

RASACS

RESIDENT AND ASSOCIATE SOCIETY AMERICAN COLLEGE OF SURGEONS

What should a resident work week look like?



80 hours max

- Averaged over 4 weeks
 - Each shift must be followed by 8 hours off
- Includes:*
- Clinical activities
 - Educational activities
 - Clinical work done from home
 - Moonlighting
- Excludes:*
- Studying
 - Case prep
 - Reading
 - Research



Day off

- 24 hours of free time
- One day off in 7
- Averaged over 4 weeks



Maximum work period

- 24 hours
- Plus 4 hours for hand-offs or education
- Then 14 hours free of all clinical and educational duties



Night float

- No more than 2 months long
- No more than 4 months per PGY year
- No more than 15 months total



In-house call

- Occurs no more often than once every third night
- Averaged over 4 weeks



At-home call

- Counts toward the 80-hour work week
- Okay to return to hospital to care for new or known patients, but must count toward 80-hour work week
- Cannot interfere with one day off in 7



Transition of care

- Informing peer of a patient's care during your work day as you prepare to leave
- Time spent counts toward the 80-hour work week

Source: acgme.org/Portals/0/PFAssets/ProgramRequirements/CPRResidency2019-TCC.pdf

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