

Nutrition Clinical Training Faculty

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Options for Nutrition Specific Training

- Child Development/Behavioral Pediatrics
- Critical Care/ Nutrition Support
- Endocrinology
- Gastroenterology /Hepatology
- General Pediatrics (obesity, growth, breastfeeding)
- Hospitalist Medicine
- Neonatology
- Preventive
- Cardiology
- Cystic Fibrosis/Pulmonology
- Others as tailored to Fellow's interests

Eligibility: This program is designed for motivated physicians with an interest in a career that involves nutrition medicine. We encourage applications from members of under-represented minority groups. Physicians who are in the process of completing or have completed an ACGME-accredited residency training program that includes substantial pediatric training may apply (e.g.; Pediatric, Med/Peds, Family Medicine). The Pediatric Clinical Obesity and Nutrition Fellowship complies with the GME Eligibility and Selection Policy.

Contact Information

For information about the **Pediatric Clinical Obesity and Nutrition Fellowship** for physicians please contact:

MATTHEW HAEMER, MD, MPH

*Associate Professor
Fellowship Director
Section of Nutrition*



ClinicalNutrition@cuanschutz.edu

Are you an MD fellow or post-doctoral PhD looking for nutrition research training? We have a **NIH T32 Nutrition Research Fellowship** available. For more information please contact:

SARAH BORENGASSER, PhD

*Associate Professor
Associate Director, Nutrition T32 Training Program*



NutritionT32@cuanschutz.edu

Please visit our website for application forms, requirements and instructions at:



medschool.cuanschutz.edu/pediatrics/sections



Pediatric Clinical Obesity and Nutrition Fellowship

“Our fellowship offers pediatricians a rich, hands-on training by which they will develop a knowledge base & skill set to effectively integrate nutrition across the spectrum of primary care to the critical illness.”

– Dr. Nancy Krebs, MD, MS
Section Head



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Program Description

The University of Colorado School of Medicine's Department of Pediatrics and Children's Hospital Colorado offer a Pediatric Obesity and Clinical Nutrition Fellowship program. The goal of the fellowship is to provide physicians who are board certified or eligible in pediatrics or family medicine with in-depth training in pediatric obesity and clinical nutrition that will prepare them for a career in clinical or academic medicine.

Program Strengths

- **Superior academic subspecialty training** in a professional, collegial atmosphere.
- **Teaching by national and international experts** across multiple disciplines. Our fellows work with faculty across numerous fields including Nutrition, Endocrinology, Cardiology, Gastroenterology, and Pulmonology. Faculty offer a broad range of complementary clinical and research expertise.
- **One-on-one working relationships** between fellows and supervising faculty.
- **Broad exposure** to clinical nutrition both inpatient and outpatient, with both common and rare diagnoses.
- **Opportunities** exist to obtain in-depth training in each fellow's specific area of interest.
- **Long-standing fellowship clinical program** with more than 15 years in existence. Fellows join the Section of Nutrition at the University of Colorado School of Medicine, which was the first independent section of nutrition in pediatrics in the United States.
- **Active role in the education** of residents and medical students.

Key Areas of Clinical Nutrition

Our fellowship training offers pediatricians training and additional skills in key areas of clinical nutrition including but not limited to:

- Obesity
- Growth faltering
- Behavioral medicine
- Nutrition support
- Metabolism in critical illness
- Well child nutrition, including breastfeeding and infant feeding

Through our program, fellows have unique opportunities to develop skills in:

- Assessment and treatment of growth problems including obesity and growth faltering
- Multidisciplinary obesity assessment and treatment including pharmacotherapy and bariatric surgery
- Assessment and treatment of inpatient and outpatient nutrition problems
- Body composition, calorimetry
- Breastfeeding assessment and management
- Inpatient/critical care nutrition support
- Micronutrient requirements, deficiencies
- Motivational interviewing
- Unique opportunities in global health nutrition



Anschutz Medical Campus

The Anschutz Medical Campus (AMC) in Aurora is the world's only completely new education, research and patient care facility. Built as state-of-the-art, the campus consists of three zones that promote collaboration and innovation: an education zone with remarkable facilities for training future physicians and other health professionals; a research zone with groundbreaking, internationally renowned translational research; and a clinical care zone with the University of Colorado Hospital, Children's Hospital Colorado, and the Veteran's Affairs Medical Center, nearby. The campus is also home to the Colorado School of Public Health and Colorado Clinical Translational Science Institute.

"During my fellowship training I saw some of the most interesting and challenging patients and learned to treat common chronic conditions that are typically most frustrating for providers. Working with renowned experts in many disciplines of pediatrics, I gained a unique and indispensable set of knowledge and skills. My fellowship fostered my belief that nutrition IS medicine."

– Dr. Matthew Haemer, MD, MPH
Former Fellow