



University of Colorado  
Dept. of Surgery Grand Rounds

**Intra-operative Auto-transfusion  
is Overrated**

**Eduardo Gonzalez, PGY3**

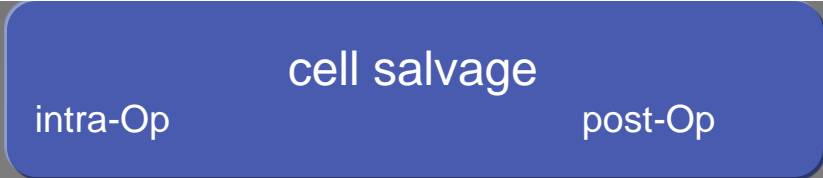
# Minimizing peri-operative allogenic transfusion

Alternatives to allogenic transfusions *also* come with risk, and a cost-benefit outcome is hard to replicate

Comparison of Pharmacologic Strategies for Transfusion Avoidance in Surgery.

Drug	Trials (n)	Patients (n)	Red blood cell transfusion relative risk reduction (RR) (95% CI)	Red blood cell transfusion absolute risk reduction (ARR) (95% CI)	Saved units RBCs (95% CI)
Aprotinin	61	7027	RR 0.70 (0.64 to 0.76)	ARR 20.4% (15.6% to 25.3%)	1.1 units (0.69 to 1.47)
Tranexamic acid	18	1342	RR 0.66 (0.54 to 0.81)	ARR 17.2% (8.7% to 25.7%).	1.03 units (0.67 to 1.39)
ε-Aminocaproic acid	4	208	RR 0.48 (0.19 to 1.19)	NA	NA

Source: Adapted from Henry,<sup>74</sup> by permission of Cochrane Database System Review.



To review and compare current knowledge on  
safety and cost-effectiveness  
of intra-operative cell salvage, and  
assess the methodological quality of the current studies

# Intra-operative cell salvage

Product quality

Contraindications

Adverse effects

Clinical outcomes

Cost - benefit

# Product quality

Oxygen-transport and survival of RBC's equivalent to stored allogenic RBC's

Transfusate is devoid of WBC's, functional PLT's and reduced in coagulation factors

Hematocrit lower ( 20-30%) with unwashed vs washed method (50-60%)

Free-Hgb in plasma levels are strikingly high

Potential bacterial contamination

- **Bland et al**, *J Thorac Cardiovasc Surg* 1992; 30% of processed units were contaminated with bacteria
- **Feltracco et al**, *Transplant Proc.* 2007; 68.4% of cell-saver blood samples found to be positive for micro-organisms.
- **Waters et al** *Anesthesiology* 2003; 99% reduction in bacterial contamination with cell washing and leukocyte depletion filtration

Washed units must be if stored 4C <6h, and used <24h

# Contraindications

RBC lysis remains the principal absolute contraindication

## Pharmacological agents

- Clotting agents (Avitene, Surgicel, Gelfoam, etc.)
- Irrigating solutions (betadine, antibiotics meant for topical use)
- Methylmethacrylate

## Contaminants

- Urine
- Bone chips
- Fat
- Bowel contents
- Infection
- Amniotic fluid

## Malignancy

### Haematological disorders

- Sickle cell disease
- Thalassaemia

### Miscellaneous

- Carbon monoxide (electrocautery smoke)
- Catecholamines (phaeochromocytoma)
- Oxymetazoline (Afrin)

## Papaverine

# Adverse effects

air embolism

“salvaged blood syndrome”

coagulopathy

infection

fat embolism

# Clinical Outcomes

Design of initial clinical trials designed to prove safety

- **Davies** 1987 et al, *Anaesthesia and Intensive Care* 1987;
- **Dietrich** 1989 et al; *Journal of Thoracic and Cardiovascular Surgery* 1989;
- **Thurer** 1979; *Annals of Thoracic Surgery* 1979;27(6): 500–7.



THE ANNALS OF  
THORACIC SURGERY



## **Autotransfusion Following Cardiac Operations: A Randomized, Prospective Study**

Robert L. Thurer, M.D., Bruce W. Lytle, M.D., Delos M. Cosgrove, M.D., and Floyd D. Loop, M.D.

**The clinical safety of this technique was confirmed by the lack of septic, hematological, pulmonary, renal, or hepatic complications. However, in this setting where blood conservation is already aggressively practiced, the ability of the technique to further reduce the use of banked blood following cardiac surgical procedures was not demonstrated.**





**21%** absolute risk reduction (ARR) of exposure to allogeneic blood

75 trials

→ orthopaedic (32) → cardiac (31) → vascular (4)

40 un-washed, 27 washed cells

46 post-operative, 11 intra-operative, 9 intra+post-operative

Randomized trials using controls (23):

- *Cardiac surgery* (13): saving of **1 unit** blood per patient (WMD -0.93 units; 95% CI -1.27 to -0.59 units).
- *Orthopaedic surgery* (7): **0.82 units** of blood per patient (WMD -0.82 units; 95% CI -1.36 to -0.27 units).
- *Vascular surgery* (3): **not statistically** significant (WMD 0.02 units; 95% CI -0.34 to 0.38 units).



75 trials

→ 28  
→ 15

Funnel plot of comparison: I Cell Salvage - Blood Transfused (All Studies), outcome: I.I No. exposed to allogeneic blood (All Studies).



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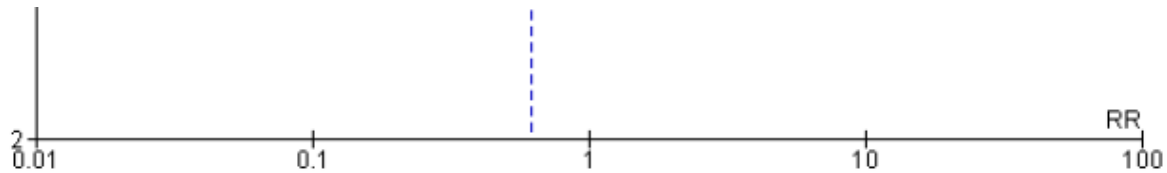
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## A MULTICENTER, RANDOMIZED, CONTROLLED CLINICAL TRIAL OF TRANSFUSION REQUIREMENTS IN CRITICAL CARE

■ Low risk of bias     
 ■ Unclear risk of bias     
 ■ High risk of bias



# Waters et al., 2011

TRANSFUSION 2011;51:2126-21

Academic, 12 site regional health care system

Review analysis

Prospective database in established cell salvage program

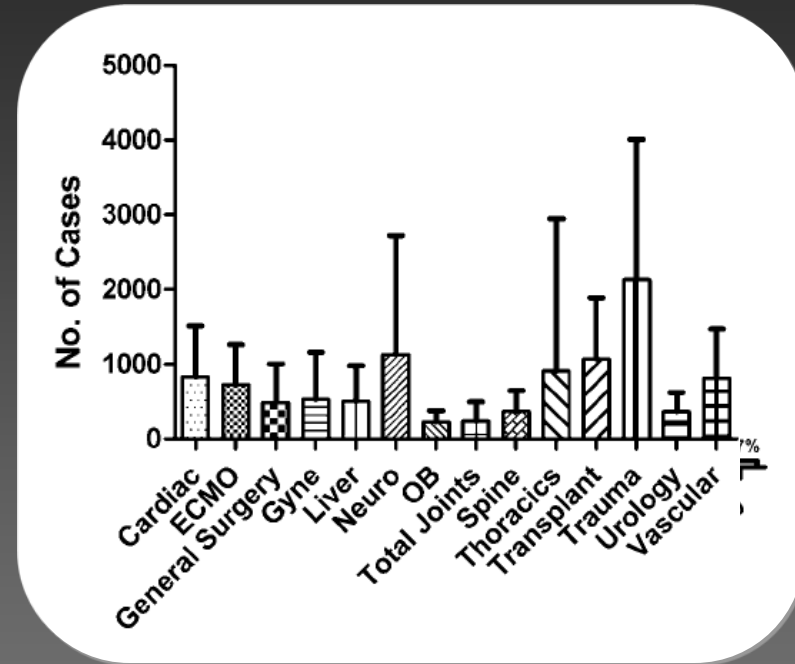
5 year review (2005-2010)

19,867 surgeries performed with blood salvage was

used.

median volume of blood returned to each patient was 405 mL (25th-75th percentile, 135-750 mL).

Mean 0.92 unit RBC unit equivalent (Hct 55%) was recovered  
Recovered blood 750 to 405 mL (Hct 25-35%)



46.5% failed to meet the criteria for IAT utility (1u RBC unit equivalent returned).

- \$6.7 million savings from prevented allogenic transfusions
- \$4.4 million operation cost
- \$2.3 million cost savings over 5 years

\$474,199 per year  
/ 12 hospitals  
= **\$39,517**  
cost savings / per hospital / per year

REPORT FROM THE STS WORKFORCE ON EVIDENCE BASED SURGERY

## Perioperative Blood Transfusion and Blood Conservation in Cardiac Surgery: The Society of Thoracic Surgeons and The Society of Cardiovascular Anesthesiologists Clinical Practice Guideline\*

**Class II-B** CPB pump re-infusion  
**Class I-A** intra-op field blood salvage

449. Moran JM, Babka R, Silberman S, et al. Immediate centrifugation of oxygenator contents after cardiopulmonary bypass. Role in maximum blood conservation. J Thorac Cardiovasc Surg 1978;76:510–7.
450. Keeling MM, Gray LA Jr, Brink MA, Hillerich VK, Bland KI. Intraoperative autotransfusion. Experience in 725 consecutive cases. Ann Surg 1983;197:536–41.
451. Tempe DK, Banerjee A, Virmani S, et al. Comparison of the effects of a cell saver and low-dose aprotinin on blood loss and homologous blood usage in patients undergoing valve surgery. J Cardiothorac Vasc Anesth 2001;15:326–30.
452. Lee J, Ikeda S, Johnston MF. Efficacy of intraoperative blood salvage during coronary artery bypass grafting. Minerva Cardioangiol 1997;45:395–400.
453. McCarthy PM, Popovsky MA, Schaff HV, et al. Effect of blood conservation efforts in cardiac operations at the Mayo Clinic. Mayo Clin Proc 1988;63:225–9.
454. Cordell AR, Lavender SW. An appraisal of blood salvage techniques in vascular and cardiac operations. Ann Thorac Surg 1981;31:421–5.
455. Winton TL, Charrette EJ, Salerno TA. The cell saver during cardiac surgery: does it save? Ann Thorac Surg 1982;33:379–81.
456. Mayer ED, Welsch M, Tanzeem A, et al. Reduction of postoperative donor blood requirement by use of the cell separator. Scand J Thorac Cardiovasc Surg 1985;19:165–71.
457. Hall RI, Schweiger IM, Finlayson DC. The benefit of the Hemonetics cell saver apparatus during cardiac surgery. Can J Anaesth 1990;37:618–23.

*“Surprisingly there is no evidence-based preference for any form of intraoperative autotransfusion during CPB.”*

Despotis GJ et al, Anesth Analg 1996;82:13–21.

Multivariate analysis demonstrated that processed cell salvage volumes were related to bleeding / transfusion.

*“ with careful attention to intraoperative hemostasis in patients at low risk for operative bleeding, it may be that use of a cellsaving device is not a cost-effective measure ”*

# Vascular Surgery

Fleischlag et al, Critical Care 2004, 8(Suppl 2):S53-S56

Kelley-Pattesson et al, Vasc Surg 1993

Goodnough et al, J Vasc Surg 1996

Ouriel et al, J Vasc Surg 1993

Huber et al, J Vasc Surg 1997

*Not cost-effective* during elective aortic reconstruction procedures and should only be used for if considerable blood loss is anticipated.

No clinical factors could accurately *predict* the high volume of blood loss that could be salvaged during the procedure in order to make use of the Cell Saver cost-effective.

**Table II.** CS salvage and perioperative PRBC transfusions

<i>Indication for reconstruction</i>	<i>Allogenic PRBC (units)</i>	<i>CS salvage (units)</i>
AAA		
All AAAs (N = 63)	2.8 ± 3.2	3.7 ± 3.2
≥6 cm (N = 34)	3.2 ± 3.3	3.6 ± 2.5
Concomitant procedure (N = 14)	4.6 ± 3.9	4.4 ± 2.8
Suprarenal crossclamp (N = 8)	4.4 ± 3.4	5.2 ± 3.6
AIOD		
All AIODs (N = 75)	3.1 ± 3.0	2.1 ± 1.7
Concomitant procedure (N = 28)	4.8 ± 3.6	2.3 ± 1.4
Suprarenal crossclamp (N = 10)	3.1 ± 1.3	2.7 ± 3.2

# Conclusions

- All alternatives to allogenic transfusions come with risk
- Intra-operative autotransfusion; one of many alternatives to allogenic blood
- Poor methodology of studies
- Risk for bias
- Expensive solution, expensive problem...
- Cost-effectiveness hard to replicate
- Overrated ..... Overused



