also at UC health, which I enthusiastically accepted. I received outstanding patient care from Dr. H, the receptionist, the nurse, and the phlebotomist who were all very attentive and kind throughout the entire visit. This really helped to ease my anxiety, as transferring care from one trusted physician to another new doctor is a big change for me, and I was additionally stressed about being late to my first appointment. Truly grateful for the wonderful experience I had in the clinic!”

“**Dr. Sarapura** always explains test results and answers my questions.”

“**Dr Lawler** is an attentive, very knowledgeable, and thorough provider. I am please with her patience, and encouragement with my care.”

“I am fortunate to be able to see **Dr. Rothman**. and be a patient of hers. She is so knowledgeable and understands my precise dilemmas. She listens to my concerns. Thank you, **Dr. Rothman!**”

“Best endocrinologist ever.”- **Dr. Finn**

“**Dr Lindsay** was great as usual. Very concerned about my condition and always listening to me. He is wonderful”

“Listens very well and shows concern of all medical issues to arrive with best passerby possible treatment plan. I have enjoyed having **Jill (Schramm)** as my provider.”

“My visits are always great. She understands me and my needs. I always listen to her and respond as she also does with me. She adjusts the care I need around all my situations. I'm not the easiest diabetic because there are just things I won't change in my habits that as a diabetic I should. But she adjusts based on my habits.”- **Beth Tupta**

“This provider is outstanding. She is amazing and I have never been healthier. I still have a ways to go but I have complete faith and confidence in my Doctor.”- **Dr. Low Wang**

“**Dr. Margaret Wierman** is one of the best physicians I've ever known. She cares about my health, and always gives me kind and caring help. I recommend Dr. Wierman to any of my friends who have diabetes or endocrine health problems.”

“**Dr. Rothman** is an absolutely superb physician in every way. She brings great knowledge and clearly a vast amount of experience to her work. She listens carefully. She is consistently gracious and responsive. She is an absolutely superb physician.”

“**Dr. Finn** is excellent. She exceeded my expectations for this visit and offered me several options I hadn't considered. I appreciate how knowledgeable and thorough she is as well as her attention to changes that would improve my quality of life.”

“**Stacey** spends so much time with me. I never feel rushed. Listens to my concerns and adjusts my pump for me based on my past readings. I feel comfortable discussing things with her that I will not discuss with other care providers. She really listens and understands what is going on in my stressful life which makes me feel really good. In my 64 years of life, she is the best provider I have ever had.”

“Dr Jensen is amazing. He's knowledgeable, engaged and cares about every patient. He's thorough, kind and the best possible doctor anyone could have.”

“Daniel Hammond PA-C is such a kind, caring, and compassionate person. He is easy to be around and generally just a great person. Of all my providers, he is my favorite. I always look forward to seeing him.”

“Dr. LaGreca is caring and professional. She includes her patients in decisions about their care. She is the best!”

“Mark is an exceptional provider. He is compassionate & knowledgeable as well as has an excellent "bedside manner". He eases my anxiety & it feels as though I am talking with a friend who really cares about how I'm feeling throughout my days. He is the first & only person from endocrinology that I have ever seen in my life & since we started my care we have made significant changes that have improved my life honestly immeasurably. My thyroid is basically stable, my blood sugars are stable, I'm not sick all the time from any of those things. Coming from year's of poor management, I was pretty sick when we met. I can be honest with Mark because he understands the human condition & although he gets onto me about things he asks me logical questions that help me make better choices for myself. He is very direct about things & that is true with his support as well. He leaves nothing for me to doubt. If I lose health insurance I will be lost without him, & probably will not make it very long. He was comforting about that possibility as well & I needed to hear what he had to say about it. Thank you for having such a wonderful team of professionals throughout the UC Health system. You're exponentially better than the rest. Even the providers that come from other places into the UC Health system are happier & better to work with after they get there. I've followed a few over. It is your entire system design that is working. Keep it up!”



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