



Peritoneal Dialysis Catheter Discharge Instructions

FOLLOW UP

- If you do not have a follow up visit already scheduled after surgery, please call Kristin at 720-848-0833 to schedule.
- You should be seen in clinic 2-3 weeks after surgery.

GENERAL INSTRUCTIONS

- No heavy lifting (anything heavier than 20 pounds) for 3-4 weeks following surgery. It is okay to walk up and down stairs, go for a long walk, etc.
- Do not drive for 48 hours after surgery or while taking narcotic pain medication.
- Sexual activity is okay when you are comfortable.

DIET

- You may resume a normal diet as tolerated after leaving the hospital on the day of surgery.

INCISION CARE

- Please **DO NOT** remove the dressing covering your catheter. Your peritoneal dialysis nurse will do this for you.
- **DO NOT** shower until the Peritoneal Dialysis Nurse says it is okay.
- Your peritoneal dialysis nurse will show you how to care for the catheter.
- **DO NOT** swim or soak in hot tubs/baths. Discuss questions related to swimming with your peritoneal dialysis nurse.

PAIN AFTER SURGERY

- Mild pain and discomfort after surgery are common. Please take the pain medication as prescribed by Dr. Kennealey. It's important to take a stool softener, such as Colace (100 mg 3x per day) for 3-4 days following surgery and while taking the pain medication as it can cause significant constipation.
- It is common to feel tired, experience a changed in bowel pattern, or experience a loss of appetite following surgery. These symptoms should gradually resolve within a week.

PLEASE CONTACT DR. KENNEALEY'S OFFICE AT 720-848-0833 IF:

- You have chills or a fever greater than 101°F (38.3C).
- You develop **SEVERE** abdominal pain.
- You have redness, swelling, increased belly pain, pus or a foul odor at the incision site.