

Crisis Support:

In a crisis present to the Emergency Department. If presenting to the UCH Emergency Department, identify yourself as a CU GME or DH resident/fellow for prioritization.

Resident and Fellow Mental Health Clinic:

Purpose: The Resident and Fellow Mental Health Clinic decreases barriers to care by offering evening and same-day appointments, and 24/7 on-call coverage by University of Colorado School of Medicine psychiatrists, psychologists, and an advanced practice psychiatric nurse.

When: Non-emergent appointments:
— Monday through Wednesday (8:00 am – 8:00 pm)
— Thursday and Friday (8:00 am – 5:00 pm)

Where: Department of Psychiatry at the University of Colorado Anschutz Medical Campus, 1890 N Revere Ct., Suite 5040 (5th floor, northeast corner), Aurora CO 80045

How: [Resident Mental Health Clinic Website](#)

Routine appointments:

- Call 303-724-4716 or e-mail smhservice@ucdenver.edu

Urgent concerns:

- Call 303-724-4716 and inquire about same-day appointment availability. You may need to leave a message. You can also email our triage counselor, Mandy Doria, LPC at Amanda.Doria@CUAnschutz.edu.
- If the same-day slot is filled, contact Dr. Julie Wolfe at 303-724-9579 or email Stephanie.Lehto@cuanschutz.edu (Clinical Director) or Julie.Wolfe@cuanschutz.edu (Medical Director).

Urgent concerns after-hours, on weekends, or on holidays:

- Call 303-370-9127 for the on-call psychiatry attending

FAQs

Q: *What services are included in my visit to the mental health clinic?*

A: Services include medication management, individual psychotherapy, group psychotherapy, and psychoeducational testing. Services are attending-level; psychiatry residents do not staff the clinic.

Q: *What if my ongoing mental health care needs exceed the capacity of the clinic (e.g. weekly therapy, specialized care)?*

A: The psychiatry faculty will assist in the coordination of a referral to appropriate community providers.

Q: *How will this work with my insurance?*

A: The mental health clinic will accept most health insurance plans including the CU Health Insurance and DH Health Insurance. It is important to note that it is the resident's/fellow's responsibility to know their in-network versus out-of-network providers and understand the benefits covered by their health insurance plan. The resident/fellow and/or their health insurance plan are responsible for the payment of services received at the mental health clinic.

Attention Residency/Fellowship Program Directors: If you need help triaging a resident or fellow in crisis, please use the student/resident mental health pager at 303-266-4654 (8am-5pm M-F). If after-hours call 303-370-9127 for the on-call psychiatry attending.