

CURRICULUM VITAE: Richard E. Boles

Current Position: Associate Professor of Pediatrics, Section of Nutrition, Department of Pediatrics

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EDUCATION

01/1994-05/1995 **State Fair Community College, Sedalia, MO**, general education

B.A.
08/1995-05/1998 **University of Missouri-Columbia, Columbia, MO**
Department of Psychological Sciences
Major: Psychology
McNair Scholar Research Project: *Mothers' beliefs underlying appropriate child supervision*, McNair Scholar Project Advisor: Lizette Peterson, Ph.D.

M.S.
08/1999-05/2002 **Missouri State University, Springfield, MO**
Clinical Psychology Program
Department of Psychology
Major: Clinical Psychology
Master's Thesis: *Child interviews: The effects of rapport on recall*
Chair: Matthew N. Fanetti, Ph.D.

Ph.D.
08/2001-06/2006 **University of Kansas, Lawrence, KS**
Clinical Child Psychology Program
Departments of Applied Behavioral Science and Psychology
APA Accredited Doctoral Program
Major: Clinical Child Psychology
Specialization: Research and Quantitative Methods
Doctoral Dissertation: *Supervising children during parental distractions*
Chair: Michael C. Roberts, Ph.D., ABPP (American Board of Professional Psychology)
Defense Date: May 2006

Residency
07/2005-06/2006 **Cincinnati Children's Hospital Medical Center, Cincinnati, OH**
O'Grady Residency in Pediatric Psychology
Division of Behavioral Medicine and Clinical Psychology
APA Accredited Clinical Internship
Mentor/Research Advisors: Meg Zeller, Ph.D., Lori J. Stark, Ph.D., ABPP

Fellowship
07/2006-06/2008 **Cincinnati Children's Hospital Medical Center, Cincinnati, OH**
Post Doctoral Fellowship
NIH/NIDDK T32 Training Grant in Child Behavior and Nutrition (T32 DK063929)
Division of Behavioral Medicine and Clinical Psychology
Training Director: Scott W. Powers, Ph.D., ABPP
Mentors: Lori J. Stark, Ph.D., ABPP, Scott W. Powers, Ph.D., ABPP

ACADEMIC APPOINTMENTS

- 08/2008-06/2015 Assistant Professor of Pediatrics (Primary) Section of Nutrition
Department of Psychiatry and Behavioral Sciences (Secondary)
University of Colorado Anschutz Medical Campus (UC-AMC)
- 07/2015-Present Associate Professor of Pediatrics, CU Anschutz, Section of Nutrition
- 11/2011-Present Adjunct Faculty Appointment, Associate Affiliate Department of Food Science
and Human Nutrition, Colorado State University
- 07/2018-Present Associate Director of Research, JFK Partners, Developmental Pediatrics,
Department of Pediatrics, UC-AMC

HOSPITAL POSITIONS

- 08/2008-Current **LIFestyle Medicine Clinic, Children's Hospital Colorado (CHCO), Aurora, CO (1/2 day clinic, weekly)**
I provide psychological counseling and behavioral screening and therapy for children from birth up to young adults and their families.
- 01/2009-01/2012 **Bariatric BAND Clinic, CHCO, Aurora, CO**
Attended on a monthly basis for 1/2 day, I provided psychological evaluations for adolescents being considered for bariatric candidacy (utilizing a gastric banding procedure).
- 08/2011-Current **Family Weight and Wellness Group, CHCO, Aurora, CO (1-hr group, weekly)**
I co-developed a manualized 4-session obesity treatment, which is delivered to parents of children who attend the LIFestyle Medicine clinic. This 4-session group is based on a previously developed and modified curriculum designed to address weight management using a lifestyle/behavioral model. Additional ancillary services are provided during this group, delivered by our dietitian and exercise physiologist. Group sessions focus on core components of empirically supported, family-based behavioral weight management, including self-monitoring, goal setting, positive reinforcement, parenting skills training, and environment modifications.
- 04/2014-Current **Psychology Obesity Group, CHCO, Aurora, CO (1-hr group, weekly)**
I developed and deliver a manualized 4-session family-based obesity treatment package delivered to parents of children identified with core behavioral and emotional symptoms related to obesity development. The four 1-hr topics include goal setting and self-monitoring, maladaptive eating behaviors (binge eating, emotional eating), appetite awareness training, and parenting strategies.
- 04/2014-06/2017 **Pediatric Psychologist for Adolescent Bariatric Surgery, University of Colorado Hospital.** I provided all pre- and post-operative evaluations and psychological management for adolescents applying for and receiving candidacy for bariatric surgery at University of Hospital. MBSAQIP Accreditation Site Visit 08/2015 received Best Practice designation for Adolescent Program.

06/2017-Current **Adolescent Bariatric Clinic, CHCO, Aurora, CO**
Attend on a weekly basis for 1/2 day, I conduct psychosocial evaluations for adolescents being considered for bariatric candidacy. Surgical Director, Bariatric Surgery Center, Dr. Thomas Inge, MD, PhD.

HONORS AND AWARDS

1994-1995 President's List, State Fair Community College
1995-1996 Academic Scholarship, University of Missouri-Columbia
1996-1997 McNair Scholar, University of Missouri-Columbia
1996-1998 Dean's List, University of Missouri-Columbia
2004-2005 Fellow, Society for Public Health Education
2012-2014 NIH (NIDDK) Loan Repayment Program (LRP) Awardee in Pediatric Research
2014-2016 NIH (NIDDK) LRP Awardee in Pediatric Research (renewal)

PROFESSIONAL ASSOCIATIONS

- American Psychological Association, Div. 54 (Society of Pediatric Psychology)
- The Obesity Society
- International Society of Behavioral Nutrition and Physical Activity

SERVICE

08/2008-Current Obesity Committee Member, CHCO / CU Anschutz.

10/2009-01/2010 Psychology Internship Selection Committee, CHCO.

2010-2013 Co-Coordinator, Section of Nutrition Monthly Seminar Series, CU Anschutz.

2011-Present Faculty Interviews. Completed individual and group interviews for Department of Pediatrics.

2011-2013 Children's Hospital Association (formerly known as National Association of Children's Hospitals and Related Institutions; NACHRI) participating member representing Children's Hospital Colorado, Focus on a Fitter Future III, advocating the role of children's hospitals in addressing pediatric obesity.

2009-Present Annual Section Retreat Planning: Facilitated discussion of retreat and coordination of guest speaker activities. Post survey of retreat satisfaction.

03/2014 Faculty Poster Judge, 5th annual Postdoctoral Research Day, CU Anschutz.

06/2014-05/2015 Patient Retention Subcommittee Charter, Representative Member-CHC, sponsored by the American Academy of Pediatrics and supported by the Children's Hospital Association, Focus on a Fitter Future.

05/2015-04/2016 Planning committee member, Annual Rosenberry Conference at CHCO.

05/2016-Present Co-Chair, Department of Pediatrics' Promotions / Midpoint Review for Faculty Promotion, University of Colorado AMC.

LICENSURE

2008-Present Licensed Psychologist-PSY; Expiration: 8/31/2019
Department of Regulatory Agencies, State of Colorado

REVIEW and REFEREE SERVICE

Editorial Board Member:

2013-Present *Children's Health Care*
2013-2019 *Journal of Pediatric Psychology*
2010-Present *Journal of Nutrition Education and Behavior-Statistical Reviewer*

Ad-Hoc Reviewer:

Child Psychiatry and Human Development
Journal of Consulting and Clinical Psychology
Journal of Clinical Child and Adolescent Psychology
Clinical Child and Family Psychology Review
Journal of Pediatric Psychology
The Journal of Pediatrics
Journal of Developmental and Behavioral Pediatrics
Journal of Nutrition Education and Behavior
Surgery for Obesity and Related Diseases

Grant Reviewer:

06/2013-present **NIDDK Standing Study Section Reviewer.** Participation as reviewer for an invitation-only panel reviewing F, K, T-32 and R series applications. SROs: Thomas Tatham, PhD; Jian Yang, PhD. Completed more than 20 Study Section Meetings to date.

11/2013 Dissertation Funding Review Committee Member. Primary reviewer for Pioneer Award, University of Kansas.

08/2014 Early Career Reviewer (ECR) program at the Center for Scientific Review (CSR), National Institutes of Health. Accepted as eligible reviewer.

11/2015 Classes Dissertation Research Award, Clinical Child Psychology Program, University of Kansas.

10/2015 Pre-K grant reviewer, University of Colorado AMC. Application reviewer for pediatric obesity application.

10/2016 NIDDK, Special Emphasis Panel: Healthcare and Delivery and Methodologies IRG, Education and Health: New Frontiers. SRO: Gabriel Fosu, PhD.

INVITED LECTURES and MEDIA PRESENTATIONS

06/2008 Live, National TV broadcast interview, CBS Morning Show, interviewed by Julie Chen, *LAUNCH: Learning about Activity and Understanding Nutrition for better Child Health.*

10-11/2010 Research talk. *Pediatric Obesity: Assessment and Intervention.* Invited by Jackie Glover, Ph.D., Associate Professor in the Departments of Pediatrics and Preventive Medicine and Biometrics, to present a 2 part series on the prevention and treatment of pediatric obesity to a community group (Atonement Lutheran Church) as part of a Life Issues Educational Track.

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- 09/2011 Radio interview with KOA Robbyn Hart, *Pediatric obesity and bullying*.
- 09/2011 Research Talk. Invited by Michael Pagliosotti, PhD, Colorado State University, Fall Seminar Series in conjunction with joining as adjunct faculty member at CSU.
- 09/2011 TV interview, Denver Channel 9 (NBC), Kim Christenson, *Adolescent bullying and obesity*.
- 11/2011 Clinical Talk. *Childhood depression and behavior management*. Invited by Drs. Dana Dabelea and Susan L. Johnson to present for the Douglas County / The National Children's Study "Ask the Expert" community session on November, 5th 2011.
- 01/2012 Research Methods talk, *Environmental influences on early childhood obesity*, Invited by Arthur Davidson, MD, Denver Health and Hospital.
- 09/2012 Grand Rounds, *Interventions to treat preschool obesity: Family-based behavioral programs and hospital-based multidisciplinary approaches to lifestyle changes*. Invited by Goryeb Children's Hospital at Morristown Medical Center, Morristown, NJ.
- 09/2012 Community Talk, *Parenting strategies for children that improve healthy eating and physical activity*. Invited by Goryeb Children's Hospital at Morristown Medical Center, Morristown, NJ.
- 11/2013 Clinical Talk, *Crucial Conversations with Patients and their Families*. Invited by Michelle Henry, MPH, RD, Dietetic Internship Program Coordinator, Children's Hospital Colorado at the 2nd Annual Updates in Clinical Nutrition Conference.
- 12/2013 Dietetic Nutrition Talk. Provided an invited didactic to local and regional dietetic providers (RD's) on the delivery of obesity treatment, entitled "Pediatric obesity: Addressing mental health in medical settings".
- 01/2014 Newspaper Interview, Discussed food addictions and clinical management, Union Democrat print newspaper, Sonora, CA.
- 04/2014 Radio Interview, Topic: *Picky Eating*. Discussed parenting strategies for children identified as picky eaters, Alice 105.9, Denver, CO.
- 05/2014 Learning Collaborative talk, Colorado Academy of Family Physicians, 1 hour invited talk to area physicians on family engagement during obesity treatment.
- 10/2014 Invited speaker at Pediatric Health Conference to provide talk entitled, "Pediatric obesity treatment: Crucial conversations and managing treatment expectations". Grand Junction, CO.
- 10/2014 Invited Speaker at Colorado State University to provide talk, entitled, "Early childhood obesity: Family functioning and the home environment. Brown Bag Lecture Series, Department of Human Development and Family Studies.
- 04/2016 Invited Speaker, The Rosenberry Conference: *Childhood Obesity: Causes, Consequences, and Cutting Edge Treatments*. Two oral presentations (2 hrs
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total): "*Childhood Obesity and Mental Health Comorbidities*" and "*Treating Childhood Obesity: State of Interventions*" (CHCO).

TEACHING / MENTORING

- 08/2000-05/2001 Teaching Assistantship. Missouri State University, Department of Psychology. Independently taught introductory statistics at the undergraduate level for two consecutive semesters. Selected texts and prepared all lectures, tests, and homework assignments. *Supervisor: D. Wayne Mitchell, Ph.D.*
- 08/2003-05/2004 Statistical Consultation. Conducted statistical analyses as a paid consultant on a pediatric psychology based data set. Utilized inferential statistics, including MANCOVA, HLR, and mediator/moderator analyses.
- 06/2006-06/2008 Mentor, Summer Undergraduate Research Program, Research Assistants, Cincinnati Children's Hospital Medical Center. Provided mentorship to a summer undergraduate research fellow and research assistants in clinical pediatric research. Supervised daily research activities and training for home observations of food and activity environments.
- 11/2008 Clinical talk. Case Conference presentation regarding inpatient treatment for pediatric obesity, Children's Hospital Colorado.
- 08/2008-current Undergraduate. Children's Eating Laboratory Undergraduate Student Internship Program. I have individually instructed and mentored 35 students from universities in Colorado, Tennessee, and Oregon. All students participated on my research projects, including data collection, management, and analyses. All students also participated, with my guidance, in our weekly Journal Club.
- 07/2009 Clinical talk. *Assessment of Dietary Stage of Change*. Invited presentation at the Coordinated Nutrition Services, Children's Hospital Colorado.
- 07/2009-06/2010 Graduate. Diana Tapay, MD for Mentored Scholarly Activity (MSA) project.
- 05/2010-05/2012 Graduate. Lisa Nicole Harrison (Nikki), MD for MSA project.
- 03/2011 Research talk, *Increasing Fruit and Vegetable Consumption During Early Childhood*. Invited by Irene Schauer, Metabolism and Nutrition Interest group.
- 03/2011-12/2011 Graduate. Michelle Deland, MA, clinical research internship at CHCO.
- 08/2011-current Graduate. Alex Burdell, MPH, CHES, Doctoral dissertation committee member CSU.
- 09/2011 Research Talk. *Home is where the health is: Preschool obesigenic environments*. Invited by Dr. Janine Higgins to present to CCTSI Nutrition fellows.
- 10/2011 Research Talk. *Home is where the health is: Preschool obesigenic environments*. Invited by Colorado State University to present to the Department of Food Science and Human Nutrition.
- 11/2011 Research Methods talk. *Early career development awards: Perspectives from a pediatric psychologist*. Invited by the Pediatric Psychology Chair, Dr. Sally Tarbell, to present on acquiring grant funding for junior faculty, CHCO.
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05/2012-current Post-Doctoral Fellow. Thrudur Gunnarsdottir, PhD, CCHW.

09/2013 Journal of Nutrition Education and Behavior (JNEB), Webinar. Conducted a webinar for JNEB entitled, "Statistics for Survey Design: Solutions for Success".

10/2013 Child and Adolescent Psychiatry Training Program. Presented, *Child and adolescent obesity: Psychopathology and behavioral interventions* to residents.

10/2013 Dietetic Intern Nutrition Talk. Co-lead 4 hour class, lecture entitled, "Child and adolescent obesity: Psychopathology and behavioral interventions".

12/2013 CHCO Psychology Interns. Didactic training, entitled, "Pediatric obesity: The role of a pediatric psychologist in medical settings".

04/2014 Post-doctoral Fellow Applicant. David Sharp, Ph.D., T-32 fellowship Candidate, prepared application as Dr. Sharp's primary mentor-not selected for fellowship.

10/2014 Invited JNEB Journal Club Webinar, series presenter.

03/2014-current Graduate. Elizabeth Tilak, Doctoral dissertation committee member (CSU).

11/2014 Psychology Intern class. Provided talk on academic research professional development on a medical campus, grant mechanisms, and work-life balance.

01/2015 Clinical talk. Considerations in Caring for the Adolescent Bariatric Patient

04/2015 Journal of Nutrition Education and Behavior (JNEB), Webinar. Conducted a webinar for JNEB entitled, "Inter-rater Reliability".

08/2015-current Research Intern. Supervising Krista Lange, Doctoral Candidate, completing her clinical internship at Children's Hospital Colorado. Four hr/week research internship in childhood obesity.

10/2015 Dietetic Intern Nutrition Talk. Co-lead 4 hour class, lecture entitled, "Child and adolescent obesity: Psychopathology and behavioral interventions".

03/2016 Invited Speaker, Psychiatry/Psychology Resident presentation: "*Childhood Obesity Prevention and Treatment Guidelines*" (CHCO).

11/2016 Invited Speaker, Psychology Intern Research Career panel speaker (CHCO).

08/2016 Speaker, Lifestyle Medicine Level 1 Retreat, "*Goal Setting in Weight Management*".

09/2016 Invited Speaker, Schwartz Center Rounds speaker: "*Caring for Children with Severe Obesity: Reflections from the Lifestyle Medicine Program*" (CHCO).

11/2016 Invited speaker, CCTSI Nutrition Core presentation: "*Managing Preschool Obesity: Just Go to Bed!*" (CHCO).

12/2016 Nutrition Journal Club 3-part Series: *Childhood Obesity and Sleep* (UCD-AMC).

08/2015-current Junior Faculty Mentoring, Jonathan Miller, PhD, BCBA-D, Department of

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Psychiatry, UC. Jill Kaar, PhD, Department of Endocrinology, UC.

- 08/2016-current Fellow Mentoring: Carina Kugelmas, MD (Clinical), Kameron Moding, PhD, Jamie Moore, MD (Clinical), Christopher Mulligan, PhD, Dannah Raz, MD (DBP). (Member of Scholarship Oversight Committee for Jaime Moore and Dannah Raz).
- 04/2017 Invited Panel Speaker, Wyoming Academy of Nutrition & Dietetics 2017 Conference "Nutrition Updates for Today's Dietitian", Pediatric Obesity Treatment: A Family-Based Approach.
- 09/2017 Invited Panel Speaker, Pediatric Weight Management Best Practices, Dietetic Interns, CHCO, September 11th.
- 11/2017 Invited Panel Speaker, Share our Strengths Cooking: Matters Training at 9 News, November 15th.
- 03/2017 Invited Panel Speaker, Pediatric Weight Management at Children's Hospital, Learners: -6 Psychology and 6 Psychiatry interns, March 21st.
- 12/2017 TV Interview, 9News, Child and Adolescent Weight Stigma, aired December 6th.
- 06/2017 Junior Faculty Mentoring: Jonathan Miller, PhD, BCBA-D, Department of Psychiatry, UC. Submitted DPEF, RSA, and K23 as mentor for Dr. Miller. Awarded the DPEF and RSA; K23 being revised for resubmission.
- 2017 Fellow Mentoring: Kameron Moding, PhD, Jamie Moore, MD (Clinical), Dannah Raz (DBP). (Member of Scholarship Oversight Committee for Jaime Moore and Dannah Raz; T32 Mentor for Jaime Moore).
- 10/2017 Doctoral Student Mentoring: Sarah Hibbs-Shipp at CSU. Successfully defended her dissertation on October 16th.
- 05/2018 Invited Panel Speaker, Pediatric Weight Management at Children's Hospital, Learners: May 15th.
- 10/2018 Invited Panel Speaker, Pediatric Weight Management Best Practices, Dietetic Interns, CHCO, September 10th.

RESEARCH EXPERIENCE

Grant Support (Active)

- | | |
|---|-----------------------------------|
| 1UG3OD023248-01 (Dabelea)
NIH | 09/01/16 – 08/31/23
\$900,774 |
| <i>The Early Life Exposome and Childhood Health – The Healthy Start 3 Cohort Study.</i> The overarching goal of this project is to leverage an existing, ongoing pre-birth cohort (Healthy Start, R01DK076648, PI Dabelea) to determine the early life "exposome" across a wide range of exposures (social, lifestyle, nutritional, chemical, physical), and to conduct integrative analyses with child health outcomes that are informed by biological pathways and account for postnatal factors. | |
| COLO-2014-08398 (Bellows)
USDA-NIDA-AFRI | 05/1/2015-04/01/2020
\$505,120 |
| 7-10-2019 | |

Bridging home and preschool environments to promote healthy eating and activity behaviors and prevent obesity in early childhood. The overall objective of the HEROs Study (HEalthy EnviRONments Study) is to develop a companion, technology-based, interactive family intervention to assess the potential amplification of The Food Friends programs to promote healthy lifestyles and weight outcomes for young children in both Head Start and family settings.

CCPD-2594 (Boles) 10/01/2016-10/01/2018
 Colorado Dept. of Public Health & Envir. \$189,317
Community-Clinical Linkages for Diabetes Prevention in Low-Income Families: The Healthy Living Program. This project will implement evidence-based preventive care and treatment for childhood obesity in clinics serving low-income populations at high risk of obesity-related health disparity. This grant will transition *The Healthy Living Program* from a successfully grant-funded research collaboration between the University, safety-net clinics, and community recreation centers to a sustainably funded clinic and community partnership.

R03DK107945 (Boles) 01/15/2016-12/31/2017
 NIH/NIDDK \$50,000
Family and Home Environment Factors Impacting Sleep Duration During Early Childhood
 This study will identify the relationship between family chaos, parenting behaviors, child sleep behavior problems with sleep duration. Additionally, the study will clarify the additional impact of child factors and home environment characteristics on child sleep behaviors.

COL00640 (Bellows, Boles, Johnson) 07/01/2015-06/30/2017
 USDA, AES \$30,000
The Home Food Environment: Linking Home Food Availability with Nutritional Health and Chronic Disease Risk. Achieving the study goals will make a direct contribution to NIFA Goal 4 (Childhood Obesity) by furthering information on the quality of the home food environment and assessing this relationship to parent/child obesity and health status. In addition, results of findings will address the State Priority by “linking with Cooperative Extension personnel who can facilitate dissemination and application of the research results”.

AEF (Boles) 11/01/2016-11/01/2017
 UC AMC SOM \$50,000
 Academic enrichment funding designed to support ongoing research projects and sustainability of continuous funding via external, federally funded mechanisms.

Grant Support (Completed)

05/2011-6/2017 K23DK087826 (Boles) NIH/NIDDK. *Environmental Influences on Early Childhood Obesity.* The major goals of this project are to determine the association of parental feeding styles and the home food and activity environment on preschool weight status and to pilot an intervention designed to improve weight status among overweight preschool children.

12/2013-2015 Co-Investigator, University of Iceland Research Fund, Healthy preschoolers: Assessment of nutrition, feeding behavior, activity, sleep, parenting, family routines, home environment, and emotional and behavioral problems in relation to child weight status. (12/2013-06/2015) (\$8,000) (3% effort, in kind).

01/2010-04/2014 *Co-Investigator, United States Department of Agriculture, (CSU G-8091-1) A Longitudinal Study to Assess if the Effectiveness of a Preschool Nutrition and Physical Activity Program is sustained in Elementary School.* (Direct Cost: \$219,633) (4% effort, in kind).

- 07/2012-04/2013 *Co-Investigator*, Agency for Healthcare Research and Quality, Center for Excellence in Research in Implementation Science and Prevention, (1P01HS021138-01), Effectiveness of Community Health Worker-Mediated Childhood Obesity Prevention in Families. (Direct Cost: \$224,641) (6% effort, in kind).
- 01/2010-08/2012 *Co-Investigator*, Colorado Health Foundation; Healthy Living. (Total Direct Cost: \$224,641): *A University-Clinic-Community Collaborative to Prevent and Treat Childhood Obesity in Commerce City, CO.*
- 07/2009-06/2011 *Principal Investigator*, Research Institute, The Children's Hospital, Research Scholar Award. (Total Direct Cost: \$70,000): *Increasing Fruit and Vegetable Consumption during Early Childhood.*
- 07/2006-06/2008 NIH, The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Grant # T32 DK063929 (PI: Scott W. Powers), NRSA Postdoctoral Research Fellow, Cincinnati Children's Hospital Medical Center, Child Behavior and Nutrition with a focus in Pediatric Obesity. This funding provided funding for an independent research project (Study PI: Boles), *Assessment of the Home Health Environment.*
- 08/2004-05/2005 *Principal Investigator*, The Society for Public Health Education Fellowship funded by the Center for Disease Control and Prevention Injury Center (National Center for Injury Prevention and Control), *Supervising Children During Parental Distractions.*
- 05/2002-08/2004 *Co-Investigator*, Rebecca Routh Coon Injury Research Grant of the American Psychological Foundation (Renamed the *Lizette Peterson-Homer Injury Research Grant*), *Children's Risk Taking Behaviors: The Role of Child-Based Perceptions of Vulnerability and Temperament.*
- 05/2002-05/2003 *Principal Investigator*, University of Kansas research grant, *Children's Risk Taking Behaviors: The Role of Child-Based Perceptions of Vulnerability and Temperament.*
- 05/1999-05/2001 *Principal Investigator*, Missouri State University research grant, *Child Interviews: The Effects of Rapport on Recall.*
- 05/1997-05/1998 *Principal Investigator*, University of Missouri research grant, *Mothers' Beliefs Underlying Appropriate Child Supervision.*

BIBLIOGRAPHY (68 Total Publications)

Peer Reviewed Journals (44)

1. Brown, K., Roberts, M. C., Mayes, S., & **Boles, R. E.** (2005). Effects of parental viewing of children's risk behavior on home safety practices. *Journal of Pediatric Psychology, 30*, 571-580.
2. **Boles, R. E.**, Roberts, M. C., Brown, K. J., & Mayes, S. (2005). Children's risk taking behaviors: The role of child-based perceptions of vulnerability and temperament. *Journal of Pediatric Psychology, 30*, 562-570.

3. Mayes, S., Roberts, M. C., **Boles, R. E.**, & Brown, K. J. (2006). Children's knowledge of household safety rules. *Children's Health Care*, 35, 269-280.
4. Davis AM, **Boles RE**, James RL, Sullivan DK, Donnelly JE, Swirczynski DL, Goetz J. Health behaviors and weight status among urban and rural children. *Rural Remote Health*. 2008 Apr-Jun;8(2):810. Epub 2008 Apr 15. PubMed PMID: 18426334; PubMed Central PMCID: PMC2702202.
5. Puddy, R. W., **Boles, R. E.**, Dreyer, M. L., Maikranz, J., Roberts, M. C., & Vernberg, E. M. (2008). Demonstrating support for the formative and summative assessment paradigm in a school-based intensive mental health program. *Journal of Child and Family Studies*, 17, 253-263.
6. **Boles, R. E.**, & Roberts. M. C. (2008). Supervising children during parental distractions. *Journal of Pediatric Psychology*, 33, 883-841.
7. **Boles, R. E.**, Roberts, M. C., & Vernberg, E. M. (2008). Treating non-retentive encopresis with rewarded scheduled toilet visits. *Behavior Analysis in Practice*, 1(2), 68-72.
8. Zeller, M., **Boles, R. E.**, & Reiter-Purtill, J. (2008). The additive and interactive effects of parenting style and temperament in pediatric obesity. *International Journal of Obesity*, 32, 1474-1480.
9. Bolling, C., Crosby, L., **Boles, R. E.**, & Stark. L. (2009). How pediatricians can improve diet and activity for overweight preschoolers: Tips from parents. *Academic Pediatrics*, 9, 172-178.
10. **Boles, R. E.** (2009). Psychosocial issues in child and adolescent obesity. *Obesity Management*, 5, 4, 174-178.
11. **Boles, R. E.**, Scharf, C., & Stark, L. J. (2010). Preschool obesity: Preliminary data from a behavioral program utilizing home visitations. *Children's Health Care*, 39: 1, 34-58. PMID: 20174613.
12. **Boles R. E.**, Nelson TD, Chamberlin LA, Valenzuela JM, Sherman SN, Johnson SL, Powers SW. Confirmatory factor analysis of the Child Feeding Questionnaire among low-income African American families of preschool children. *Appetite*. 2010 Apr;54(2):402-5. Epub 2010 Jan 4. PubMed PMID: 20043964.
13. Davis, A.M., James, R.L., **Boles, R. E.**, Goetz, J.R., Belmont, J., & Malone, B. (2011). The use of telemedicine in pediatric obesity: Feasibility & acceptability. *Maternal & Child Nutrition*. Jan;7(1):71-9. doi: 10.1111/j.1740-8709.2010.00248.x.
14. Stark, L. J., Spear, S., **Boles, R. E.**, Kuhl, E., Ratcliff, M., Scharf, C., Bolling, C., & Rausch, J. (2011). A Pilot Randomized Controlled Trial of a Clinic and Home Based Behavioral Intervention to Decrease Obesity in Preschoolers. *Obesity*. PubMed PMID: 20395948.
15. Bellows, L. L., Johnson, S. L., Davies, P.L., Anderson, J., Gavin, W. J., & **Boles, R. E.** The Colorado LEAP study: Rationale and design of a study to assess the short term longitudinal effectiveness of a preschool nutrition and physical activity program. *BMC Public Health* (2013) Dec 9; 13 Dec 9;13:1146. doi: 10.1186/1471-2458-13-1146. PMID: 24321701
16. Cushing CC, Bishop-Gilyard CT, **Boles RE**, Reiter-Purtill J, Zeller MH. Caregiver concern in adolescents with persistent obesity: the importance of quality of life assessment. *J Dev Behav Pediatr*. 2013 Jan;34(1):9-14. PubMed PMID: 23275053.

17. Brannon EE, Kuhl ES, **Boles RE**, Aylward BS, Ratcliff MB, Valenzuela J, Johnson SL, Powers SW. Strategies for recruitment and retention of families from low-income, minority backgrounds in a longitudinal study of caregiver feeding and child weight. *Children's Health Care*. 42(3). (2013); 42(3); 198-213. PMID: 24078763.
18. **Boles RE**, Scharf C, Filigno S, Saelens B, Stark L. Differences in home food and activity environments between obese and healthy weight families of preschool children. *J Nutr Edu Behav*. (2013). May-Jun;45(3):222-31. doi: 10.1016/j.jneb.2012.09.012. Epub 2013 Feb 4.
19. **Boles RE**, Reiter-Purtill J, Zeller M. Persistently obese youth: Interactions between parenting styles and feeding practices with child temperament. *Clinical Pediatrics* (2013). Dec;52(12):1098-106. doi: 10.1177/0009922813497091. Epub 2013 Jul 24.
20. Johnson, S. L., **Boles, R. E.**, & Burger, K. (2014). Using participant hedonic ratings of food images to construct data driven food groupings, *Appetite*, (79), 189-96, doi: 10.1016/j.appet.2014.04.021. PMID: 24769294
21. **Boles, R. E.**, Burdell, A., Johnson, S. L., Gavin, W. J., Davies, P. L., & Bellows, L. L. (2014). Home food and activity assessment: Development and validation of an instrument for diverse families of young children. *Appetite*, 80, 23-27, doi: 10.1016/j.appet.2014.04.026. PMID: 24798760.
22. Towner, E.K., **Boles, R.E.**, Reiter-Purtill, J., & Zeller, M. Predictors of caregiver feeding practices differentiating persistently obese from persistently non-overweight adolescents. (2015). *Appetite*. Jan;84:120-7. doi: 10.1016/j.appet.2014.08.015. PMID: 25246031.
23. Shadlow, J. O., **Boles, R. E.**, Roberts, M. C., & Winston, L. (2015). Native American children and their reports of hope: Construct validation of the Children's Hope Scale, *J Child Fam Stud*, DOI 10.1007/s10826-014-9974-8.
24. **Boles, R. E.**, Yun, L., Hambidge, S. J., Davidson, A. (2015). Influencing the Home Food and Activity Environment of Families of Preschool Children Receiving Home-Based Treatment for Obesity. (*Clinical Pediatrics*). *Clin Pediatr (Phila)*. 2015 Feb 12. PMID: 25676834.
25. Yun L, **Boles RE**, Haemer MA, Knierim S, Dickinson LM, Mancinas H, Hambidge SJ, Davidson AJ. A randomized, home-based, childhood obesity intervention delivered by patient navigators. *BMC Public Health*. 2015 May 23;15:506. doi: 10.1186/s12889-015-1833-z. PMID: 26002612.
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27. Johnson, S.L, Davies, P. L., **Boles, R. E.**, Gavin, W. J., Bellows, L. L. (2015). Young Children's Food Neophobia Characteristics and Sensory Behaviors Are Related to Their Food Intake. *J Nutr*. 2015 Nov;145(11):2610-6. doi: 10.3945/jn.115.217299.
28. Thompson DA, Johnson SL, Vandewater EA, Schmiege SJ, **Boles RE**, Lev J, Tschann JM. Parenting and Preschooler TV Viewing in Low-Income Mexican Americans: Development of the Parenting Practices Regarding TV Viewing (PPRTV) Scale. *J Dev Behav Pediatr*. 2016 Jul-Aug;37(6):465-74.

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31. Bellows, L.L., Courtney, J.B., * Davies, P.L., Gavin, W.J., Johnson, S.L., **Boles, R.E.** Motor Skill Development in At-risk Preschoolers: A Community-Based Longitudinal Intervention Study. (2017) *Journal of Science for Sports and Medicine PMID 28506451*.
32. Thompson DA, Johnson SL, Schmiede SJ, Vandewater EA, **Boles RE**, Lev J, Tschann JM: Beliefs About Child TV Viewing in Low-Income Mexican American Parents of Preschoolers: Development of the Beliefs About Child TV Viewing Scale (B-TV). *Matern Child Health J.* 2018 Jun;22(6):849-857. doi: 10.1007/s10995-018-2458-5.
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34. Njardvik U, Gunnarsdottir T, Olafsdottir AS, Craighead LW, **Boles RE**, Bjarnason R. Incorporating Appetite Awareness Training Within Family-Based Behavioral Treatment of Pediatric Obesity: A Randomized Controlled Pilot Study. *J Pediatr Psychol.* 2018 Oct 1;43(9):1017-1027. doi: 10.1093/jpepsy/jsy055.
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36. Michelle Cardel, PhD, MS, RD, Suhong Tong, MS, Greg Pavela, PhD, Emily Dhurandhar, PhD, Darci Miller, MPH, **Richard Boles**, PhD, Matthew Haemer, MD MPH. Youth Subjective Social Status (SSS) is associated with Parent SSS, Income, and Food Insecurity but not Weight Loss. *Obesity* (2019). 2018 Dec;26(12):1923-1930. doi: 10.1002/oby.22314. Epub 2018 Nov 13. PMID: 30421861
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38. Sigrun Thorsteinsdottir, Thrudur Gunnarsdottir, **Richard E. Boles** & Urdur Njardvik (2018) Weight status and disordered sleep in preschool children, parents' negative mood states and marital status, *Children's Health Care*, 47:4, 432-451, DOI: [10.1080/02739615.2017.1392305](https://doi.org/10.1080/02739615.2017.1392305)
39. Johnson SL, Ryan SM, Kroehl M, Moding KJ, **Boles RE**, Bellows LL. A longitudinal intervention to improve young children's liking and consumption of new foods: findings from the Colorado LEAP study. *Int J Behav Nutr Phys Act.* 2019 Jun 3;16(1):49. doi: 10.1186/s12966-019-0808-3. PubMed PMID: 31159810; PubMed Central PMCID: PMC6547533.

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41. Hibbs-Shipp SK, **Boles RE**, Johnson SL, McCloskey ML, Hobbs S, Bellows LL. Development of a Quality Score for the Home Food Environment Using the Home-IDEA2 and the Healthy Eating Index-2010. *Nutrients*. 2019 Feb 12;11(2). pii: E372. doi: 10.3390/nu11020372. PubMed PMID: 30759760; PubMed Central PMCID: PMC6412482.
42. Cardel MI, Tong S, Pavela G, Dhurandhar E, Miller D, **Boles R**, Haemer M. Response to "The Relationship Between Youth Subjective Social Status and Weight Loss". *Obesity (Silver Spring)*. 2019 May; 27(5):688. PMID: 30950577.
43. Bellows LL, **Boles RE**, Hibbs-Shipp SK, Burdell A, Johnson SL. Checklist to Capture Food, Physical Activity, and Sedentary Devices in the Home Environment: The Home Inventory Describing Eating and Activity (Home-IDEA2). *J Nutr Educ Behav*. 2019 May;51(5):589-597. doi: 10.1016/j.jneb.2018.12.007. Epub 2019 Feb 5. PubMed PMID: 30733165.
44. **Boles RE**, Johnson SL, Burdell A, Davies PL, Gavin WJ, Bellows LL. Home food availability and child intake among rural families identified to be at-risk for health disparities. *Appetite*. 2019 Mar 1;134:135-141. doi: 10.1016/j.appet.2018.12.002. Epub 2018 Dec 13. PubMed PMID: 30553878.

Peer-Reviewed, Non-Journal publications (1)

1. **Boles, R. E.** (2011). Psychosocial issues in pediatric weight management: The impact of victimization and stigmatization. *ADA Weight Management Newsletter. Weight Management Matters, (9), 2, 1-3.*

Published Abstracts (15)

1. Brown, K. J., Roberts, M. C., **Boles, R. E.**, & Mayes, S. (2004, April). Predictors of children's behavior in a simulated hazard room: Parental perceptions and child. *Pediatric Research, 55, 4, 80A-81A, Part 2, Suppl. S.*
2. **Boles, R. E.**, Reiter-Purtill, J., & Zeller, M. Pediatric Obesity Risk Factors: The Role of Child Temperament and Parenting Behaviors. [Abstract] *Obesity Research, (2006). Abstract presented as a poster at the 2006 Annual Scientific Meeting of NAASO, The Obesity Society, Boston, Massachusetts.*
3. **Boles, R. E.**, Dunlap, E., Bolling, C., Steele, M. M., & Stark, L. J. Preschool Obesity: Preliminary Data from a Behavioral Program Utilizing Home Visitations. [Abstract] *Obesity Research, (2007). Abstract presented as poster at the 2007 Annual Scientific Meeting of NAASO, The Obesity Society, New Orleans, Louisiana.*
4. **Boles, R. E.**, & Stark, L. J. Outpatient Treatment for Preschool Children with Extreme Pediatric Obesity. [Abstract] *Obesity Research, (2007). Abstract presented as a poster at the 2007 Annual Scientific Meeting of NAASO, The Obesity Society, New Orleans, Louisiana.*
5. Bolling, C., Stark, L., Crosby, L., & **Boles, R. E.** How Pediatricians Can Improve Diet and Activity for Overweight Preschoolers: Tips from Parents. [Abstract] *Obesity Research, (2008). Presented as poster at the 2008 Annual Scientific Meeting of The Obesity Society, Phoenix, Arizona.*

6. **Boles, R. E.**, Reiter-Purtill, J., Wilson, L., & Zeller, M. Parental feeding practices among persistently obese and non-obese adolescents . [Abstract] *Obesity Research*, (2008). *Presented as poster at the Annual Scientific Meeting of The Obesity Society, Phoenix, Arizona.*
7. **Boles, R. E.**, Scharf, C., Spear, S., & Stark, L. J. (2009, October). Preschool Home Environments: Obesigenic Characteristics. *Poster accepted for poster presentation at The Obesity Society's Annual Scientific Meeting, Washington D.C.*
8. Burger, K., **Boles, R. E.**, Cornier, M-A., & Johnson, S. L. Principal Component Analysis of Food Images: The Role of Hedonic Value. (2009, October). *Poster presentation at The Obesity Society's Annual Scientific Meeting, Washington D.C.*
9. **Boles, R. E.**, Ulloa, M., Hughes, S. O., & Johnson, S. L. Linking parental feeding styles with sleep behaviors in preschool children from families at risk for obesity (Obesity Society, 2014).
10. Gunnarsdottir, T., Njardvik, U., Bjarnason, R., Wilfley, D., Hill, J. O., & **Boles, R. E.** Testing the feasibility of a low-intensity, parent-only, early childhood behavioral treatment program for obesity (TOS, 2014).
11. Haemer, M. A., Goldberg, S, **Boles, R. E.**, Sohung, T., & Krebs, N. Long-term Outcomes of a Community-Based and Clinic-Linked Treatment for Low-Income Latino Children (TOS, 2014).
12. Bellows, L., Johnson, S.L., Davies, P., Gavin, W., Chamberlin, B., **Boles, R.**, Thompson, D., Gleason, J. The HEROs Study: Bridging Home and Preschool Environments to promote Healthy Eating and Activity Behaviors to Prevent Obesity in Early Childhood. *Journal of Nutrition Education and Behavior*, 48(7), S112-113.
13. Bellows, L., Johnson, S.L., Davies, P., Gavin, W., Boles, R. Longitudinal Findings From the Colorado LEAP Study: An Obesity Prevention Study in Early Childhood. *Journal of Nutrition Education and Behavior*, 48(7), S112-113.
14. Johnson, S.L., Ryan, S.*, Kroehl, M., Boles, R., Davies, P., Gavin, W., Bellows, L. The Effects of a Preschool Intervention Aimed at Improving Young Children's Novel Foods. *FASEB Journal*, April 2016, 30:1155.12.
15. Johnson, S.L., Gavin, W., Davies, P., Taylor, B.*, Boles, R., Bellows, L. Caregivers' Estimations of 4–7-y-old Children's Food Neophobia and Eating Temperament and Observations of Children's Food Refusals. *FASEB Journal*, April 2016, 30:276.6.

Authored Book Chapters (8)

1. Lazicki-Puddy, T. A., Kleinsorge, C. A., **Boles, R. E.**, & Roberts, M. C. (2003). Consumer satisfaction. In T. H. Ollendick & C. S. Schroeder (Eds.), *Encyclopedia of clinical child and pediatric psychology* (pp. 137-138). New York: Kluwer/Plenum.
2. **Boles, R. E.**, Mashunkashey, J. O., & Roberts, M. C. (2003). Safety and prevention. In T. H. Ollendick & C. S. Schroeder (Eds.), *Encyclopedia of clinical child and pediatric psychology* (pp. 564-565). New York: Kluwer/Plenum.
3. Roberts, M. C., Brown, K. J., **Boles, R. E.**, & Mashunkashey, J. (2003). Prevention of injuries: Concepts and interventions for pediatric psychology in the schools. In R. T. Brown (Ed). *Handbook of pediatric psychology in school settings* (pp. 65-80). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.

4. Roberts, M. C., Brown, K. J., **Boles, R. E.**, Mashunkashey, J., & Mayes, S. (2003). Prevention of disease and injury in pediatric psychology. In M. C. Roberts (Ed.), *Handbook of pediatric psychology* (3rd ed., pp. 84-98). New York: Guilford Press.
5. Fanetti, M., & **Boles, R. E.** (2004). Forensic interviewing and assessment issues with children. In W. T. O'Donohue & E. R. Levensky (Eds.), *Forensic psychology: A handbook for mental health and legal professionals* (pp. 246-267). San Diego, CA: Academic Press.
6. **Boles, R. E.**, & Roberts, M. C. (2007). Childhood perceptions of illness and death. In S. Ayers, A. Baum, C. McManus, S. Newman, K. Wallston, J. Weinman, & R. West. (Eds.), *Cambridge handbook of psychology, health & medicine* (2nd Edition). Cambridge University Press.
7. Cadieux, C., Getzoff, E., & **Boles, R. E.** (June 2013). Childhood Obesity. Chapter 10: Parenting during Preschool and Early Childhood. McGraw-Hill.
8. **Boles, RE**, Miller, JR, & Daniels, SR. (2018). Lifestyle Medicine, Introductory chapter on Behavior change in healthy lifestyle.

Professional Research Presentations (52 total)

1. **Boles, R. E.**, & Peterson, L. (1997, September). Mothers' beliefs underlying appropriate child supervision. Poster session presented at the 6th Annual Conference in Child Health Psychology Conference, Gainesville, FL.
2. **Boles, R. E.**, & Richard, D. C. S. (2000, November). Associated symptoms of posttraumatic stress disorder. Poster session presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
3. Fanetti, M. N., & **Boles, R. E.** (2000, June). Accuracy of raters to identify potentially biasing factors during forensic child interviews. Poster session presented at the 12th Annual Convention of the American Psychological Society, Miami, FL.
4. Mitchell, D. W., **Boles, R. E.**, Keet-Bell, J. C., Gora, K. M., Hudson, R. N., & Wallace, D. J. (2001, May). Visual scanning behavior and heart rate: evidence of individual differences in visual discrimination learning. Poster session presented at the 27th Annual Convention of the Association for Behavioral Analysis, New Orleans, LA.
5. Puddy, R., **Boles, R. E.**, Dryer, M., & Otto, R. (2002, October). Multiple source ratings of child behavior as predictors of CAFAS discharge outcomes within a therapeutic classroom. Poster presented at the annual meeting of the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
6. Brown, K. J., Roberts, M. C., **Boles, R. E.**, & Mayes, S. (2004, April). A simulated hazard experience: The accuracy of parental predictions of child home risk behavior. Poster presented at the Pediatric Academic Societies' Annual Meeting.
7. Brown, K., Mayes, S., **Boles, R. E.**, & Roberts, M. C., (2004, April). Effects of parental viewing of children's risk behavior on home safety practices. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.
8. Mayes, S., **Boles, R. E.**, Brown, K., & Roberts, M. C. (2004, April). Children's knowledge of household safety rules. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.
9. **Boles, R. E.**, Mayes, S., Brown, K., & Roberts, M. C. (2004, April). Children's risk taking

behaviors: The role of child-based perceptions of vulnerability and temperament. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.

10. Mashunkashey, J., **Boles, R. E.**, & Roberts, M. C. (2004, July). Native American children and their reports of hope: Relationships with parental hope, life events, and acculturation. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HA.
11. **Boles, R. E.**, Bowers, M., Vernberg, E. M., Nyre, J. E., & Roberts, M. C. (2004, October). Treatment of primary nonretentive encopresis in an Intensive Mental Health Program: A single case study. Poster presented at the annual meeting of the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
12. Davis, A. M., James, R., **Boles, R. E.**, Sullivan, D.K., Donnelly, J.E., & Swirczynski, D.L. (2005, November). Pediatric obesity: Differences between urban and rural children in the state of Kansas. Poster presented at Faculty Research Day and Poster Session, University of Kansas Medical Center, Kansas City, Kansas.
13. **Boles, R. E.**, & Roberts, M. C. (2005, December). Supervising children during parental distractions. Poster presented at the Society for Public Health Education (SOPHE) 56th Annual Meeting Global Health Promotion: Bridging New Worlds and New Cultures, Philadelphia, Pennsylvania.
14. Davis, A. M., James, R., **Boles, R. E.**, Sullivan, D. K., Goetz, J., & Donnelly, J. E. (2006, April). Pediatric obesity in rural and urban areas. *Podium presented to National Conference on Child Health Psychology.*
15. Zeller, M. H., Modi, A. C., Roehrig, H. R., **Boles, R. E.**, Kirk, S., Daniels, S. R., Inge, T. H. (2006, June). Adolescents presenting for bariatric surgery: Do they fare better than we think? *Symposium presented to The American Society for Bariatric Surgery.*
16. Spear, S., **Boles, R. E.**, Stark, L., & Scharf, C. (April, 2009). Developing and Evaluating a Treatment Program for Obesity in Preschool Age Children: Preliminary Data and Lessons Learned. *Symposium presented at the Midwest Conference on Pediatric Psychology.*
17. Brannon, E. E., Kuhl, E., Ratcliff, M. B., Valenzuela, J., Alyward, B., Johnson, S. L., **Boles, R. E.**, Powers, S. W. (2011). Seeing is believing: Caregiver misperceptions and concern for overweight in a low-income African American preschool population. *Poster presented at the Annual Society of Pediatric Psychology Conference.*
18. Haemer, M., **Boles, R. E.**, Winbourn, S., Goldberg, S., Rouge, A., & Krebs, N. Pilot Results of a Multi-level Partnership to Treat Obesity in Low-Income Hispanic Children. (2011, October). *Poster presented at the Annual Scientific Meeting of The Obesity Society, Orlando, Florida.*
19. Haemer, M., **Boles, R.E.**, Winbourn, S., Goldberg, S., Krebs, N. F., (Arl 28-May 1, 2012). "An Enhanced Screen Performs Better than 5-2-1-0 for Lifestyle Assessment in Low-Income Hispanic Children". Abstract selected for poster presentation at Pediatric Academic Societies' Annual Meeting, Boston, Massachusetts.
20. Brannon, E.E., Kuhl, E., Benoit, M.R., Valenzuela, J., Aylward, B., Johnson, S.L., **Boles, R.E.**, Powers, S.W. (2012, April). *The Eating in the Absence of Hunger Paradigm: A Novel Approach to Identification of Eating Behaviors Contributing to Overweight in Low-Income, Minority Preschoolers.* Poster presentation at the National Conference for Pediatric Psychology, Milwaukee, WI.

21. Brannon, E.E., Kuhl, E., Benoit, M.R., Valenzuela, J., Aylward, B., Johnson, S.L., **Boles, R.E.**, Powers, S.W. (2012, April). *Examining Longitudinal Feeding Practices and Child Eating Behaviors in a Minority Population: Feasibility and Validity Challenges*. Poster presentation at the National Conference for Pediatric Psychology, Milwaukee, WI.
22. **Boles, R. E.**, Jaramillo, A., Bellows, L., Gavin, W., and Johnson, S.L. "*Development of a Home Food and Activity Assessment for Families with Diversity In the Colorado LEAP Study*". (May, 2012). Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
23. Burdell, A., Bellows, L., Johnson, S. L., Gavin, **Boles, R. E.** "Assessing the Nutrition and Physical Activity Home Environment of Families with Young Children". (May, 2012). Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
24. Kuhl, E.S., Brannon, E., Ratcliff, M., Valenzuela, J., Aylward, B., **Boles, R. E.**, Johnson, S., & Powers, S. (May, 2012). "*Feasibility of Using the Eating in the Absence of Hunger Paradigm with Low-Income, Minority Preschoolers*". Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
25. Johnson, S. L., Davies, P., **Boles, R. E.**, Gavin, W., & Bellows, L. (April, 2013). Parent reports of young children's sensory characteristics are related to children's food neophobia (EB).
26. Goldberg, S., Johnson, S. L., Bellows, L., & **Boles, R. E.** (April, 2013). Increasing parent persistence to serve fruit and vegetables during early childhood* (New Orleans, LA, SPP).
27. Johnson, S. L., Biglin, C., Williams, K., **Boles, R. E.**, Davies, P., Gavin, W., & Bellows, L. (May 2013). What is there to be afraid of? Young children's conceptions and experiences of trying new foods (Ghent, Belgium; ISBNPA).
28. Bellows, L., Johnson, S. L., Davies, P., Gavin, W., & **Boles, R. E.** (May 2013). Design and Participant Characteristics for the Colorado LEAP Study: A Longitudinal Study for Obesity Prevention in Early Childhood (Ghent, Belgium; ISBNPA).
29. Johnson, S. L., **Boles, R. E.**, Davies, P., Gavin, W., & Bellows, L. (May 2013). Children's oral sensory characteristics mediate parent child feeding responses to their child's neophobia (Ghent, Belgium; ISBNPA).
30. Bellows, L., Gavin, W., Johnson, S., **Boles, R. E.**, & Davies, P. (May 2013). Effectiveness of a Preschool Physical Activity Intervention on Gross Motor Skills: The Colorado LEAP Study (Ghent, Belgium; ISBNPA).
31. **Boles, R. E.**, Johnson, S. L., Davies, P., Gavin, W., Burdell, A., & Bellows, L. (May, 2013). Physical and social determinants of early child fruit and vegetable intake: A mediation analysis* (Oral talk, Ghent, Belgium; ISBNPA).
32. Burdell, A., Bellows, L., Johnson, S. L., Davies, P., Gavin, W., & **Boles, R.E.** (May 2013). Assessing home food availability and dietary consumption of preschool aged children in rural communities (Ghent, Belgium; ISBNPA).

33. Haemer, M.A., Goldberg, S., **Boles, R.E.**, Krebs, N. F., & Winbourn, S. (Nov 2013). Controlled trial of technology-supported motivational interviewing in primary care to decrease childhood overweight and obesity. Atlanta, GA; Obesity Society annual meeting.
34. Hampl, S., Shaffer, L., Santos, M., Getzoff, E., Gaffka, B., Christison, A., **Boles, R. E.**, Rhodes, E. (May 2014) What Does Success Mean? Goals of Parents and Teens in Weight Management (Vancouver, BC, Canada; PAS).
35. Johnson, S.L., Davies, P. L., **Boles, R. E.**, Gavin, W. J., & Bellows, L. (May 2014). Developmental aspects of preschoolers' exploratory eating behaviors, food refusal and food preference. (San Diego, CA; ISBNPA).
36. Burdell, A C., Bellows, L. L., Johnson, S. L., Davies, P. L., Gavin, W. J., & **Boles, R. E.** (May 2014). The modification of a home assessment tool for rural families with young children (San Diego, CA; ISBNPA).
37. Gunnarsdottir, T., Huben, R., Cardel, M., Brown, C., **Boles, R.**, Peters, J. C., Hill, J.O. (May 2014). 5th graders' physical activity and dietary behaviors: focus groups with parents. Submitted to International Society of Behavioral Nutrition and Physical Activity Annual Meeting. (San Diego, ISBNPA).
38. Gunnarsdottir, T., Cardel, M., Wanttaja, K., Brown, C., Beck, J., **Boles, R.**, Peters, J.C., Hill, J. O. (May 2014). Energy balance and health: a qualitative exploration of 5th graders' perceptions and knowledge. (San Diego, ISPNPA).
39. **Boles, R. E.**, Gunnarsdottir, T., Johnson, S. L. (May 2014). Preschool children at risk for obesity: The mediating effect of child behavioral and emotional functioning on sleep behaviors. (San Diego, ISBNPA).
40. Knierim S, Moore S, Yun L, Haemer M, **Boles R**, Hambidge SJ, Davidson A. Parent and Patient Navigator Perspectives on In-Home Intervention for Low-income Children with Obesity. (Poster presentation) 2015 Pediatric Academic Societies Annual Meeting in San Diego, CA.
41. Sarah K Cebron, Rachel Z Blumhagen, Miranda E Kroehl, **Richard E Boles**, Darcy A Thompson. Maternal beliefs and restrictive practices regarding bedtime TV viewing in low-income Mexican American families. (Poster presentation) 2015 Pediatric Academic Societies Annual Meeting in San Diego, CA.
42. Susan L Johnson, Laura Bellows, Patricia Davies, William Gavin, **Richard E Boles**. Longitudinal associations between parent reports of child food acceptance and parent feeding practices. (Poster Presentation) 2015 International Society of Behavioral Nutrition and Physical Activity.
43. Laura Bellows, Patricia Davies, Susan Johnson, **Richard Boles**, & William Gavin. Evaluating two models depicting the relationships between physical activity, gross motor skills, perceived athletic competence, fitness and weight status in preschoolers. (Oral presentation) 2015 International Society of Behavioral Nutrition and Physical Activity.
44. Michelle Cardell, Laura Bellows, **Richard Boles**, Patricia Davies, William Gavin, & Susan Johnson. Self-Concept and Obesity Risk in Low Income Diverse Preschoolers. (Oral presentation) 2015 Experimental Biology, Boston, MA.

45. **Richard E. Boles**, PhD, Cristina Ulloa, BA, & Ann Halbower, MD. Sleep patterns of low-resource, minority preschool children at risk for obesity: The role of family chaos and the home physical environment. Behavioral Sleep Medicine Conference 2015 (November), Florida.
46. Shanna Knierim, RN, MSN; Susan Moore; Lourdes Yun; Matthew Haemer; **Richard Boles**; Simon Hambidge; Arthur Davidson. Parent and Patient Navigator Perspectives on a Home-Based Model for Health Education in a Safety Net Population. October, 2015 North American Primary Care Research Group 43rd Annual Meeting, Cancun, Mexico.
47. Miller, J. R., & **Boles, R. E.** (September, 2016). *Why weight? A call for behavior analysts to address obesity*. Invited address presented at the annual meeting of the Minnesota Northland Association for Behavior Analysis, Minneapolis, MN.
48. Beck, J.* , Davies, P., Gavin, W., Johnson, S.L., **Boles, R.**, Bellows, L. Motor Skill Development in at-risk Preschoolers: A Community-Based Longitudinal Intervention Study. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
49. Yoshida, D.* , **Boles, R.**, Johnson, S.L., Bellows, L. Development of an Electronic Survey to Capture the Home Food and Activity Environment. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
50. Hibbs-Shipp, S.* , Johnson, S.L., Ryan, S.* , Kroehl, M., **Boles, R.**, Bellows, L. The Effects of the Food Friends Intervention at Improving Children's Consumption of Novel Foods over a 3-year Period. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
51. Hibbs-Shipp, S.* , Johnson, S.L., **Boles, R.**, Nelson, T., Wdowik, M., Bellows, L. Maternal Health Matters: The Home Food Environment and Chronic Disease Risk. Presented at Colorado State University's Graduate Showcase, November 15, 2016.
52. Miller, J.R., & **Boles, R.E.** *Why weight? A call for behavior analysts to address obesity*. Invited address presented at the annual meeting of the Association for Behavior Analysis International, Denver, CO, May 27th, 2017.